

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6955		Date: 4/26/19		
Facility Name: Accordius Health at St. Mary LLC		Survey Dates: 2/6, 2/7, 2/12, 2/15, 2/26, 2/27, 3/6, & 3/7/19		
Facility Address/City/State/Zip 800 East Rusholme St. Davenport, IA 52803		JKM		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.19(2)j	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III) [ARC 1398C, IAB 4/2/14, effective 5/7/14; ARC 2560C, IAB 6/8/16, effective 7/13/16]</p>	I	\$7,000 (Held in Suspension)	Upon Receipt
58.24(3)	<p>481—58.24(135C) Dietary</p> <p>58.24(3) Nutrition and menu planning.</p> <p>f. Records of menus as served shall be filed and maintained for 30 days and shall be available for review by department personnel. When substitutions are necessary, they shall be of similar nutritive value and recorded. (III)</p> <p>DESCRIPTION:</p> <p>Based on observation, record review, and interview, the facility failed to offer an alternate for residents with food allergies for 2 of 2 residents reviewed. Resident</p>			

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	<p>#1 had a shellfish allergy. On 1/18/19, the facility served her shrimp for dinner. As a result, Resident #1 displayed signs of an allergic reaction (swelling and respiratory problems) that required her to be transferred to the ER (emergency room) and intubated (tube inserted in the mouth and down the throat to maintain an airway). The resident then had to be sent to another hospital and admitted to the Intensive Care Unit for airway protection and sedation. This situation constituted an Immediate Jeopardy (IJ) to resident health and safety. The facility reported a census of 55 residents.</p> <p>Findings include:</p> <p>The Admission Record dated 1/25/19 revealed Resident #1 had diagnoses of chronic obstructive pulmonary disease and dementia.</p> <p>The Minimum Data Set (MDS) assessment dated 10/28/18 revealed Resident #1 experienced severe cognitive impairments.</p> <p>The MDS dated 1/18/19 revealed Resident #1 required consistent carbohydrate diet with ground or chopped meat, regular bread, and desserts.</p> <p>The Plan of Care revealed Resident #1 had an allergy to shellfish, no teeth, and a history of dysphagia (difficulty swallowing. The Care Plan directed staff to monitor for chewing ability and oral intake at meals.</p>			
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	<p>The Dietary Progress Note dated 10/30/18 revealed Resident #1 on consistent carbohydrate diet with ground meat and 1500 milliliter fluid restriction, feeds self with good/excellent oral intake at meals and no chewing or swallowing problems.</p> <p>The Active Orders revealed Resident #1 had an order for consistent carbohydrate diet, regular texture and a 1.5 Liter fluid restriction.</p> <p>Resident #1's tray card revealed Resident #1 had a mechanical soft diet and shellfish allergy on the breakfast lunch and dinner card.</p> <p>The Allergies List revealed Resident #1 and Resident #8 had shellfish allergies.</p> <p>The Daily Spreadsheet revealed the Week One Friday Dinner Menu of popcorn shrimp, cocktail sauce, crispy French fries, creamy coleslaw, lemon cheesecake bar, homemade hushpuppy, 2% milk, coffee/hot tea and condiments. The ground diet instructions directed to grind the popcorn shrimp with mayonnaise, serve mashed potatoes instead of French fries and serve a soft biscuit instead of the hushpuppies.</p> <p>The Production Sheet Week One Friday Dinner sheet dated 1/18/19 revealed the start temperatures on popcorn shrimp regular, ground shrimp and puree shrimp. The sheet revealed omissions in temperatures for the oven fried fish fillet, puree coleslaw, unfrosted yellow cake, puree lemon cheese bar, hushpuppies and soft biscuit.</p>			
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	<p>The Progress Notes dated 1/18/19 at 9:48 p.m. revealed the nurse entered Resident #1's room to administer medications. Resident #1 complained of a sore throat, speech within normal limits lung sounds diminished throughout, continues on oxygen at 3 Liters and no signs of distress.</p> <p>The Progress Notes dated 1/18/19 at 10:45 p.m. revealed the nurse received a call from Resident #1's family member asking the staff to check on Resident #1. The nurse entered Resident #1's room. Resident #1 had the phone in his/her hand attempting to call family member. Resident #1's family member called and talked to Resident #1.</p> <p>The Progress Notes dated 1/18/19 at 11:15 p.m. revealed Resident #1's family member arrived at the facility and went to Resident #1's room. A few minutes later Resident #1's family member asked the staff why they didn't call him/her. The family member asked the staff for a copy of Resident #1's medication list and the address and phone number of the facility. The family member then wheeled Resident #1 in the wheelchair by the nurse's station with no indication of where Resident #1 was going or why Resident #1 was leaving the facility.</p> <p>The Progress Note dated 1/19/18 at 1:47 a.m. revealed the staff called the emergency room and the emergency room staff reported Resident #1 intubated due to edema and transferred to another hospital to an intensive care unit.</p>			
