

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6910		Date: January 31, 2019		
Facility Name: Sunny View Care Center		Survey Dates: January 13-16, 2019		
Facility Address/City/State/Zip 410 NW Ash Drive Ankeny, IA 50023		MW		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, observation, and staff interview, the facility failed to follow care interventions to prevent falls for 1 resident with a fall resulting in hip fracture (Resident #73). The facility reported a census of 86 residents.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) dated 10/29/18 (prior to fall) documented Resident #73 had diagnoses including hypertension, high cholesterol, aphasia (cannot speak), and paralysis on half the body. The MDS documented the resident scored a 12 out of 15 on the Brief Interview for Mental Status (BIMS) indicating mild cognitive impairment. The MDS documented the resident required extensive assistance of 1 staff member for bed mobility, transfers, walking, and total dependence of 1 staff for toilet use. The MDS documented the resident had no falls.</p>	I	\$5250 (Held in Suspension)	UPON RECEIPT
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Facility Administrator

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	<p>The care plan revised on 11/15/18 (prior to fall) directed staff to use extensive assistance of 1 staff member for transfers. The resident had a history of falls. The care plan listed the following interventions:</p> <ul style="list-style-type: none"> -Anticipate and meet my needs. First down after supper -Be sure call light is within reach and encourage/remind me to use it -Dycem in wheelchair -Encourage me to participate in activities that promote exercise, physical activity for strengthening and improved mobility -Ensure bed remote is in holder -Ensure I am wearing appropriate footwear such as soles with a sole or non-skid socks when ambulating/transferring or mobilizing in my wheelchair -I participate in the walk to dine program as I allow -Physical therapy evaluate and treat as ordered or as needed -Staff to not leave in bathroom unattended -Staff to offer to sit in recliner before leaving the room <p>The MDS dated 12/12/18 (after the fall) documented the resident had BIMS score of 10 indicating moderate cognitive impairment. The</p>			
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	<p>MDS documented the resident required extensive assistance of 1 staff member for bed mobility, extensive assistance of 2 staff members for transfers, total dependence on 2 staff members for toilet use, and did not walk. The MDS documented the resident has occasional bladder incontinence and always continent of bowel. The MDS documented the resident had no falls.</p> <p>The care revised on 12/4/18 (after the fall) directed staff to use extensive assistance of 2 staff for toilet use and do not leave me on the toilet alone. The facility had fall interventions including:</p> <ul style="list-style-type: none"> -Anticipate and meet my needs. First down after supper -Be sure call light is within reach and encourage/remind me to use it -Dycem in wheelchair -Encourage me to participate in activities that promote exercise, physical activity for strengthening and improved mobility -Ensure bed remote is in holder -Ensure I am wearing appropriate footwear such as soles with a sole or non-skid socks when ambulating/transferring or mobilizing in my wheelchair -Physical therapy evaluate and treat as ordered or as needed 			
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	<p>-Staff to not leave in bathroom unattended -Staff to offer to sit in recliner before leaving the room</p> <p>The resident had the following falls:</p> <p>On 1/24/18 at 8:00 p.m., fell off the toilet and an intervention was added to not leave resident unattended in the bathroom.</p> <p>On 2/16/18 at 3:30 p.m., Resident #73 let go of the grab bar and fell in the bathroom.</p> <p>On 6/11/18 at 1:45 p.m., resident fell from wheelchair and was found sitting on buttocks. A dycem was added to the wheelchair.</p> <p>On 7/7/18 at 6:35 p.m., the resident was leaning to pick up bed control and fell. An intervention was added to keep bed control and call light in reach.</p> <p>On 11/27/18 at 4:45 p.m., the resident fell off toilet and resident was transferred to hospital.</p> <p>The Nurse's Notes dated 11/27/18 at 4:45 p.m. observed the resident on the bathroom floor. Another neighbor resident activated the call light to obtain assistance.</p> <p>An x-ray dated 11/27/18 documented an acute right femur neck fracture. The resident required surgery.</p>			
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	<p>The Bio-sheets or pocket care plan as described by the facility policy was a detailed specific tool used by certified nursing assistants to know how to provide care for each resident.</p> <p>During an interview on 1/15/19 at 9:43 a.m. Staff P, Certified Medication Aide/Certified Nurse Aide, (CMA/CNA), worked with Staff W, CNA, on 11/27/18 for 2-10 p.m. shift. Staff P learned in orientation to carry the bio-sheet at all times. Staff P stated the bio-sheet directed staff to use 2 staff and the pivot disc for transfers. Staff P stated the charge nurse prints a new bio-sheet every day. She learned in orientation not to leave the resident unattended on the toilet.</p> <p>During an interview on 1/15/19 at 9:52 a.m. Staff Q, licensed practical nurse (LPN) night shift prints bio-sheets out for 6-2 shift. Staff Q, stated the resident had a fall from the toilet before and the intervention directed staff not to leave the resident unattended on the toilet.</p> <p>During an interview on 1/15/19 at 11:45 a.m. Staff R, CNA, worked 2-5 on date of incident 11/27/18 in the back of new southwest and new northwest. Staff R received the bio-sheet once on duty which directs the resident's care. She went to the break room for supper break and Staff AA, CNA, went</p>			
