10-4-18 PM

PRINTED: 09/20/2018 FORM APPROVED OMB NO, 0938-0391

PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION IDENTIFICATION NUMBER: AND PLAN OF CORRECTION COMPLETED A. BUILDING ___ B. WING 09/06/2018 165181 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION **ROCK RAPIDS, IA 51246 ROCK RAPIDS HEALTH CENTRE** (X5) COMPLETION DATE SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 000 F 000 INITIAL COMMENTS Correction /0-5-18 The following deficiencies are the result of the recertification survey completed 9/4-6/18. (See Code of Federal Regulations (42CFR) Part 483, Subpart B-C). F 582 Medicaid/Medicare Coverage/Liability Notice F 582 F582 Medicaid/Medicare CFR(s): 483.10(g)(17)(18)(i)-(v) SS=D coverage/liability notice §483.10(g)(17) The facility must--No immediate action possible (i) Inform each Medicald-eligible resident, in for residents number 27 and writing, at the time of admission to the nursing 40 due to is historical facility and when the resident becomes eligible for Medicaid of-On 10/5/18, the Regional (A) The items and services that are included in nursing facility services under the State plan Nurse Consultant provided in and for which the resident may not be charged; service/education to the (B) Those other items and services that the management team, including facility offers and for which the resident may be Administrator, Director of charged, and the amount of charges for those Nursing, Social Services, services; and Dietary Supervisor. (ii) Inform each Medicaid-eligible resident when Activities Coordinator related changes are made to the items and services to the requirements for A specified in §483.10(g)(17)(i)(A) and (B) of this section. notice of Medicare non coverage letter Prior to §483.10(g)(18) The facility must inform each discontinuation of Medicare resident before, or at the time of admission, and part A services. periodically during the resident's stay, of services available in the facility and of charges for those The Administrator will add to services, including any charges for services not the morning team meeting, 5 covered under Medicare/ Medicaid or by the facility's per diem rate. days weekly, discussion of (i) Where changes in coverage are made to items any residents who will be and services covered by Medicare and/or by the discontinued from the Medicald State plan, the facility must provide Medicare part A services and notice to residents of the change as soon as is verify that the notice of Medicare non coverage has been provided to the resident within the regulatory required time frame. This will continue on an ongoing basis to ensure that residents' number 27, 40 and other like residents of

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CENTERS F	FOR MEDICARE & MEDICAID SE	ERVICES		OMB NO	. 0938-0391
			the facility receive the appropriate notification of Medicare non-coverage when being discontinued from Medicare part A services.		. 0330-0391
			That administrator or designee will report findings of the above monitoring system monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated in staff will be reeducated as needed.		
ABORATORY DIRE	CTOR'S OR PROVIDER/SUPPLIER REPRES	SENTATIVE'S SIGNATURE	TITLE	(×	(6) DATE

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.)

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED
			A. BUILD	NG	
			B, WING		
		165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE	
				703 SOUTH UNION	
ROCK RA	APIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246	
(X4) ID	SUMMARY ST.	ATEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF CORRECTION	1 (X5)
PREFIX	, , , , , , , , , , , , , , , , , , , ,	Y MUST BE PRECEDED BY FULL	PREF	X (EACH CORRECTIVE ACTION SHOULD	BE COMPLETION
TAG	REGULATORY OR I	LSC IDENTIFYING INFORMATION)	TAG		RIATE DATE
				DEFICIENCY)	

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F 582	Continued From pag	je 1	F 582			
	reasonably possible	•				
	(ii) Where changes a	are made to charges for other				
		hat the facility offers, the				
	facility must inform t	ne resident in writing at least				
	60 days prior to impl	ementation of the change.				
	(iii) If a resident dies	or is hospitalized or is				
		s not return to the facility, the				
		o the resident, resident				
		tate, as applicable, any				
		lready paid, less the facility's				
		e days the resident actually				
		or retained a bed in the		-		
		any minimum stay or		**************************************		
	discharge notice req					
		nust refund to the resident or				
	-	ve any and all refunds due the				
		ys from the resident's date of				
	discharge from the fa	•				
		f an admission contract by or				
		dual seeking admission to the				
	these regulations.	lict with the requirements of				
		T is not met as evidenced				
	by:	i is not met as evidenced				
		riew, and staff interview the		terrary terrary		
		de Notice of Medicare Non-		and the second s		
		for Skilled Nursing Facility		1		
		otification 2 of 3 residents		markening in the control of the cont		
		#27 and #40). The facility				
	reported a census of	39 residents.				
	Findings include:	•		And the second s		
	The facility complete	d and provided the		And the second s		
		rm for residents discharged		A CANADA		
	within the last six mo					
		licare covered Part A stay				
		naining, which included				
	Resident #27 and Re	esident 40. The form				
STATEMENT (OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CL	IA	, onlarguation	(X3) DATE S	
	CORRECTION	IDENTIFICATION NUMBER:	(X2) MULTIPL	E CONSTRUCTION	COMPLI	ETED
		1	A, BUILDING			
			B. WING		0010	010040
	TOWNER OR CURRENTS	165181		STREET ADDRESS, CITY, STATE, ZIP		6/2018
NAME OF PR	ROVIDER OR SUPPLIER			, , ,	VODE	
ROCK RA	PIDS HEALTH CENTRE	<u> </u>	1	03 SOUTH UNION ROCK RAPIDS, IA 51246		

(X5) COMPLETION DATE

PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE

DEFICIENCY)

ID

PREFIX TAG

Facility ID: IA0453

ROCK RAPIDS HEALTH CENTRE

(X4) ID PREFIX

TAG

SUMMARY STATEMENT OF DEFICIENCIES

(EACH DEFICIENCY MUST BE PRECEDED BY FULL

REGULATORY OR LSC IDENTIFYING INFORMATION)

