

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 7055		Amended 2/28/2020		Date: 10/24/19	
Facility Name: Rowley Memorial Masonic Home		Survey Dates: October 7-15, 2019			
Facility Address/City/State/Zip 3000 East Willis Avenue Perry, IA 50220		SB			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	

56.6(135C)	481—56.6 (135C) Treble and double fines. 56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.	I	\$21,750 trebled (Held In Suspension)	UPON RECEIPT
58.28(3)e	481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) DESCRIPTION: Based on observations, interviews and clinical record review, the facility failed to adequately supervise 2 of 3 (Residents #34 and #35) to prevent falls. Resident #34 admitted to the facility on 9/13/19 with a high fall risk and history of falls. The resident also required assistance of			

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	<p>staff for transfers and ambulation. The resident was often up by self. The care plan failed to identify Resident #34 as a high risk for falls and the resident frequently getting up without staff assist. On 9/20/19 the resident fell sustaining a fracture. The resident fell 5 more times from 9/20/19 to 10/9/19 without adequate investigation with root cause analysis and no interventions implemented until 10/7-9/19 during the survey. Resident #35 exhibited anxiety and confusion on 8/25/19 at 9:33 p.m. An hour before falling and sustaining a fracture the resident was attempting to self transfer. The required a surgical revision arthroplasty. There was no evidence the facility implemented interventions knowing the resident attempted to self transfer. A majority of the resident falls occurred on the least staffed shift.</p> <p>There were staff interviews expressing there was not enough staff to answer call lights and to prevent falls.</p> <p>The facility reported a census of 41 residents.</p> <p>Findings include:</p> <p>1. An admission Minimum Data Set (MDS) dated 9/20/2019, showed diagnosis for Resident #34 included cancer, Chronic Pulmonary</p>			
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	<p>Obstructive Disorder (COPD), and pain in the right hip. The Brief Interview for Mental Status (BIMS), documented a 13 out of 15 indicating intact cognition. The resident was dependent on 2 staff for bed mobility, transfers, and toilet use. The MDS indicated resident had 2 falls with injury prior to admission.</p> <p>A Fall Risk Assessment dated 9/13/2019 indicated resident was at high risk for falling.</p> <p>A Baseline Care Plan dated 9/13/2019, revealed Resident #34 required 1 person physical assist for bed mobility, transfer, toilet use and ambulation in room and corridor. Mobility devices were listed as a wheel chair and walker. The baseline care plan contained the question asking if the resident had a history of falls. Staff checked "no". The baseline care plan failed to identify the resident at high risk for falls.</p> <p>An incident report (IR) dated 9/20/19 at 7:33 a.m. revealed an unwitnessed fall in the resident room. A CMA (certified medication aide) found the resident on the floor at the foot of her bed at 6:35 a.m.. Staff noted a skin tear to the left elbow (no size listed). The report documented staff observed no injuries post incident. The IR identified the following predisposing fall factors: confusion, recent change in cognition, impaired</p>			
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	<p>memory and recent medication changes and "other". In the "other info" area staff documented the resident was a new admission (9/13/19) and restless with increased complaints of pain. The IR failed to fully investigate the incident by failing to document they asked the resident where she was going and when staff last toileted the resident or last saw the resident. There were no interventions listed following the incident.</p> <p>A Progress Note dated 9/20/2019 at 6:41 AM, identified the resident as very confused that morning, yelling out for police and a lawyer. The resident pulled her catheter out. Staff administered PRN (as needed) Lorazepam (antianxiety).</p> <p>A September 2019 medication administration record identified staff administered lorazepam 0.5 milligrams (mg) at 6:26 a.m. The MAR also identified that staff administered morphine (narcotic) 20 mg. at 5:23 a.m. Staff documented the morphine as ineffective.</p> <p>A Progress Note dated 9/20/2019 at 7:33 AM, documented staff observed the resident on the floor. The resident denied pain but yelled out. The resident transported to the hospital emergency room (ER) for examination.</p>			
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	<p>A Progress Note dated 9/20/2019 at 9:55 AM, revealed the resident returned to the facility with a diagnosis of non-displaced vertical fracture of the left iliac wing with no new orders. The resident received Fentanyl (narcotic) in the ER.</p> <p>A Progress Note on 9/22/2019 at 11:34 AM, documented resident continued to have pelvic pain, a 1.3 diameter bruise on resident's buttock and paranoid delusions. The resident spit out PRN medications.</p> <p>A Progress Note on 9/22/2019 at 8:19 PM, revealed the resident with increased paranoia 1.5 to 2 hours after receiving PRN Morphine (narcotic).</p> <p>A Progress Note on 9/23/2019 at 6:45 AM, documented the resident yelled and screamed during the night. Staff administered pain and anti-anxiety medications.</p> <p>A Progress Note on 9/24/2019 at 9:34 PM, revealed the resident appeared upset, anxious, and confused with visual hallucinations. The physician ordered a one time order for Haldol (antipsychotic) and staff administered the medication.</p>			
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	<p>A Progress Note on 9/25/2019 at 9:10 PM, revealed the resident admitted to Hospice (end of life care).</p> <p>A Progress Note on 9/26/2019 at 11:45 PM, revealed staff found the resident on the bathroom floor. The resident stated she fell. Staff documented they educated the resident and encouraged the resident to use the call light.</p> <p>An incident report dated 9/26/19 at 11:45 p.m. revealed an unwitnessed fall in the resident bathroom. Following the fall, staff encouraged the resident to use the call light. The IR identified factors contributing to the fall as the resident not calling for help and ambulating without assistance. The IR failed to investigate the incident by asking the resident where she was going and when staff last assisted the resident to the toilet or last saw the resident. The intervention following the incident was dated 9/26/19: toilet upon arising, before and after meals and PRN. The care plan revealed the intervention was not added to the care plan until 10/9/19 (during the survey). The intervention did not address the situation of the fall occurring in the night and night time toileting.</p>			
