Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: **#6867**			**Date:** **November 6, 2018**
Facility Name: **Savannah Heights** **601 S Prairie St.** **Mount Pleasant, IA**		**Survey Dates:** **September 25-28, 2018 and October 9, 2018**	
Facility Address/City/State/Zip **601 S Prairie St.**			
	JKM		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
56.6(1)	**481—56.6(135C) Treble and double fines.** **56.6(1) *Treble fines for repeated violations.* The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.**	**I**	**$9,000** **Treble Fine ($3,000 x 3)**	**Upon Receipt**
58.28(3)e	**481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III)** **58.28(3) Resident safety** **e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)** **DESCRIPTION:** Based on record review, resident and staff interviews, the facility failed to provide adequate supervision to			

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	protect against hazards from self, others, or elements in the environment for 1 of 4 residents reviewed. Resident #4 admitted to the facility 8/10/18 with a history of falls and a left hip fracture. The facility implemented fall alarms in an attempt to alert staff when the resident attempted to stand unassisted and/or was on the move. However, Resident #4 removed his alarm and they did not sound. Staff noted the resident removed his alarms, but failed to implement additional supervision or other measures to mitigate the risk of the alarm(s) not sounding. On 9/15/18, Resident #4 removed his tab safety alarm and fell, which resulted in a fractured right wrist, pain, a 2 day hospital stay, and a wrist splint. The facility reported a census of 36 residents. Findings include: 1. According to the Minimum Data Set (MDS) assessment tool dated 09/07/18, Resident #4 admitted to the facility on 08/10/18 and had diagnoses that included anemia, hip fracture, and non-Alzheimer's dementia. The MDS revealed the resident had a BIMS (Brief Interview for Mental Status) score of 4 out of 15 indicating severely impaired cognitive ability. The MDS documented the resident required extensive assist of			

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	one staff for bed mobility, ambulation (walking), dressing, and toilet use. The MDS also documented the resident required limited assist of one staff for transfers, ambulation in room, and personal hygiene, although ambulation did not occur. The MDS revealed the resident used a wheelchair and walker for mobility devices and had a functional limitation in range of motion to one side of his lower extremity that interfered with daily function or placed the resident at risk of injury. The care plan with focus start date of 08/10/18 identified Resident #4 needed assist with ADL's (activity of daily living) related to recent fall prior to admission with fracture to left hip and weakness, which placed him at risk for falls/injury. The care plan indicated resident had a fall on 9/16/18 and injured his right wrist. The care plan included approaches/interventions that directed staff: a) Initiated on 8/10/18: Staff to assist the resident with bed mobility and put bilateral upper side rails in place to assist resident with bed mobility. b) Initiated on 8/10/18: staff to assist resident with one to two staff members for dressing. c) Initiated on 8/21/18: staff to stand with resident at sink with gait belt and four wheeled walker for hand			

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	washing, oral cares, combing hair, and shaving. d) Initiated 9/18/18: resident to use a platform walker for transfers and ambulation and resident is to wear a Velcro adjustable wrist splint to right wrist. e) Initiated on 9/18/18: resident had a personal alarm and bed alarm, but resident disconnected them at times. f) Initiated on 9/18/18: staff to place a monitor for safety in the resident's room so they could hear if the resident stood unassisted while staff was at the nurse's station. Review of the facility's Capstone Fall Screener dated 8/10/18 documented Resident #4's fall scoring as 55. A score of 4 or higher represented a resident at high risk. Review of the resident's progress notes revealed the following: a. On 8/15/18 at 11:49 PM: Documentation revealed the resident displayed restless behavior and the 2nd shift nurse initiated a clip alarm due to safety concerns. b. On 8/16/18 at 1:11 PM, staff contacted the resident's family to inform them of resident attempting to transfer by himself and to notify family regarding the use of the clip alarm for safety. On 8/21/18 at 12:36 AM: Staff documented the			

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	resident experienced confusion and wanted to do everything on his own. The "alarms" remained in place because the resident attempted to stand unassisted. c. On 8/22/18 at 1:37 PM: The RN wrote that therapy verbalized concerns regarding the resident's cognition during the Medicare Meeting. During the meeting, therapy reported the resident could transfer with assist of 1 or 2 staff and ambulated for short distances with assistance. d. On 8/25/18 at 4:52 AM: The LPN documented summoned to the resident's room by CNA. The resident sat in his recliner with the bed alarm on the bedside table, turned off and folded neatly. The resident had transferred himself from the bed to the recliner and removed his clip alarm. Staff encouraged the resident to use the call light to ask for assistance. e. On 8/27/18 at 4:33 PM: Documentation showed a visitor found the resident in the bathroom and had not used the call light to ask for assistance. The resident had transferred by himself and walked to the bathroom alone. Staff encouraged the resident to call for help for transfers. f. On 9/15/18 at 7:13 PM: A CNA (Certified Nurse Aide) called Nurse into the resident's room and observed resident on the floor on his back. Resident agitated and denied hitting his head, but reported he had a broken wrist. The notes described the resident			

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	as confused. The nurse's assessment revealed the resident's right wrist was painful, swollen, and had the appearance of a possible dislocation; the resident also complained of back pain. The notes indicated the nurse attempted to call family and left a message, and also notified the resident's physician. The physician ordered staff to transfer Resident #4 to the emergency room for further evaluation and treatment. The ambulance transported the resident from facility to the emergency room. g. On 9/15/18 at 10:17 PM: Staff spoke with Resident #4's family member and family reported awareness of resident's admission to the hospital for pain control. h. On 9/17/18 at 2:30 PM: The nurse documented the resident returned to facility. Review of report of Date of Incident 9/15/18 documented staff found Resident #4 on the floor via unwitnessed fall. The report noted the resident was known to take alarms off. Interventions in currently in place: alarms, nonskid footwear, signs in room for reminders for resident to use his call light, walker nearby, and adequate lighting. New interventions initiated include alarms are not able to be heard unless close to resident's room, resident is also known to take alarms off, baby alarm to be placed if not defective, maybe move closer to nurses station.			