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	S FOR MEDICARE & MEDICAID SERVICES			0. 0938-0391
F 582		F 582		
	Continued From page 2			
i.	indicated Resident #27 remained in facility, and Resident #40 discharged to home.	7700000		9
	The facility completed SNF Beneficiary Protection Notification Review form which indicated Resident #27 started Medicare Part A Skilled services on 6/26/18 with the last covered day 7/19/18. However, the form showed that the facility failed to provide a Notice of Medicare Non-Coverage (NOMNC) to Resident #27, and indicated the reason for not giving the notice was the facility did not know they had to provide one. The facility also completed SNF Beneficiary Protection Notification Review form for Resident #40 that showed start date on 5/7/18 for Medicare Part A Skilled services with the last covered day on 7/25/18. The form also showed that facility did not provide a NOMNC to Resident #40, because facility "Didn't know to provide" notice. On 9/5/18 at 10:57 AM, the Social Worker verified that Residents #27 and #40 were not given			
	NOMNC when they were discharged from			
į	Medicare covered Part A stay with days			
	remaining. Personal Privacy/Confidentiality of Records	E 583	F583 Personal Privacy/Confidentiality of	
	CFR(s): 483.10(h)(1)-(3)(i)(ii)	1 303	Records	
	§483.10(h) Privacy and Confidentiality. The resident has a right to personal privacy and confidentiality of his or her personal and medical records.		On 9/07/2018 the window blinds in the rooms for resident number 23 and 29 were corrected to provide privacy.	÷
	§483.10(h)(l) Personal privacy includes accommodations, medical treatment, written and telephone communications, personal care, visits, and meetings of family and resident groups, but		On 9/7/2017, The administrator completed an audit to identify Any other resident rooms that are in need of corrections to the window blinds and any identified needs have been corrected. The Administrator will in-service staff on 10/5/18, related to the need to report any breaks or needs for replacement of window blinds in resident rooms immediately to ensure continued privacy for residents 23, 29 and other current residents of the facility. The Administrator will complete routine facility walking rounds on a weekly	
			basis for 8 weeks, then, at least monthly on an ongoing basis to ensure that window coverings are appropriate and providing privacy.	
	WOO OOL Devilops Variable Observed		The Administrator or designee will report findings of the above monitoring system	

DEPART	MENT OF HEALTH AN	ND HUMAN SERVICES): 09/20/2018 MAPPROVED
22,7,1,1,	.,,_,,,	MEDICAID SERVICES			monthly times 3 months through the Quality Assurance Program, then review/assess for need to continue. plan will be reviewed and revised as indicated and staff will be reeducate needed.	facility The	0, 0938-0391
						LVOI DATE	CHONEY
	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MUL	TIPLE	CONSTRUCTION	(X3) DATE	LETED
AND PLAN OF	CORRECTION	IDENTIFICATION NOMBER.	l ' '			GOM.	
			B. WING				
		165181			*	09/	06/2018
NAME OF P	ROVIDER OR SUPPLIER			รา	TREET ADDRESS, CITY, STATE, ZIP CODE	<u></u>	
ROCK RA	PIDS HEALTH CENTRE				03 SOUTH UNION OCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	٠. ا	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE

Facility ID: IA0453

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			OND 110. 0300-0381
F 583	Continued From page 3	F 583	
	this does not require the facility to provide a		
]			
	private room for each resident.		
	0.400.4041.1/0\771.6.404		
	§483.10(h)(2) The facility must respect the		
	residents right to personal privacy, including the		
	right to privacy in his or her oral (that is, spoken),		
l	written, and electronic communications, including	San	
	the right to send and promptly receive unopened		
	mail and other letters, packages and other		
	materials delivered to the facility for the resident,		
	including those delivered through a means other		
	than a postal service.		
	than a postal service.		
	\$400 40((\)(0) The cold of the		
	§483.10(h)(3) The resident has a right to secure		
	and confidential personal and medical records.		
	(i) The resident has the right to refuse the		į.
	release of personal and medical records except		
	as provided at §483.70(i)(2) or other applicable		1
1	federal or state laws.		
	(ii) The facility must allow representatives of the		
	Office of the State Long-Term Care Ombudsman		
	to examine a resident's medical, social, and		
	administrative records in accordance with State		
I .	aw.		, and the state of
1	This REQUIREMENT is not met as evidenced		
I	by:		
1	Based on observation, record review, and staff		
	interview, the facility failed to assure personal		
	privacy for 2 of 12 resident's reviewed (Resident		
	#23 and #29). The facility reported a census of		
1	39 residents.		
١,	The alternation of the officer		
	Findings include:		
1.	I. Annually at the All St. Comp.		
	I. According to the Minimum Data Set (MDS)		
	assessment dated 7/13/18, Resident #23		
	demonstrated long and short term memory		
	problems and severely impaired skills for daily		
0	lecision making. The resident required extensive		

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			FIPLE CONSTRUCTION NG	(X3) DATE SURVEY COMPLETED		
		165181],	And the state of t	0	9/06/2018
	ROVIDER OR SUPPLIER	_		STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION		***************************************
ROCK RA	APIDS HEALTH CENTR	E		ROCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG	PROVIDER'S PLAN OF CORRECT X (EACH CORRECTIVE ACTION SHOUND CROSS-REFERENCED TO THE APPRODEFICIENCY)	JLD BE	(X6) COMPLETION DATE

CENTER	ON MEDIOANE & MEDICAID CENTICES		
F 583		F 583	
	Continued From page 4		
	assistance with activities of daily living (ADL's)		
	including toileting and personal hygiene. The		
	resident's diagnoses included dementia, anxiety		
	disorder, and depression.		
	During observation on 9/5/18 at 7:22 a.m. Staff		
	C, Certified Nursing Assistant (CNA) and Staff D,		
	CNA provided personal care including incontinent		
	care. The vertical blinds (to the window to the		
	outside) had approximately 3 missing segments		
	leaving a 9 inch gap one end and 1 missing on		
	the other end leaving a small gap to outside.		
	During an interview on 9/6/18 at 7 a.m. the	1	
	Administrator stated they ordered new blinds and		
	they didn't fit, and have reordered. She didn't		
	realize there was such a big gap, and agreed it		
	was a privacy concern.		
	According to the MDS assessment dated		
	7/27/18, Resident #29 demonstrated long and		
	short term memory problems and severely		
	impaired skills for daily decision making. The		
	resident required extensive assistance with		
	activities of daily living (ADL's) including toileting		
	and personal hygiene. The resident's diagnoses		
	included Alzheimer's disease.		
	During observation on 9/5/18 at 8:44 a.m. Staff B,		
	CNA and Staff A, CNA provided incontinency		
	care. During the provision of incontinency care		
1	Staff B left the resident uncovered from the waist		
	to the lower legs 2 times as she went to the		
	bathroom to wash her hands.		
	D /		
	During an interview on 9/6/18 at 7:15 a.m. the		
	Director of Nursing (DON) stated she expected staff to keep residents covered except when		
	necessary to provide care.		
l.	Hecessary to brovine care:		

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLI IDENTIFICATION NUMBER:	(X2) MUL	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE COMP	SURVEY PLETED
		165181	B, WING			09/	06/2018
	ROVIDER OR SUPPLIER PIDS HEALTH CENTRE			7	STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION ROCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE

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F 623 SS=C

Notice Requirements Before Transfer/Discharge CFR(s): 483.15(c)(3)-(6)(8)

§483.15(c)(3) Notice before transfer. Before a facility transfers or discharges a resident, the facility must-

- (i) Notify the resident and the resident's representative(s) of the transfer or discharge and the reasons for the move in writing and in a language and manner they understand. The facility must send a copy of the notice to a representative of the Office of the State Long-Term Care Ombudsman.
- (ii) Record the reasons for the transfer or discharge in the resident's medical record in accordance with paragraph (c)(2) of this section; and
- (iii) Include in the notice the items described in paragraph (c)(5) of this section.

