Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 7011			**Date:** August 14, 2019
Facility Name: Caring Acres		**Survey Dates:** June 30 – July 2, 2019	
Facility Address/City/State/Zip 1000 Hillcrest Dr. Anita, IA 50020			
	JM		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.20(1)a	**481—58.20(135C) Duties of health service supervisor.** Every nursing facility shall have a health service supervisor who shall: **58.20(1)** Direct the implementation of the physician's orders; (I, II)	**I**	**$6,000** **(Held in Suspension)**	**Upon Receipt**
58.23(2)a	**481—58.23(135C) Dental, diagnostic, and other services.** **58.23(2)** *Diagnostic services.* *a.* The nursing facility shall make provisions for promptly securing required clinical laboratory, X-ray, and other diagnostic services. (III) **DESCRIPTION:** Based on observations, interviews, and record reviews, the facility failed to implement physician's orders and promptly secure medication-related laboratory values for 2 of 2 residents reviewed (Residents #11 and #135). On 6/10/19, Resident #11's physician ordered staff to initiate Coumadin (an anticoagulant or "blood thinner") 5 mg daily and then recheck an international normalized ratio (INR, blood test) in two days. An INR is used to monitor how well the blood-thinning medication (anticoagulant) warfarin (Coumadin) is working to prevent blood clots. The			

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	higher the number, the longer it takes the blood to clot, which increases the risk of bleeding. Staff administered the first dose of Coumadin on 6/11/19. On 6/13/19, the resident reported she had a loose stool that contained blood. On 6/20/19, the resident reported she continued to have small blood clots at times when she urinated. On 6/25/19, staff noted the resident had two bruises: one on the right clavicle (collar bone) and one on the left foot arch. The facility failed to successfully obtain an INR laboratory (lab) test until 6/27/19. At that time, the results revealed a critical INR of 12.24 (lab reference range of 0.88-1.16). A subsequent lab result dated 6/28/19 showed an INR result of 3.06. Due to the facility's inability to obtain an INR as ordered in a timely manner, the resident's risk/signs of increased bleeding, and a significantly elevated INR value of 12.24, the facility's actions caused the resident's health and safety to be in Immediate Jeopardy. The facility reported a census of 36 residents. Findings include: 1. According to the Minimum Data Set (MDS) assessment tool, Resident #11 had diagnoses of atrial fibrillation and coronary artery disease. The MDS documented a Brief Interview for Mental Status (BIMS) score of 15, which meant the resident demonstrated intact cognition. A fax received on 5/3/19 contained a physician order to initiate Eliquis 5 mg daily by mouth.			

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	A nurses' noted dated 5/6/19 revealed facility staff sent a fax to the resident's physician to report the resident complained of seeing blood in her urine. The nurses' noted dated 5/10/19 documented the resident complained of blood from the perineal area (the area between the anus and the posterior part of the external genitalia) along with cramping at times. A fax dated 5/10/19 directed staff to hold the Eliquis for 2 days and schedule a pelvic ultrasound due to complaints of bleeding from the perineal area with cramping. The May 2016 Medication Administration Record showed Eliquis initialed daily from 5/3/19 until 5/31/19 (except for 5/11/19 at bed time, which had been left blank). Staff initials from 5/10/19 on day shift until 5/31/19 were circled to indicate the medication was held or not given. The June 2016 MAR showed Eliquis initialed every day on the day shift from 6/1/19 to 6/10/19, with initials from 6/8/19 to 6/10/19 circled. The MAR also showed Eliquis initialed every day at bed time from 6/1/19 to 6/10/19 (except for 6/5/19 to 6/7/19, which had been left blank). Staff initials from 6/5/19 on day shift until 6/7/19 were circled. A nurse's note dated 6/5/19 documented the resident reported blood clots in her urine. A fax dated 6/5/19 documented an order to hold			

