

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #6994		Date: 6/27/19		
Facility Name: West Ridge Specialty Care		Survey Dates: May 29, 2019 to June 13, 2019		
Facility Address/City/State/Zip 1904 West Howard Street Knoxville, IA 50138		JS, MW		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) DESCRIPTION: Based on clinical record review and interviews, the facility failed to follow the plan of care and failed to implement interventions to prevent falls for 2 of 2 sampled (Residents #2, #7). Resident #2 sustained a fractured right femur during an improper transfer. Resident #7 had repeated falls and sustained a fractured jaw and broken teeth. The facility made a therapy referral for wheelchair positioning but failed to implement interventions to keep Resident #7 safe in the interim. The facility reported a census of 72. Findings include: 1. According to the Minimum Data Set (MDS) assessment dated 2/27/19, Resident #2 had a diagnosis of Alzheimer's disease. Resident #2 had moderately impaired decision-making.	I	\$7,000	Upon Receipt
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	The MDS dated 2/27/19 documented Resident #2 required extensive assistance with mobility, transfers, dressing, toilet use and personal hygiene needs. The Care Plan identified Resident #2 had decreased mobility secondary to spinal stenosis and status post fractured left femur repair. The Care Plan directed the staff to transfer Resident #2 with a total mechanical lift with two staff for safety. During an interview on 6/10/19 at 12:29 p.m., Staff A (Nurse Aide) reported the morning of 5/16/19 Resident #2 required two staff to roll her over in bed and had increased pain with her leg turned inward. Staff A summoned the Staff B (Charge Nurse) to assess Resident #2. Staff A stated Resident #2 often had pain related to arthritis but didn't recall her having any pain issues on 5/13/19 or 5/14/19. Staff A stated she worked the day shifts on 5/13/19 to 5/16/19 and Resident #2 had complained of leg and right knee pain with transfers. During an interview on 6/10/19 at 3:10 p.m., Staff B (Licensed Practical Nurse) stated on the morning of 5/16/19 Staff A asked her to look at Resident #2. Staff B noticed Resident #2's right leg and knee had internally rotated. Resident #2 yelled out in pain when she touched the right knee. Staff B arranged for an x-ray outside of the facility. Resident #2's roommate (Resident #3) told Staff B a male nurse aide assisted Resident #2 into bed a couple of nights ago and the roommate heard Resident #2 yelled out "ow, that			
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	hurts". Resident #3 as not able to identify the aide by name, but later that day identified Staff C, as the aide that assisted Resident #2 into bed when she yelled out in pain. The radiology report dated 5/16/19 revealed Resident #2 sustained a markedly displaced/impacted supracondylar fracture of the right distal femur with resultant valgus angulation and severe degenerative change in the knee joint. Resident #2 had severe bony demineralization in her pelvis. According to the MDS assessment dated of 3/27/19, Resident #3 had no cognitive impairments. During an interview on 6/10/19 at 1:55 p.m., Resident #3 reported Staff C transferred Resident #2 by himself from the wheelchair to the bed with a total mechanical lift. Resident #3 reported Staff C had the privacy curtain pulled between them, but she heard Resident #2 yell "oh no, oh no, oh no". Resident #3 asked what was going on and Staff C stated Resident #2's foot slipped. During an interview on 6/13/19 at 12:00 p.m., Staff C (Nurse aide) stated he transferred Resident #2 into bed on the evening of 5/11/19 and Staff D (Agency Aide) assisted with the total mechanical lift transfer. Staff C stated the transfer was uneventful and recalled Resident #2 asking about his kids. Staff C stated Resident #2 never complained of any pain or discomfort. The Surveyor informed Staff C the other staff denied being involved in Resident #2's transfer			
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	the evening of 5/11/19. Staff C reiterated Staff D (Agency Aide) helped with the transfer. During an interview on 6/10/19 at 2:43 p.m., Staff D (Agency Aide) stated she worked the evening shift on 5/11/19. Staff D stated she assisted Staff C with a total mechanical lift transfer of Resident #2 around supertime. Resident #2 had no complaints. Staff D reported she had no further contact with Resident #2 after 6:00 p.m. During an interview on 6/11/19 at 2:09 p.m., Staff E (Nurse Aide) stated she worked the overnight shift on 5/11/19. Staff E stated she assisted Staff C with some two-person transfers, but never with Resident #2. Staff E stated she went into Resident #2's room around 9:30 p.m. to help transfer Resident #2 into bed but Resident #2 was already in bed. Staff E stated she was not involved with transferring Resident #2 into bed and did not know who may have helped Staff C with the transfer. During an interview on 6/11/19 at 9:43 a.m., Resident #2's son stated he and other family visited his mother on 5/12/19. Resident #2 complained of right knee pain but he did not think much of it because she had arthritis. He visited again on 5/13/19 and she complained again of right knee pain. Her daughter attempted to place a rolled towel underneath her knee she cried out in pain. Resident #2's son stated the surgeon who repaired the fracture questioned how she sustained the fracture as she was nonweight bearing, and unlikely to fracture during a lift.			
