

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number:</b> <b>#7042</b>		<b>Date:</b> <b>September 12, 2019</b>		
<b>Facility Name:</b> <b>Accura Healthcare Spirit Lake</b>		<b>Survey Dates:</b> <b>August 21-27, 2019</b>		
<b>Facility Address/City/State/Zip</b> <b>1912 Zenith Avenue</b> <b>Spirit Lake, IA 51360</b>		<b>MW/DC</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

<b>58.28(3)e</b>	<p><b>481—58.28(135C) Safety.</b> The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)</p> <p><b>58.28(3) Resident safety.</b></p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p><b>DESCRIPTION:</b></p> <p>Based on observation, clinical record review, and interviews the facility failed to ensure one of three residents received adequate supervision to protect against hazards in the environment, (Resident #2).The facility reported a census of 65 residents.</p> <p>Findings include:</p> <p>The Minimum Data Set assessment with a reference date of 7/4/19 for Resident #2 documented a score of 15 on the Brief Interview for Mental Status test which indicated no cognitive impairment. The resident had diagnoses of Diabetes Mellitus, heart failure, respiratory failure, hip fracture, and left femur fracture. The resident had no falls since reentry.</p> <p>A PT (Physical Therapy)-Therapist Report dated 3/6/19 directed ambulation with CGA (Contact Guard</p>	<b>I</b>	<b>\$3,750.00</b>	<b>UPON RECEIPT</b>
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Facility Administrator

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	<p>Assist) of one to two staff.</p> <p>A Fall Risk Assessment dated 3/5/19 documented a score of 11 which indicated a moderate risk of falls.</p> <p>A facility incident report documented a witnessed fall on 3/15/19. The report documented Resident #2 was walking with Staff B, Physical Therapy Assistant (PTA) in the main hallway with a front wheeled walker and a gait belt. The report documented Staff B let go of the gait belt to put on the brakes of the wheelchair, when the residents knees buckled causing him to lose his balance and fall forward. Staff B reported the resident landed on his left elbow and left side, hitting his head on the wall. Staff C, Registered Nurse (RN) documented the resident complained of pain to the left knee with notable swelling.</p> <p>A PT Daily Treatment Note dated 3/15/19, electronically signed by Staff B, PTA documented: Resident #2 ambulated 30 feet twice, CGA with one staff with wheelchair follow for safety. At the end of the second ambulation the resident had a fall. The resident reported he needed to sit down. Therapist let go of the gait belt to put on brakes on wheel chair. Resident's knees then buckled and he lost his balance falling forward. The resident landed on his left elbow and left side.</p> <p>A Major Injury Determination form dated 3/15/19 and signed by emergency room physician documented the resident was ambulating with therapy with assist of one and with a gait belt, lost balance and fell on left</p>			
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	<p>knee and left elbow. Diagnosis: Left tibial fracture. The physician indicated by a check mark the injury the resident sustained was a major injury.</p> <p>Review of the Emergency Room Report dated 3/15/19 documented Resident #2 was seen for a left tibial fracture, and directed knee immobilizer on and non-weight bearing until can follow up with orthopedic specialist.</p> <p>Review of the 4/2/19 orthopedic consultation directed Resident #2 to remain in hinged knee brace for 4 weeks, with no weight bearing.</p> <p>A Fall Scene Investigative Report, signed as completed by Staff D, Registered Nurse on 3/18/19 documented the following conclusion: Resident working with physical therapy in main hallway with assist of one with gait belt and front wheeled walker. Physical therapy let go of resident to put the brakes on wheelchair. The report documented therapy staff had been educated on the proper technique while working with resident with wheelchair use.</p> <p>In a phone interview on 8/26/19 at 4:32 PM, Staff E, Clinical Director confirmed had provided in-service education on 4/2/19 following review of the fall. Staff E confirmed would expect hand to remain on the gait belt at all times with Contact Guard Assist of 1.</p> <p>In an interview on 8/26/19 at 3:25 PM, Staff F, PTA Rehabilitation Director stated she had reviewed the documentation and counseled/educated Staff B</p>			
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	<p>following the fall. Staff F confirmed would expect PTA doing assist of one with gait belt, when the resident reported needing to sit down, to keep hold of the bait belt while positioning the wheelchair. Further stated, would not have expected to release hold on the gait belt. Staff F provided a written statement dated 3/18/19 that documented she had reviewed the fall with Staff B immediately after the fall on 3/15/19. The written statement documented she had completed staff education about using assistance of 2 staff if resident is feeling weak or not transferring easily. Educated on always holding on to the gait belt, and locking the brakes from standing on the side of the wheelchair rather than letting go of the gait belt and going around the chair to lock the other brake.</p> <p>Interview with Staff B, PTA on 8/27/19 at 9:49 AM revealed Staff B does not routinely work at this facility. Staff B confirmed walking in hallway with Resident #2, using a gait belt and wheelchair to follow. Recalled the resident stated needed to take a break. Staff B stated she let go of the gait belt to place the brakes on the wheelchair. Staff B stated she knew her hand was to be on the gait belt at all times.</p> <p>In an interview on 8/27/19 at 10:04 AM, Resident #2 stated he remembered when he broke his left lower leg. Stated he was walking with therapy and getting stronger. He stated he started feeling weak and needed to sit down. She let go of my gait belt and I fell and broke my leg.</p>			
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	<b>FACILITY RESPONSE:</b>			
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