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	<p>A call light report print out identified the resident activated the call light 9/26/19 at 11:23 p.m. and staff answered 11:33 p.m. It is not known if staff assisted the resident at 11:33 p.m. or with what.</p> <p>A Fall Risk Assessment dated 9/27/2019 identified the resident with 1 to 3 falls in the last 3 months which revealed the resident at risk for falls.</p> <p>A care plan created 9/30/2019 contained a focus area: actual fall on 9/20/2019 that resulted in a vertical non displaced fracture of the left iliac wing. Interventions included a Physical Therapy (PT) consult for strength and mobility dated 9/30/2019. Interventions dated 10/4/2019 included to offer resident to get up at 8:30 AM and move closer to nurses station. Another focus area created 9/30/2019 identified Activities of Daily Living/ self care deficit. An intervention included the use of a walker for transfers and ambulation.</p> <p>An MDS 10/1/2019, showed diagnosis for Resident #34 included cancer, restless leg syndrome, and pain in right hip. The Brief Interview for Mental Status (BIMS), documented a score of 8 out of 15 indicating moderate cognitive impairment. The resident was dependent on 1 staff for bed mobility and toilet</p>			
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	<p>use. The resident required assistance of 2 for transfers.</p> <p>A Fall Risk Assessment dated 10/4/2019, identified the resident as a high fall risk.</p> <p>A Progress Note dated 10/4/2019 at 2:30 AM, documented staff found the resident on the floor against the recliner. The resident received skin tears to the upper extremities.</p> <p>An IR dated 10/4/19 at 2:15 a.m. revealed an unwitnessed fall in the resident room. Staff found the resident on the floor with her back against the recliner. The resident received 2 skin tears. The right arm skin tear measured 1 centimeter (cm) by 1 cm. and the left arm upper arm skin tear measured 2.5 cm. by 5 cm. Despite the 2 skin tears received during the fall, the IR documented "no injuries observed post incident". The IR listed the factors that contributed to the fall as: confusion, incontinence, weakness, gait imbalance, impaired memory and ambulating without assistance. In the other info area documentation revealed the resident attempted to get up per self and staff should encourage the resident to use the call light. The resident exhibits restlessness at times. The IR identified the intervention following the incident, dated 10/4/19</p>			
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	<p>as to encourage/attempt to put resident in bed, instead of recliner. Review of the care plan revealed the intervention not added to the care plan until 10/8/19 (during the investigation). The IR failed to investigate the incident by asking the resident where she was going and when staff last assisted the resident to the toilet or last saw the resident. There was no record of the resident using the call light on 10/4/19.</p> <p>A Progress Note dated 10/4/2019 at 9:08, documented staff found the resident on the floor on her back. The resident stated she wanted to get up and fell.</p> <p>An IR dated 10/4/19 at 9:04 a.m. revealed an unwitnessed fall in the resident room. Staff found the resident laying on her back next to the bed. Staff did not observe injury. The IR identified the following factors as contributing to the fall: confusion, recent illness, weakness, gait imbalance and ambulating without assistance. The IR identified the resident as restless. The IR did not identify they asked the resident where she was going or what happened when the fall occurred or when staff last toileted the resident or last saw the resident. The intervention following the incident dated 10/4/19 was the facility discussed falls with the Hospice nurse. The facility reviewed medications. The report</p>			
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	<p>documented the resident had a call light and uses the call light. Monitor and check resident frequently and move closer to the nurses station when bed available. Offer to get resident up at 8:30 a.m. Review of the care plan identified the offer to get up at 8:30 a.m. and move closer to the nurses station not added to the care plan until 10/8/19 (during the investigation). The care plan did not contain the directive to monitor and check resident frequently..</p> <p>A Progress Note dated 10/7/2019 at 6:42, revealed staff found the resident lying on the floor in her bedroom. The resident laid on her right side and stated she hit her head.</p> <p>An IR dated 10/7/19 at 6:08 a.m. revealed an unwitnessed fall in the resident room. A nurse aide reported the resident was on the floor on her right side. The resident stated she hit her head. Following this incident, staff moved the resident to a room closer to the station. The IR did not contain an investigation into the incident. There was no record of the resident using the call light on 10/4/19.</p> <p>A Progress Note dated 10/7/2019 at 5:01 PM, revealed the resident moved to a room closer to nursing staff.</p>			
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	<p>A Progress Note dated 10/9/2019 at 6:59 AM, revealed staff found the resident laying on the floor in her room by her bed. Staff noted a limp when the resident transferred.</p> <p>An IR dated 10/9/19 at 4:20 a.m. identified an unwitnessed fall in the resident room. Staff observed the resident on the floor by the bed. Staff assisted the resident to stand and noticed a limp when transferring the resident. Staff did not observe injury. The IR identified the following factors contributing to the fall: confusion, impaired memory and ambulating without assistance. The resident did not wear nonskid socks at the time of the fall. The IR did not identify they asked the resident where she was going or what happened when the fall occurred or when staff last toileted the resident or last saw the resident. There was no intervention listed following the fall. There was no record of the resident using the call light on 10/4/19.</p> <p>Observation on 10/9/19 at 9:50 AM, revealed Resident #34 alone in her room and attempting to stand up out of bed using the handrail on the bed to push off of for leverage.</p> <p>On 10/7/2019 at 1:10 PM, Resident #34's daughter stated her mother falls all of the time.</p>			
