PRINTED: 09/10/2019 FORM APPROVED

OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED		
		165161	B. WNG			C	
	<u> </u>	105161	D. WING_			08/	/29/2019
NAME OF PI	ROVIDER OR SUPPLIER				FREET ADDRESS, CITY, STATE, ZIP CODE		
тоиснят	ONE HEALTHCARE CO	MMUNITY			00 INDIAN HILLS DRIVE IOUX CITY, IA 51104		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG				(X5) COMPLETION DATE
F 000	INITIAL COMMENTS		F	000			
	Correction date	cies resulted from aint #84060-C and eral Regulations (42CFR)					
	ADL Care Provided for CFR(s): 483.24(a)(2) §483.24(a)(2) A reside out activities of daily list services to maintain generating personal and oral hyg This REQUIREMENT by:  Based on clinical receinterview, staff interview and facility policy review provide bathing assist per resident preference.	ent who is unable to carry living receives the necessary lood nutrition, grooming, and liene; is not met as evidenced lord review, resident lew, facility record review, ew, the facility failed to liance at least weekly and/or live for 4 of 10 residents lessident #2, #4, #6, #9,	F 6	77			
	1. The Minimum Data dated 6/26/19 for Res Interview for Mental S score of 11 indicated impairment. The MDS required the extensive persons for transfers a hygiene, bathing. The experienced episodes	S revealed the resident ephysical assistance of 2 and of 1 person for personal eMDS recorded the resident of bowel incontinence		A second			(Ve) DATE
ABORATORY D	DIRECTOR'S OR PROVIDER/S	UPPLIER REPRESENTATIVE'S SIGNATURE			TITLE		(X6) DATE

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	I ' '	PLE CONSTRUCTION	(X3) DATE COMP	SURVEY PLETED
		165161	B. WING_			C <b>29/2019</b>
	ROVIDER OR SUPPLIER	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104		23/2013
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG		OULD BE	(X5) COMPLETION DATE
F 677	included hip fracture at a need for assistance bathing, and pericare staff the resident frequelothes and bathe desidentes and baths on the following	cumented diagnoses that and neurogenic bladder.  rea revised 7/9/19 identified in dressing, grooming, The care plan informed until refuse to change spite encouragement.  In Shift Baths Schedule resident should have ne on Sundays and esident should have been collowing dates in July and 17,7/10 7/14, 7/17, 7/21, 3/7, 8/11, 8/14, 8/18, 8/21,  on Report for Bathing received assistance with ng days 7/1/19 thru 8/28/19: 17, 8/18, 8/25.  ided additional hing activity: 7/7 refused; fused as wanted a female 1/31 bed bath; 8/11 bed 1/27 bed bath.	F 6	77		
	The MDS assessm Resident #4 identified	7/24, 8/7, 8/14, and 8/21.  ent dated 7/6/19 for a BIMS score of 08 which itive impairment with signs				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		1	IPLE CONSTRUCTION	(X:	(X3) DATE SURVEY COMPLETED	
		165161	B. WING_	44.40		C <b>08/29/2019</b>
	ROVIDER OR SUPPLIER ONE HEALTHCARE COI	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104	•	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORE ( (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 677	present continuously. resident required the assistance of 1 personygiene, and transfers day look-back period. resident totally depend The MDS recorded the episodes of bladder a always.  The MDS documenter non-Alzheimer's demonder of the care plan focus a staff to provide assistates dressing, grooming, and According to the Day updated 1/25/19, the received offers to bath Fridays. The resident baths on the following 2019: 7/2, 7/5, 7/9, 7/30, 8/2, 8/6, 8/9, 8/1 The Follow Up Questive revealed Resident #4 bathing on the following 7/9, 7/25, 8/6, 8/11, 8/1 The Bath Sheets provide cumentation for bath 7/30 bed bath; 8/20 bed The clinical record lact attempts to encourage.	red level of consciousness The MDS revealed the extensive physical in for bed mobility, personal is did not occur during the 7 The MDS revealed the dent upon staff for bathing, e resident experienced ind bowel incontinence didiagnosis that included entia and respiratory failure.  Irea revised 2/19/19 directed ance of 1 person for ind bathing.  Shift Baths Schedule resident should have ine on Tuesdays and at should have been offered indates in July and August for 7/16, 7/19, 7/23, 7/26, i.3, 8/16, 8/20, 8/23, 8/27.  Ion Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance with ing days 7/1/19 thru 8/28/18: for Report for Bathing received assistance	F6	577		

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OMB NO. 0938-0391

STATEMENT OF	F DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '		E CONSTRUCTION		SURVEY PLETED
		165161	B. WING				C /29/2019
	OVIDER OR SUPPLIER  DNE HEALTHCARE COM	MMUNITY		-	STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	NTEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	=	(X5) COMPLETION DATE
1	signs of fluctuating inarevealed the resident in onlysical assistance of transfers, and bathing, resident experienced colladder and bowel incolladder and focus are staff to provide assistativesing, grooming at According to the Eveniupdated 1/25/19, the received offers to bath Thursdays. The reside offered baths on the following and the fo	nent dated 7/3/19 for a BIMS score of 15 with attention. The MDS required the extensive 1 person for bed mobility, The MDS recorded the occasional episodes of ontinence. The MDS that included chronic disease (COPD).  The arevised 2/6/19 directed ance of 1 person for times, and bathing.  The material score of the most of the person for times, and bathing.  The material score of the most o	F	677			

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES

AND PLAN O	F CORRECTION	IDENTIFICATION NUMBER:	A, BUILDI	NG.		COME	LETED
					- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1	,	С
		165161	B. WNG_			08/	29/2019
	ROVIDER OR SUPPLIER	MMUNITY		18	REET ADDRESS, CITY, STATE, ZIP CODE 100 INDIAN HILLS DRIVE OUX CITY, IA 51104		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	×	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 677	hated it when it took a Resident #6 identified the reason he didn't go the facility should be a bath. Resident #6 ibaths on Monday/Thumissed his Thursday  On 8/29/19 at 9:50 a. she wanted to highlig and felt his behaviors account when review not getting bathed 2 to 4. The MDS assessm Resident #9 identified signs/symptoms of deindicated intact cogni resident required the assistance of 1 person hygiene, 2 persons for dependent upon 1 per recorded the resident episodes of bladder in episodes of bowel into documented diagnosiand non-Alzheimer's  The care plan focus a staff to provide assist dressing, grooming, and According to the Day updated 1/25/19, the	a.m. Resident #6 reported he a week to get his bath. It shortage of staff as part of get a bath. Resident #6 felt able to tell him when he gets said he was supposed to get ursdays and thought he had bath the week prior.  m. the Administrator voiced hit Resident #6's behaviors should be taken in to ing the resident's reports of imes a week.  ment dated 8/6/19 for it a BIMS score of 13 without belirium. A score of 13 tion. The MDS revealed the extensive physical in for bed mobility, personal for transfers, and and totally inson for bathing. The MDS experienced occasional incontinence and frequent continence. The MDS is that included heart failure disease.	F	577			

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING \_ С 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE (X4) ID ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 677 Continued From page 5 F 677 Staff should have offered baths on the following dates in July and August 2019: 7/1, 7/4, 7/8, 7/11, 7/15, 7/18, 7/22, 7/25, 7/29, 8/1, 8/5, 8/8, 8/12, 8/15, 8/19, 8/22, 8/26. The Follow Up Question Report for Bathing revealed Resident #9 received assistance with bathing on the following days 7/1/19 thru 8/28/18: 7/4, 7/11, 7/29, 8/1, 8/5, 8/8, 8/15, 8/18, 8/22, 8/27. The Bath Sheets provided additional documentation for bathing activity: 7/18 shower; 8/9 shower; 8/15 shower, 8/18 shower. The clinical record lacked documentation of attempts to encourage the resident to bathe or refusals to bathe, other than noted above, on 7/1, 7/8, 7/15, 7/22, 7/25. On 8/28/19 at 2:25 p.m. Resident #9 reported she should get a bath 2 times a week. She told staff she wanted it 2 times a week, but the staff tell her they do not have the time. On 8/28/19 at 4:00 p.m. the Administrator stated she didn't think Resident #9's account of not getting bathed was correct. 5. The MDS assessment dated 8/13/19 for Resident #10 identified identified a BIMS score of 14 without signs/symptoms of delirium. A score of 14 indicated intact cognition. The MDS revealed the resident required the extensive physical assistance of 2 persons for bed mobility, bathing, and totally dependent upon 2 persons for

transfers. The MDS recorded the resident experienced episodes of bladder and bowel