§483.15(c)(4) Timing of the notice.

- (i) Except as specified in paragraphs (c)(4)(ii) and (c)(8) of this section, the notice of transfer or discharge required under this section must be made by the facility at least 30 days before the resident is transferred or discharged.
- (ii) Notice must be made as soon as practicable before transfer or discharge when-
- (A) The safety of individuals in the facility would be endangered under paragraph
 (c)(1)(i)(C) of this section;
- (B) The health of individuals in the facility would be endangered, under paragraph (c)(1)(i)(D) of this section;
- (C) The resident's health improves sufficiently to allow a more immediate transfer or discharge, under paragraph (c)(1)(i)(B) of this section; (D) An immediate transfer or discharge is required by the resident's urgent medical needs, under paragraph (c)(1)(i)(A) of this section; or

F 623 F623 notice requirements before transfer/discharge

No immediate action possible for residents number 33 and 41 due to is historical.

On 9/7/2018 The Social Service Director provided a list of resident transfers/discharge to the office of the state long term care ombudsman for the month of August 2018.

Any Residents of the facility can be affected. On 9/6/18 the Regional Clinical Nurse Consultant provided in-service/education to the facility Department Supervisors, related to the requirements and expectations of providing notice of resident transfers to the office of the State Long Term Care Ombudsman on a monthly basis and notice to the same office immediately upon a 30-day notice for discharge.

The Social Service designee will be responsible for notification of resident transfers and discharges to the Ombudsman office monthly.

The Administrator will monitor monthly to ensure continued compliance for resident number 41, 33 and other residents of the facility.

The Social Service Director or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated and staff will be reeducated as needed.

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUP AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			A, BUILDIN	PLE CONSTRUCTION G		DATE SURVEY COMPLETED
		165181	B. WING _			09/06/2018
	ROVIDER OR SUPPLIER PIDS HEALTH CENTRE			STREET ADDRESS, CITY, STATE, ZIP 703 SOUTH UNION ROCK RAPIDS, IA 51246	CODE	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE AC CROSS-REFERENCED TO DEFICIEN	TION SHOULD BE THE APPROPRIATE	(X6) COMPLETION DATE
F 623	\$483.15(c)(5) Conternotice specified in parmust include the follor (i) The reason from the first of the field	ats of the notice. The written ragraph (c)(3) of this section wing: for transfer or discharge; adate of transfer or eation to which the resident is reed; of the resident's appeal name, address (mailing and enumber of the entity which eats; and information on how form and assistance in and submitting the appeal ddress (mailing and email) are of the Office of the State budsman; facility residents with opmental disabilities or e mailing and email address or e mailing and email address or of the agency responsible advocacy of individuals with littles established under Part tal Disabilities Assistance of 2000 (Pub. L. 106-402, 15001 et seq.); and (vii) For ints with a mental disorder or e mailing and email address or of the agency responsible advocacy of individuals with ablished under the eacy for Mentally III	F 6:	23		

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:				SURVEY PLETED
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				-		
		165181	D, Willo		09	/06/2018
NAME OF P	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE		
				703 SOUTH UNION		
ROCK RA	APIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246		
(X4) ID		TEMENT OF DEFICIENCIES	10	PROVIDER'S PLAN OF CORRECTION	N	(X5)
PREFIX TAG	· .	/ MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY)		DATE
F 623			F 62	23		
	Continued From page	7				
	· -	e notice changes prior to				
		or discharge, the facility				
		ients of the notice as soon				
		e updated information				
	becomes available.					
	8483 15(c)(8) Notice i	n advance of facility closure				
		losure, the individual who is				
	the administrator of th	· ·				
		or to the impending closure				
		gency, the Office of the				
	_	Ombudsman, residents of				
		sident representatives, as				
		transfer and adequate				
ŀ	relocation of the reside	ents, as required at §		9		
	483.70(I).	is not met as evidenced				
	by:	is not met as evidenced				
	•	ew and staff interview the				
	facility failed to send a					
		tative of the Office of the				
	State Long Term Care	Ombudsman for 2				
		41 and #33). The facility				
	reported a census of 3	9 residents.				
	Findings include:				:	1
	1. Review of Resident	#41's record showed				
	entries on 7/29/18 at 9					
		unresponsive. Oxygen			İ	}
		liters. Abdominal breathing				
		ely 10 seconds of apnea.				
		ns of pain/discomfort or				
		ted. Family remains at			<u> </u>	
		quest the Doctor on call orders to be sent to ER for			İ	
		Doctor returned call and			Ì	
	did a phone consult wi			***		
		d whether or not to send				

DEPARTMENT OF HEALTH AND HUMAN SERVICES

CENTERS FOR MEDICARE & MEDICAID SERVICES

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OMB NO. 0938-0391

	MENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIP	PLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
			A. BUILDING			
			B. WING		00//	06/2018
NAME OF P	ROVIDER OR SUPPLIER	165181		STREET ADDRESS, CITY, STATE, ZIP CODE	09/0	30/2010
Trunc Or 1	(O) DE COMBETTO DE			703 SOUTH UNION		
ROCK RA	PIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246		
(X4) ID		ATEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF CORRECTION	e	(X5) COMPLETION
PREFIX TAG		Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA		DATE
				DEFICIENCY)		
F 623			F 62	3		
	Continued From page	e 8 resident to ER vs.				
	comfort. At 9:19 am	Resident #41's family			was and a second	
	consulted, they wish t	to send to ER for			***************************************	
		or was notified and gave				
	verbal okay to send h					
	Non-emergency trans	sport notified.				
	During interview on 9	/5/18 at 4:45 p.m. the Social			İ	
		SD) stated she had not			Ì	
	notified the Ombudsn	nan of Resident #41's				
	transfer.					
	2. According to the I	Minimum Data Set (MDS)				
		10/18, Resident #33 scored				
		ew for Mental Status (BIMS)				
		ppairment. The resident's				
	diagnoses included si (ribs).	epticemia and other fracture				
	The Progress Notes	dated 7/17/18 at 5:07 p.m.				
	documented the resid					
		sting, hospitalization related				
	to possible sepsis.					
	The Progress Notes	dated 8/21/18 4:31 a.m.			arrand same	
		lent red and warm from right			***************************************	
		domen with a fever at 100.5			ļ	
		okayed transfer to the			.	
	hospital.					
	During on intensions of	n 9/5/18 at 2:16 p.m. the				
		ot know until last week that				
		Ombudsman of transfers			j	
	_	ad not started doing it yet.				
F 625	Notice of Bed Hold Pe	olicy Before/Upon Trnsfr	F 62	5		
SS=C	CFR(s): 483.15(d)(1)	(2)				
	§483.15(d) Notice of	bed-hold policy and return-				
				<u>i</u>		