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	<p>The resident's daughter stated her mother went to the hospital about a week ago to get an x ray after the fall. The daughter feels there is absolutely not enough staff. The daughter reported the facility is staffing 1 staff to 15 residents.</p> <p>Observation on 10/07/19 at 3:44 PM, showed that staff moving Resident #34's clothing to a room closer to the nursing station and common area related to a fall that morning.</p> <p>Observation on 10/9/2019 at 9:17 AM, revealed Staff T, Certified Medication Aide (CMA), Restorative, transferred Resident #34 to and from her wheelchair to the toilet with a gait belt, from the toilet to the wheelchair and then from the wheelchair to the bed with stand by assist from a Hospice aide. The walker was not used to aide during any of the transfers. Observation showed the walker in the shower stall.</p> <p>Observation on 10/9/2019 at 9:50 AM, Staff U, Certified Nursing Assistant (CNA), transferred the resident from her bed into resident's w/c using a gait belt. Staff U did not use the walker to aide with the transfer. Observation showed the walker in the shower stall.</p>			
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	<p>On 10/10/2019 at 9:15 AM, the Director of Nursing (DON), stated she expected staff to follow the care plan with transfers as directed by the care plan.</p> <p>On 10/10/19 at 1205 PM, Staff H, MDS nurse stated the resident was up a lot on her own when she first came into the facility. Staff H stated that after the fall with fracture, the resident varied when staff would find resident standing on own or walking. Staff H relayed that she feels the cancer has metastasized to the brain and bones. She said resident is definitely not a BIMS of 13 now. Staff H stated the resident may be able to tell you she is at the Masonic Nursing Home because the resident used to work at the facility and recognizes Staff H but the resident would not be able to participate in most of the BIMS testing now. Staff H stated the resident definitely could not repeat things. Staff H also added resident does not use the call light.</p> <p>On 10/10/2019 at 12:10 PM, Resident #34 shook her head no when asked if she remembered falling. The resident looked at the surveyor when other questions are asked but did not answer.</p>			
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	<p>On 10/10/19 at 12:08 PM, Staff V, CMA stated she observed the resident up walking per self and pushing her wheelchair probably 5 times. Staff V stated prior to fall with fracture resident was up all the time on her own pushing her walker around. Staff V stated that on admission the resident was pleasant, sang and talked to other residents. Staff V stated the resident doesn't do that anymore. The resident hasn't resided at the facility very long. Staff V stated resident did not and has not used the call light.</p> <p>An interview on 10/10/19 at 12:15 PM, Staff U, CMA/CNA reported she observed the resident up on her own. Staff U added it "happened a lot". Staff U stated recently she found resident in the bathroom holding on to her wheelchair. Staff U unable to give a date as to when that happened. Staff U stated staff try and keep resident out in the common area a lot so they can keep a better eye on her. Staff U added that resident tries to stand so they try to intervene.</p> <p>On 10/10/19 at 2:14 PM Staff H, MDS Registered Nurse (RN) revealed that she did care plan fall interventions from the time resident was admitted until the one added on to the care plan (9/30/2019). Staff H stated all nurses should be clued into adding interventions</p>			
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	<p>after falls as well and they have not. Staff H stated she is the one that added on the only intervention that she knows of by moving the resident to a different room.</p> <p>On 10/7/2019 at 12:00 PM, Staff V, CMA stated at times there is 1 CMA and 1 CNA in each hall. However other times there is only one staff person doing both jobs. Furthermore she stated there are so many falls and call lights that go unanswered on time. Staff V stated she was by herself on Hall A starting around 7:30 AM this morning. She set a resident up for his morning shower (Resident #25), told him she would be right back but could not return as another resident (Resident #34) was walking in the hallway by herself pushing a wheelchair. Staff V stated this resident falls a lot. Staff V stated this resident at times should have a 1:1 but the facility doesn't have enough staff to provide a 1:1 for the residents. Staff V, said she was in a couple's room on that morning for 45 minutes as she gave them both showers. Staff V reported there were no other staff on the unit during that time. Furthermore, she stated she was charged with medication administration as well and could not administer medications on time. Staff V stated she received help close to 9:00 AM when Staff T arrived to help. Staff V added that Staff T's job is a restorative aide but Staff T is unable</p>			
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	<p>to perform her restorative duties as Staff T doesn't have time. Staff V said on Sunday (10/6/2019) she was late administering medications.</p> <p>On 10/08/19 at 4:12 PM, Staff N, CMA stated she feels the residents are not getting the care they should. Staff N added she feels residents have fallen because the facility is short of staff.</p> <p>Staff Interviews pertaining to Resident #34:</p> <p>On 10/7/19 at 9:48 a.m., Staff C, Licensed Practical Nurse (LPN), stated the facility used to staff 2 nurses on the days and 2 nurses on nights with 3 CNAs (Certified Nurse Aides) on the overnight shift. Staff C said the work load way too much right now and she worked 4 nights in a row. Staff C commented the Director of Nursing (DON) would yell at her and say, what do you want me to do. Staff C recalled working on the overnight shift 9/26/19 and reported Resident #34 sustained a fall at 11:45 p.m. Staff C reported the only staff working in the facility at the time of the fall were: Staff C, LPN; Staff E, CNA; and Staff D, an Environmental Aide (EA) [EAs are not certified and therefore not allowed to do hands on physical cares/assistance for residents]. Staff C reported 17 falls occurred in the facility for the</p>			
