

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: # 6875		Date: November 6, 2018		
Facility Name: Perry Lutheran Home		Survey Dates: October 22 – October 30, 2018		
Facility Address/City/State/Zip: 2323 East Willis Avenue Perry, IA 50220		MW/SS		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.19(2)b	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>Based on clinical record review, observation, and staff interview, the facility failed to ensure that a resident with pressure sores received necessary treatment and services, consistent with professional standards of practice, to promote healing, prevent infection and prevent new ulcers from developing for three of three residents sampled with ulcers (Residents #4, #5 and #1). The facility reported a census of 62 residents.</p> <p>Findings include:</p> <p>1. A Minimum Data Set (MDS) assessment with a reference date of 9/15/18 assessed Resident # 4 with memory problems and moderately impaired decision making skills. The resident required extensive staff assistance with bed mobility, transfers, dressing, toilet use, personal hygiene and bathing. The MDS identified the resident with a Stage 2 pressure sore.</p>	I	\$3300.00	UPON RECEIPT
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Facility Administrator

Date

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	<p>Departmental notes dated 9/15/18 at 5:31 a.m. identified the resident with a sore on the sacrum. The area appeared as a brown spot that measured 1 centimeter (cm.) with redness measuring 11 cm. going down the left buttock. The resident admitted to the hospital 9/15/18 for dehydration and returned 9/19/18 at 11:30 a.m.</p> <p>A wound assessment report dated 9/19/18 identified the area on the left buttock as "unchanged". The left buttock contained a Stage 1 area measuring 3.5 inches by 7 inches and Stage 2 area measuring 0.5 by 1.5 inches. The report identified the area as an abrasion. During interview on 10/24/18 at 1:02 p.m. Staff A RN (Registered Nurse) identified the 9/19/18 area as the same area present on 9/15/18.</p> <p>On 10/22/18 at 9:45 a.m. the resident went to the wound center for evaluation of the area. The wound center identified the area as a Stage 3 pressure ulcer. The length measured 1.3 cm., width 1.8 cm. by 0.1 depth.</p> <p>Observation on 10/23/18 at 12:35 p.m. showed that when staff transferred the resident to a recliner, the chair did not contain pressure reduction. The resident remained in the recliner without pressure reduction at the following subsequent observations: 1 p.m., 1:10 p.m., 1:35 p.m., 1:45 p.m. At 2:15 p.m., staff transferred the resident to the wheelchair (1.5 hours without pressure reduction) and at 2:27 p.m. Staff A</p>			
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	<p>and Staff B RN provided treatment to the resident's pressure ulcer. The right buttock contained a closed red rashy area measuring 10.5 cm. by 10 cm. The left upper buttock coccyx area was open and measured 1.4 cm. by 2.1 cm. with depth of 0.1 cm. The area was surrounded by a 4.5 cm. by 5.5 cm. reddened area.</p> <p>Observation on 10/24/18 at 12:02 p.m. showed the resident in the recliner without pressure reduction. The resident remained in the recliner until 1:30 p.m. when she attempted to get out of the recliner per self (1.5 hours without pressure reduction). Staff then transferred the resident to the wheelchair. At 2:20 p.m. the resident sat in a recliner and observation revealed a urine odor at the time. The surveyor asked Staff C CMA (certified medication aide) and Staff D CNA (certified nurse aide) if they took the resident to the bathroom or checked her that day. Staff C and Staff D said no.</p> <p>On 10/25/18 the surveyor viewed camera footage for 10/24/18. Footage showed staff assisted Resident #4 to use the toilet at 9:27 a.m. and then not again until 2:41 p.m., after the surveyor questioned toilet use (5 hours). On 10/24/18 at 3 p.m. Staff D stated the resident was incontinent when they took her to the toilet at 2:41 p.m.</p> <p>The care plan dated 1/22/18 documented staff applied an air overlay mattress to the resident's bed on 9/30/18 (15 days after the pressure ulcer developed). The care plan did not contain a repositioning program</p>			
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	<p>intervention until 10/15/18 (a month after the pressure ulcer developed). The care plan also directed staff to take the resident to the toilet before and after meals and at bedtime. The care plan did not address pressure reduction in the chair.</p> <p>On 10/24/18 at 5:30 p.m. the Director of Nursing identified the repositioning program as every two hours.</p> <p>2. The MDS assessment with a reference date of 8/21/18 assessed Resident #5 with a brief interview for mental status (BIMS) score of 2, indicating severe cognitive impairment. The resident required extensive staff assistance with bed mobility, transfers, dressing, toilet use and personal hygiene. The MDS identified the resident at risk for pressure sores and no sores present at the time of the MDS assessment.</p> <p>A physician fax dated 10/11/18 revealed staff reported a 3.5 cm. by 4.5 cm. non blanchable red discoloration to the resident's left heel and a 1 cm. by 0.5 cm. area of non-intact skin to the left heel. The area appeared as a deep tissue injury. The physician responded on 10/11/18 to float her heels in bed and pad well.</p> <p>A telephone order dated 10/17/18 identified the resident with a left heel necrotic diabetic ulceration. The physician ordered to apply Betadine (antiseptic) and foam every other day until the ulceration improved. Maintain bunny boot with darker blue material against the sole of the foot to better offload.</p>			
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	<p>Observation on 10/23/18 at 1:35 p.m. revealed the resident in bed to receive a treatment to the heel. At 1:50 p.m. observation showed no dressing on the heel when staff removed the bunny boot. When asked about the lack of dressing to the resident's heel, Staff A RN (registered nurse) and Staff B RN stated the resident had a shower that morning. After the treatment Staff C stated the resident got a shower yesterday, not today.</p> <p>Observation on 10/24/18 at 1:30 p.m. showed the resident in a recliner with her left heel in a bunny boot resting on the foot of the recliner. The left heel remained on the foot of the recliner until 3:20 p.m. when the surveyor informed the Administrator. The Administrator stated the heel was not free floating and she educated staff to use a pillow to free float the resident's heel.</p> <p>A wound assessment report dated 10/23/18 recorded the left heel area measured 3.5 cm. long and 3.5 cm. wide. The wound assessment report identified the area as a pressure ulcer.</p> <p>The resident's care plan updated on 10/11/18 documented skin injuries to the left heel and directed to float the resident's heels.</p> <p>3. The MDS assessment with a reference date of 8/10/18 assessed Resident #1 with a BIMS score of 12, indicating moderate cognitive impairment. The</p>			
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	<p>resident required extensive staff assistance with bed mobility, dressing, toileting and personal hygiene. The MDS identified the resident with MASD (moisture associated skin damage). The resident utilized a suprapubic urinary catheter.</p> <p>The care plan dated 2/25/18 directed staff to turn and reposition the resident every 2 hours.</p> <p>Observation showed on 10/22/18 at 1:30 p.m. the resident in bed on his left side with a wedge behind his back. The resident was still in this position at 3:30 p.m., 4:15 p.m. and 4:30 p.m. (at least 3 hours).</p> <p>On 10/23/18 at 12:20 p.m. observation showed the resident's coccyx area covered with a dressing. The right groin and the area under the abdominal fold were reddened.</p> <p>A Skin assessment dated 10/23/18 at 8:29 a.m. recorded the resident had an 18 cm. by 14 cm. red and moist area to the buttocks, maceration to the perirectal area with superficial open areas and a 0.9 cm. by 0.6 cm. open area to the left buttock.</p> <p>Facility Response:</p>			
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