

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number:</b>  <b>7044</b>		<b>Date:</b>  <b>September 23, 2019</b>		
<b>Facility Name:</b>  <b>Risen Son Christian Village</b>		<b>Survey Dates:</b>  <b>August 19 – 22, 2019</b>		
<b>Facility Address/City/State/Zip</b>  <b>3000 Risen Son Blvd Council Bluffs, IA 51503</b>		<b>JKM</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

<b>58.19(2)b</b>	<p><b>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</b></p> <p><b>58.19(2) Medication and treatment.</b></p> <p><b>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</b></p> <p><b>DESCRIPTION:</b></p> <p>Based on record review, observations and staff interviews, the facility failed to provide the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, prevent new sores from developing, and ensure pressure relief interventions were always in place for 1 of 3 residents observed (Resident #63). The facility also failed to complete treatments and dressing changes according to physician's orders for 1 of 1 resident's (Resident #51) dressing change(s) observed. The facility reported a census of 79 residents.</p>	<b>I</b>	<b>\$4,500</b>  <b>(held in suspension)</b>	<b>Upon Receipt</b>
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	<p>Findings include:</p> <p>The Admission Minimum Data Set (MDS) dated 6/11/19 revealed Resident #63 admitted to the facility on 6/5/19 with diagnoses of diabetes, hyperlipidemia, thyroid disorder, arthritis, non-Alzheimer's dementia, abnormalities of gait, muscle weakness and dysphagia. The MDS revealed a Brief Interview for Mental Status (BIMS) score of 8/15, which indicated the resident displayed moderately impaired cognition. The MDS revealed Resident #63 required extensive assist of 1 staff for bed mobility, transfers and ambulation (walking). According to the MDS, Resident #63 was at risk of developing pressure ulcers, but was coded as having no pressure ulcers.</p> <p>Record review revealed no documentation that showed facility staff assessed the resident's skin upon admission.</p> <p>A Significant Change in Status MDS dated 7/28/19 documented Resident #26 had a Stage III pressure ulcer present on admission and a BIMS score of 3/15 indicating severe cognitive deficit.</p> <p>The MDS assessment defined a Stage III Pressure Ulcer as a full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling.</p>			
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	<p>The Wound Assessment facility policy revised 7/1/19 revealed the facility's practice to provide ongoing wound assessment at least weekly or more often when indicated by wound complications or changes in wound characteristics. The facility procedure directed staff to assess all wounds upon on admission, monitor daily, and assess weekly.</p> <p>The Care Plan for Resident #63 dated 8/16/19 documented a focus area initiated on 6/14/19, which identified the resident as at risk for impairment to skin integrity related to immobility, incontinence, diabetes, hypothyroidism, dysphagia, weight loss and an albumin level of 3.0. The Care Plan directed staff to complete treatment as ordered, turn or reposition frequently or as resident allows, pressure reduction cushion in wheelchair, and pressure relieving mattress on the bed. Another focus area initiated on 6/14/19 identified Resident #63 as at risk for (Activities of Daily Living (ADL) self-care deficiency related to weakness, falls and cognitive status with decline expected. The Care Plan directed staff to wear a Prevalon boot (to relieve pressure) when heel of foot rested on the bed or chair, and float heels whenever possible.</p> <p>Physician order dated 6/10/19 at 1:02 PM directed staff to ensure the resident wears a Prevalon boot when the heel of the foot rested on the bed or chair, and float heels whenever possible.</p>			
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	<p>The resident's record did not contain information related to a pressure wound on the resident's right heel until an entry on 6/10/2019 at 1:06 PM in the Nurse's Notes that documented the order staff received when the resident returned from the wound clinic.</p> <p>An order from a wound clinic appointment dated 6/10/19 directed staff to clean the resident's right heel with normal saline, cover with Xeroform, and then apply Mepilex. Change on Mondays, Wednesdays, and Fridays and as needed (PRN). The order also directed staff to ensure the resident wears Prevalon boots when heel of foot rests on bed or chair, float heels whenever possible, and resident to return to the clinic in 2 weeks.</p> <p>The Wound Assessment Details form from the Wound Care Clinic dated 6/10/19 documented a right lateral calcaneus area as a Stage III Pressure Ulcer measuring 0.5 cm x 1.2 cm x 0.1cm that contained a medium amount of serosanguinous exudate and a small amount of adherent slough present.</p> <p>Record review for Resident #63 revealed the facility did not begin to document weekly skin assessments until 7/4/19.</p> <p>The Skin and Wound Evaluation from the facility dated 7/4/19 revealed a Stage III Pressure Ulcer on the resident's right heel that measured 0.3 cm x 0.5 cm x 0.6 cm with 90 percent epithelial tissue, 10 percent granulation, and no exudate present.</p>			
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	<p>The Wound Assessment Details form from the Wound Care Clinic dated 7/8/19 documented a right lateral calcaneus area as a Stage III Pressure Ulcer that measured 0.9 cm x 0.3 cm x 0.1 cm with a large amount of granulation, small amount of serosanguinous exudate, and a small amount of adherent slough present.</p> <p>The Patient Information form for Hospice revealed Resident #63 admitted to a hospice service on 7/22/19.</p> <p>The Skin and Wound Evaluation from the facility dated 7/24/19 revealed a Stage III Pressure Ulcer on the resident's right heel that measured 0.7 cm x 0.9 cm x 0.7 cm with 90 percent epithelial tissue, no granulation tissue, and a scab present.</p> <p>A fax sent by the facility to the physician on 7/31/19 revealed Resident #63 right heel was stable with the surrounding tissue macerated. Staff requested to change the treatment order to skin prep and foam border dressing.</p> <p>A Hospice Routine Visit note dated 8/7/19 revealed hospice ordered a low air loss mattress for the resident.</p> <p>The Skin and Wound Evaluation from the facility dated 8/13/19 revealed a Stage III Pressure Ulcer to</p>			
