Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: **6926**			**Date:** **February 28, 2019**
Facility Name: **St Luke's Lutheran Home**		**Survey Dates:** **February 4-7, 2019**	
Facility Address/City/State/Zip **1301 St Luke Drive** **Spencer, IA 51301**	**MW**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e	**58.28(3)** *Resident safety.* *e.* Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) **DESCRIPTION:** Based on record review and staff interview, the facility failed to provide adequate supervision to prevent accidents for 1 of 4 residents reviewed (Resident #133). Resident #133 had a history of falls with injury. Staff interview revealed staff had knowledge the resident could shut of her motion sensor alarm, but failed to inform the director of nursing, which would have allowed additional fall interventions to be put into place. to prevent further falls. The resident transferred/ambulated independently, fell and sustained a head laceration and a fractured hip. The motion sensor was not on. The facility reported a census of 82 residents. Findings include: According to the Minimum Data Set (MDS) Assessment dated 5/11/18 Resident #133 scored 8 on the Brief Interview for Mental Status (BIMS)	**I**	**$6750 (Held in Suspension)**	**UPON RECEIPT**

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	indicating cognitive impairment. The resident required limited assistance with activities of daily living (ADL's) including bed mobility, transfer, ambulation toilet use and personal hygiene. The resident had 2 falls with no injury and 1 fall with a minor injury. An Incident Report dated 5/27/18 at 8:15 PM documented the resident fell in her room. The resident took her shoes off getting ready for bed. A Diagnostic Imaging report dated 5/28/18 documented the findings from an x-ray included the resident had left rib fractures, likely rib 7 and 8, possibly including rib 6 as well. An Incident Report dated 6/4/18 at 1:30 PM documented the resident fell in her room when transferring without assistance. The resident sustained no apparent injury. An Incident Report dated 6/4/18 documented the resident had a laceration found at 5:50 PM. A Nursing Home to Hospital Transfer Form dated 6/4/18 documented the reason for the transfer a gash to the back of the head and goose egg from a fall. A hospital report dated 6/4/18 documented the resident's after care instructions regarding a			

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	laceration included to keep the wound clean and dry. May shower and wash hair but do not scrub too hard over the staples, place ice as needed, follow up with family doctor in 7-10 days to have staples removed. An Incident Report dated 6/9/18 at 6:15 PM documented the resident fell in her room transferring without assistance, with no apparent injury. A document dated 6/11/18 reviewing the incident documented the care plan was updated to have a motion sensor alarm when in her room, take the resident to the toilet before and after meals, and allow time for a bowel movement. A Physician Visit report dated 6/12/18 documented the resident seen for status post head laceration sustained 6/4/18 with staples placed in the emergency room. The progress note documented the resident to have staples removed from scalp laceration and the nurses also noted she had increased confusion and anxiety lately. The Care Plan dated 11/9/17 identified the resident at risk for falls. The interventions included a motion sensor when in room for safety, offer toilet every 2-3 hours while awake, take to			

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	the bathroom before and after meals, and allow time for a bowel movement. An Incident Report dated 7/7/18 at 6:30 PM documented the resident fell in her room self transferring, the motion sensor off. A CNA Quality Assurance Fall and Injury Assessment dated 7/7/18 documented the resident had a fall and found lying on the left side with blood on the floor. The resident self transferred and the motion sensor not on. A History And Physical dated 7/7/18 documented the resident fell and hit her head sustaining a laceration. She had a lot of pain in the left hip. An x-ray revealed an intertrochanteric fracture of the left hip. The scalp laceration repaired in the ER. Orthopedics recommended admission and surgical intervention. A Consultation report dated 7/8/18 documented the recommendations included surgical stabilization to facilitate ambulation and pain relief. The resident had a high risk of morbidity (medical problems) due to the fracture. Leaving her without surgery would likely leave her with worse outcomes and pain.			

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	A Discharge Summary dated 7/12/18 documented the resident fell at the nursing home and found to have a left hip fracture. The resident was post-op day 4 from a left hip short gamma nail for fixation. The resident disoriented to time and place. The resident refused most medications by mouth and resisted feeding. The resident tolerated Roxanol for pain. Hospice care discussed. The resident had acute blood loss anemia in the setting of an open reduction and internal fixation of a left hip fracture. The resident's hemoglobin 9.9 on admit, dropping to 6.9 after surgery. The resident received 2 units of blood. A Physical Therapy (PT) Evaluation and Plan of Treatment dated 7/13/18 documented the resident unable to participate and not appropriate for PT. The resident unable to tolerate any activity and no restorative program indicated. The resident grimaced and yelled when the leg moved. Nurse's Notes documented the following: On 7/12/18 at 1:07 PM resident readmitted from the hospital. At 1:59 PM the resident did cry out and moan when touched or moved. At 4 PM the resident cried out when touched.			