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	<p>An interview on 2/12/19 at 2:49 p.m. the family member reported he/she and another family member visited Resident #1 after supper and then left the facility. The family member reported Resident #1 was fine during the visit. Around 8:00 p.m., the family member received a call from Resident #1. The family member reported Resident #1's words were slurred and he/she could only understand Resident #1 saying "hospital". The family member called the facility and asked the nurse to check on Resident #1. The family member then called Resident #1's room and could hear the nurse and then the phone disconnected. The family member drove to the facility to check on Resident #1. The family member reported Resident #1 was struggling to breathe. The family member called 911.</p> <p>The Medic Emergency Medical Services final report dated 1/18/19 revealed the medics arrived to the facility at 11:27 p.m. for a report of difficulty breathing. Resident #1 sitting in the wheelchair with swelling in the face and tongue only. Resident #1 unable to speak due to swelling. No visible rash noted. The family reported Resident #1 began swelling 10 minutes prior to calling 911. The family reported Resident #1 allergic to shellfish, but not any medications.</p> <p>The Emergency Department Physician Notes dated 1/18/19 at 11:40 p.m. revealed Resident #1 had mild respiratory distress, moderate tongue swelling, drooling and speech obstructed by tongue. Resident #1 received Benadryl 25 milligrams, Pepcid 20</p>			
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	<p>milligrams and Solu-Medrol 125 milligrams intravenously. Resident #1 received endotracheal intubation. The notes revealed a differential diagnoses of upper respiratory infection, allergies, angioedema and allergic reaction. Resident #1 transported to another hospital to an intensive care unit.</p> <p>The Hospitalist History and Physical dated 1/19/19 at 3:10 a.m. revealed Resident #1 admitted Intensive Care Unit intubated for airway protection and sedated.</p> <p>In an interview on 3/5/19 at 11:36 a.m. the Hospitalist reported an allergy to Losartan is very rare. The Hospitalist reported it's even more unlikely as Resident #1 was on Losartan for several months. The Hospitalist reported he/she would look for other causes and when asked, stated was not aware Resident #1 possibly ate shrimp. The Hospitalist reported a shellfish allergy can cause angioedema, the same as any other food allergy.</p> <p>An interview on 2/12/19 at 11:17 a.m. Staff I (Cook) reported he/she followed the planned menu. Staff I could not remember what he/she served Resident #1. Staff I reported Resident #1's diet card had the shellfish allergy listed. Staff I could not recall what alternate he/she prepared that evening. Staff I reported he/she did not obtain a temperature on an alternate meat dish that evening.</p> <p>During an interview on 2/7/19 at 2:08 p.m. Staff G (Nurse Aide) reported he/she thinks Resident #1 received shrimp for supper. Staff G reported there</p>			
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	<p>was not an alternate that night. Staff G asked Staff I (Cook) what the alternate was and Staff I reported there was not one. Staff G reported he/she saw Resident #1's family arrive. Staff G went over to Resident #1 and observed Resident #1 ate 100%. Staff G reported Resident #1 had breaded popcorn shrimp.</p> <p>During an interview on 2/7/19 at 2:32 p.m. Staff H (Nurse Aide) reported an alternate was not served. Staff H reported everyone received shrimp.</p> <p>During an interview on 2/27/19 at 9:22 a.m. Resident #8 reported if he/she gets a headache from eating raw shrimp. Resident #8 reported he/she can eat a few cooked shrimp and it doesn't bother him/her. Resident #8 reported several weeks ago the staff served him/her small breaded shrimp for supper. Resident #8 ate the shrimp and it didn't bother him/her. Resident #8 did not know if there was an alternate that night. Resident #8 reported he/she just eats what the staff serve.</p> <p>The facility abated the Immediate Jeopardy on 1/20/19 by educating the facility staff. The In-Service Education sheet dated 1/20/19 revealed all facility staff received training on residents with food allergies, inspecting trays prior to serving, preparing food for residents with allergies and the location of resident allergies on the tray card.</p>			
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	FACILITY RESPONSE:			
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