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	<p>Resident #63's right heel that measured 2.4 cm x 1.5 cm x 2.1 cm with 90 percent epithelial tissue, no granulation tissue, and light serosanguinous exudate present</p> <p>A fax sent by the facility to the physician on 8/13/19 revealed Resident #63's right heel pressure injury deteriorated when compared to last week's measurements: 0.6 cm x 1.2 cm vs. 1.5 cm x 2.1 cm. Facility staff requested to change the dressing to Puracol plus and Optifoam.</p> <p>Observation on 08/20/19 at 11:25 AM revealed Resident #63 in a reclining wheelchair in stocking feet which rested on metal foot pedals. Resident unable to sit still in wheelchair, attempted several times to stand up, and then fidgeted in wheelchair. One Prevalon boot found in the resident's room.</p> <p>Observation on 08/21/19 at 12:20 PM revealed Resident #63 sat upright in a wheelchair in the dining room with feet in socks, and rested against the metal wheelchair pedals. Further observation revealed one Prevalon boot lay on the resident's bed in her room.</p> <p>Observation on 08/22/19 at 09:26 AM revealed Resident #63 in her wheelchair at the dining room table wearing socks and no Prevalon boots, heels resting against the metal wheelchair pedals.</p>			
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	<p>Observation attempted/requested on 08/20/19 at 11:21 AM. Staff B, RN reported she had already assessed the wound and changed the dressing on the resident's right heel that morning (ordered every 36 hours).</p> <p>In an interview on 08/20/19 at 11:30 AM with Staff C, Hospice Nurse and she reported the reclining wheelchair the facility provided for Resident #63 in last week is causing her discomfort. Hospice nurse reported she will have staff go back to the standard wheelchair and will order a tilt and space wheelchair for her to help off load (remove pressure) her heels. Staff C stated the resident should have her heel protector on but hospice nurse reports she doesn't like to wear it. Hospice nurse also informed surveyor when Resident #63 first admitted she had a mattress brought in by family so there was a delay in ordering a low air loss mattress.</p> <p>During an interview on 08/21/19 at 1:05 PM, the facility Regional Consultant reported she expected the staff to attempt to put the resident's Prevalon boots on as directed or ordered on the TAR and Care Plan. If a resident refuses or removes them, staff should document that and add it to the Care Plan. In a subsequent interview at 2:59 PM with the facility Regional Consultant and she informed the surveyor that she could not find any skin assessments completed by staff at the time the resident admitted to the facility.</p>			
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	<p>In an interview on 08/21/19 at 03:15 PM with Staff D, she reported they only apply the Prevalon boots at bedtime.</p> <p>In an interview on 08/21/19 at 03:50 PM, the podiatrist that saw Resident #63 at the Wound Care Center verified he ordered the Prevalon boots and expected staff to keep them on the resident's feet at all times except when the resident ambulated. The podiatrist reported he expected staff to also keep her heels floated and added if the boots were not on she would be at risk for further skin breakdown.</p> <p>2. Review of the quarterly MDS dated 7/19/19 revealed Resident #51 had a BIMS score of 15/15, indicating no cognitive impairment demonstrated. The MDS indicated Resident #51 required extensive assistance of 1 staff for transfers and bed mobility. The MDS listed a diagnosis of spinal stenosis. The MDS documented the resident used a urinary catheter for elimination and had unhealed pressure ulcers: two Stage II and one that could not be staged (unstageable).</p> <p>Review of Resident #51's care plan revised 5/2/19 revealed she was at risk for pressure injury development and/or venous stasis ulcers, and directed staff to administer treatments as ordered and monitor for effectiveness of the treatment(s).</p>			
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	<p>Observation on 08/20/19 at 9:10 AM revealed Staff B Registered Nurse (RN) had completed Resident #51's treatment and dressing change while Staff J Unit Manager observed. Staff B removed the top dressing on Resident #51's back and it was dated 8/14/19 and bottom dressing was dated 8/20/19.</p> <p>Observation on 08/20/19 at 9:20 AM revealed Staff O CNA and Staff N CNA provided cares for Resident #51. Resident #51 was rolled on to her left side and it was noted she had a coccyx dressing with a date of 8/14/19. Resident #51 was noted to have a colostomy and urinary catheter.</p> <p>Review of Resident #51's Electronic Health Record (EHR) revealed the following orders:</p> <p>-Foam Dressing: Cleanse coccyx with normal saline/wound cleanser, then apply and cover foam sacral dressing every evening shift every 3 day(s) for skin integrity and as needed (PRN) for skin integrity, with a start date of 7/23/19.</p> <p>-foam border dressing to spinal prominence every 72 hours for wound care with a start date of 4/26/2019.</p> <p>Record review of the August 2019 Treatment Administration Record (TAR) revealed the coccyx dressing was last signed as completed on 8/19/19.</p>			
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	<p>The spinal prominence dressing was last signed as completed on 8/18/19.</p> <p>Review of Resident #51's August 2019 TAR and progress notes revealed there was no documentation related to the PRN dressing change and it was scheduled to be changed on 8/22/19.</p> <p>During a staff interview on 08/22/19 at 2:17 PM Staff J Unit Manager stated the dressing should be changed every three days. When asked about the dates on the dressings, she reported she did not look at the dates on the back and coccyx wound dressing because she did not want to make the staff nervous by standing right by them during the observation. She stated staff should be following the orders and changes the dressing as ordered.</p>			
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