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	<p>month of September and at the time of interview, 7 or 8 falls occurred in October on all different shifts. Staff C stated she felt the falls occurred because they didn't have staff. Staff C stated call lights go on and on for 30 to 45 minutes. Staff C recalled Staff E assigned to A and C Hall while Staff D assigned to supervise the dementia locked unit, B Hall. Staff C stated she felt they needed more staff the night of 9/26/19 as Resident #34 should be 1:1 (1 staff member for 1 resident) per her assessment, but management said no they had other people who needed 1:1.</p> <p>On 10/8/19 at 5:20 p.m. Staff E, CNA, stated she recalled working on the overnight shift 9/26/19 into 9/27/19. Staff E reported she was the only CNA on that night with an LPN (Staff C) and EA (Staff D) assigned to the B Hall dementia unit. Staff E stated Staff D could not do cares and he needed to call her to come anytime someone needed something. Staff E stated she had previously told the nurse and the boss she felt they were understaffed. Staff E stated she felt the ideal number of CNAs should be 4 but they could make it work with 2 to 3 CNA's.</p> <p>Staff E reported she found Resident #34 on the floor that night. Staff E stated Resident #34 a</p>			
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	<p>new resident who she only worked with once or twice. Staff E reported Resident #34 said she tried to go to the bathroom and said she had pain. Staff E stated she informed Staff C who then followed up on the resident.</p> <p>The Medication Audit Report showed the actual times when Resident #34 received the pain medication methadone 10 milligrams (mg). The report recorded Resident #34 received 2 doses of the pain medication on 10/4/19 within 1 hour of each other:</p> <p>a. methadone 10 mg, give 1 tablet by mouth at 10:00 p.m. for pain; scheduled 10/3/19 at 10:00 p.m. but given late at 6:49 a.m. on 10/4/19.</p> <p>b. methadone 10 mg, give 1 tablet by mouth in the morning for pain; scheduled 10/4/19 at 6:00 a.m., given at 7:52 a.m. on 10/4/19.</p> <p>Review of the clinical record revealed Resident #34 sustained 2 falls on 10/4/19, 1 prior to and 1 after receiving the 2 doses of methadone pain medication that morning.</p> <p>2. The quarterly MDS dated 7/4/19, identified diagnosis for Resident #35 included hyperlipidemia, COPD, and atrial fibrillation. According to the MDS the resident scored a fifteen out of fifteen on the BIMS indicating intact cognition. The MDS revealed the resident</p>			
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	<p>required supervision and assist of one staff for transfers.</p> <p>A care plan identified the resident admitted to the facility 12/20/18. The care plan identified the resident with impaired thought processes and a diagnosis of dementia, impaired decision making and short term memory loss. The care plan directed staff to cue, reorient and supervise the resident as needed.</p> <p>The care plan dated 1/3/19 had a focus area that identified the resident with an activities of daily living (ADL's) self care performance deficit and a date initiated of ambulation 1/3/19 indicating independent in room and facility without devices.</p> <p>The fall risk assessment dated 3/20/19 indicated moderate risk for falling.</p> <p>A progress note dated 7/20/19 at 11:17 a.m., revealed the CMA called the nurse into the resident's room. Upon entering the room, the resident laid on the floor near the doorway on her back. Staff that was in the room at the time of the fall stated that the resident walked towards the doorway and lost her balance and fell landing on her left side. During the exam, assessment identified the resident could not</p>			
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	<p>move her left leg and experienced extreme pain. The resident transferred to the hospital.</p> <p>An incident report dated 7/20/19 (no time) revealed a CMA went to the resident's room to deliver ice water and saw the resident lose her balance and fall to the left side. The resident ambulated independently per care plan. The resident transported to the hospital via EMS (emergency medical services). The IR did not list a new intervention following the incident.</p> <p>A progress note dated 7/20/19 at 2:13 p.m., revealed the hospital informed the facility the resident had a non displaced fracture of the femoral neck.</p> <p>A progress note dated 7/26/19 at 12:44 p.m., revealed the resident was re admitted to the facility status post left femur fracture with repair.</p> <p>The significant change MDS dated 8/4/19, identified diagnoses that included: atrial fibrillation, COPD, and fracture of the left femur. According to the MDS the resident scored a thirteen out of fifteen on the BIMS indicating intact cognition. The MDS revealed the resident required extensive assistance of two staff for bed mobility, transfer, and toilet use.</p>			
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	<p>The Kardex had a revision date of 8/16/19 and indicated the resident required extensive assist of 1-2 staff members to be able to transfer.</p> <p>The care plan dated 7/22/19 revealed the resident had an actual fall with left hip fracture and new interventions included: ensure resident's personal belongings are within resident's reach and offer to provide items needed prior to leaving room.</p> <p>Monitor/document/report as needed time 72 hours to physician signs and symptoms of pain, bruising, changes in mental status, new onset of confusion, sleepiness, inability to maintain posture, agitation. Also physical therapy (PT) consult for strength and mobility. The care plan did not identify the resident did not wait for assistance and would try to ambulate on own and/or not always use the call light.</p> <p>A fall risk assessment dated 8/17/19 indicated the resident high risk for falling.</p> <p>A progress note dated 8/3/19 at 5:45 p.m., revealed the facility notified the physician of the need for pain control per family's request due to current Tylenol (analgesic) not controlling resident's pain. A new order was received to resume Fentanyl (narcotic) patch 25 mcg topically.</p>			
