

Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 7046		Date: October 2, 2019		
Facility Name: Savannah Heights		Survey Dates: September 18 – 19, 2019		
Facility Address/City/State/Zip 601 South Prairie St Mt Pleasant, IA 52641		MW JS		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
56.1(1)	481—56.6(135C) Treble and double fines. 56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.	I	\$24,750 (Treble) (Held in Suspension)	Upon Receipt
58.28(3)e	481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)			
DESCRIPTION: Based on record review, and staff interviews, the facility failed to follow fall interventions for 1 of 3 sampled (Resident #1). The Care Plan directed				

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	<p>the staff to transfer the resident from the wheelchair when in her room. The staff left the resident in the wheelchair in her room unattended. The resident fell and sustained a fractured femur. The facility reported a census of 24.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) Assessment tool dated 5/7/19 revealed Resident #1 had diagnoses that included diabetes and anemia. Resident #1 had severe cognitive impairment with symptoms of delirium present.</p> <p>The MDS dated 5/7/19 revealed Resident #1 required extensive assistance of one staff with bed mobility, transfers, walking, dressing, bathing, toilet use and personal hygiene. Resident #1 had one fall without injury since the previous assessment on 2/7/19.</p> <p>The Care Plan initiated on 5/8/18 directed one staff to do provide a walker and a gait belt for transfers and walking, transfer to a recliner after each meal or/and activity, provide call light and a blanket.</p> <p>The Care Plan initiated on 1/14/19 and revised on 5/7/19 directed the staff to use the wheelchair for</p>			

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	<p>transport only, place in a standard chair for meals and activities, transfer to recliner in the morning, transfer to recliner or bed 30 to 40 minutes after meals, and do not leave in wheel chair.</p> <p>The COMS - Fall Risk Evaluation - V 2 sheet dated 5/7/19 revealed Resident #1 scored "13". A score of 10 or greater indicated a HIGH RISK for falls.</p> <p>The Background sheet revealed on 5/28/19 at 6:57 p.m., the Registered Nurse found Resident #1 on the floor. The staff transported Resident #1 to her room at 6:22 p.m. (after supper) and she remained upright due to reflux. Resident #1 stated she was going to the bathroom. Resident #1 complained of severe left hip pain. At 7:55 p.m., Medics transported Resident #1 to the Emergency Department. Resident #1 admitted to the hospital due to left hip fracture related to the fall. The sheet revealed the staff did not act perfectly in this matter since Resident #1's Care Plan specifically stated the wheelchair is for transport only. The intervention is due pain but also to prevent falling forward out of the wheelchair. The staff found Resident #1 on her back with the wheelchair parallel to her (3 - 4 feet away). Resident #1 readmitted to the facility on 5/31/19.</p>			

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	<p>The Diagnostic Radiology report dated 5/28/19 revealed Resident #1 sustained a displaced fracture through the neck of the left femur. The report dated 5/29/19 at 2:08 p.m. revealed Resident #1 had surgical repair of the left hip without postoperative complications.</p> <p>The Care Plan revised on 5/23/19 directed two staff to transfer Resident #1 with a sit to stand lift.</p> <p>During an interview on 9/18/19 at 9:02 p.m., Staff A (Certified Nurse Aide) stated Resident #1 asked to return to her room. Staff A transported Resident #1 to her room and left her seated in the wheelchair next to her bed with the call light. Staff C, informed the assigned aide that she left Resident #1 in her room. Staff A stated at that time it was okay to leave Resident #1 in her wheel chair in her room.</p> <p>During an interview on 9/18/19 at 6:35 p.m., Staff B (Registered Nurse) stated the staff knew not to leave Resident #1 in the wheelchair in her room. The staff needed to transfer her to the recliner or in bed. The staff could also leave Resident #1 in her wheelchair by the nurse for observation until they could transfer her to bed. Staff B walked by Resident #1's room and observed her on the floor near the bathroom. Resident #1's wheelchair had the braked on and sat near Resident #1. Staff B</p>			

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	<p>reported Resident #1 did not have the ability to unlock the brakes. Staff B called for help and Staff C responded. Staff C reported she did not know who put Resident #1 in her room.</p> <p>During an interview on 9/19/19 at 8:02 a.m., Staff C (Certified Nurse Aide) stated Resident #1 usually returned to her room after supper and the staff assisted her to bed. Staff C reported Resident #1 did not like to sit in the wheel chair. Staff C reported the care plan directed the staff not to leave Resident #1 in the wheelchair in her room. Staff C reported she had Resident #1 on her assigned section the evening of the fall. Staff C did not know that Resident #1 was in her room until she responded to Staff B's call for help and saw Resident #1 on the floor in her room.</p> <p>During an interview 9/18/19 at 5:40 p.m., Staff D (Certified Nurse Aide) stated Resident #1 required two staff for transfers. Staff D reported being surprised when she heard staff left Resident #1 in her room in her wheelchair.</p> <p>During an interview on 9/18/19 at 6:21 p.m., Staff E (Licensed Practical Nurse) stated Resident #1 remained seated for 20 to 30 minutes after supper and then the staff assisted her to bed. Resident #1 remained in the common area for observation until the staff had time to assist her to</p>			

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	<p>her bed or recliner. Staff E reported they staff knew not to leave Resident #1 in the wheelchair in her room.</p> <p>During an interview on 9/18/19 at 7:58 p.m., Staff F (Certified Nurse Aide) stated the resident was a fall risk, she was not supposed to be left alone in her wheel chair in her room, she was supposed to be transferred to the recliner if she wanted to stay up, or to bed.</p> <p>During an interview on 9/19/19 at 8:58 a.m., Staff G (Certified Nurse Aide) and Staff H (Certified Nurse Aide) stated the resident was a fall risk and had an alarm because she attempted to self-transfer. Staff G and Staff H reported the staff did not leave Resident #1 in her room in the wheelchair. The staff transferred her to the recliner or to bed.</p> <p>During an interview on 9/19/19 at 9:34 a.m., the Director of Nursing stated she would not have wanted or directed staff to leave the resident in her wheelchair alone in her room.</p> <p>The facility's undated Certified Nurse Aide (CNA) Job Description revealed a nursing care function and duty that directed the CNA's to review the care plans daily.</p>			

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	FACILITY RESPONSE:			
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