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	<p>to the break room for a supper break. Staff O, LPN, entered the room to say to Staff AA that she had left the resident on the toilet and she fell with a possible fracture.</p> <p>During an interview on 1/15/19 2:55 p.m. Staff S, CNA, (from staffing agency) worked 2-10 in the new northwest and new southwest skilled hall. Staff S stated she heard about the incident the next day. Staff S stated the CNAs use a pocket care plans to direct care for the resident. She will not attempt any cares without facility staff. She did not quite understand why resident needed supervision on the toilet. She could be in her wheelchair or recliner without supervision.</p> <p>During an interview on 1/15/19 at 4:06 p.m. Staff T, CNA, stated he usually works up front and unfamiliar with the resident, Staff T used the bio-sheet given to him at the beginning of the shift. Staff T checked the bio-sheet and it directed to use 2 assist with pivot disc and gait belt.</p> <p>During an interview on 1/15/19 at 4:12 p.m. Staff U, CNA, (from staffing agency). Staff U stated she worked up front primarily. Staff U stated being from a staffing agency, she depends on the bio-sheets to give directions for the resident care. Staff U she did know the resident cannot be left alone on the toilet. Staff U stated the resident has</p>			
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	<p>panic attacks and does not like to be left alone.</p> <p>During an interview on 1/15/19 at 4:20 p.m. Staff O, LPN, printed out bio-sheets for the 2-10 p.m. shift the day of the incident. Staff AA had a copy of the bio-sheet on 11/27/18. Staff O stated the bio-sheet directed staff not to leave the resident alone on the toilet. Staff O stated Staff AA went on break and did not tell the other CNAs that she put the resident on the toilet. Staff W alerted Staff O that the resident fell off the toilet. Staff O stated she assessed the resident and sent the resident to the emergency room for possible hip fracture. Staff O stated the resident was a fall risk and very impulsive.</p> <p>During an interview on 1/15/19 at 4:26 p.m. Staff V, CNA, stated she always carried the bio-sheet. Staff V stated it tells everything you need to know to care for that resident. The facility had made it mandatory to carry the bio-sheet at all times.</p> <p>During an interview on 1/16/19 at 8:40 a.m. Staff W CMA via phone call stated on 11/27/18 she was working with Staff P who she was orientating. Staff W stated that they came back from break then Staff AA and Staff BB, CAN went to break. Staff AA did not tell her she put the resident on the toilet. Staff W stated they answered the bathroom light and observed the</p>			
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	<p>resident on the floor in bathroom. Staff W stated she had Staff P stay with resident while she got the nurse Staff O.</p> <p>During an interview on 1/16/19 at 9:27 a.m. Staff X, RN, stated approximately 35 residents on back and new SW/NW with 10 residents that require 2 assist. Staff X stated for sufficient staffing for the 2-10 p.m. shift sufficient staffing 4 CNAs. Staff X stated 2 CNAs go on break leaving 2 CNAs to manage all 4 halls.</p> <p>During an interview on 1/16/19 at 9:35 a.m. Staff Y, physical therapist assistant, stated the resident had improved to 1 assist with front wheeled walker. Staff Y discontinued the pivot disc on 1/14/19 and updated the bio-sheet.</p> <p>Staff AA in a written statement dated 11/27/18 at 4:45 p.m. Staff AA wrote she had helped the resident to bed once about 3 weeks ago. Staff AA stated she had observed other CNAs leave the resident on the toilet unattended. Staff AA stated she sits in her room alone and wanders the facility independently. The surveyor attempt to contact Staff AA was unsuccessful.</p> <p>During initial tour of the facility on 1/13/19 at 11:25 a.m. the resident sat in recliner with feet up. The surveyor whet to introduce self to the</p>			
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	<p>resident. The resident indicated she needed to use the bathroom by pointing to the bathroom door. The call light was under the bed where the resident could not reach. The resident had to understand but will answer yes no questions. The resident recalled the fall but unable to give any details. Staff CC, CNA, and Staff N, RN, to assist with the transfer. At 11:45 a.m., gait belt applied and assisted the resident to stand and pivot to the wheelchair. Staff wheeled the resident into the bathroom and assisted the resident to stand and pivot to the toilet. The resident had a dry depend. Staff assisted the resident to stand and use grab rails to pull up depend and pants then another stand pivot transfer to the wheelchair. Staff did not use a pivot disc.</p> <p>FACILITY RESPONSE:</p>			
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