

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6992		Date: June 25, 2019		
Facility Name: Northern Mahaska Specialty		Survey Dates: June 9, 2019 to June 12, 2019		
Facility Address/City/State/Zip 2401 Crestview Drive Oskaloosa, IA 52577		JS, MW		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) (III)</p> <p>58.28(3) Resident safety</p> <p>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION: Based on clinical record review, observations and interviews, the facility failed to follow interventions to prevent a fall for 1 of 1 sampled (Resident #31) which resulted in a hip fracture. The facility reported a census of 67.</p> <p>According to the Minimum Data Set (MDS) assessment dated 4/17/19 Resident #31 had diagnoses of dementia, depression, age related osteoporosis without current pathological fracture, repeated falls, and muscle weakness. Resident #31 had severe cognitive impairments.</p> <p>The MDS assessment dated 4/17/19 documented Resident #31 required extensive assistance of one staff for bed mobility, transfer, dressing, toileting and personal hygiene. Resident #31 had unsteady</p>	I	\$6,750	Upon Receipt
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Facility Administrator

Date

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	<p>balance but able to stabilize without staff assistance.</p> <p>The Care Plan revealed Resident #31 at risk for falls related to fall prior to admit with minor injury, incontinence, dementia, weakness and possible medication side effects. Resident #31 had a falls on 10/25/2018, 11/4/2018, 11/30/2018, 12/10/2018, 2/27/2019, 3/5/2019 and 3/14/2019. The Care Plan directed staff to limit background noise, call light reminder sign in room, family education, grip strips by bed, frequently used items in reach, sign on walker to remind to use, monitor activities in room and do not put footrest up on recliner.</p> <p>The Progress Notes dated 6/8/19 at 4:00 p.m. revealed the staff found Resident #31 on the floor on her right side with her head on the bed frame. Staff B (Agency Aide) reported a visitor notified her of Resident #31 on the floor. Resident #31 denied any discomfort and the staff assisted her off the floor. The staff notified the Nurse Practitioner of the fall and no new orders received. At 4:45 p.m., Resident #31 complained of pain in the right hip and unable to bear weight on the right leg. The staff notified the Nurse Practitioner who ordered to transfer Resident #31 to the hospital for evaluation.</p> <p>Review of the #1025 Un-witnessed form dated 6/8/19 at 9:15 p.m., revealed the nurse aide reported that she had just taken the Resident #31 to the bathroom and assisted her back to recliner chair and elevated her lower extremities.</p>			
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	<p>Review of Fall Investigation for CNA's sheet dated 6/8/19 revealed Staff B (Agency Aide) notified by a visitor that Resident #31 on the floor. Factors that contributed to the fall included feet tangled in the footrest of the recliner. Staff observed Resident #31 5 minutes earlier when they assisted her to the toilet and then back to the recliner.</p> <p>The undated Details of Reporting Event sheet revealed Resident #31 returned to the recliner after using the toilet and the staff elevated her feet in the recliner. The sheet revealed the agency staff failed to follow the plan of care as the root cause for the fall.</p> <p>Observation on 6/11/19 at 12:00 p.m., revealed a sign on Resident #31's wall that read "Please Do not Put my feet up When in recliner" and had a picture of a recliner.</p> <p>The Radiology - Final report dated 6/8/19 at 5:30 p.m. revealed Resident #31 sustained a intertrochanteric fracture of the right proximal femur and nondisplaced fractures of the left superior and inferior pubic rami.</p> <p>During an interview on 6/11/19 at 2:10 p.m., Staff B (Agency Nurse Aide) reported she worked at the facility part time the last couple of months. Staff B walked by Resident #31 room and saw her up. Staff B assisted Resident #31 to the bathroom and then to the recliner chair. Staff B reported she put Resident #31's feet up in the recliner chair. Staff B reported she did this out of habit. Staff B reported this was the first time she put the footrest up because Resident #31 was</p>			
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	<p>usually in bed. Staff B reported at the end of the shift she found out that the care plans were located on the IPod. Staff B stated that she was not aware of this.</p> <p>During an interview on 6/11/19 at 3:31 p.m., Staff C (Nurse Aide) reported she never saw Resident #31 in the recliner with the footrest up. Staff C reported the staff carry an IPod that directed them on the resident care needs. Staff C did not know if the agency staff carried an IPod.</p> <p>During an interview on 6/11/19 at 3:53 p.m., Staff E (Agency Aide) reported working at the facility three times a week since February. Staff E reported knowing not to put Resident #31's footrest up. Staff E reported Resident #31 had a sign above the recliner to remind the staff not to put the footrest up. Staff F reported he/she carried an IPod and had an IPod and used it to document cares. Staff E reported the IPod had each residents Kardex that directed the staff how to care for the residents.</p> <p>During an interview on 6/11/19 at 4:45 p.m., Staff I (Agency Aide) reported working at the facility for 3 weeks. Staff I reported she was issued an IPod her first day. Staff I reported the IPod directs the staff on the residents care needs.</p> <p>During an interview on 6/12/19 at 5:50 a.m., Staff J (Agency Licensed Practical Nurse) reported working at the facility for 3 months. Staff J reported the aides use the IPod Kardex for directions on how to care for the residents.</p>			
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	<p>During an interview on 6/12/19 at 7:10 a.m., Staff K (Registered Nurse) reported Resident #31 had a sign in her room to remind the staff not to put the footrest up. Staff K reported the aides carry an IPod and that is how they know how to take care of the residents. Staff K reported the aides also document on the IPod.</p> <p>During an interview on 6/12/19 at 8:40 a.m., the Director of Nurses reported an expectation of staff to use the Kardex on the IPod to know how to care for the residents. The Director of Nurses reported she enters new interventions in capital letters to get the staff's attention. The Director of Nurses reported the agency staff carry an IPod and received proper orientation.</p> <p>FACILITY RESPONSE:</p>			
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