DEPARTMENT OF HEALTH AND HUMAN SERVICES

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION IDENTIFICATION NUMBER: AND PLAN OF CORRECTION COMPLETED A. BUILDING _ B. WING 165181 09/06/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION **ROCK RAPIDS HEALTH CENTRE ROCK RAPIDS, IA 51246** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE **DEFICIENCY**) F 625 F 625 F625 notice of bed hold policy before/upon transfer No immediate action possible for residents' number 33 and 41 due to is historical. Continued From page 9 §483.15(d)(1) Notice before transfer. Before a Current residents of the facility can be nursing facility transfers a resident to a hospital or affected. the resident goes on therapeutic leave, the On 9/6/18 the Regional Clinical Nurse nursing facility must provide written information to Consultant provided in-service/education the resident or resident representative that to the facility Department Supervisors, specifiesrelated to the requirements and The duration of the state bed-hold expectations of providing Bed hold notice policy, if any, during which the resident is policy to the resident or residents permitted to return and resume residence in the representative upon transfer to the nursing facility: hospital. The reserve bed payment policy in the The Director of Nursing will in-service the state plan, under § 447.40 of this chapter, if any; (iii) The nursing facility's policies regarding bedfacility licensed nurses related to the hold periods, which must be consistent with requirements and expectations of paragraph (e)(1) of this section, permitting a providing bed hold notice to the resident or resident to return; and resident representative upon transferred to (iv) The information specified in paragraph (e)(1) the hospital. of this section. The Director of Nursing will review hospital §483.15(d)(2) Bed-hold notice upon transfer. At transfers at least 5 days a week to ensure the time of transfer of a resident for that the bed hold policy was provided to hospitalization or therapeutic leave, a nursing the resident and/or residents facility must provide to the resident and the representative upon transfer. resident representative written notice which If it is identified by the Director of Nursing specifies the duration of the bed-hold policy described in paragraph (d)(1) of this section. that the bed hold was not provided due to This REQUIREMENT is not met as evidenced unforeseen circumstances, she will ensure the bed hold notice is provided within 24 Based on record review and staff interview the hours. facility failed to notify a resident and/or the residents representative of the facility policy for The Director of Nursing and/or designee bed hold prior to transfer to the hospital for 2 of 2 will report findings of the above monitoring residents reviewed, (Resident #41 and #33). The system monthly times 3 months through facility reported a census of 39 residents. the facility Quality Assurance Program, then review/assess for need to continue. Findings include: The plan will be reviewed and revised as indicated and staff will be reeducated as 1. Review of Resident #41's record showed

entries on 7/29/18 at 9:06 a.m. the resident

needed.

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIP	LE CONSTRUCTION	(X3) DATE S	
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			B. WING		0010	0/0040
NAME OF D	BOYIGER OF SUPPLIES	165181	<u> </u>	STREET ADDRESS, CITY, STATE, ZIP CODE	09/0	6/2018
	RÖVIDER OR SUPPLIER APIDS HEALTH CENTRE	:		703 SOUTH UNION ROCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 625			F 62	5		
F 625	unresponsive. Oxyge liters. Abdominal brea approximately 10 sea and symptoms of pail breath noted. Family family request the Dorequesting orders to levaluation. The on cadid a phone consult versident to ER vs. con #41's family consulted for evaluation. The Doverbal okay to send the emergency transport. The resident's record documentation of the residents family. During interview on 9 Director of Nursing stat the time of the transign it at time of the transign it at time of the transign it at the time of the transign it at the transign it	conds of apnea. No signs in/discomfort or shortness of iremains at bedside. Per ictor on call was paged be sent to ER for all Doctor returned call and with family at this time. It whether or not to send imfort. At 9:19 am Resident ind, they wish to send to ER ioctor was notified and gave im in. Family notified. Non- notified. did not include bed hold policy given to the #5/18 at 4:53 p.m. the ated if the family was here isfer staff would have them	F 62			
	The Progress Notes	dated 7/17/18 at 5:07 p.m.				

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION COMPLETED A. BUILDING _ B. WING 165181 09/06/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION **ROCK RAPIDS HEALTH CENTRE ROCK RAPIDS, IA 51246** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) F 625 F 625 Continued From page 11 documented the resident transferred to the hospital for further testing et hospitalization related to possible sepsis. The Progress Notes dated 8/21/18 4:31 a.m. documented the resident red and warm from right lower extremity to abdomen with a fever at 100.5 degrees. The family okayed transfer to the hospital. The clinical record lacked documentation of resident or resident representative notification of the facility bed hold policy. During an interview on 9/5/18 at 2:15 p.m. the Business Office Manager stated she talked to the daughter at the last hospitalization but did not document it and did not do a written bed hold. F 637 Comprehensive Assessment After Signifcant Chg F 637 F637 Comprehensive SS=D CFR(s): 483.20(b)(2)(ii) Assessment after Significant Change §483.20(b)(2)(ii) Within 14 days after the facility determines, or should have determined, that Resident number 19 now has there has been a significant change in the a Significant Change resident's physical or mental condition. (For Assessment completed. purpose of this section, a "significant change" means a major decline or improvement in the resident's status that will not normally resolve Current residents of the facility Itself without further intervention by staff or by can be affected. implementing standard disease-related clinical On 9/6/18 the Regional Nurse interventions, that has an impact on more than Consultant provided in service one area of the resident's health status, and to the Director of Nursina. requires interdisciplinary review or revision of the Administrator and department care plan, or both.) This REQUIREMENT is not met as evidenced supervisors related to the requirements and Based on record review and staff interview the expectations of completing a facilty failed to complete the appropriate full assessment when there is a significant change in condition for a resident as defined by the RAI manual.