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FORM APPROVE OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES

IND DIAM OF CORDECTION		1 ' '	A. BUILDING			COMPLETED		
		165161	B, WING			i	C 2/29/2019	
	ROVIDER OR SUPPLIER	OMMUNITY	<b>!</b>	1800 IN	ADDRESS, CITY, STATE, ZIP CODE DIAN HILLS DRIVE CITY, IA 51104	•		
(X4) IĐ PREFIX TAG	(EACH DEFICIE	STATEMENT OF DEFICIENCIES NCY MUST BE PRECEDED BY FULL R LSC IDENTIFYING INFORMATION)	ID PREFI TAG	×	PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY)	BE	(X5) COMPLETION DATE	
F 677	Continued From page 6 incontinence always. The MDS documented diagnosis that included heart failure and morbid		F	677				
	staff to provide exterior dressing, groom According to the Da updated 1/25/19, the received offers to be Wednesdays, and I have been offered I July and August 20 7/12, 7/15, 7/17, 7/ 7/31, 8/2, 8/5, 8/7, 8/21, 8/23, 8/26, 8/2 The Follow Up Que revealed Resident a	ay Shift Baths Schedule the resident should have athe on Mondays, Fridays. The resident should toaths on the following dates in 19: 7/1, 7/3, 7/5, 7/8, 7/10, 19, 7/22, 7/24, 7/26, 7/29, 8/9, 8/12, 8/14, 8/16, 8/19, 28.  Testion Report for Bathing #10 received assistance with						
	7/3, 7/8 bed bath, 7 8/5, 8/7 bed bath, 8 bed bath, 8/21, 8/29 The Bath Sheets pa	rovided additional						
	8/7 bed bath; 8/19 The clinical record attempts to encourarefusals to bathe, or 7/5, 7/10, 7/15, 7/1 8/26. On 8/28/19 at 2:30 would get bathed if Resident #10 report	pathing activity: 7/12 bed bath; bed bath, 8/21 shower.  lacked documentation of age the resident to bathe or ther than noted above, on 7/1, 7, 7/19, 7/24, 7/26, 8/12, 8/23,  p.m. Resident #10 stated she staff had a bath sling. ted the last 2 scheduled baths bed bath as no sling available						

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FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION  A. BUILDING		(X3) DATE SURVEY COMPLETED	
		165161	B. WING_			C 08/29/2019	
	ROVIDER OR SUPPLIER	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104		00/25/2015	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT ( (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETION DATE	
F 677	order.  On 8/28/19 at 4:00 p.r she didn't think Reside having slings for bathin Additional Interviews: On 8/27/19 at 3:19 p.r (DON), reported the factory needed to be proported that state computer and also sheet.  On 8/28/19 at 9:55 a.r rolled out education all baths in the electronic reported she reviewed Administrator. The DON position 7/17/19 bath sheet documentation on 8/28/19 at 5:00 p.m. Aide (CNA), provided for rooms. Staff A report baths 2 times per view on 8/28/19 at 5:05 p.m. are to offer residents 2 facility policy states on required. The DON id the most up to date so The DON stated she view revamping the schedu	m. the Administrator stated ent #10's account of not ing correct.  m., the Director of Nursing, acility policy stated baths vided once a week. The staff documented bathing in a staff filled out a bathing  m., the DON stated she could documentation of clinical record. The DON I her plan with the DN stated she took over the but the former DON didution as well.  m., Staff A, Certified Nurse copies of bath schedules orted each room scheduled week.  m., the DON confirmed staff 2 baths per week but the	F6	777			
		vised 3/1/14 titled Bath in Shower, both included the					

PRINTED: 09/10/2019 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING \_ C B. WING 165161 08/29/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION SUMMARY STATEMENT OF DEFICIENCIES ĺВ (X4) ID (FACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PRFFIX CROSS-REFERENCED TO THE APPROPRIATE DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG **DEFICIENCY**) F 677 Continued From page 8 F 677 following documentation: Policy - To provide the resident the opportunity to bathe at least weekly and/or as per resident's request or as needed. F 692 F 692 Nutrition/Hydration Status Maintenance SS=G CFR(s): 483.25(g)(1)-(3) §483.25(g) Assisted nutrition and hydration. (Includes naso-gastric and gastrostomy tubes, both percutaneous endoscopic gastrostomy and percutaneous endoscopic jejunostomy, and enteral fluids). Based on a resident's comprehensive assessment, the facility must ensure that a resident-§483,25(g)(1) Maintains acceptable parameters of nutritional status, such as usual body weight or desirable body weight range and electrolyte balance, unless the resident's clinical condition demonstrates that this is not possible or resident preferences indicate otherwise; §483.25(g)(2) Is offered sufficient fluid intake to maintain proper hydration and health;

by:

§483.25(g)(3) Is offered a therapeutic diet when there is a nutritional problem and the health care

This REQUIREMENT is not met as evidenced

Based on observation, clinical record review, family, resident, staff and hospice interviews, the

facility failed to ensure a resident who demonstrated a need for dining assistance received assistance to eat and failed to provide/document administration of a nutritional intervention to one resident (Resident #4), who experienced a significant weight loss of 18.22% in

provider orders a therapeutic diet.

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING \_ С 165161 B. WNG 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 692 Continued From page 9 F 692 a 6 month period out of 4 residents reviewed for weight loss. The facility reported a census of 74 residents. Findings include: The Minimum Data Set (MDS) assessment dated 6/3/19 for Resident #4 identified a Brief Interview for Mental Status (BIMS) score of 08 which indicated severe cognitive impairment with signs of inattention and altered level of consciousness present continuously. The MDS revealed the resident required extensive physical assistance of 1 person for bed mobility, dressing, eating, toilet use and personal hygiene. The MDS recorded the resident did not transfer or ambulate during the 7 day look-back period. The MDS revealed the resident as totally dependent upon staff for bathing. The MDS documented diagnoses that included: non-Alzheimer's dementia, respiratory failure, and abnormal weight loss. The MDS recorded the resident's height as 60 inches and weight as 86.0 lbs (pounds). The resident experienced weight loss not prescribed by a physician of 5% or more in the last month or 10% or more in the last 6 months. The MDS revealed the resident received hospice level of care. Care Plan: A care plan focus area revised 2/19/19 identified the resident needed assistance with transfers, bed mobility, and non-ambulatory. A care plan focus area revised 12/20/18 identified the resident at risk for weight loss due to diagnosis of a progressive cognitive disease.

