Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: **6960**			**Date:** **5/2/19**
Facility Name: **Altoona Nursing and Rehabilitation Center**		**Survey Dates:** **2/27/19 to 4/3/19**	
Facility Address/City/State/Zip **200 Seventh Avenue SW Altoona, IA 50009**	JS MW		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)b	**481—58.19(135C) Required nursing services for residents.** The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: **58.19(2)** *Medication and treatment.* *b.* Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II) **DESCRIPTION:** The following deficiency relates to complaint #81806. Based on record review and staff interviews, the facility failed to provide necessary treatment and services consistent with professional standards of practice, to promote healing and prevent new ulcers from developing for 1 of 18 sampled (Resident #8). The facility reported a census of 97. Findings include: According to the Minimum Data Set (MDS) assessments dated of 2/14/19, Resident #8 had diagnoses that included atrial fibrillation, hypertension, cerebral infarction and failure to thrive. Resident #8 had severe cognitive impairments. The MDS dated 2/14/19 revealed Resident #8 required extensive assistance with mobility, transfers, dressing,	**I**	**$5,750 (Held in Suspension)**	**Upon Receipt**

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Facility Administrator Date

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	toilet use and personal hygiene needs. Resident #8 had frequent incontinence of bowel and had a catheter. The CNA (Nurse Aide) Pocket Care Plan revealed no interventions for Resident #8. The Physical Therapy Treatment Encounter notes dated 2/19/19 revealed the Physical Therapy Assistant observed a blister on Resident #8's right heel and informed the nursing staff. The notes revealed the nursing staff unaware of the blister and stated they would provide heel float/booties for Resident #8. During an interview on 3/13/19 at 2:00 p.m., Staff W (Physical Therapy Assistant) stated in mid-February she discovered a blister on Resident #8's right heel. Staff W stated she reported this to an unknown nurse and documented it in her notes. During an interview on 3/14/19 at 10:30 a.m., Staff X (Certified Nurse Aide) stated she discovered a sore on Resident #8's bottom on 2/24/19 and reported it to the nurse. She noticed on 2/26/19 the sore had worsened and informed the nurse. On 2/26/19, Staff X also discovered a huge blister on Resident #8's right heel and informed the nurse of this as well. During an interview on 3/13/19 at 4:40 p.m., Staff H (Registered Nurse) stated she first heard about Resident #8's blister from Staff T. Staff H reported they implemented measures to float Resident #8's			

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	heels. Staff H stated she did not notify the physician. Staff H remembered informing the overnight staff of the blister. Staff H did not remember if interventions were added to the care plan. During an interview on 3/14/19 at 10:19 a.m., Staff Y (Licensed Practical Nurse) stated on 2/26/19 she was informed by Staff X that Resident #8 had a sore on her bottom and a blister on her right heel. Staff Y stated Staff X stated she had reported the sore on Resident #8's bottom a couple days earlier to Staff T and nothing had been done. Staff Y stated she informed the Director of Nurses and filled out wound assessment reports for both areas, contacted the physician and obtained treatment orders. Staff Y stated she asked Staff T about the skin wounds and Staff T denied knowing anything about them. Staff Y stated she had recently resigned because nurses were not properly taking care of issues professionally and ignored wound care and neglected residents. The Departmental Notes lacked a wound assessment report, physician notification, family notification and care plan interventions for the heel wound and left buttock wound. The Wound Assessment Report dated 2/26/19 revealed Resident #8 had pressure ulcer on the right heel measuring 4 centimeters (cm) (length) by 5.5 cm (width) and a Stage II pressure ulcer on her left buttock that measured 6 cm (length) by 4.7 cm (width) and 0.1 cm (depth).			

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	The Telephone Orders dated 2/26/19 revealed the following orders: a. Cleanse the left buttock, apply triad wound gel, and cover with optifoam, gentle dressing and change every three days. b. Check the placement of the left buttock dressing every day. c. Paint the left heel blister with Betadine twice a day until healed. Review of the February 2019 Treatment Record sheet revealed an order dated 2/26/19 to complete a weekly skin assessment and document in wound manager. The Wound Assessment Report dated 3/4/19 revealed Resident #8 had an irritation and excoriation from moisture on his coccyx measuring 5 cm (length) by 5 cm (width). The staff notified the physician and no new orders received. The Departmental Notes dated 3/4/19 at 5:22 p.m., revealed Resident 8's Family Member had concerns that Resident #8 had been at the facility for 24 days and now had pressure wounds. The Family Member reported it appeared Resident #8 was not getting treatments, the aides were not floating her heels and the nurses did not know the treatment for her bottom. The staff explained they would follow up and look at the wounds.			

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	The Wound Assessment Report dated 3/7/19 revealed Resident #8 had a blister on left lateral shin measuring 11 cm (length) by 12 cm (width). The staff notified the physician. The Departmental Notes dated 3/7/19 lacked documentation of the left shin blister, family notification and care plan interventions related to wound care During an interview on 3/14/19 at 9:50 a.m., Staff Z (MDS Coordinator) stated on Monday 3/11/19 she noticed the blistering progressed to Resident #8's toes. Staff Z stated she filled out wound assessment reports, notified the physician, and obtained treatment orders. Staff Z stated she was not certain who within the facility was currently providing weekly skin assessments. The Wound Assessment Report sheet dated 3/11/19 revealed Resident #8's left lateral shin blister expanded onto Resident #8's foot and toes. The sheet revealed the staff notified the physician and received a new treatment to cleanse left lower leg with wound cleanser, apply Vaseline gauze, wrap with kling; apply triple antibiotic to the left foot blister, cover with 4 x 4's and wrap with kling twice daily and apply Betadine to left 3rd, 4th and 5th toes twice daily. The Departmental Notes dated 3/12/19 at 1:59 p.m., revealed the areas on Resident #8's leg and feet had worsened and the staff contacted the Physician. The Physician ordered an arterial Doppler to both lower			

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	extremities to rule out arterial insufficiency. Observations on 3/12/19 at 4:35 p.m. and 3/13/19 at 7:50 a.m. found Resident #8 wearing foam boots and staff floating heels while in bed. However, the care plan and pocket care plans do not have use of foam boots or floating of heels as a formal intervention. FACILITY RESPONSE:			

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