The Director of Nursing will review the 24 hour summary

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	in PCC (facility clinical software) of the current residents, daily times 5 days a week and will also review the 24 hour summary with the MDS coordinator each day to determine if there is a significant change identified for current residents for 8 weeks to ensure continuous compliance.
	The Director of Nursing or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated and staff will be reeducated as needed.

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MUL	TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		165181	B. WING	ING	09/06/2018
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CENT	ERS FOR MEDICARE & MEDICAID SERVICES		OMB NO. 0938-039 ⁻	1
F6	37	F 637		
	Continued From page 12 comprehensive			
	assessment for a significant change in			
	condition for 1 of 12 active residents reviewed		ĺ	
	(Resident #19). The facility reported a census		i	
Ī	of 39 residents.			
	Findings include:			
				1
	According to the Minimum Data Set (MDS)		4	ı
	assessment dated 4/6/18 Resident #19 scored 6			ı
İ	on the Brief Interview for Mental Status indicating			
	severe cognitive impairment. The resident			ľ
	required supervision with bed mobility, and was			
ļ	independent with transfers, ambulation, and toilet			ļ
	use.			İ
				ı
	According to the quarterly MDS assessment	***		l
	dated 7/6/18, Resident #19 scored 3 on the BIMS			ĺ
	indicating severe cognitive impairment. The			ı
	resident required extensive assistance with			ı
	activities of daily living (ADL's) including bed			
	mobility, transfers, ambulation, and toilet use. The resident's diagnoses included diabetes and			l
	dementia.			l
	domonia.			ŀ
	The clinical record lacked a comprehensive			l
	assessment related to the significant change in		1	l
	the resident's ADL status (bed mobility, transfers,			l
	ambulation,and toilet use).		1	l
			4	l
	During an interview on 9/6/18 at 7:15 a.m. the			l
	Director of Nursing (DON) stated the resident did			l
w	have a significant change.			l
	5 Baseline Care Plan	F 655		١
SS=	CFR(s): 483,21(a)(1)-(3)			
	§483.21 Comprehensive Person-Centered Care			١
	Planning			١
	8483 21(a) Reseline Caro Plane			ı

			(X2) MUL	(X2) MULTIPLE CONSTRUCTION A BUILDING		SURVEY LETED
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Continued From page 13

§483.21(a)(1) The facility must develop and implement a baseline care plan for each resident that includes the instructions needed to provide effective and person-centered care of the resident that meet professional standards of quality care. The baseline care plan must-

- Be developed within 48 hours of a resident's (i) admission.
- Include the minimum healthcare information (ii) necessary to properly care for a resident including, but not limited to-
- (A) Initial goals based on admission orders.
- (B) Physician orders.
- (C) Dietary orders.
- (D) Therapy services.
- (E) Social services.
- (F) PASARR recommendation, if applicable.

§483.21(a)(2) The facility may develop a comprehensive care plan in place of the baseline care plan if the comprehensive care plan-

- Is developed within 48 hours of the resident's (i) admission.
- Meets the requirements set forth in paragraph (b) of this section (excepting paragraph (b)(2)(i) of this section).

§483.21(a)(3) The facility must provide the resident and their representative with a summary of the baseline care plan that includes but is not limited to:

- The initial goals of the resident. (i)
- A summary of the resident's medications and (ii) dietary instructions.
- Any services and treatments to be administered by the facility and personnel acting on behalf of the facility.
- Any updated information based on the details (iv)

F 655 F655 Baseline Care Plan

Immediate action not possible due to it is historical

New admission residents could be affected. On 9/6/18, the Regional Nurse Consultant provided in service to the Director of Nursing, Administrator and department supervisors related to the requirements and expectations of providing the resident and their representative with a summary of the baseline care

The Director of Nursing will educate/explain the requirements and expectations of providing the resident and/or their representative with a summary of the baseline care plan within 72 hours of admit.

The Director of Nursing or designee will follow up 48 hours after each new admission to verify that the baseline care plan is completed and that the summary is scheduled to be provided to the resident and/or their representative within 72 hours of admission. This will continue on and ongoing basis to ensure that resident 42 and other newly admitted residents receive the baseline care plan summary timely.

The Director of Nursing or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as

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		165181	B. WING	*************		00/	06/2018
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CENTER	3 TON MEDICANE & MEDICAID SERVICES		771137113	77 33 45 45 45 45 45 45 45 45 45 45 45 45 45
F 655		F 655		and the state of t
	Continued From page 14 of the comprehensive care plan, as necessary. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview the facility failed to provide the resident and their representative with a summary of the baseline care plan for Resident #42. The facility reported a census of 39 residents. Findings include: Review of a 48 Hour Plan of Care for Resident #42 showed the resident had been admitted to the facility on 4/24/18. The form included a space to document the date it was reviewed with the resident/representative. There was no documentation the review had been completed. During interview on 9/5/18 at 9:20 am the Facility Consultant stated there was no documentation that the baseline care plan had been reviewed with the resident or the representative. Develop/Implement Comprehensive Care Plan CFR(s): 483.21(b)(1) §483.21(b) Comprehensive Care Plans §483.21(b)(1) The facility must develop and implement a comprehensive person-centered care plan for each resident, consistent with the resident rights set forth at §483.10(c)(2) and §483.10(c)(3), that includes measurable objectives and timeframes to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment. The comprehensive care plan must describe the following - (i) The services that are to be furnished to attain	F 656		
	or maintain the resident's highest practicable			

AND PEAR OF CORRECTION		(X2) I	(X2) MULTIPLE CONSTRUCTION A, BUILDING		, ,	TE SURVEY MPLETED	
		165181	B. WI	NG		0	9/06/2018
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Continued From page 15 physical, mental, and psychosocial well-being as required under §483.24, §483.25 or §483.40; and (ii) Any services that would otherwise be required under §483.24, §483.25 or §483.40 but are not provided due to the resident's exercise of rights under §483.10, including the right to refuse treatment under §483.10(c)(6).

- (iii) Any specialized services or specialized rehabilitative services the nursing facility will provide as a result of PASARR recommendations. If a facility disagrees with the findings of the PASARR, it must indicate its rationale in the resident's medical record. (iv)In consultation with the resident and the resident's representative(s)-
- (A) The resident's goals for admission and desired outcomes.
- (B) The resident's preference and potential for future discharge. Facilities must document whether the resident's desire to return to the community was assessed and any referrals to local contact agencies and/or other appropriate entities, for this purpose.
- (C) Discharge plans in the comprehensive care plan, as appropriate, in accordance with the requirements set forth in paragraph (c) of this section.