On 3/18/19 the care plan informed staff the resident ate in her room the majority of the time and could feed herself at the time, however she

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С B. WING 165161 08/29/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIQUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PRÉFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 692 Continued From page 10 F 692 had a poor appetite. On 3/28/19, the care plan directed staff to give the resident supplements as ordered. On 6/10/19 the care plan informed staff the resident to receive a magic cup (nutritional supplement) with meals. On 8/15/19 the care plan informed staff a hospice aide came intermittently per family request as the resident required much encouragement. On 8/22/19 (during the investigation) the care plan directed staff to ensure the bed in an upright position during meals, meals to be set up with all packaging open, and frequent checks by staff to offer encouragement and assistance when needed. The Weights and Vitals Summary report printed 8/27/19 included the following weight measurements: a. 12/5/18 - 105.0 lbs b. 1/3/19 - 119.2 lbs (the report documented on 2/6/19 the value struck out as re-weigh) c. 1/31/19 - 108.1 lbs d. 2/13/19 - 107.6 lbs e. 3/5/19 - 119.9 lbs (the report documented on 5/21/19 the value struck out as incorrect documentation) f. 4/11/19 - 99.0 lbs g. 5/16/19 - 101.4 lbs h. 6/1/19 - 88.0 lbs i. 6/5/19 - 90.0 lbs j. 7/8/19 - 85.9 lbs k. 8/13/19 - 88.0 lbs

period.

The 3/5/19 struck out value(119.9 pounds) compared to the 4/11/19 value (99 pounds) showed a 17.43% weight loss over a 1 month

The 2/13/19 value (107.6 pounds) to the 4/11/19 value (99 pounds) showed a 7.99% weight loss over a 2 month period disregarding the struck out

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FORM APPROVED
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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MUITIPLE CONSTRUCTION

	F CORRECTION	IDENTIFICATION NUMBER:	· ·	NG	SERUCTION	COMPLETED	
		165161	B. WING			0.	C B/29/2019
	ROVIDER OR SUPPLIER	MMUNITY		1800 IN	T ADDRESS, CITY, STATE, ZIP CODE NDIAN HILLS DRIVE ( CITY, IA 51104	1 00	SECTED TO
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFI TAG	1	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD I CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	3E	(X5) COMPLETION DATE
F 692	the 6/1/19 value (88 p weight loss over a 2 w The 6/5/19 value (90 p 7/8/19 value (85.9 pot weight loss over a 1 m The 2/13/19 value 107 the 8/13/19 value (88 18.22% weight loss over a 1 m The physician's verbal identified an active or supplement) 3 times a weight loss.  The Hospice Physician 2/28/18 documented a COPD. The plan of cacompletely dependent living. The resident didenergy to chew food.  The Registered Dietician seessment in the Promotion of the significant weight gain days. (This was incorresident's diet as appropriately dependent in the resident's estimate received protein powd within the last month in identified that with the resident would not need powder. The dietician	on 21.4 pounds) compared to bounds) showed a 13.21% week period. pounds) compared to the unds) showed a 4.56% month period. 7.6 pounds) compared to pounds) showed a total wer a 6 month period. I order dated 2/19/19 der for Ensure (nutritional a day related to abnormal and related the resident as a for all activities of daily derived and the resident with times 30 days and 90 ect) She identified the resident's intakes inadequate to meet and resident.	F	592			

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08/29/2019

OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY COMPLETED (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING \_\_\_\_\_ С

B. WING

165161

NAME OF PROVIDER OR SUPPLIER

STREET ADDRESS, CITY, STATE, ZIP CODE

OUCHS	TONE HEALTHCARE COMMUNITY		SIOUX CITY, IA 51104
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (X5)  (EACH CORRECTIVE ACTION SHOULD BE  CROSS-REFERENCED TO THE APPROPRIATE  DEFICIENCY)  (X5)  COMPLETION  DATE
F 692	Continued From page 12 On 3/25/19 the RD wrote a fax informing the physician the resident experienced a significant weight gain of 11% in 30 days and 14% in 90 days with a current weight of 119.9 lbs (Body Mass Index) of 23. The RD identified an order for Ensure TID (3 times a day) in place as well as protein powder mixed with ice cream daily. The RD identified the supplementation as excessive and requested discontinuation of the protein powder and ice cream. The physician "okayed" the discontinuation.  (The RD based her findings on the 3/5/19 inaccurate weight of 119.9 pounds with no reweight requested.)  The RD documented an assessment in the Progress Notes on 4/29/19 at 5:09 p.m The RD wrote the resident with significant weight loss. She identified the resident's diet as appropriate for the resident's medical condition. She identified the resident with poor intakes. She wrote the Ensure TID resulted in meeting/exceeding the resident's estimated nutrient needs. The resident continued to lose weight despite this. She identified the resident on hospice with diagnosis of abnormal weight loss. The dietician expected that the resident was adequately nourished and malnutrition was not the cause of the weight loss. The dietician made no further recommendations at that time.	F 69	92
	On 4/29/19 the RD wrote a fax informing the physician the resident experienced a significant weight loss of 22% in 60 days and 13% in 90 days with a current weight of 93.7 lbs and BMI (Body Mass Index) of 18. The RD documented the intake of meals and supplements exceeded nutrient needs. The physician responded to		

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FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY

AND PLAN O	F CORRECTION	IDENTIFICATION NUMBER:	A. BUILDI	NG_		COM	PLETED
					-		С
		165161	B. WING				/29/2019
	ROVIDER OR SUPPLIER FONE HEALTHCARE COM	MMUNITY		11	TREET ADDRESS, CITY, STATE, ZIP CODE 800 INDIAN HILLS DRIVE FIOUX CITY, IA 51104		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	NTEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	x	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA' DEFICIENCY)		COMPLETION DATE
F 692	fax to clarify and informourrently received Ensand how would the phanew orders.  A Hospice Clinical Prodocumented by the resident and magic cup with keep the Ensure order.  A late entry Progress It a.m. documented the Iresident and magic cup TID.  The Medication Review lacked documentation cup with meals TID.  The June 2019 Medica (MAR) lacked documentation cup with meals TID.  The RD documented a Progress Notes on 6/1 identified the resident The RD identified the resident with the RD identified the resident The RD identified that, care, weight loss was a facility notified the physical control of the RD identified that, care, weight loss was a facility notified the physical control of the RD identified that, care, weight loss was a facility notified the physical control of the RD identified the physical control of th	ement. The facility sent a m the physician the resident sure 240 ml (milliliters) TID hysician like to increase the sician responded with no agress Note dated 5/10/19, sident's hospice case durse (RN), identified a new th meals TID and to also the meals TID and to also hospice nurse saw the padded to meal times, where a dated 6/4/19 of an order to give magic ation Administration Record notation of administration of administration of the dition but the resident had akes of Ensure TID, the ated nutrient needs. Continued to lose weight. given hospice level of not unexpected. The sician of weight loss and	F	592			
	the physician declined orders/interventions.			-			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDIN	IPLE CONSTRUCTION  IG		COMPLETED	
		165161	B. WING _			C 08/29/2019	
	ROVIDER OR SUPPLIER	OMMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104	<b>,</b>		
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LESC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORE (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AI DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE	
F 692	high amount of suppresident's condition athe RD made no furt time.  An Order Summary documentation of an meals TID.  The July 2019 MAR administration of ma  The Medication Revirecorded an active of meals started 7/16/1  The August MAR docup with meals for powith scheduled administration of ma  The August MAR docup with meals for powith scheduled administration of ma 12:00 p.m., and 1:00 then changed to time and 6:00 p.m. 8/21/1 contained no informate received magic cup with 8/15/19.  Review of the August the resident did not the 25% 52 out of 78 oppevidence the dieticial likes to the resident simore ice cream item  A Physician Visit dat orders for the reside assistance to be offergeneral diet with no	o. The resident received a dementation and given the and expectation of decline, her recommendations at that Report dated 7/25/19 lacked order to give magic cup with lacked documentation of gic cup TID.  Sew Report dated 8/7/19 reder for magic cup with 9.  Sew Report dated 8/7/19 reder for magic cup with 9.  Secumented an order for Magic cor appetite started 8/16/19 nistration times of 8:00 a.m., 10 p.m. 8/16/19 thru 8/20/19 es of 8:00 a.m., 12:00 p.m., 9 thru 8/28/19. The MAR ation to indicate the resident with meals 8/1/19 thru  It 1-26, 2019 MAR revealed ake the Ensure or just took portunities. There was no n attempted to provide food such as breakfast items or s.  ed 7/25/19 documented in to sit up for meals, ared with eating and provide a	F 6	92			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA (X2) MUI IDENTIFICATION NUMBER: A. BUILD		PLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
		165161	B. WNG			C 08/29/2019	
	ROVIDER OR SUPPLIER	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104		00/29/2019	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE	
	by the resident's daugy photocopied post it not daughter wanted their not think staff assisted needed. The care platesident as able to fee revision to reflect their doctor's order for their assistance with dining. The RD documented a Progress Notes on 8/1 RD identified the residual loss overall, however a days. She wrote their appropriate for the residual properties for the residual properties. The RD expected the supplements met their nutrient needs. The Rhospice level of care, unexpected. The facili weight loss and the phorders/interventions. Trecommendations at the continue the current The Follow Up Question recorded the residents eating from 7/29/19 the documented the residents eating from 7/29/19 the documented the residents assistance and staff for eating on: 7/8/6, 8/7, 8/9, 8/11, 8/13	ence signature sheet signed ther on 7/25/19 included a steet that recorded the resident up more and did lifed the resident like she in continued to identify the set herself and lacked a family's desire and the resident to receive .  In assessment in the resident weight with weight gain in past 30 resident's diet was ident's medical condition, intake of meals and resident's estimated .D documented that given weight loss was not ity notified the physician of resident's medical condition. The RD had no further that time and directed staff it plan of care.  On Report for Eating ability to self perform ru 8/27/19. The report ent required extensive ad/or totally dependent upon ru 29, 7/31, 8/2, 8/3, 8/4, 8/5, 2, 8/13, 8/14, 8/17, 8/19,	F 69	2			
	•	e during that time period the					