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	Review of Resident #4 hospital Radiology Report dated 9/15/18 at 7:57 AM documented history of resident with a fall and subsequent right wrist pain. The report's impression included diffuse osteopenia, impacted and angulated horizontal fracture through the distal metaphysis of the radius, displaced ulnar styloid fracture, and no definable carpal bone fracture. An interview was conducted on 9/28/18 at 10:30 am with the Administrator. The Administrator's documentation dated 9/19/18 indicated CNA found Resident #4 on the floor in his room on 9/15/18. Resident immediately complained of right wrist pain; resident transferred to the emergency room via ambulance and was admitted to the hospital for observation until 9/17/18 for pain control. Resident's family decided to not pursue surgical treatment. Resident returned to the facility with a wrist splint on. Resident is temporarily using a platform walker at this time. Administrator stated the resident had had no previous falls during his skilled care. The Administrator indicated due to the resident's impaired cognitive ability, staff provided cueing, reorientation, reminders, and provided supervision as possible. Staff also sat with the resident during periods of restlessness and provided 1:1 with staff. The Administrator indicated			

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	upon return to the facility an audio monitor was placed in resident's room with the base stationed at the nurses' station to alert staff of resident's movement and alarms sounds of resident. Interview was conducted on 9/28/18 at 10:48 PM with Staff A, Certified Nurse Aide (CNA), along with her written statement regarding Resident #4. Staff A stated she came into work at 2 PM on 9/15/18 and was assigned in the hallway of Resident #4. Staff A stated she first saw Resident #4 shortly after 2 PM while she passed snacks to residents. Staff A stated at that time the resident sat in his chair reading a book had a bag of books on the floor beside him, a tab alarm in place, and his walker and call light within reach. Staff A stated she came out of a resident's room close to Resident #4's room and heard a noise. Staff reported another coworker was in the hallway assisting residents at the same time Resident #4 fell. Staff A stated she found Resident #4 lying on his back on the floor in his room, in front of his closet/desk. Staff A stated the resident was holding his wrist and he stated he fell. Staff A stated no alarm was sounding and reported she found his tab alarm on top of his desk and his bed pressure alarm in a dining room chair in his room that she had not seen when she checked the resident earlier. Staff A stated the resident's call light			

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	was not on, gripper socks on remained on the resident's feet, and floor dry. Staff A stated she immediately summoned the nurse via walkie-talkie. Staff A reported the resident was known to remove his alarms or transfer by himself, carrying the alarms with him. Staff A stated therapy is working with the resident, and staff does education with resident he is found up unassisted, and there are signs in his room to remind him not to get up without using call light and waiting for assist. Interview was conducted on 9/28/18 at 10:11 am with Staff B, Registered Nurse (RN). Staff B stated she was assigned to care for Resident #4 on 9/15/18 when he fell. Staff B indicated she had seen the resident 10 to 15 minutes prior to his fall as she administered medications. Staff B stated the resident sitting in his chair reading a book, tab alarm in place and call light in reach, and resident voiced no needs or wants at that time. Staff B stated she was in another hall when she was summoned to resident's room by staff and found the resident on the floor on his back. Staff B stated the resident complained of wrist pain and back pain. The resident's wrist was swollen and looked dislocated. Staff B stated she contacted the resident's physician who instructed to send resident to the emergency room for further evaluation and treatment. Staff B			

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	stated the resident was admitted to the hospital for a fractured wrist and for pain control. Staff B reported the resident appeared to have removed his tab alarm and placed it on his desk in his room. Staff B indicated the resident has a history of frequently removing his alarms, including tab alarm and pressure bed alarm or carrying the alarm with him. Staff B stated staff attempted to provide frequent checks on the resident when possible, but there was nothing documented. Interview was conducted on 9/28/18 at 9:47 am with Staff C, Registered Nurse (RN), Assistant Director of Nursing (ADON) and Care Plan and MDS nurse. Staff C stated Resident #4 did have a bed alarm and a pressure alarm with a history of removing them. He also had signs in his room that reminded him to use his call light for assist. Staff C stated the alarms, his history of removing his alarms or his signs in the room to remind him to use call light were not placed on the care plan until 9/18/18. Staff C stated she is not sure when the alarms or the signs were implemented but that should have been on the care plan. Staff C stated after the resident's fall on 9/15/18, staff placed a baby monitor in the resident's room with the monitors in two of the nurses stations so staff can hear movement of resident or his alarms. Staff C stated this was not on the care plan until 9/18/18. Staff C stated the resident			

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	needs 1 to 1 supervision by staff at times, but this is not on the care plan. **FACILITY RESPONSE:**			

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