This REQUIREMENT is not met as evidenced by:

Based on record review and staff interview, the facility failed to care plan psychotropic medications and potential adverse side effects for one resident receiving psychotropic medications (Residents #30). The facility reported a census of 39 residents.

Findings include:

The Minimum Data Set (MDS) assessment with

F 656 F656 Develop/Implement Comprehensive Care Plan,

Resident number 30, care plan has now been reviewed and revised to include psychotropic medications and the potential adverse side effects.

Residents who receive Antipsychotic medication can be affected.

The Director of Nursing will audit current residents of the facility to identify those receiving anti-psychotic medications and will revise their care plan appropriately to include anti-psychotic medications and the potential adverse side effects.

The Director of Nursing or designee will review care plans weekly on an ongoing basis, of those that are scheduled that week to ensure that resident number 30 and other like residents of the facility who receive antipsychotic medications, have it identified on their care plan and that it includes potential adverse side effects.

The Director of Nursing or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated in staff will be reeducated as needed.

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ROCK RA	PIDS HEALTH CENTRE			703 SOUTH UNION ROCK RAPIDS, IA 51246	
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F 656	<u> </u>		F 65	6	
	Continued From page	16			
	assessment reference	e date 5/4/18 identified			
		MS of 4, severely impaired			
	cognitive skills for dai	ly decision making.			
		I Physical dated 2/14/18			
		vas admitted to the hospital viors, anxious, pacing			
		ng to exit building. Resident			
		nd having hallucinations,			
		aff, was paranoid- thinking			
		her, She heard people			
		eakers, the nursing home ad speakers. She is difficult			
		ent was discharged back to			
	the facility on 3/7/18.				
	•	Medication Administration			
		esident received Sertraline			
		milligrams daily, Trazodone iilligrams every day and			
		tic) 1 milligram, twice daily.			
		had order date of 3/7/18.			
		t care plan with target date			4
	**	cumentation the resident			
		razodone and Risperdal and			
	the medications.	effects related to the use of			
	During an interview 9/	6/18 at 11:25 a.m., the			
	Facility Consultant sta	ted it would be expected			
		tions and potential adverse			
F 658	side effects be on the	residents care plan. et Professional Standards	F 65	8	
	CFR(s): 483.21(b)(3)(i- 69		
	§483.21(b)(3) Compre	ehensive Care Plans			
		for arranged by the facility,			

Facility ID: IA0453

DEPARTMENT OF HEALTH AND HUMAN SERVICES

CENTERS FOR MEDICARE & MEDICAID SERVICES

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OMB NO. 0938-0391

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NAME OF F	ROVIDER OR SUPPLIER	165181		STREET ADDRESS, CITY, STATE, ZIP CODE	09	/06/2018
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F 658			F 658	F656 Develop/Implement Comprehensive Care Plan. Resident number 30, care plan has now been reviewed and revised to include		
	by: Based on records revinterview, the facility forder for 1 of 6 residers sampled for medication to follow physician or a significant 12 residents reviewed facility reported a censury and chronic respirator unspecified asthma. The physician's orders treatment with Sodium Solution 7% 1 unit inhibitimes a day, give with Budesonide Suspension interview, the facility for the physician's orders treatment with Sodium Solution 7% 1 unit inhibitimes a day, give with Budesonide Suspension illiliters (ml), 2 ml inhibitimes (ml), 2 ml inhibitimes and the facility for the facility for the facility for the facility for the facility for the facility for the facility for the facility for the facility for the facility for the facility for the facility for the facility facility for the facili	plan, must- standards of quality. Is not met as evidenced riew, observation, and staff ailed to follow physician's ints (Resident # 32) in administration, and failed riers and notify the riers and notify the riers and notify the riers and staff (Resident #10 & #30). The riers are sidents. Posis list indicated Resident rier included chronic disease (COPD), acute ry failure with hypoxia, and rier for Resident #32 included rier Chloride Nebulization rate orally via nebulizer two budesonide, and rier 0.5 milligram (mg)/2 rier allowed instructions to		psychotropic medications and the potential adverse side effects. Residents who receive Antipsychotic medication can be affected. The Director of Nursing will audit current residents of the facility to identify those receiving anti-psychotic medications and will revise their care plan appropriately to include anti-psychotic medications and the potential adverse side effects. The Director of Nursing or designee will review care plans weekly on an ongoing basis, of those that are scheduled that week to ensure that resident number 30 and other like residents of the facility who receive antipsychotic medications, have it identified on their care plan and that it includes potential		
	of medications per phy	2 had a diagnosis of ons included administration rsician's orders, as ion Administration Record		adverse side effects. The Director of Nursing or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality		

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CENTERS FOR MEDICARE & MEDICAID SERVICES	OMB NO. 0938-0391
	Assurance Program, then
	review/assess for need to
	continue. The plan will be
	reviewed and revised as
	indicated in staff will be
	reeducated as needed.
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STATEMENT OF C		(X1) PROVIDER/SUPPLIER/CLIA (X IDENTIFICATION NUMBER:		IPLE CONSTRUCTION	(X3) DATE SU COMPLE	
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F 658		F 658	
	Continued From page 18		
	Medication Aide (CMA) administered Resident #	İ	
	32's nebulization treatment using the Sodium		
	Chloride Nebulization Solution 7% and		ļ
	Budesonide Suspension 0.5 mg/2 ml via		
	nebulizer mask. Staff G told the resident that she		
	would be back in 20 minutes to turn off the		
	nebulization treatment. Staff G left the resident's		
	room at 7:59 a.m.		
	On 0/05/40 at 0:04 the Director 0/01		
	On 9/05/18 at 8:24 a.m., the Director Of Nursing		
1	(DON) entered the resident's room and turned off the nebulization treatment. The DON did not rinse		
	the resident's mouth after the treatment as		
	directed by the physician's orders.		
	, ,		
	The MAR for September 2018, showed that the		
	medications, Sodium Chloride Nebulization		
	Solution 7% and Budesonide were administered,		
	as marked for 9/5/18 at 8:00 a.m., even though		
	instruction for mouth rinse after medication		
	administration was not followed.		
	2. The Minimum Data Set (MDS) assessment for		
	Resident #10 dated 6/22/18, included diagnoses		
	of congestive heart failure, hypertension, diabetes		
	and osteoarthritis. The MDS documented the		
	resident required extensive assistance of one for]
	bed mobility, toilet use, transfer, dressing and		
	personal hygiene. The MDS documented the		
	resident was frequently incontinent of urine and		Comment of the Commen
	always continent of bowel. The resident's Brief Interview for Mental Status (BIMS) score was a		no conserva
	15 which indicated no cognitive impairment.		
	. o milon maladed to doginaro impairment,		
	A Rock Rapids Health Centre Doctor/Nursing		
1	Home Communication Sheet dated 7/12/18 sent		
	with resident to the physicians clinic documented		
I	resident had increase in weight, shortness of		
11	breath, and increased pain in legs. The physician	1	