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULT A. BUILDII	IPLE CONSTRUCTION  NG		(X3) DATE SURVEY COMPLETED	
		165161	B. WING_			C 08/29/2019	
	ROVIDER OR SUPPLIER	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF COR ( (EACH CORRECTIVE ACTION : CROSS-REFERENCED TO THE A DEFICIENCY)	SHOULD BE	(X5) COMPLETION DATE	
F 692	eating; 8/9.  The facility provided li Residents who need peating. The list did not name. The facility pro Residents who need slist did not contain Resident house aide feeds the per family request. The much appetite and not she is on pureed food food per family request advocate food choices and assist with feedin but daughter wanted livelight. She is up 3 lb to pureed diet and aid helping with meal chowanting something and she changed her min choice. Hospice mee every 3rd Tuesday of hospice patients and seach patient.  Observation on 8/20/2 Resident #4 laid in be 45 degrees (also know which is lying in the stant angle of 30 to 45 dappeared alert with eyroom. Blankets cover and the resident appeared.	st on 8/21/19 titled obysical assistance with of contain Resident #4's vided a list on 8/22/19 titled supervision with eating. The sident #4's name.  ence dated 8/22/19 at 2:16 sident's hospice RN case of following documentation: the resident 5 times a week the patient does not have thing tastes good to her. If but also can have pleasure st. Aides are there to st.	F	392			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1	IPLE CONSTRUCTION NG	(X3) DATE SURVEY COMPLETED		
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		165161	B. WING_		08/29/2019		
NAME OF P	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE  1800 INDIAN HILLS DRIVE			
TOUCHST	ONE HEALTHCARE COM	MUNITY		SIOUX CITY, IA 51104			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION ( (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)			
F 692	Continued From page	17	   F6	92			
	to Resident #4's room the room. At 6:44 p.m. observatifood tray with pureed to over the resident as sliposition in bed. The dwith a lid. Resident #4 staff helped her to dine soon have the surveyout 6:47 p.m. Staff B with room on the right wout. No staff entered F	rink cup remained covered 4 scoffed when asked if the e and stated she'd just as					
	hall and then left the h eyes closed, food unto drink. No staff entered assistance. At 6:58 p.m. Staff B or collect trays. At 7:08 p.m. Staff B er	nistrator appeared on the all. Resident #4 rested with buched and lid still on the the room to provide dining appeared on the hall to attered Resident #4's room at the resident to take a					
	pushed/waved the CN At 7:09 p.m. Staff B ex said Resident #4 refus B responded it was no everyone's needs with hall as everyone needs tried his best because but it was sad. Staff B pass meal trays then g needed assistance to e food trays. Staff B star himself but really not p	itted the room with tray and ted and wouldn't eat. Staff to possible to meet only 1 CNA assigned to a sed help. Staff B said he they were human beings acknowledged he had to so see if the residents eat as he picked up the ted sometimes it's okay by					

F 692

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION ID (X4) ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY)

F 692

Continued From page 18 provided a list of residents he thought required dining assistance by hall. The list included 1 resident on Ginger Grove hall and approximately 10 other resident names that included Resident #4. The surveyor asked the Director of Nursing (DON) to copy the half sheet of paper to a full sheet. At that time, the DON stated Staff C was not supposed to give the surveyor the list. Staff C was supposed to write the list then give it to a manager who to confirm those residents actually required dining assistance for feeding. The DON stated they would verify the list as accurate then give the surveyor a list of residents who required dining assistance.

On 8/21/19 at 5:42 p.m., the Administrator brought information to the surveyor. At that time, the Administrator commented she asked Staff C to write down off the top of his head which residents required feeding assist then give the list to the nurse consultant so she could verify the information prior to giving it to the surveyor. The Administrator stated after the consultant verified the information correct then she would give it back to the surveyor.

On 8/21/19 at 5:48 p.m. the DON returned with a list and identified that list as much better. The list, titled "residents who need physical assistance with eating", included 8 resident names; the list did not include Resident #4.

On 8/21/19 at 6:32 p.m., Staff D, CNA, reported Resident #4 refused a supper tray.

On 8/22/19 at 11:00 p.m., the Dietary Manager stated dietary staff passed out supplements but nursing staff is responsible for recording intakes of those supplements.

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING 165161 B. WNG 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL COMPLETION PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) F 692 Continued From page 19 F 692 On 8/22/19 at 11:20 a.m., Staff E, LPN, identified the resident's magic cup documentation as located on the MAR. Staff E reported on her shift Resident #4 refused the meal but could feed herself. Staff E stated if Resident #4 said no to a meal, she would will leave and recheck in 5 minutes. Staff E reported the resident had chewing issues and went back/forth on diet. Staff E commented when the resident wanted to feed herself she could but identified that as rare. If the resident needed it then staff fed the resident. Staff E stated she thought they started assisting the resident with feeding due to weight loss. In response to the question if resident needed direct supervision with dining given the care plan listed the resident as able to feed self, Staff E responded she could change the care plan from independent if she needed to if the the care plan identified the resident as independent. On 8/22/19 at 11:55 a.m., the DON stated the facility used care plans to determine which residents needed supervision and/or assistance with dining and used care plans to meet resident needs. The DON acknowledged Resident #4 as not on the list of residents who need supervision with eating. The DON said Resident #4 ate independently and did not need help or supervision. On 8/22/19 at 12:58 p.m., the resident's daughter reported the Social Worker said she'd find out where the resident's food tray was at approximately 30 minutes earlier. Observation on 8/22/19 at 1:13 p.m. revealed the resident's daughter at the bedside. The daughter