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	In an interview on 6/10/19 at 11:45 a.m., Staff F (Nurse Aide) stated she worked during the day on 5/12/19 and Resident #2 complained of leg pain that morning. Staff F recalled Staff E (Nurse Aide) reported Resident #2 yelled out in pain when transferred the prior evening. During an interview on 6/10/19 at 12:55 a.m., Staff G (Nurse Aide) reported she worked the afternoon and overnight of 5/12/19 and recalled the off going staff reported Resident #2 had knee pain and the staff informed the charge nurse. Staff G stated the staff used a total mechanical lift to transfer Resident #2 for as long as she could recall. Staff G reported Resident #2 had stiff legs, unable to bear weight and unwilling to move legs apart during cares. During an interview on 6/10/19 at 2:20 p.m., Staff H (Nurse Aide) stated she worked the evening shift on 5/13/19, 5/14/19 and 5/15/19 and cared for Resident #2. On 5/14/19, Staff H and Staff I transferred Resident #2 with the total mechanical lift. Resident #2 complained of right knee pain. Staff H reported this was new and she reported this to the charge nurse. Staff H reported the nurse looked at Resident #2's knee and it had swelling. During an interview on 6/10/19 at 11:05 a.m., Staff I (Nurse Aide) reported she helped transfer Resident #2 into bed the evening of 5/14/19. Resident #2 complained of right knee pain. Staff H reported the complaint to the charge nurse. Staff I stated a couple			
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	days earlier, Resident #2 complained of right knee pain and the staff informed the charge nurse. Staff I reported Resident #2 required a total mechanical lift for transfers, which required the use of two staff. Staff I reported after Resident #2's fracture the staff switched to a from a cross leg sling to a full body sling to decrease the pressure around her knees. During an interview on 6/11/19 at 12:37 p.m., Resident #2's Primary Care Physician (PCP) stated Resident #2 had severe bony demineralization and inactivity, which made her susceptible to fractures. The PCP reviewed the radiology report and stated the fracture and deformity Resident #2 sustained was likely due to trauma, possibly a fall or some torsion at the knee. 2. According to the MDS assessment dated 5/8/19 Resident #7 had diagnoses of Alzheimer's disease and Parkinson's disease. Resident #7 had severe cognitive impairments. The MDS dated 5/8/19 revealed Resident #7 required limited assistance with transfers and dressing and extensive assistance with mobility, toilet use and personal hygiene needs. The Care Plan revealed Resident #7 had a potential for injury from falls and had six falls in two months. The Care Plan directed the staff to place dycem above and below wheelchair cushion, do not leave alone in room when in wheelchair, gripper socks, sign in room to remind resident to use call light, ensure wheelchair next to bed at night with brakes locked, remove			
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	wheelchair pedals to allow safe self-propelling before and after meals. The Care Plan revealed the following updates: a. On 4/22/19, implement a table tent for dining room table to remind staff not leave resident unattended during meals. b. On 5/20/19, continue with occupational therapy to evaluate for wheelchair positioning. c. On 5/25/19, continue with occupational therapy evaluation for positioning. d. On 5/28/19, education review completed. e. On 5/30/19, placed pummel cushion in recliner. The Incident Report dated 4/20/19 at 4:15 a.m., revealed the staff heard someone yell out and found Resident #7 sitting on the floor. Resident #7 attempted to self-transfer from bed to the locked wheelchair and then attempted transfer to the recliner. Resident #7 had no injuries noted. The report revealed no fall interventions. The Incident Report dated 4/22/19 at 1:45 p.m., revealed Resident #7 sitting in wheelchair in dining room following meal. The staff found Resident #7 on her knees next to the dining room table. Resident #7 had injuries noted. The reported injuries revealed an intervention for one on one supervision and table tent on dining room table to remind staff not to leave			
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	unattended at the dining room table. The Occupational Therapy note dated 5/15/19, revealed Resident #7 evaluated for wheelchair positioning. The wheelchair had a proper fit but may need a wedge cushion with dycem and positioners on her feet to discourage attempts to get up and prevent sliding. The Care Plan failed to address the Occupational Therapy recommendations. The Incident Report dated 5/16/19 at 8:25 p.m., revealed the staff found Resident #7 sitting on the dining room floor in front of wheelchair. Resident #7 had no injuries noted. The report had no interventions documented. The Incident Report dated 5/18/19 at 9:10 p.m., revealed the staff observed Resident #7 reaching for clothing protectors and fell out of her wheelchair. Resident #7 had removed her shoes. Resident #7 had redness to her forehead and a superficial abrasion to left elbow. The reported had an intervention to continue with occupational therapy to evaluate for wheelchair positioning. According to Occupational Therapy note dated 5/22/19, the therapist trialed a pummel cushion in the wheelchair. The Care Plan failed to reflect the trial of the pummel cushion.			
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	The Incident Report dated 5/25/19 at 3:44 p.m., revealed another resident witnessed Resident #7 leaning forward in her wheelchair. Resident #7 fell forward and struck another resident's wheelchair. Resident #7 had bleeding from her mouth and found on her left side. Resident #7 had an x-ray completed at the hospital. Resident #7 sustained a fractured jaw and had broken teeth. The report revealed an intervention to continue with occupational therapy for positioning. According to Occupational Therapy note dated 5/28/19, Resident #7 had a pommel cushion in place to help decrease the risk for falls. The Therapist adjusted Resident #7's wheelchair alignment for safety. The Incident Report dated 5/30/19 at 4:08 p.m., revealed Resident #7 sitting in a recliner in the lobby. Resident #7 leaned forward and tipped the recliner. She rolled out of the recliner onto her right side and sustained an abrasion to her right knee. The report revealed an intervention for a pommel cushion in recliner. FACILITY RESPONSE:			
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