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		165181	B. WING		09/06/2018
NAME OF PROVIDER OR SUPPLIER ROCK RAPIDS HEALTH CENTRE				STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION ROCK RAPIDS, IA 51246	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG	PROVIDER'S PLAN OF CORRECTION ((EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	BE COMPLETION

F 658		F 658			
	Continued From page 19 ordered 2 new				
	medications and 2 new treatments.				
	Treatments included:				
	1). Keep feet elevated when seated.				
	2). Muscle rub to legs for pain two times per day				
	as needed.				
	Review of the resident's treatment record for				
	July 2018, August 2018 and September 2018				
	failed to include the above treatment orders to;				
	1). Elevate feet when seated.				
	2). Muscle rub to legs for pain two times per day		4		
	as needed.				
	The Books of the forces are and about does not an endow				
	The Residents treatment record showed an order for daily weight. The residents weight on 8/20/18 -				
	8/24/18 was 282 pounds (lbs), on 8/25/18 the				
	weight was 283 lbs, on 8/26/18 the weight was				
!	286.2 lbs, on 8/27/18 weight was 289 lbs and on				
	8/28/18 the weight was 291 lbs.				
	In an interview on 9/5/18 at 10:30 a.m., the				
	Director of Nursing stated she was unsure of				
	what parameters would require the physician be			İ	
	notified for a resident's weight gain that was on				
	daily weight. She would need to look back in the				
	resident's orders to find the directive.				
	The Director of Nursing provided a hospital				
	discharge dated 2/10/18, and noted by the facility				
	on 2/11/18 that directed to call your doctor or			İ	
	health coach if you have weight gain of more than				
	2 lbs overnight or 5 lbs in one week.				
	3. The Minimum Data Set (MDS) assessment for				
	Resident #30 dated 8/03/18, included diagnoses				
	of atrial fibrillation, coronary artery disease,				
	hypertension, arthritis, and non-Alzheimer's				
	Dementia. The MDS documented the resident				
	required extensive assistance of two for bed			I	

O M E M COM COM COM COM COM COM COM COM COM C		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULT	TPLE CONSTRUC	CTION		E SURVEY PLETED
		165181	B. WING_			09	/06/2018
	OVIDER OR SUPPLIER PIDS HEALTH CENTRI	=		703 SOUTH L	RESS, CITY, STATE, ZIP CODE UNION IDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIENC	FATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTIO EACH CORRECTIVE ACTION SHOULD OSS-REFERENCED TO THE APPROP DEFICIENCY)	BE	(X5) COMPLETION DATE

PRINTED: 09/20/2018 FORM APPROVED

OMB NO. 0938-0391 F 658 F 658 Continued From page 20 mobility, toilet use, transfer, dressing and personal hygiene. The MDS documented the resident was frequently incontinent of urine and occasionally incontinent of bowel. The MDS indicated the resident had severe cognitive impairment with a Brief Interview for Mental Status (BIMS) score of 3. A review of the resident's monthly weight record documented resident's weight on 8/1/18 as 173 lbs and on 9/1/18 as 152 lbs. The resident's weight loss was 21 lbs, which equaled 11% weight loss in one month. A nursing Home Resident Report sent to the physician on 8/31/18 was returned with ordered calazime cream two times per day and as needed for treatment of a wound to the residents left buttock. A review of the residents August and September treatment record show the treatment failed to be placed on the record for administration. In an interview on 9/05/18 at 5:32 p.m., the DON stated she would expect new orders to be transcribed on to the MAR or TAR. In an interview on 9/06/18 at 7:48 a.m., the Director of Nursing stated she would have expected notification to alert the physician that weight loss had been significant example 21 lbs in one month. F 676 Activities Daily Living (ADLs)/Mntn Abilities F 676 SS=D CFR(s): 483.24(a)(1)(b)(1)-(5)(i)-(iii) §483.24(a) Based on the comprehensive assessment of a resident and consistent with the resident's needs and choices, the facility must provide the necessary care and services to STATEMENT OF DEFICIENCIES PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING __ B. WING 165181 09/06/2018 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION **ROCK RAPIDS HEALTH CENTRE ROCK RAPIDS, IA 51246** (X4) ID SUMMARY STATEMENT OF DEFICIENCIES ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)

F 676

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Comprehensive Care Plan. Resident number 30, care and revised to include psychotropic medications and

Continued From page 21

ensure that a resident's abilities in activities of daily living do not diminish unless circumstances of the individual's clinical condition demonstrate that such diminution was unavoidable. This includes the facility ensuring that:

§483.24(a)(1) A resident is given the appropriate treatment and services to maintain or improve his or her ability to carry out the activities of daily living, including those specified in paragraph (b) of this section ...

§483.24(b) Activities of daily living. The facility must provide care and services in accordance with paragraph (a) for the following activities of daily living:

§483.24(b)(1) Hygiene -bathing, dressing, grooming, and oral care,

§483.24(b)(2) Mobility-transfer and ambulation, including walking,

§483.24(b)(3) Elimination-toileting,

§483.24(b)(4) Dining-eating, including meals and snacks,

§483.24(b)(5) Communication, including

- Speech, (i)
- (ii) Language,
- Other functional communication systems. This REQUIREMENT is not met as evidenced by: Based on staff interview and record review, the facility failed to ensure 1 of 12 resident received services to maintain, improve or prevent avoidable decline activities of daily living. The facility census was 39 residents.

plan has now been reviewed

the potential adverse side

F 676 F656 Develop/Implement

effects.

Residents who receive Antipsychotic medication can be affected.

The Director of Nursing will audit current residents of the facility to identify those receiving anti-psychotic medications and will revise their care plan appropriately to include anti-psychotic medications and the potential adverse side effects.

The Director of Nursing or designee will review care plans weekly on an ongoing basis, of those that are scheduled that week to ensure that resident number 30 and other like residents of the facility who receive antipsychotic medications, have it identified on their care plan and that it includes potential adverse side effects.

The Director of Nursing or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated in staff will be reeducated as needed.

