Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 6906			**Date:** January 29, 2019
Facility Name: QHC Winterset North, LLC		**Survey Dates:** January 9 to January 16, 2019	
Facility Address/City/State/Zip: 411 East Lane St. Winterset, IA 50273	**MW/SS**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
56.6(1)	**481—56.6(135C) Treble and double fines.** **56.6(1)** *Treble fines for repeated violations.* The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.			
58.28(3)e	**481—58.28(135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** *Resident safety.* *e.* Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) Based on clinical record review and staff and resident interviews, facility staff left a resident at the edge of the bed in the middle of dressing, exited the room and staff found her on the floor a few moments later. The resident required the assistance of one staff to dress and walk. The concern affected one of four residents reviewed (#2). The facility reported a census of 57 residents. Findings include: Resident #2's Minimum Data Set (MDS) assessment dated 9/28/18 documented a Brief Interview for Mental	**I**	**$ 10,500.00 ($ 3500.00 x3) Treble Fine** **Held in Suspension**	**Upon Receipt**

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Facility Administrator Date

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	Status (BIMS) score of 4 which indicated severe cognitive impairment. The assessment documented she had diagnoses that included combined systolic and diastolic congestive heart failure and diabetes mellitus type 2. The MDS documented the resident needed the assistance of one staff with transfers, walking, toileting and hygiene and used a wheelchair and walker for mobility. The resident had no fall history upon her admission to the facility on 9/20/18. The care plan with a focus area dated 11/12/18 identified Resident #2 had altered cognition and rejection of care and directed staff to assist the resident with activities of daily living (ADL's) as needed. Progress notes dated 10/10/18 at 1:08 p.m. documented the resident refused staff assistance with all cares. Notes dated 10/22/18 at 9:02 p.m. noted the resident having episodes of confusion. A Progress note dated 10/22/18 at 9:02 p.m. documented the resident had episodes of confusion and redirected without difficulty. An entry dated 11/6/18 at 8:30 a.m. documented she refused to allow staff to assist with ADLs that morning. Progress notes dated 11/18/18 at 2:56 p.m. recorded the resident had intense pain the right ankle. Staff noted the area as slightly swollen and warm to touch. Resident #2 had tenderness/pain with touch and movement. The resident had increased confusion and episodes of incontinence. An X-ray report dated			

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	11/18/18 noted diffuse osteopenia and no acute displaced fracture or dislocation. Progress notes dated 11/30/18 at 9:45 p.m. recorded staff completed 15 minute checks on the resident's safety but no reason given as to why the checks were completed. Progress notes dated 12/11/18 at 7:17 a.m. documented Staff A, a registered nurse (RN) heard a housekeeper yell a resident is on the floor. An aide went into the room and called for assistance. Staff A observed Resident #2 lying on the her right side parallel to the bed with a small amount of blood pooling on the floor beneath her head. The resident's pants were around her ankles. Staff noted the walker adjacent to the resident and wheelchair in front of the bathroom door. With assessment, staff noted an egg size knot above her right eye and bruising to the right hand. The resident stated her head hurt and she couldn't see out of her right eye. Local emergency medical services arrived and transported Resident #2 to a local hospital emergency room. The Incident Report dated 12/11/8 at 12:59 recorded that when asked what happened, Resident #2 informed staff she got tangled up in her britches. During an interview on 1/15/19 at 1:30 p.m., Staff E, a housekeeper reported she worked on 12/11/18 when the resident fell to the floor. She heard the resident call out 'help me, help me' and she called out that a resident was on the floor. Two certified nursing			

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	assistants (CNAs), Staff C and Staff D went into the room to assist the resident. Staff E reported she saw the resident on the floor. The resident had a shirt on and her pants were partially up her legs. It appeared the resident attempted to dress herself. Staff E reported the resident wanted to be independent but she needed assistance with cares. The resident had been confused and combative with cares. During an interview on 1/15/19 at 1:02 p.m. Staff C reported she had worked the morning of 12/11/18 when the resident fell. She reported Staff D assisted the resident with cares but then shortly left the resident's room. She Resident#2 call out and she went in to assist, then left to assist another resident when she heard staff yell that a resident had been seen on the floor. She and Staff D when into the resident's room and saw her on the floor. The resident had attempted to dress herself and there was blood everywhere. She reported she had been told to let the resident do things on her own and she had been non-compliant with staff assistance with cares. The resident had been confused and wouldn't wait for assistance. Staff C stated when she entered the resident's room the first time she saw the resident sitting on the edge of the bed and reported her pants wouldn't fit. During a second interview on 1/16/19 at 9:25 a.m. Staff C reported the resident's comprehension of what staff told her as elusive to the resident. There were times the resident understood given directions and questions but at other times the resident didn't			

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	comprehend. Because of the resident's dementia, staff didn't know if she understood what had been said to her. During an interview on 1/16/19 at 9:45 a.m. Staff D reported the morning of 12/11/18 she went to the resident's room and said good morning and asked if the resident wanted her light turned on to get up from bed. The resident said yes to the light but then rolled over on her side in bed. Staff D left the room and went up to the front to the nurse's station. On her way back she heard the housekeeper yell the resident was on the floor. She and Staff C found the resident on the floor. It appeared the resident had hit her head on the electric heat register. She reported the resident is often confused, wanders throughout the facility looking for her spouse. The resident needed assistance with transfers, walking, toilet use, dressing and grooming, but often is noncompliant, transferred herself and used the toilet on her own. She reported the resident often refused staff assistance but she would provide stand-by assistance with cares. She reported the resident didn't always understand what staff said to her. During an interview on 1/15/19 at 1:14 p.m. Staff A RN reported the resident had a history of non-compliance and needed assistance with all cares. Staff were to assist with cares but let her do her cares on her own. During an interview on 1/15/19 at 2:07 p.m. Staff B, a licensed practical nurse (LPN) and Assistant Director of Nursing reported the resident admitted to the hospital for care and later transferred to another			

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	facility. Information provided by the resident's family revealed she experienced facial contusions and fractured nasal bones following the fall. **Facility Response:**			

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