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	<p>A progress note dated 8/5/18 at 8:36 p.m., revealed the resident with decreased confusion, but confusion at times, transfers with assist of 1 well.</p> <p>A progress note dated 8/7/19 at 12:31 p.m., revealed the resident very anxious during therapy or transfers.</p> <p>A progress note dated 8/13/19 at 11:43 a.m., revealed an order to start Augmentin (antibiotic) 875/125 milligrams (mg.) by mouth for fourteen days for left hip incision.</p> <p>A progress noted dated 8/13/19 at 5:31 p.m., revealed an order to start Sertraline (antidepressant medication) 25 mg by mouth daily for depression.</p> <p>A progress note dated 8/20/19 at 6:57 p.m., revealed an order to discontinue Requip (for Parkinsons) as it may be aggravating her visual hallucinations. An order to start Sinemet 25/100 mg by mouth for tremors and restless leg syndrome (RLS) and start Remeron 15 mg at bedtime for depression and anxiety.</p> <p>A progress note dated 8/25/19 at 9:33 p.m., revealed the resident more anxious after</p>			
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	<p>supper with her hands shaking and multiple minor requests. The CNA reported the resident attempted to transfer herself to the bathroom. The resident did not use the call light.</p> <p>An incident report dated 8/25/19 10:26 p.m. revealed staff heard a noise from the resident room. The resident laid on her right side in front of the recliner. The resident wore socks at the time of the fall and stated she was going to the bathroom. The resident did not have her walker or wheelchair and knew she needed to wait help. Staff observed the abnormalities of the left lower extremity. The IR identified the following factors contributing to the fall: incontinent, gait imbalance, poor lighting, impaired memory, improper footwear and ambulating without assistance. The incident report identified that after the fall, staff was directed to apply nonskid socks. The IR did not identify when staff last saw or toileted the resident prior to the fall.</p> <p>A progress note "communication with physician" dated 8/26/19 at 12:07 a.m., revealed the aide heard a noise coming from the resident bedroom and noted the resident on the floor on her right side in front of her recliner with her left leg extended and externally rotated her knee/foot was pointing up. The resident stated she was going to the bathroom and after she</p>			
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	<p>stood up she just went right over. The resident transferred to the hospital.</p> <p>Progress notes dated 8/26/19 at 12:04 p.m. revealed the resident was in surgery. She sustained a closed left peri prosthetic fracture and required revision arthroplasty to repair it.</p> <p>A progress note dated 8/29/19 at 3:32 p.m., revealed the resident re-admitted to the facility status post left hip surgery.</p> <p>In an interview on 10/10/19 at 1:18 p.m., Staff U, CNA stated the resident would attempt to self transfer herself at times. She was very anxious when she returned from the hospital and wanted to do things like she did before her first fall. Staff U stated the resident was hallucinating and seeing things and would need to be reminded to use her call light for help.</p> <p>In an interview on 10/10/19 at 1:24 p.m., Staff A CMA, stated the resident was confused in between the first and second fall and thinks it was from the anesthesia. The resident did have a history of self transferring and would get upset that she couldn't do things herself. Staff A stated the resident had a urinary tract infection before the second fall and the resident would use the call light but not all the time.</p>			
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	<p>On 10/10/19 at 1:51 p.m., Staff I, RN stated the resident tried to self transfer more often and it was reported to her from a CNA that the resident attempted to self transfer prior to falling the second time. Staff I stated the resident was more anxious after supper on Sunday evening.</p> <p>On 10/14/19 at 3:26 p.m., the DON stated looking at the care plan after the first fall there was no good intervention put into place. The only intervention noted was to consult physical therapy. The DON verified the facility could have put more interventions in place to prevent the second fall.</p> <p>An incident report dated 9/2/19 (no time) revealed staff found the resident on the floor at 2:45 p.m. The resident guarded the left leg. The resident transported to the ER for examination and x-rays. The IR identified the x-rays "negative". The report revealed the resident did not retain information or remember but occasionally said something. The IR identified factors contributing to the fall to included: confusion, recent cognition change, impaired memory and "other". In the "other" column staff documented the resident did not remember she could not walk and was on 15 minute checks since 8/31/19. Staff did not identify if the</p>			
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	<p>resident wore nonskid socks at the time of the fall.</p> <p>FACILITY RESPONSE:</p>			
<p>58.19(1)n(5)</p> <p>58.19(2)d</p> <p>58.20(16)</p>	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(1) Activities of daily living. (5) Assistance with food preparation and meal assistance including total assistance if needed; (II, III) 58.19(2) Medication and treatment. d. Vital signs, blood pressure, and weights; (I, II)</p> <p>481—58.20(135C) Duties of health service supervisor. Every nursing facility shall have a health service supervisor who shall:</p>	II	\$500 (HELD IN SUSPENSION)	UPON RECEIPT

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	<p>58.20(16) Supervise serving of meals to ensure that individuals unable to assist themselves are promptly fed and that special eating adaptive devices are available as needed; (II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, observation and staff interview the facility failed to accurately assess the nutritional and hydration needs for 1 of 16 residents (Resident #12). Resident #12's admission weight was 150 pounds on 7/31/2019 and on 8/27/2019 the resident now weighed 137 pounds, which was a 8.67% weight loss in one month. The resident continued to lose weight and on 10/15/19 weighed 131 pounds. There was no initial dietician assessment. Staff assisting the resident failed to try at another time and attempt some other food item. The facility reported a census of 41 residents.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) dated 8/9/19 revealed Resident #12's admission date as 7/31/19. The MDS identified Resident #12 with the following diagnoses: aortic valve stenosis, major depressive disorder, right bundle branch block, thoracic aortic aneurysm, dementia, Alzheimer's disease, delusional disorder and</p>			
