Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 7027			**Date:** August 23, 2019
Facility Name: Westmont Healthcare Community		**Survey Dates:** July 18-24, 2019	
Facility Address/City/State/Zip 310 South Elm St. Logan, IA 51546			
	JM		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e **58.19(1)g**	**481—58.28(135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** *Resident safety* *e.* Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) **481—58.19(135C) Required nursing services for residents.** The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: *g.* Ambulation with equipment if applicable, or transferring, or positioning; (I, II, III) **DESCRIPTION:** Based on clinical record review, staff interview, observation and facility policy review, the facility failed to ensure staff provided adequate nursing supervision and assistance devices to prevent accidents for 1 of 6 residents reviewed. On 7/2/19, Staff A assisted	**I**	**$5,000**	**Upon Receipt**

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Facility Administrator Date

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	Resident #3 to the bathroom without using a gait belt as required. The resident tripped, fell, and sustained a right femur fracture which required surgical repair. The facility identified a census of 26 residents. Findings include: 1. According to the Minimum Data Set (MDS) assessment of 5/1/19, Resident #3 had diagnoses that included a heart arrhythmia, arthropathy, edema (swelling) and high blood pressure. The assessment documented she had unsteady balance with all assessed activities and could stabilize only with staff assistance. Resident #3 had impaired range of motion in one lower extremity and no history of falls; she required the assistance of one staff member to transfer and to walk in her room. The resident's Care Plan revised on 4/26/19 documented she needed extensive assistance of one staff person with bed mobility, transfers and ambulation (walking). Resident #3 used a wheeled walker and a wheelchair. The Witnessed Fall report dated 7/2/19 at 6:49 am documented the resident was on the floor. Upon entering the room, the nurse observed Resident #3 sitting on the bathroom floor with her back against the wall, her right leg bent and her right foot under the left knee. The resident wore shoes and pants, with the pants around her ankles. The resident complained of pain to her right hip, rating it at 10 (the worst) of 10			

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	possible points. The witness to the fall, Staff A CNA (certified nursing assistant) stated the resident and aide walked to the bathroom. The resident had her shoes and walker. Staff A looked away for second and the resident suddenly went down to the floor. Staff A stated she could not lower Resident #3 to the floor as she (Staff A) was a little person trying to catch a bigger (Staff B) person. Staff A stated the resident tripped on her walker. Staff A suggested to make gait belts more visible or to let aides wear them. The resident's After Visit Summary identified she received treatment at the hospital 7/2 to 7/8/19 following surgical repair of a broken leg. The Summary also documented a follow-up appointment with the Physician Assistant on 7/11/19 for urinary tract infection and right femur fracture. Email from the facility Administrator to the Department of Inspections and Appeals (DIA) on 7/3/19 communicated that after further interview, Staff A informed them Resident #3 was not wearing a gait belt. Staff A had her hands on the resident's pants. When questioned as to why she did not use a gait belt, Staff A stated she went to get the resident's gait belt, Resident #3 got up and started to walk to the bathroom independently. The facility's Transferring Residents Policy dated 3/19 instructed that transfer (gait) belts must be used on all residents requiring assistance with pivoting, standing, transferring and walking.			

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	During interview on 7/23/19 at noon with Staff A, she stated she held onto Resident #3's pants while walking her to the bathroom. Staff A stated the gait belt was hidden behind the resident's door and she went down during transfer. She stated the resident tripped over the lip into the bathroom, fell quickly and landed on her hip. She said the resident was too heavy to slow down. Staff A acknowledged she had been told to always put a gait belt on residents for safety reasons. She said she couldn't find it, it was behind a door. Then Staff A stated that gait belts are usually stored behind resident doors and she has learned to always look for them. On 7/23/19 at 2:52 pm, the Director of Nursing (DON) stated that after interview with Staff A, she checked Resident #3's room and found her gait belt hanging behind the door. The facility implemented the storage of gait belts behind resident doors two years prior and trained everyone on the location. Staff A told her she did not see the gait belt in the resident's room as an open bathroom door covered it. The DON stated they train all staff at least annually on transfer competencies. In an interview on 7/23/19 at 10:05 am after Staff B transferred another resident safely with a gait belt, Staff B, CNA stated she always uses a gait belt for resident transfers, and added gait belts are stored in each resident's room.			

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	On 7/23/19 at 11:35 am, Staff C, CNA stated she always uses a gait belt when transferring residents. If a resident is in a hurry, staff can usually get the gait belt on before a resident gets up. The gait belts are always stored in resident rooms. On 7/23/19 at 2:30 pm, Staff D CNA stated a resident transfer involved placement of a gait belt, a walker if needed and then he would help the resident transfer. Gait belts are usually stored behind the doors in resident rooms. Observations at the time with Staff D showed gait belts hanging behind the entrance doors to rooms 107, 109 and 303. Observation on 7/24/19 at 10:15 am revealed gait belts stored as follows: a. Rooms 103 & 104 - hanging behind each room's entrance door. b. Room 106 (Resident #3's room) - hanging near the bathroom door; c. Room 306 - on the card table in the room; d. Room 309 - hanging on the towel bar by the sink; e. Room 311 - inside the closet door. **FACILITY RESPONSE:**			

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