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	On 7/13/18 at 7:33 AM the resident received Roxanol for moaning. At 10:43 AM the resident received Roxanol for moaning and saying help me. At 11:26 PM the resident unable to rate pain due to cognitive function but moaning and given pain medication. On 7/14/18 at 12:47 AM as needed pain med given. At 2:52 AM med ineffective, resident given another dose of Roxanol. At 9:24 AM resident given pain med for pain all over. At 11:48 AM Roxanol given for pain all over, moaning out. At 1:52 PM the resident received Roxanol for crying and moaning out. At 5:07 PM the resident received Roxanol for crying out. At 5:44 PM the resident admitted to hospice. At 7:32 PM Roxanol given for pain all over. At 8:03 PM Ativan given for crying out/restlessness. At 8:31 PM Roxanol given for pain. At 9:37 PM Roxanol given for pain all over. At 11:02 PM Roxanol given for pain all over. On 7/15/18 at 12:22 AM the resident cried and repeated help me. The resident was restless and moaned with facial grimacing with any movement. At 2:44 AM Roxanol given for pain all over. At 3:53 AM Roxanol given for pain. At 4:51 AM Roxanol given for pain, resident began crying/moaning with repositioning. At 9:34 AM Roxanol given for crying out. At 10:36 AM			

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	Roxanol given for pain/crying out. At 11:44 AM Roxanol given for crying out. At 1:17 PM hospice request to give Roxanol every 1 hour and Ativan every 2 hours to keep comfortable. Staff informed hospice nurse the resident rested comfortably and didn't see any agitation or restlessness. Hospice instructed to hold off on Ativan unless sees in need, but to keep up with Roxanol. The Nurse's Notes dated 7/16/18 at 4:23 PM documented the resident died at 4:10 PM. An Employee Counseling/Warning Report dated 7/7/18 documented Staff A Certified Nursing Assistant (CNA) received an oral warning with written notice related to the resident sustaining a fall in her room at 6:30 PM. The motion sensor was not sounding and turned off. The resident was having loose stools at assessment and the care plan not followed for taking the resident to the restroom after meals and the alarm not on. During an interview by phone on 2/4/19 at 11:33 AM Staff A (no longer works at the facility) stated she was assigned to the resident's hall the day of the incident (7/7/18). She stated she had asked the resident if she needed to use the bathroom prior to supper. She took a tray to the room and the resident consumed very little. She asked her			

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	again if she needed the bathroom and she again said no. She was not sure what time she left the room but was sure she turned the alarm on. She said it was placed near the television (TV) and at an angle. She said it allowed the resident to move in the chair without setting it off, but if she got up it would sound. She said she walked by the resident's room numerous times after that and she was always in the recliner. She reported seeing the resident last when she went by her room with another resident. She said she did not hear an alarm go off, but not sure she would. She said the resident could shut the alarm off herself and staff were aware of it. She said she placed the alarm so it would not be in the resident's reach, but she could have walked a few steps and turned the alarm off. She said she had not heard the resident's alarm sound that shift. She stated she signed the write up because she doesn't like to argue so she just signed it. In a written statement dated 7/7/18 Staff B, Registered Nurse (RN) documented the resident sat in her recliner when he walked by her room to go do a treatment in another room. When he came out from doing the treatment he heard the resident yelling for help. When he entered the room he saw the resident laying on her left side with her hand up to her head and blood on the floor. He looked at the motion sensor and the			

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	switch was in the center position. Additionally he wrote the alarm had sounded earlier in the day. He had seen the resident try to shut the alarm off before, and she laid right in front of the motion sensor. During an interview on 2/4/19 at 1:27 PM Staff B stated he worked a 12 hour day shift and was getting ready to be off. He had a few treatments he needed to finish up and walked by the resident's room and she sat in the recliner. He went in the other resident's room and shut the door. He did not hear an alarm go off, but did not know if he would. He said the motion sensor alarms were softer. He said the resident did like to shut the alarm off herself and they had it sitting on a table out of reach. When they found her on the floor she was in the general direction of where the alarm sat, rather than toward the bathroom. During an interview on 2/5/19 at 6:05 AM Staff C, CNA stated he saw the resident in her recliner as he walked down the hall to the other resident's room. It did not appear she needed anything at that time. He did not see the aide working that hall as he walked down to the other resident's room. Not long after he assisted the other resident into bed he heard the nurse yelling for help. He said the resident was on the floor and the resident's alarm was not turned on. He stated			

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	he had no knowledge the resident would turn the alarm off herself. He stated the resident would stop if the alarm sounded and would wait for someone. He said the resident would never say no to going to the bathroom. He said he would not force her to go, he would just take her to the bathroom. During an interview on 2/5/19 at 6:34 AM Staff D, Licensed Practical Nurse (LPN) stated she started the (7/7/18) shift at 6 PM. She did not recall any alarms sounding. She went down A hall with the day shift nurse to look at a skin condition and they passed the resident's room. She sat in the recliner watching TV in no distress. After looking at the skin she went back to the nurse's station and the day shift nurse stayed to do a treatment. While at the nurse's station getting things ready she heard Staff B call her name. She went to the resident's room and she was on the floor. She could see she had a head laceration and would need to be seen in the ER. She said the resident had 3 diarrhea stools before the paramedics arrived. She said the resident could tell you if she needed to go to the bathroom. She said if she had gone to the bathroom earlier, it probably would not have changed the fact she had the loose stools at the time and directly after the fall. She said she thought the resident had turned the alarm off			

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	before, but had not actually seen her do it. She had turned the alarm on herself and returned to find it off when no one else had been in the room. She said the alarm was sitting on the TV stand out of reach of the resident when sitting in the chair. She said it would have been about 3 steps away from the recliner and would have been in reach of the resident where she fell. She said she did write the staff member up, although the staff member said she had turned the alarm on. During an interview on 2/6/19 at 2:43 PM Staff E, RN, Nurse Manager stated she was unsure if the resident could shut the alarm off. She said if she could, they should have notified her so they could look at other interventions to prevent the resident from falling. **FACILITY RESPONSE:**			

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