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	<p>unspecified urinary incontinence. The MDS documented the resident's height as 65 inches and weight at 150 pounds and that he was at risk for pressure ulcers. The MDS documented that the Brief Interview for Mental Status (BIMS) was not conducted because the "resident is rarely/never understood". The MDS assessment indicated that the resident did have the ability to understand others. The MDS identified his cognitive skills for daily decision making to be severely impaired-never/rarely made decisions.</p> <p>The MDS indicated that the residents needed limited assistance of one staff for eating, bed mobility, transferring and walking. The MDS documented that the resident needed extensive assistance with dressing, toilet use and personal hygiene activities. The MDS indicated that the resident had no swallowing problem but was on a mechanically altered diet. The MDS indicated the resident to be frequently incontinent of bowel and bladder but showed that no toileting program was being used to manage the resident's continence.</p> <p>A care plan initiated on 7/31/19 identified the resident as a risk for nutritional problems and skin breakdown due to expressive aphasia and dementia. An intervention was established on the care plan that directed staff to allow</p>			
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	<p>adequate time to respond and to repeat communication as necessary. The care plan also indicated that the resident had self-care and toileting deficits related to dementia and a potential nutritional problem related to cognitive decline. The care plan update on 8/13/19 recorded that the resident had some skin breakdown on his buttock and foot related to decline in cognitive functioning.</p> <p>An 8/8/19 speech therapy recommendation revealed the speech therapist (ST) directed staff to serve the resident a mechanical soft diet with ground meat. Continue with nectar thick liquids and crush medications in puree/pudding.</p> <p>Observation on 10/7/19 at 10:15 AM showed Resident #12 seated in a recliner in the upright position in the dining room area. His head hung and he appeared to asleep. The surveyor left the area at 10:40 AM and returned at 11:00 AM to find the resident in the same position. Lunch was served in the same commons area to the other residents beginning at 12:00 PM. At 12:30 PM Staff Q RN, and Staff J CNA approached Resident #12 and told him that lunch was being served. This worker did not observed or hear a response from the resident. Staff Q then asked him "or do you want to sleep?" The resident was very drowsy with his head hanging and kept his</p>			
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	<p>eyes closed. Staff Q then said "we can always save it for him." Staff did not offer fluids or toileting.</p> <p>At 1:45 p.m. of the same date, Staff Q put up the foot-feet of the recliner, tucked a pillow under the left gluteal of Resident #12 and put a blanket over him. The surveyor left the area and returned at 2:10 to find the resident in the same position. The surveyor maintained observation of the resident until 2:30 p.m., returned again at 3:00 p.m. and found the resident's position unchanged. The surveyor remained in the area until 3:53 PM and there were no offers of repositioning, toileting, food or water.</p> <p>At 4:45 p.m. of the same date, the surveyor entered the unit briefly to find Resident #12 in the same position.</p> <p>A dietary documentation for the lunch meal on 10/7/19 at 13:45 indicated the "resident refused" his lunch and there was no documentation of the supper meal. The document title Night Snack had a check mark entered at 8:26 p.m. in the Not Applicable column. A review of the chart revealed that fluid intake on 10/7/19 was 480cc's at 9:47 AM. At 1:25 p.m. staff documented the resident refused fluids and there is no other documentation of fluids</p>			
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	<p>offered. Based on observation and documentation it appeared that Resident #12 only had the breakfast meal and 480cc's of fluid on 10/7/19.</p> <p>Observation of the lunch meal on 10/8/19 at 12:15 revealed Staff Q registered nurse (RN) fed the resident a hamburger on a bun. The resident appeared to hold meat in his cheek and Staff Q commented to the house supervisor "maybe we need to change his order back." The surveyor informed the house supervisor that the order in his electronic chart was for a mechanical soft diet and he was served a hamburger patty. She responded that she requested a diet change from mechanical to regular for the resident because he liked to pick up his food and the ground meats were a problem for him to handle. When asked if he had an updated speech therapy assessment to determine his needs she said "no" but that she received a doctor's order for the change.</p> <p>Observation showed on 10/8/19 lunch meal the resident drank all of the nutrition drink (approximately 12 oz.). He only drank when Staff Q placed the straw to his mouth. At the supper meal on 10/9/19 at 5:40 PM the resident fed himself small pieces of pizza when staff placed the food in his hand.</p>			
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	<p>A review of the electronic medical record for Resident #12 revealed an automated alert in red: "nutritional risk assessment - alternate HDG: 55 days overdue - 8/14/19." Upon further investigation it was found that Resident #12 did not have a nutritional assessment by a dietician since his admission on 7/31/19.</p> <p>The MDS dated 8/9/19 identified the resident admission weight as 150 pounds. The electronic record indicated the weight for Resident #12 on 8/27/19 was 137 pounds a weight loss of 8.67% in less than a month. On 10/15/19 his weight was 131 pounds, a weight loss of 12.67%.</p> <p>The clinical record lacked any documentation of communication with the doctor specific to the weight loss. Several interventions were put into place including high calorie shakes two times a day on 8/13/19, and on 8/25/19 finger food supplement and milk shakes added in the afternoon.</p> <p>A review of the clinical record revealed documentation of fluid intake for Resident #12 over a 13 day period (9/27/19 through 10/9/19) to be an average daily fluid intake of 938.5ml. Food eaten over the same period of time, 13 days, 39 meals: 7 times documented the</p>			