reported the resident couldn't see to eat and

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION SUMMARY STATEMENT OF DEFICIENCIES ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 692 Continued From page 20 F 692 hospice fed the resident 5 times a week. She stated the resident couldn't eat by herself. At 1:14 p.m. the Social Worker returned with a meal tray and asked the daughter if she wanted her to leave it, then left. The daughter identified that staff did not assist the resident to sit up in bed for the meal. At 1:17 p.m. the daughter asked Resident #4 if she could try to sit herself up and take bites. Resident #4 raised her head then dropped it quickly back to the pillow. The resident was unable to take a bite of food. The magic cup supplement was not opened on the food tray. Resident #4 said she didn't know if she could try to eat or not. The daughter obtained the controls for the bed from it's placement under the mattress and stuck on the bed frame. The daughter reported Resident #4 had macular degeneration and couldn't see what the food was on the tray. The daughter raised the bed up to 80 degrees and encouraged the resident to try a bite of food. The resident took a bite. Resident #4 accepted a few more bites then tried to pick up the cup of applesauce with her right hand. The daughter asked the resident what she was trying to do to which the resident stated she was trying to take a drink. The daughter informed the resident the juice was located by her left hand. Resident #4 said she preferred to use her right hand. The daughter assisted the resident to hold the drink with 2 hands with hand over hand assistance. The daughter asked the resident to try to lift the water mug with straw. The resident struggled as her whole arm shook and the daughter said Resident #4's mouth always appeared dry and cracked. The daughter reported she was told in the beginning that the facility won't help assist the resident to dine unless she went to the dining room. The

daughter gave the resident coffee that her

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5)(EACH DEFICIENCY MUST BE PRECEDED BY FULL COMPLETION DATE PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 692 Continued From page 21 F 692 husband had to go get and poured it into a small cup. The daughter prevented the resident from spilling several times then the resident took a drink herself. The daughter opened the magic cup and the resident ate it readily with daughter providing the bites. The daughter reported she informed the facility what the resident liked to eat food items such as breakfast foods. The daughter stated no doctor ever said the resident's weight loss was unavoidable. The daughter commented she lived far enough away she couldn't be there to assist dining all the time. Resident #4 ate 100% of the magic cup. On 8/22/19 at 1:54 p.m. Staff F, CNA, and Staff E, LPN, assisted Resident #4 to use the bedside commode. Resident #4 needed assistance from Staff E to maintain a sitting position, otherwise the resident fell back. On 8/22/19 at 2:25 p.m., Staff F reported Resident #4 no longer had strength to get up so normally so just went to the bathroom in the bed due to difficulties with sitting. Staff F reported it was difficult to serve room trays and then need to help put other residents get changed or put in bed. Staff F stated she just encouraged Resident #4 to eat, stayed awhile, tried to joke around, and thought the Kardex (care plan) just listed to encourage the resident to eat as the resident was listed to eat on her own. Staff F stated she did not know if the resident could put the bed up on her own, but staff needed to assist with food tray setup and putting the bed up. On 8/22/19 at 3:14 p.m., the Administrator reported she took the meal tray to the resident approximately 2 weekends previous and saw the resident sit on the edge of the bed and the

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING B. WNG 165161 08/29/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION ID (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY F 692 Continued From page 22 F 692 resident could eat/drink on her own. The Administrator stated she also saw the resident refuse meals and knew it was her right to do so. The Administrator stated she realized the resident's performance could fluctuate. The Administrator commented aides have to have critical thinking to tell the nurse when seeing different things for the day. The Administrator reported they talked about feeding assistance on the Tuesday before the surveyor came. The DON reported the resident made a gain lately doing better with the puree foods, tolerating better, and making gains with the magic cup. The DON stated staff should document madic cup intakes on the MAR and the RD brought it to her attention they were not entered on the MAR. Following that staff placed it onto the MAR. On 8/26/19 at 10:25 a.m., a 2nd daughter reported Resident #4 couldn't see the food and felt her mom needed assistance to eat. The 2nd daughter stated the facility wouldn't feed the resident unless she went to the dining room but they wouldn't get the resident out of bed. The 2nd daughter reported she asked the Administrator why not assist her mother to eat and was told the resident needed to eat in the dining room. The 2nd daughter reported Resident #4 needed assistance to dine for at least the past 2 months. The 2nd daughter stated Resident #4 couldn't work the remote for the bed to put up and down and commented she saw the controls for the bed tucked between the mattress and the bed frame. Observation on 8/27/19 at 7:48 a.m. revealed Resident #4 laid in bed on her back with head of

bed raised to approximately 30 degrees and the foot of the bed elevated which raised the

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:		2) MULTIPLE CONSTRUCTION BUILDING			(X3) DATE SURVEY COMPLETED	
	,	165161	B. WING			C 08/29/2019		
	ROVIDER OR SUPPLIER  TONE HEALTHCARE CO	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP COD 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104	E	, 00	123/2010	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES  / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	PROVIDER'S PLAN OF CO ( (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	I SHOULD BE		(X5) COMPLETION DATE	
11.100	resident's knees. The control the adjustment the resident's reach, eyes closed.  On 8/27/19 at 11:30 a responded she wasn't tracking system for ma provide when Resider entered on to meal tracking system for ma provide when Resider entered on to meal tracker. The distance of the communication of the contain the magic cup exact dates. The DON states when she clarified the contain the magic cup exact dates. The DON to her attention that the tracked for who gave it establish a system.  Observation on 8/27/19 Resident #4 laid in bed tray over the bed, food magic cup. There were room and the head of the contain the magic cup. There were room and the head of the contain the magic cup. There were room and the head of the contain the magic cup.	remote for the bed to ts laid on the floor, out of Resident #4 laid in bed with .m., the Dietary Manager very familiar with the agic cup intake so couldn't it #4's magic cup was cker ticket system. The the nurses entered the imputer software then ed over to other software ne dietary staff then printed in to serve magic cup, also .m., the DON said magic eded clarification with the the nurses thought the inthe magic cup on the meal ion forms they gave them, he magic cup on the MAR or track ted it was after May 2019 expectation for the MAR to order but she didn't know I stated the RD brought it emagic cup was not being	Fe	92				

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING 8 WNG 165161 08/29/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES ID (X5) (X4) ID COMPLETION DATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 692 Continued From page 24 F 692 mattress, between the mattress and the bed frame, not reachable. Resident #4 aroused easily and denied she could sit up per self. Resident #4 nodded head yes when asked if she wanted the ice cream/magic cup on her food tray. At 1:15 p.m., Staff E directed Staff F to assist Resident #4 to eat. At 1:16 p.m. Staff E asked Resident #4 if she was ready to eat and the resident agreed to a bite of magic cup. Staff E raised the head of the bed up to an upright position. Resident #4 accepted bite of magic cup ice cream then regular food, took drinks of water, all with total assist. Resident #4 ate 100% of the magic cup with no resistance. On 8/28/19 at 10:46 a.m., the RD stated she always looked at the intakes and added together 25 to 75% of intakes so the resident's intake must totaled 973 calories or greater. The RD identified the Ensure supplement as packed with nutrients so that was why she did not recommend the restart of protein plus powder. The RD stated she attended a risk meeting every week where they talked about resident intakes. The RD said she recalled talking about Resident #4 but not recall when. The RD recalled a fax from the doctor not wanting to start anything else for supplement as the resident received hospice care. The RD did not recall a discussion of the resident eating with assist or not. The RD commented knowing Resident #4 and the scenario, she didn't think the magic cup hospice recommended was necessary due to counting the percentage of meal intakes the resident refused every day, not eating, no appetite, and the magic cup supplement would not change the outcome. The RD reported the magic cup was less than 300 calories and 9 grams of protein per

container. The RD responded the number of

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE PREFIX (EACH CORRECTIVE ACTION SHOULD BE PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) Continued From page 25 F 692 magic cups the resident would need to eat to get calories if she only ate magic cups would be about 5 a day. The RD said the Ensure supplement provided more nutrients per ounce than the magic cup and she knew the resident only took 2 to 3 bites of food. The RD responded she never personally observed the resident eating and the care plan listed the resident just needed set up help. The RD said the information she received was the resident refused to eat. The RD recalled there was a conversation about no real tracking of the intakes of magic cup on 8/16/19. On 8/28/19 at 11:45 a.m., the Administrator and the DON acknowledged they invited everyone to come out to dining room for therapeutic eating but if residents wanted to eat in their rooms, then they do that. The Administrator stated they had in the past encouraged residents to come to the dining room as they had 30 room trays to serve. On 8/28/19 at 12:20 p.m., Resident #4's hospice RN case manager said the hospice aide came 5 times a week doing hands on assist with the resident. The hospice nurse stated the resident could feed self but preferred for someone to feed her. The hospice nurse reported the resident's daughter requested they feed the resident but a lot of times the resident refused or the resident requested food but refused once it came. The hospice nurse said the resident stated she ate more because her daughter wanted her too. The hospice nurse reported ice cream was definitely a go to for Resident #4. The hospice nurse stated assistance was provided as the resident had no strength to eat or drink which was common with COPD. The hospice nurse stated they switched

supplements as the resident's taste changed. The resident used to like chocolate but day to day not