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	Eliquis for the second time and have the resident see Urology. A nurse's note dated 6/5/19 showed staff scheduled the resident an appointment with the Urologist. A fax to the physician dated 6/9/19 reported the bleeding had improved when staff held Eliquis. The nurse also documented the resident reported a history of Coumadin use and asked if the provider wanted to start Coumadin. On 6/10/19, staff received an order to discontinue Eliquis and to start Coumadin 5 milligrams (mg) daily, then recheck an international normalized ratio (INR) in two days. The MAR showed on 6/11/19, staff initiated Coumadin 5 mg by mouth daily. A nurse's note dated 6/11/19 documented no complaints of polyuria or urgency with no skin rashes, bruises, or irritation noted. A nurses' note dated 6/13/19 documented the resident reported she had a loose stool that contained blood and mucus. A nurse's note dated 6/13/19 revealed staff sent a fax to notify the provider regarding the resident's loose stools that contained blood and mucus. The note showed the physician returned the fax with an order for a stool culture and an increase of Culturelle to twice daily. The chart failed to contain any documentation			

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	related to the completion of an INR. A lab result dated 6/19/19 informed staff the normalized curve delta too low, maintenance overdue, or failed measured result with regard to the INR and no lab result provided. Record review revealed the resident's medical chart lacked documentation regarding a follow-up with the lab or the physician. The nurse's note dated 6/20/19 showed the resident reported she continued to have small blood clots at times when she urinated. A fax dated 6/25/19 documented the resident on Coumadin with the last INR drawn on 6/19/19. The fax also notified the provider the resident had two bruises: one on the right clavicle and one on the left foot arch, with no known injuries that would cause the bruises. The return fax from the provider and noted on 6/25/19 directed staff to redraw the INR. The lab result dated 6/25/19 indicated the lab canceled the test because the staff person that drew the blood overfilled the blue tube. The chart lacked documentation regarding follow-up of the lab result. The lab result dated 6/27/19 at 8:38 a.m. showed a critical INR of 12.24. At 9:45 a.m., the result revealed a critical INR of 12.23. The lab dated 6/28/19 showed an INR of 3.06. The physician sent a lab result to the facility that staff			

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	noted on 6/29/19. The physician directed staff to check the INR on Monday (6/30/19). The physician also requested the resident's Coumadin dose. The chart lacked documentation of follow-up to the physician. The June 2019 MAR showed staff signed the Coumadin as given every day from 6/11/19 through 6/30/19. An observation on 6/30/19 at 10:50 a.m. showed a large bruise to the resident's chest and left antecubital area (inner elbow). During an interview on 6/30/19 at 10:50 a.m., the resident stated she wasn't aware of how (the bruises) got there. In an interview on 7/1/19 at 1:25 p.m., the Director of Nursing (DON) reported staff had previously scheduled a cystoscopy procedure (a hollow tube equipped with a lens-cystoscope-inserted into the urethra and advanced into the bladder) for the resident on 6/27/19 as ordered by one of her specialist physicians. Because the resident's INR had been critical that day at 12.24, the resident had not been able to have the cystoscopy as scheduled. After the critical INR result of 12.24, the hospital gave the resident one pill of Vitamin K and rechecked an INR the next day. The INR dated 6/28/19 was 3.06. The DON reported she did not believe any staff had drawn an IDR on 6/13/19 as a nurse had quit between those two days, so she thought the lab draw had been missed.			

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	During a follow-up interview on 7/1/19 at 3:08 p.m. the DON reported that since the Resident #11's elevated INR incident occurred, she set up a lab book to record lab orders to make sure they were completed and drawn as scheduled. 2. The MDS for Resident #135 showed diagnoses of left femur fracture and obesity. The resident's MAR contained an order for Coumadin 3 mg tablet daily for 30 days. The resident's admission orders dated 6/20/19 directed staff to draw an INR on 6/24/19. The first lab result collected on 6/28/19 documented in the resident's chart was 1.59. The physician noted the resident had been on Coumadin 3 mg daily (as prophylaxis for deep vein thrombus (DVT)) following surgery. The physician instructed staff to increase the resident's Coumadin dose to 6 mg once on 6/28/19. Then, start Coumadin 4 mg every Saturday, Monday, Wednesday and 3 mg on Sundays, Tuesdays, Thursday, and Fridays and draw an INR on 7/3/19. The resident's baseline care plan dated 6/20/19 lacked documentation related to the use of anticoagulant. During an interview on 7/1/19 at 4:30 p.m., the Administrator and the facility owner reported the facility's registered nurses were capable of drawing blood and taking the blood to the hospital or clinic if the			

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	lab person was unable to come to the facility and obtain the blood sample. The Administrator commented the facility had recently had difficulties getting lab results back from the lab. **FACILITY RESPONSE:**			

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