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	<p>resident refused, 5 times 76-100% of meal eaten, 15 meals 26-50% of meal eaten, and 1 meal 0-25% eaten.</p> <p>A review of the clinical chart revealed a nursing note on 10/2/19 authored by the Minimum Data Set (MDS) coordinator, requested a change in diet from ground meat to regular diet. The nurse practitioner approved the change on 10/2/19. A care plan intervention for Resident #12 initiated on 8/13/19 indicated the registered dietician (RD) would complete dietary changes and recommendations.</p> <p>A review of the clinical chart revealed that on 8/28/19 a skin assessment was completed, documenting a pressure area on the right buttock. A skin condition report on 9/10/19 reported a stage II pressure sore measuring 1cm x 1cm on the right foot. On 9/30/19 in a wound treatment plan from Metro Geriatric Services it's documented to be 1.5 cm x 1.3 cm. On 10/7/19 in a document from Metro Geriatric Services the wound measurement is 2.1-3.0. The wound treatment team comes to assess and treat the wounds weekly for Resident #12.</p> <p>On 10/8/19 at 13:54 a nutritional needs assessment was provided by a dietician and</p>			
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Health Facilities Division
Citation**

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	<p>determined the following: estimated energy Needs: 1580-1895 kcal/day (25-30 kcal/kg) Estimated protein needs: 75.8 g pro/day (1.2 g pro/kg) Estimated fluid needs: 1580 ml/kg (25 ml/day)</p> <p>A facility policy titled: Dietitian Qualified, with a revision date of November 2016, stated that the facility will employ a qualified dietitian either full time, part time or on a consultant basis.</p> <p>During an interview on 10/8/19 at 8:00 AM with licensed dietician she stated that she would expect residents have a full nutritional assessment completed within seven days of admission. The dietician stated that she started in her position three weeks ago and has been working to catch up on records. She stated she expected a swallow assessment conducted before changing diet orders from mechanical soft to regular. The dietician also stated she expected the goal for a resident for fluids as 25-30 ml of fluid per kilogram of weight or a minimum of 1500 ml a day.</p> <p>On 10/8/19 at 2:00 PM the Director of Nursing stated she expected any change in a diet from mechanical soft to regular only done after a follow up assessment from speech therapy and not initiated by nursing staff.</p>			
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	<p>On 10/10/19 at 10:10 AM the Director of Nursing stated that she expected staff to offer food and fluids throughout the day and expected them to prompt dementia residents to eat. She went on to say that in her experience with Resident #12 is that when the food is put in his hand he will eat. She observed him reaching for food but needing some help to find it.</p> <p>FACILITY RESPONSE:</p>			
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50.7	<p>481—50.7(10A,135C) Additional notification. The director shall be notified within 24 hours: 1. Of any accident causing major injury or death including but not limited to: The resident wandered away, The resident was assaulted, The resident attempted suicide. 2. When damage to the facility which impairs its ability to function is caused by fire, natural or other disaster. A telephone call to the administrator is adequate notice. A written report may be requested. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on record review and staff interviews, the facility failed to report incidents involving major injury to the State Agency for 2 of 2 residents reviewed. (Resident #35 and Resident #34) Facility census was forty-one (41) residents.</p> <p>Findings include:</p>	II	\$500 (HELD IN SUSPENSION)	UPON RECEIPT

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	<p>1. A MDS dated 8/2/19, identified diagnosis for Resident #35 included atrial fibrillation, hyperlipidemia and chronic obstructive pulmonary disease (COPD). According to the MDS the resident scored a thirteen out of fifteen on the Brief Interview for Mental Status (BIMS) indicating intact cognition. The MDS indicated the resident required extensive assistance of two staff for bed mobility, transfers, and toilet use.</p> <p>The care plan dated 7/20/19 revealed the resident sustained an actual fall with left hip fracture and a second fall with revision on 8/31/19. An intervention created on 2/5/19 revealed the resident independent in room and facility without devices and cancelled 8/16/19. A print out of changes prior to completion of last review indicated on 8/16/19 that the resident required extensive assist of 1-2 staff members to be able to transfer.</p> <p>Review of the fall risk dated 8/17/19 revealed the resident high risk for falling.</p> <p>A progress note dated 8/25/19 at 9:33 p.m., revealed the resident experienced anxiety after supper with her hands shaking. The resident</p>			
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	<p>had multiple minor requests. The CNA (certified nurse aide) reported the resident attempted to transfer herself to the bathroom.</p> <p>A progress note dated 8/25/19 at 10:26 p.m. revealed an aide heard a noise coming from the resident's bedroom and observed the resident on the floor on her right side in front of the recliner with her left leg extended and externally rotated with the knee/foot pointing up. Staff immediately called 911 and propped the resident with pillows to stabilize her. The resident stated she planned to go to the bathroom and after she stood up she just went right over.</p> <p>A progress note dated 8/29/19 at 3:32 p.m. revealed the resident re-admitted status post left hip surgery that day at 11:55 a.m. .</p> <p>The chart lacked a major injury determination form for the fall on 8/25/19.</p> <p>The on line self-report from the facility lacked a self-reported incident for the resident's fall with fracture on 8/25/19.</p> <p>On 10/9/19 at 12:34 p.m., the Director of Nursing verified there was not a major injury determination form completed and the facility</p>			
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	<p>did not report the fall with fracture to the Department of Inspection and Appeals.</p> <p>2. An admission Minimum Data Set (MDS) dated 9/20/2019, showed diagnosis for Resident #34 included cancer, Chronic Pulmonary Obstructive Disorder (COPD), and pain in the right hip. The Brief Interview for Mental Status (BIMS), documented a 13 out of 15 indicating intact cognition. The resident was dependent on 2 staff for bed mobility, transfers, and toilet use. The MDS indicated resident had 2 falls with injury prior to admission.</p> <p>A Fall Risk Assessment dated 9/13/2019 indicated resident was at high risk for falling.</p> <p>A Baseline Care Plan dated 9/13/2019, revealed Resident #34 required 1 person physical assist for bed mobility, transfer, toilet use and ambulation in room and corridor. Mobility devices were listed as a wheel chair and walker. The baseline care plan contained the question asking if the resident had a history of falls. Staff checked "no". The baseline care plan failed to identify the resident at high risk for falls.</p> <p>An incident report (IR) dated 9/20/19 at 7:33 a.m. revealed an unwitnessed fall in the resident room. A CMA (certified medication aide) found</p>			