NAME OF PROVIDER OR SUPPLIER  TOUCHSTONE HEALTHCARE COMMUNITY  SIOUX CITY, IA 51104  (X4) ID SUMMARY STATEMENT OF DEFICIENCIES  STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104	29/2019 (X5)
NAME OF PROVIDER OR SUPPLIER  TOUCHSTONE HEALTHCARE COMMUNITY  SIOUX CITY, IA 51104  (X4) ID SUMMARY STATEMENT OF DEFICIENCIES  STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104	(X5)
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know what appealed to her. The hospice nurse responded she knew the hospice aide would give the magic cup but not know if it was on request or not.  On 8/29/19 at 8:05 a.m., the physician reported the resident had no problem eating with the daughter's help the last time she visited. The physician reported it was her suspicion that with additional help from the facility, the resident should have eaten better and not lost as much weight. The physician reported the resident's COPD and other problems certainly contributed to weight loss, however, not being able to sit up with daughter there to help, she would have thought the facility may have done better.  F7 725 SS=E CFR(s): 483.35(a)(1)(2)  \$483.35(a) Sufficient Staff. The facility must have sufficient nursing staff with the appropriate competencies and skills sets to provide nursing and related services to assure resident safety and attain or maintain the highest practicable physical, mental, and psychosocial well-being of each resident, as determined by resident assessments and individual plans of care and considering the number, acuity and diagnoses of the facility's resident population in accordance with the facility assessment required at \$483.70(e).  \$483.35(a)(1) The facility must provide services by sufficient numbers of each of the following types of personnel on a 24-hour basis to provide nursing care to all residents in accordance with resident care plans:  (1) Except when waived under paragraph (e) of	

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		165161	B. WNG_	B. WING		C 08/29/2019	
	ROVIDER OR SUPPLIER  ONE HEALTHCARE CO	MMUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104			
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	S483.35(a)(2) Except paragraph (e) of this sedesignate a licensed in nurse on each tour of This REQUIREMENT by:  Based on observation review, resident, familifacility failed provide a nursing personnel to in resident in a timely mabathing assistance, an lights, for 5 of 17 residenting (Resident #4, reported a census of 7 Findings include:  1. The Minimum Data dated 6/3/19 for Resident in a dated 6/3/19 for Resident in a dated 6/3/19 for Resident in a dated for indicated severe signs of inattention and consciousness present revealed the resident in assistance of 1 person eating, toilet use and person models and person staff for bathing, diagnoses that included dementia, respiratory in the second of the residential demential respiratory in the second of the residential demential respiratory in the second of the residential respiratory in the second of the residentia	when waived under section, the facility must nurse to serve as a charge duty.  is not met as evidenced  a, clinical and facility record y and staff interviews, the sufficient number of neet the needs of each anner for dining assistance, and timely response to call lents reviewed for sufficient #6, #7, #8 #10). The facility 4 residents.  Set (MDS) assessment ent #4 identified a Brief tatus (BIMS) score of 08 a cognitive impairment with dialtered level of the continuously. The MDS required extensive physical of the fact of the mobility, dressing, personal hygiene. The ident did not transfer or day look-back period. The dent as totally dependent The MDS documented did: non-Alzheimer's failure, and abnormal is recorded the resident's	F 7	725			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTICIOATION NEIMOCO.		PLE CONSTRUCTION  G		(X3) DATE SURVEY COMPLETED	
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F 725	Continued From page (pounds). The resider	e 28 nt experienced weight loss	F 72	25			
	not prescribed by a pl the last month or 10%	nysician of 5% or more in					
	the resident needed at bed mobility, and non- focus area revised 12 resident at risk for we a progressive cognitiv (during the investigati- staff to ensure the bed during meals, meals to	ight loss due to diagnosis of re disease. On 8/22/19 on) the care plan directed d in an upright position o be set up with all frequent checks by staff to					
	orders for the resident assistance to be offer general diet with no p	ed with eating and provide a					
	Resident #4 laid in be 45 degrees (also know which is lying in the standard and angle of 30 to 45 dappeared alert with eyroom. Blankets cover and the resident appeared to via nasal cannula at 6:42 p.m. Staff B, 0	:#4 laid in bed with oxygen					

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED		
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	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	Ξ.	US/	/29/2019	
TOUCHS	TONE HEALTHCARE CO	MMUNITY		SIOUX CITY, IA 51104				
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F 725	food tray with pureed over the resident as a position in bed. The cowith a lid. Resident # staff helped her to dinsoon have the surveyed At 6:47 p.m. Staff B w 5th room on the right out. No staff entered F with dining.  At 6:56 p.m. the Admin hall and then left the heyes closed, food unto drink. No staff entered assistance.  At 6:58 p.m. Staff B or collect trays.  At 7:08 p.m. Staff B er and attempted to assisbite. The resident took pushed/waved the CN At 7:09 p.m. Staff B ex said Resident #4 refus B responded it was no everyone's needs with hall as everyone need tried his best because but it was sad. Staff B pass meal trays then coneeded assistance to food trays. Staff B stathimself but really not p.	ion revealed Resident #4's food on a bedside table he laid in semi-fowlers drink cup remained covered 4 scoffed when asked if the e and stated she'd just as or help her. ent back down the hall to with a food tray then back Resident #4's room to assist mistrator appeared on the lall. Resident #4 rested with buched and lid still on the lather room to provide dining in appeared on the hall to intered Resident #4's room at the resident to take a a bite, then said no and A away. A stied the room with tray and led and wouldn't eat. Staff at possible to meet only 1 CNA assigned to a led help. Staff B said he they were human beings a acknowledged he had to go see if the residents leat as he picked up the led sometimes it's okay by lossible.	F7	725				

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DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION ID (X4) ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 725 Continued From page 30 F 725 physical assistance of 1 person for bed mobility, transfers, and bathing. The MDS recorded the resident experienced occasional episodes of bladder and bowel incontinence. The MDS documented diagnosis that included chronic obstructive pulmonary disease (COPD). The care plan focus area revised 2/6/19 directed staff to provide assistance of 1 person for dressing, grooming at times, and bathing. According to the Evening Shift Baths Schedule updated 1/25/19, the resident should have received offers to bathe on Mondays and Thursdays. The resident should have been offered baths on the following dates in July and August 2019: 7/1, 7/4, 7/8, 7/11, 7/15, 7/18, 7/22, 7/25, 7/29, 8/1, 8/5, 8/8, 8/12, 8/15, 8/19, 8/22, 8/26. The clinical record lacked documentation of attempts to encourage the resident to bathe or refusals to bathe on 7/1, 7/4, 7/8, 7/15, 7/18, 7/22, 7/25, 8/5, 8/8, 8/15, 8/22. On 8/27/19 at 11:40 a.m. Resident #6 reported he hated it when it took a week to get his bath. Resident #6 stated he thought part of the reason he didn't get a bath was due to a facility staffing shortage. Resident #6 felt the facility should be able to tell him when he gets a bath. Resident #6 said he was supposed to get baths on Monday/Thursdays and thought he missed his Thursday bath the week prior. Resident #6 reported call light response time as sometimes

longer than 15 minutes and alot of times taking longer that because of short staffing. Resident #6

said times and days varied with call light response. Resident #6 commented he didn't

