Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 6917			**Date:** February 14, 2019
Facility Name: Touchstone Healthcare Community		**Survey Dates:** January 23 to January 31, 2019	
Facility Address/City/State/Zip: 1800 Indian Hills Drive Sioux City, IA 51104	**JM/SS**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e	**481—58.28(135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** *Resident safety.* *e.* Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) **Description:** Based on clinical record review and staff interviews, the facility failed to ensure that the resident environment remained as free of accident hazards as possible and that each resident received adequate supervision and assistance devices to prevent accidents for one of nine residents reviewed for nursing supervision. Resident #1 required the assistance of one staff to transfer and ambulate (walk). The resident was known to not wait for assistance or use the call light and facility staff failed to increase resident monitoring despite the knowledge. The resident fell five times and developed two fractures within a month. Findings include: 1. The Minimum Data Set (MDS) dated 12/10/18 assessed Resident #1 with a brief interview for mental status (BIMS) score of 11 (moderate cognitive and memory impairment). The resident had an indicator of delirium; fluctuating disorganized thinking. The resident had no behavioral symptoms identified.	**I**	**$7000.00 (Held in Suspension)**	**Upon Receipt**

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Facility Administrator Date

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	Resident #1 required supervision with bed mobility, transfers, ambulation in the room and corridor, dressing, toilet use and personal hygiene. A balance during transitions and walking test revealed the resident as unsteady with all activities, but he could stabilize himself without staff assistance. The resident utilized a walker for mobility. The resident was continent of bowel and bladder. The resident had diagnoses that included dementia and Parkinson's disease. The resident had one fall without injury since admission to the facility on 11/26/18. A care plan dated 11/26/18 identified the resident at risk for falls related to diagnoses of Lewy Body dementia and weakness. The resident was at risk due to the medications he took and due to noncompliance for waiting for assistance. The care plan also identified the resident as alert and oriented with episodes of forgetfulness especially with short term recall ability. The resident also had difficulty finishing his thoughts. The care plan identified the following directives on the following dates: 11/26/18 - The resident ambulated with assistance of one and a walker. 11/26/18 - Provide therapy services as ordered. The care plan identified the resident needed assistance to use the toilet but did not document the presence of a toilet use plan. Review of the resident's Incident Reports, Progress Notes and Care Plans revealed the following information:			

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	a. On 11/26/18 at 10:20 p.m. staff found the resident on his floor next to the bed. The resident stated he got up to close the door. Staff assessed the resident and documented a cause for concern. Staff contacted the on-call doctor then sent the resident to the ER (emergency room) and he returned to the facility. On 11/27/18, staff educated the resident to use the call light and wait for assistance as an intervention following the fall. b. On 12/4/18 at 1:15 p.m. staff found Resident #1 lying on his left side in front of the toilet with his upper body lying in the adjacent room. The resident stated he knelt over the toilet to vomit and lost his balance. Staff documented the resident did not receive injury. On 12/5/18, the facility added an intervention following the incident regarding a choking episode with ST (speech therapy) to evaluate his swallowing. Progress notes documented: - 12/10/18 at 5:07 p.m. Resident #1 required the assistance of one with a walker and was noncompliant and ambulated independently with the walker. - 12/11/18 7:47 p.m. Resident #1 was full weight bearing and used a walker and the assistance of one for ambulation. Staff noted him to be noncompliant twice this shift and walking unassisted in his room. - 12/15/18 at 11:06 a.m. Resident #1 was full weight bearing with the assistance of one and front wheel walker. Resident # 1 displayed noncompliance with asking for or waiting for help. - 12/15/18 at 8:57 p.m. Resident #1 ambulated independently with a walker and was not compliant			