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	<p>the resident on the floor at the foot of her bed at 6:35 a.m.. Staff noted a skin tear to the left elbow (no size listed). The report documented staff observed no injuries post incident. The IR identified the following predisposing fall factors: confusion, recent change in cognition, impaired memory and recent medication changes and "other". In the "other info" area staff documented the resident was a new admission (9/13/19) and restless with increased complaints of pain. the incident.</p> <p>A Progress Note dated 9/20/2019 at 7:33 AM, documented staff observed the resident on the floor. The resident denied pain but yelled out. The resident transported to the hospital emergency room (ER) for examination.</p> <p>A Progress Note dated 9/20/2019 at 9:55 AM, revealed the resident returned to the facility with a diagnosis of non-displaced vertical fracture of the left iliac wing with no new orders. The resident received Fentanyl (narcotic) in the ER.</p> <p>The chart lacked a major injury determination form for the fall on 9/20/19.</p> <p>The on line self-report from the facility lacked a self-reported incident for the resident's fall with fracture on 9/20/19.</p>			
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	FACILITY RESPONSE:			
58.11(3)	481—58.11(135C) Personnel. 58.11(3) Employee criminal record checks, child abuse checks and dependent adult abuse checks and employment of individuals who have committed a crime or have a founded abuse. The facility shall comply with the requirements found in Iowa Code section 135C.33 as amended by 2013 Iowa Acts, Senate File 347, and rule 481—50.9(135C) related to completion of criminal record checks, child abuse checks, and dependent adult abuse checks and to employment of individuals who have committed a crime or have a founded abuse. (I, II, III) DESCRIPTION:	II	\$500 (HELD IN SUSPENSION)	UPON RECEIPT

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	<p>Based on personnel file review, staff interview, and facility policy review, the facility failed to assure an Iowa criminal background and abuse registry check completed with approval obtained from DHS (Department of Human Services) for 3 of 7 current employees sampled, (Staff C, Staff E, Staff J), prior to them working in the facility. The facility reported a census of 41 residents.</p> <p>Findings include:</p> <ol style="list-style-type: none"> 1. The personnel file for Staff C, Licensed Practical Nurse (LPN), documented a hire date of 6/25/19. The file contained a criminal background and abuse registry check completed on 6/4/19 that documented further research required. The file lacked documentation of a May Work letter/approval from Iowa DHS prior to hire. 2. The personnel file for Staff E, Certified Nurse Aide (CNA), documented a hire date of 7/21/19. The file contained a criminal background and abuse registry check completed on 7/21/19 that documented further research required. The file lacked documentation of a May Work letter/approval from Iowa DHS prior to hire. 			
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	<p>3. The personnel file for Staff J, CNA, documented a rehire date of 3/19/19. The file reflected Staff J severed previous employment with the facility 03/2018 and therefore had a gap in employment. The file contained a criminal background and abuse registry check completed on 3/4/19 that documented further research required. The file lacked documentation of a May Work letter/approval from Iowa DHS prior to hire 3/19/19.</p> <p>On 10/8/19 at 10:45 a.m., Staff M, Clinical Nurse Manager, and Staff L, Director of Operations, reported they identified issues with the hiring process in June 2019. They both said the management company made the decision to move the hiring process to the Central Office so they could ensure the proper completion of background checks as the facility did not do it correctly.</p> <p>On 10/8/19 at 2:39 p.m., the Human Resources (HR) Manager, stated she started in March 2019. The HR Manager reported Staff J a rehire. The HR Manager stated since the change in hiring process, someone else did the recruiting to ensure facility compliance. The HR Manager stated after running a background check the facility received a rap sheet; if it contained the comment "Waiver Signature on</p>			
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	<p>File", she was told it was not necessary to receive the May Work approval letter from DHS since already on file. The HR Manager stated the facility only had the DCI (Division of Criminal Investigation) Iowa Record Check Request Form S with the documented results and Waiver Signature on File marked for Staff C, Staff E, and Staff J. The HR Manager stated the Waiver Signature on file showed an employee eligible to work and DHS kept on file. The HR Manager said if a background check came back with a new hit, then the facility got a letter. The HR Manager clarified DCI the department to tell her they did not need the letter.</p> <p>On 10/9/19 at 10:39 a.m., a representative for Iowa DCI stated DHS provided facilities the May Work approval letter; DCI only provided the record check.</p> <p>On 10/9/19 at 10:42 a.m., a representative for DHS stated a facility is required to have a May Work approval letter from DHS, not DCI, prior to hiring an employee to work in a healthcare facility. The representative said the DCI waiver on file just meant an applicant had a previous waiver on file.</p>			
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	<p>The facility's Abuse Prevention, Identification, Investigation, and Reporting Policy revised 11/28/16 directed the following: Employee Screening:</p> <ol style="list-style-type: none"> 1. The facility will conduct an Iowa criminal record check and dependent adult/child abuse registry check on all prospective employees and other individuals engaged to provide services to residents, prior to hire, in the manner prescribed under 481 Iowa Administrative Code 58.11(3). <p>FACILITY RESPONSE:</p>			
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