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F 725	short staffed and alot On 8/29/19 at 9:50 a. she wanted to highligh and felt his behaviors account when reviewing pathed 2 till taking a long time.  3. The MDS assessm Resident #7 identified signs/symptoms of detthe resident required the assistance of 1 person hygiene and 2 person The MDS recorded the bladder incontinence apisodes of bowel incommented diagnosed disease and lung dise.  The care plan focus at the resident needed eddressing, grooming, both EZ stand (mechanical On 8/28/19 at 1:30 p.r. she thought staffing left #7 stated at times she for help. Resident #7 clock on the wall to tin wait time occurred appropriate the she wanted to highlight and felt her behaviors	d a damn thing about being of staff quit.  m. the Administrator voiced at Resident #6's behaviors should be taken in to ng the resident's reports of mes a week and call lights  ent dated 7/30/19 for a BIMS score of 15 without dirium. The MDS revealed the extensive physical in for bed mobility, personal is for transfers, toilet use, are resident experienced always and frequent continence. The MDS is that included: heart asse.  rea revised 2/6/19 identified extensive assist of 1 staff for athing, and transfers with lift).  m. Resident #7 reported vels lousy (low). Resident waited 40 to 45 minutes responded she used a neithe wait and the long proximately once a week.  m. the Administrator voiced at Resident #7's behaviors should be taken in to nig the resident's reports call	F7	25				

STATEMENT OF DEFICIENCIES (X AND PLAN OF CORRECTION		IDENTIFICATION AND IMPED		IPLE CONSTRUCTION	COMP	C C		
		165161	B. WNG			<i>:</i> 29/2019		
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F 725	Resident #8 identifies signs/symptoms of of the resident required assistance of 1 persodressing, toilet use, bathing. The MDS rexperienced frequent incontinence. The Most that included heart of disease.  The care plan focus the resident required grooming, and bathing. On 8/28/19 at 1:50 psometimes call light an hour. Resident # busy and sometimes making it harder and what's going on.  5. The MDS assess Resident #10 identificated intact revealed the resident physical assistance bathing, and totally of transfers. The MDS experienced episode incontinence always diagnosis that includiobesity.	ment dated 6/12/19 for d a BIMS score of 15 without delirium. The MDS revealed if the extensive physical on for bed mobility, transfers, personal hygiene, and ecorded the resident of the extensive physical on for bed mobility, transfers, personal hygiene, and ecorded the resident of the extensive flower of the extens	F7	725				
		nsive assistance of 1 person						

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING 165161 B. WING 08/29/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE **TOUCHSTONE HEALTHCARE COMMUNITY** SIOUX CITY, IA 51104 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE PREFIX PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 725 Continued From page 33 F 725 for dressing, grooming, and bathing. On 8/28/19 at 2:30 p.m. Resident #10 stated there was not enough staff. Resident #10 reported staff needed to help her with everything and call light response time took 20 minutes to 30 minutes. Resident #10 said she used a clock on the wall to time the wait, weekends were worse, and long call light waits occurred daily. Resident #10 stated a lot of times rather than activating her call light, she just waited to see staff then velled for them as it was a faster way to get a response. Resident #10 said she felt staff failed to look up to see call light indicators. Additional observations and staff interviews: On 8/20/19 at 3:50 p.m., Staff I, Licensed Practical Nurse (LPN), observed on Bayberry hall and reported he had 2 CNA's assigned to the hall; Staff A, CNA, and Staff B, CNA. Staff I identified Staff A and Staff B as dedicated to the Bayberry hall. Staff I responded most times he felt they were staffed with enough CNA's with 2 assigned to Bayberry hall and 2 assigned to Aspenwood On 8/20/19 at 3:55 p.m. observation showed Staff G, LPN, on Aspenwood hall. Staff G reported he worked for the facility for a year and a half with 2 CNA's assigned to Aspenwood hall. Staff G stated 2 CNA's were enough to meet the needs of resident's on Aspenwood hall. On 8/20/19 at 4:00 p.m., Staff E, LPN, reported she was only in the building to finish the charting

from the dayshift. Staff E stated she primarily worked Aspenwood hall. Staff E responded she worked for the facility for almost a year. Staff E responded usually Aspenwood hall and Bayberry

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F 725	hall varied depending the time of the interview with 1 CNA and 1 can could only help with a commented she felt 2 and Bayberry hall and "doable" to typically mesidents. Staff E said the staffing on the 6 at the staff A said he was as Staff F, CNA, to Aspenhe had just brought the concern of not enough B as not in the building why Staff I reported Sthat day, Staff A responsible to the staff A identified 1 aid to meet the needs of with 1 aide they could showers assigned, the met if they ran, and ideavy acuity with 5 reassistance of a hoyer Staff A stated he asked to be an aide so he widentified the work as aide. Staff A stated at there used their call linot possibly answer of with 1 aide staffed. Shas to stand to assist	IA's each, and Daisy Lane on census. Staff E said at ew, Daisy Lane hall staffed e aide not certified, so they ertain tasks. Staff E staff on Aspenwood hall if 1 on Daisy Lane hall neet the needs of the if she could only speak for it.m. to 2 p.m. dayshift.  In., Staff A reported at the they worked with only 1 CNA and 1 CNA on Bayberry hall. It is signed to Bayberry hall and it is econcern up that day of his in help. Staff A clarified Staff ig. When asked to confirm taff B worked Bayberry hall and staff B did not arrive in the staff B did not arrive in the staff B on Aspenwood hall. It is great the residents. Staff A said only complete 50% of the ey could get toileting needs lentified Bayberry hall as	F	725		

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On 8/22/19 at 11:40 a.m. the Administrator provided a copy of 8/22/19 daily assignments schedules. The Administrator acknowledged the

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because between 2:00 p.m. and 6:00 p.m. it was not busy. They needed 2 staff after 6:00 p.m. Staff C acknowledged 1 aide on Aspenwood and 1 on Bayberry as not ideal with a census of 70.

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING 165161 08/29/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION SUMMARY STATEMENT OF DEFICIENCIES ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) Continued From page 38 F 725 The ideal goal is to have 2 aides each hall dayshift and 2 on evening shift after 6:00 p.m. Observation on 8/27/19 at 10:55 a.m. revealed the call light on in a room B6. At 11:00 a.m. Staff U answered the light, turned off, and said she needed help and couldn't find Bayberry assigned CNAs, Staff W or Staff Y. At 11:02 when room B3's call light went on, Staff U reported to someone the resident wanted to get up. The call light reactivated in B6 and Staff U told the nurses the resident in room B6 had a blowout and she needed help to get him up. Staff U commented she was assigned to Aspenwood hall. Staff U started down the hall calling out for Staff Y and Staff W repeatedly, then stated, "well I can't get them all up". The room call light turned off. At 11:06 a.m. room B6 call light reactivated as well room B3 while Staff Y and Staff W worked in room B8. At 11:08 a.m., call light went back off for room B6 and staff exited room B8. Staff U called on the radio to see if she could go to break, someone radioed yes, we are in A3, indicating Staff F. At 11:11 a.m. call lights remained off. Review of the Daily Staffing Assignment Sheets revealed only 1 CNA scheduled on Aspenwood and 1 CNA Bayberry on the following days in July and August 2019, with average census of greater than 70 residents: The facility with hallways Aspenwood, Bayberry, Daisy Lane, and Ginger Grove that housed residents. With only 5 or fewer CNAs, the facility

and Bayberry halls.

would be unable to staff 2 aides on Aspenwood

Review of the Daily Posting of hours revealed the

following days with only 5 or fewer CNAs

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CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES