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	with the assistance of one. - 12/16/18 at 10:05 p.m. Resident #1 needed the assistance of one but was noncompliant. c. On 12/17/18 at 4:40 a.m. staff found the resident laying on his back in the bathroom floor with his walker on top of him. The resident stated he tried to grab the door knob and must have slipped. The resident stated he had ankle pain and rated the pain at 6 out of 10 with 10 being the worst imaginable pain. The resident could move the foot and his ankle appeared swollen. Staff documented predisposing situation factors of the fall as improper footwear and ambulating without assistance (the resident had bare feet). The resident refused transfer to the ER. Staff educated him on the use and purpose of the call light. Staff offered the resident nonskid socks. He stated he had some and didn't like to sleep in socks. Staff notified the Physician Assistant (PA) that Resident #1 refused further assessment at this time. The PA directed staff to monitor, elevate and ice as needed. At 12:03 p.m. staff received the OK for an X-ray of the left ankle. On the same date at 2 p.m. the resident's left ankle was x-rayed. A 4:19 p.m. X-ray report documented the resident had a left ankle fracture. The resident transported to ER for evaluation. At 6:35 p.m. the resident returned to the facility via facility bus wearing a Cam (supportive) boot. On 12/17/18, staff added an intervention on that Resident #1 had gripper socks to wear and to check on resident frequently through the night (Note - during interview on 1/29/19 at 1:08 p.m. the Director of Nursing {DON} identified "check frequently" as not having a specific timeframe. Staff			

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	should look in when going by the room). On 12/18/18 at 12:30 p.m. the resident had an appointment with an orthopedic surgeon and returned at 3:45 p.m. with orders for a pre-surgical appointment on 12/19/18 with same day surgery to repair the left ankle fracture on 12/20/18. d. On 12/20/18 at 6:05 a.m. staff went to answer the resident's call light and found him sitting on the floor in front of the room door with his wheelchair in front of him. The resident stated he needed the bathroom and used his wheelchair to walk and he slipped. The resident activated the call light but didn't want to wait for help. Staff educated the resident on waiting for help. On 12/20/18, staff documented the intervention for OT (occupational therapy) to work with resident on safe transfers and resident has been educated numerous times to wait for assistance and to use his call light. Resident #1 remained noncompliant with waiting for assistance. On 1/29/19 the Administrator gave the resident a paper that identified the resident as already receiving OT services when the fall occurred. e. On 12/30/18 at 12:52 p.m. staff heard the resident yell and looked down the hallway. Staff observed the resident lying on the floor outside his room. The resident reported a 10 pain level. His left leg appeared rotated outward and he appeared to have pain when his legs were moved. Staff called 911 and the resident transferred to ER for further evaluation. Staff assisted the resident 20 minutes prior with the urinal and last			

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	observed him in his recliner with his feet elevated and call light in reach. The call light was not on when the resident fell. The resident could not give an explanation of what he was doing when he self transferred from the recliner. During interview on 1/28/19 at 3:50 p.m. Staff I LPN (licensed practical nurse) stated she worked the day of the 12/30/18 incident. She heard a scream and found that Resident #1 had gotten out of his recliner, walked and fell. The resident was in a lot of pain. Staff I stated she helped the resident with the urinal about 20 minutes prior to the fall and then left in the recliner covered with a blanket. The resident denied he needed anything else. Staff I stated the resident did seem more confused. He still tried to get up alone after he returned 12/17/18 following his ankle fracture. A hospital History and Physical dated 12/30/18 identified the resident with a left femur intertrochanteric fracture after a fall. The X-ray showed a trochanter fracture of the proximal left femur with moderate varus angulation. The resident also had a fall two weeks ago with a fracture to the left ankle. A hospital Discharge Summary dated 1/6/19 identified the resident fell and broke his left hip and two weeks prior fractured his left ankle and had ORIF (open reduction and internal fixation) done at the time. After admission the resident developed acute delirium from the pain and psychotropic medications. He underwent a left hemi-arthroplasty successfully and did very well for the first few days post op until he developed			

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	respiratory distress on 1/4/19 and passed away on 1/6/19. The summary identified the immediate cause of death as acute respiratory distress due to recurrent aspiration pneumonia, acute respiratory distress and acute delirium and an underlying cause of end stage dementia due to Lewy body dementia. During interview on 1/29/19 at 1:25 p.m. the Care Plan Nurse stated there was nothing on the care plan to direct staff to watch the resident closer. Staff educated the resident to use the call light. **Facility Response:**			

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