(X1) PROVIDER/SUPPLIER/CLIA

(X2) MULTIPLE CONSTRUCTION

(X3) DATE SURVEY

AND PLAN OF CORRECTION		IDENTIFICATION NUMBER;	A. BUILDIN	A. BUILDING			COMPLETED	
							С	
		165161	B. WING			08	/29/2019	
NAME OF PROVIDER OR SUPPLIER  TOUGHSTONE HEALTHCARE COMMUNITY					TADDRESS, CITY, STATE, ZIP CODE NDIAN HILLS DRIVE			
				SIOUX	CCITY, IA 51104			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		PREFIX (EACH CORRECT TAG CROSS-REFERENCE		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	IVE ACTION SHOULD BE COMPLE ED TO THE APPROPRIATE DAT		
	ONE HEALTHCARE COMMUNITY  SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL		F 7	25	DETICIENCY			
	hours, 2 care aides 16 8/12/19, 71 residents,	hours day shift with 5 CNAs 56						

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CENTER	S FOR MEDICARE &	MEDICAID SERVICES				OMB NO	D. 0938-039 <u>1</u>
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING			(X3) DATE SURVEY COMPLETED	
		165161	B. WING_				C <b>/29/2019</b>
NAME OF P	ROVIDER OR SUPPLIER	I		STRE	ET ADDRESS, CITY, STATE, ZIP CODE		· · · · · · · · · · · · · · · · · · ·
TOLICUET	ONE HEALTHCARE CO	ARRII IMIITV		1800	INDIAN HILLS DRIVE		
TOUCHST	ONE REALINGARE CO	WINDMIT I		SIOL	JX CITY, IA 51104		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE
F 725	Continued From page	40	F 7	25			
	hours, 2 care aides bl						
		day shift with 5 CNAs 40					
	hours, 2 care aides 16	o nours evening shift with 5 CNAs					
	32 hours	oroning child that of the		İ			
	8/15/19, 72 residents, day shift with 5 CNAs 40						
	hours, 2 care aides 16 8/17/19, 72 residents,						
	24 hours						
	8/20/19, 74 residents,						
F 732	hours, 2 care aides 16 Posted Nurse Staffing		F7	32			
SS=C	CFR(s): 483.35(g)(1)-		''				
	must post the followin basis: (i) Facility name. (ii) The current date. (iii) The total number of by the following categ unlicensed nursing staresident care per shift (A) Registered nurses (B) Licensed practical	quirements. The facility g information on a daily  and the actual hours worked ories of licensed and aff directly responsible for : : : : : : : : : : : : : : : : : : :					
	specified in paragraph daily basis at the begi (ii) Data must be post (A) Clear and readabl	ost the nurse staffing data on (g)(1) of this section on a onning of each shift. ed as follows: e format. ce readily accessible to					

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CENTERS FOR MEDICARE & MEDICAID SERVICES

OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES

(X1) PROVIDER/SUPPLIER/CLIA

(X2) MULTIPLE CONSTRUCTION

(X3) DATE SURVEY

AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:	' '	G	COMPLETED	
		165161	B. WING		C 08/29/2019	
	ROVIDER OR SUPPLIER	MUNITY		STREET ADDRESS, CITY, STATE, ZIP CODE 1800 INDIAN HILLS DRIVE SIOUX CITY, IA 51104	08/25/2015	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC (DENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT  (EACH CORRECTIVE ACTION SHOU  CROSS-REFERENCED TO THE APPRO  DEFICIENCY)	ILD BE COMPLETION	
F 732	Continued From page	41	F 7:	32		
	staffing data. The fac written request, make	nurse staffing data for review at a cost not to				
	18 months, or as requising greater. This REQUIREMENT					
	facility failed to post ac in a prominent location visitors as well as retain	and staff interview, the ccurate nurse staffing data n visible to residents and in the posting information cility reported a census of				
	Findings include:					
	Review of the Daily Starevealed the following June 2019 - 6/6, 6/15, 6/25, 6/26, 6	: :/29, 6/30 - no posting				
	information available fo 6/11 incomplete with the residents left blank 6/1 July 2019 - 7/3, 7/4, 7/5, 7/9, 7/10, 7/16, 7/17, 7/18, 7/19,	ne line for number of 2/19, 68 residents 7/11, 7/12, 7/13, 7/14, 7/20, 7/21, 7/22, 7/23,				
		ailable for review. n., the Administrator Daily Staff Postings not				
	available for the month	of July 2019. The				

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES IDENTIFICATION NUMBER: COMPLETED AND PLAN OF CORRECTION A. BUILDING \_ B. WING 165161 08/29/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 1800 INDIAN HILLS DRIVE TOUCHSTONE HEALTHCARE COMMUNITY SIOUX CITY, IA 51104 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION DATE ΙD (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 732 Continued From page 42 F 732 Administrator identified the night nurseas responsible for the completion of posting and they had turn over with the night nurse position. On 8/21/19 at 6:08 p.m. the Daily Staff Posting of hours for 8/21/19 contained no census number of residents. Observation on 8/22/19 at 12:34 p.m. revealed the Daily Staff Posting of hours by the front door outside of the dining room dated 8/21/9. At 2:07 p.m., observation revealed still no current posting available for 8/22/19. Observation on 8/27/19 at 7:45 a.m. revealed the Daily Staff Posting of hours dated 8/26/19 and no posting found for 8/27/19 to report the amount of staff in the building or the census number.

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#### Immediate corrective action:

Residents # 2, 4, 6, 9 and 10 are receiving bathing assistance per their documented preference.

### Action as it applies to others:

Resident interviews were conducted with cognitively intact residents to assure bathing schedules are in accordance with resident preferences.

Non-interviewable residents are provided bathing assistance per facility protocol.

Nursing staff were provided education regarding bathing schedules and documentation.

Date of completion: 9/18/19

## Recurrence will be prevented by:

Weekly audits of bathing documentation will be completed x 3 months to ensure bathing assistance is provided per bathing schedules and resident's documented preferences.

The results of these audits will be brought to QAPI for review and recommendation.

### The correction will be monitored by:

DON/Designee

### Immediate corrective action:

Resident #4 is now receiving dining assistance per the plan of care updated 8/22/19 and again 9/12/19 and 9/17/19.

Resident #4's nutritional supplement is recorded as of 8/16/19.

### Action as it applies to others:

All residents were reviewed to ensure appropriate dining assistance is provided 9/14/19.

All residents who receive nutritional supplements were reviewed to ensure intake of the supplement is recorded 9/15/19.

Nursing staff were provided education regarding dining assistance and nutritional interventions beginning 9/11/19 to current. Any nursing staff that has not received this education prior to 9/18/19 will not work until education is received.

Date of completion: 9/10/19

### Recurrence will be prevented by:

Weekly audits of dining assistance, nutritional supplement provision and documentation will be completed x 3 months.

The results of these audits will be brought to QAPI for review and recommendation.

## The correction will be monitored by:

DON/Designee

## Immediate corrective action:

Resident #4 is being provided dining assistance,

Resident #6 was interviewed to ensure bathing assistance is being provided per his preference

Resident # 6, 7, 8 & 10's call lights are being answered appropriately and needs met.

### Action as it applies to others:

Nursing staff were provided education regarding responding to resident call lights, providing bathing assistance and providing dining assistance for resident.

Date of completion: 9/18/19

## Recurrence will be prevented by:

Weekly audits of bathing and dining assistance as well as call light responses will be completed x 3 months to ensure resident needs are met.

The results of these audits will be brought to QAPI for review and recommendation.

## The correction will be monitored by:

DON/Designee

## **Immediate Corrective Action:**

Nurse staffing data is being posted in a visible location.

## Action as it applies to others:

Overnight Nurses and CMAs were educated regarding posting the staffing data in a visible location.

Date of Completion: 9/18/19

## Recurrence will be prevented by:

Weekly audits of staff posting will be completed x3 months to ensure proper posting.

The results of these audits will be brought to QAPI for review and recommendation.

## The correction will be monitored by:

DON/Designee.