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:	(X2) MULTI	PLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED			
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			B. WING_	The Property of the Property o		
		165181		The state of the s	05	9/06/2018
	RÖVIDER OR SUPPLIER APIDS HEALTH CENTR	₹ E		STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION ROCK RAPIDS, IA 51246		
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				· ·		
F 676	Continued From pag	je 22	F 67	6		
	Findings include:					THE TAX ASSAULT ASSAUL
	Resident #30 dated of atrial fibrillation, or hypertension, arthriti Dementia. The MDS required extensive a mobility, toilet use, tr hygiene walk in room resident also needed locomotion on and of used a wheelchair ard documented the resincontinent of urine a of bowel. The reside Mental Status (BIMS cognitive impairment	ident was frequently and occasionally incontinent ent's Brief Interview for b) score of 3 indicated severe t. d 5/04/18 documented the				
	encouragement or cu room, walk in corrido and used a walker. It was steady at all time to standing position,	ueing) for transfer, walk in or, locomotion on and off unit t documented the resident es with moving from seated walking, turning around, ilet, and surface to surface				
	transfer.	plan dated 1/5/16 included a				
	potential for falls with is on restorative prog	n an intervention of resident gram. It also documented a that resident ambulated				
1	B, Certified Nurse Aid	n 9/05/18 at 4:31 p.m., Staff de, (CNA) reported that the at of her time in the recliner				

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:	• •	PLE CONSTRUCTION G		(X3) DATE SURVEY COMPLETED		
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		165181	D. WING			09/06/2018
	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION ROCK RAPIDS, IA 51246	•	
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPR DEFICIENCY)	ULD BE	(X5) COMPLETION DATE
F 676			F 67	76		
	She stated the resid following a fall in Jur	ge 23 except for sleeping. ent continued to decline ne and eventually needed to the dining room and				
	Director of Nursing r why the resident had She thought it may be resident had suffered the fall had occurred Physical Therapy to Physical Therapy As directed any further stated the resident of a wheelchair for train and activities. She releave in July and is releave in July and is reported that had been plingly. She would be department to have notes on the resident ADL's. The DON failed to provide that had occur when the resident definition of the sident definition					
	stated that the staff on the resident 6/11, she did not need any stated he did a phys 2018, as it was time screen. He noted at declined enough to get involved. Physic to service and she re	n 9/06/18 at 9:01 AM the PTA had asked him to do a screen /18 as she had a fall. He felt y therapy at that time. He ical therapy screen July 20, for the resident's annual that time the resident had warrant physical therapy to al therapy added the resident emains on service at this is not back to baseline but				

	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLÍA IDENTIFICATION NUMBER:	(X2) MULTIPI	LE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		165181	B. WING		09/06/2018	
	PROVIDER OR SUPPLIER APIDS HEALTH CENTE	3E		STREET ADDRESS, CITY, STATE, ZIP CODE 703 SOUTH UNION ROCK RAPIDS, IA 51246		
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SS=G	Continued From partial is improving. A Therapy Screening documented: Reside the floor no shoes of incontinent of BM. It documentation to rewas recommended condition or deficit in the A Therapy Screening completed for annual therapy evaluation in the Director of Nurselated to the reside 6/11/18 to 7/20/18. Treatment/Svcs to FCFR(s): 483.25(b)(1) Press Based on the compresident, the facility resident receives can professional standard pressure ulcers and pressure ulcers unlead condition demonstration unavoidable; and (ii) ulcers receives necessional standards of practice prevent infection and developing.	ang Form dated 6/11/18 ent found in her bathroom on or gripper socks on and of the document failed to include effect if a therapy evaluation or not or if any change in had been noted. In a form dated 7/20/18 al screen documented a recommendation of yes. In a failed to provide the senotes or restorative notes ent's change in condition from the effect of the failed to provide the notes or restorative notes ent's change in condition from the entire document of a must ensure that(i) A re, consistent with ends of practice, to prevent does not develop the session of the entire document and the ensure that they were the ensure that they were the ensure that they were the ensure the ensure that they were the ensure the ens	F 686		ers In an be hion is nent toted the sing lowing cian	

DEPART	MENT OF HEALTH A	ND HUMAN SERVICES			FORM	APPROVED
CENTER	RS FOR MEDICARE &	MEDICAID SERVICES			OMB NO	. 0938-0391
1				The Director of Nursing or designed	e will	
				complete an audit that identifies re	esidents	
				with skin breakdown or at high risl	ζ.	
				The Director of Nursing or designed	e will	
				complete an audit to verify that ide	entified	
				residents have pressure relieving		
	ļ			cushions in their wheel chairs and	in their	
				recliner chairs or room chair.		
				The Director of Nursing or design	ee will	
				review physician orders at least 5		
				per week for the previous 24 hours		
				follow up for correct follow through	i	
				ongoing basis to ensure continuo		
				compliance for resident number 3		
				other like residents of the facility.		
				The Director of Nursing or designe	e will	
				report findings of the above monitor		
				systems monthly times 3 months t	- 1	
				the facility Quality Assurance Prog		
				then review/assess for need to co		
				The plan will be reviewed and revi	1	
				indicated in staff will be reeducate	1	
				needed.	u as	
				Needed.		
STATEMENT	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CL	IA	n advatauation	(X3) DATE	
AND PLAN OF	CORRECTION	IDENTIFICATION NUMBER:	1 ' '	E CONSTRUCTION	COMP	LETED
				<u> </u>		
			B. W(NG		00/	06/2018
NAME OF D	ROVIDER OR SUPPLIER	165181		STREET ADDRESS, CITY, STATE, ZIP CODE	03/1	30/2010
MAINE OF F	HOHDER OR OUT EIER		į	703 SOUTH UNION		
ROCK RA	PIDS HEALTH CENTRE	Ē		ROCK RAPIDS, IA 51246		
(X4) ID		ATEMENT OF DEFICIENCIES	ID ID	PROVIDER'S PLAN OF CORRECTION		(X5) COMPLETION
PREFIX TAG		Y MUST BE PRECEDED BY FULL LSC (DENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD I CROSS-REFERENCED TO THE APPROPR		DATE
IAG	REGULATORTOR	COO IDELETING HER OWNER LOND	17.0	DEFICIENCY)		

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 F 686 F 686 Continued From page 25 Based on observation, clinical record review and staff interview the facility failed to ensure Interventions were completed to prevent or promote healing of areas of altered skin integrity for 1 of 1 resident reviewed (Resident #30). The facility reported a census of 39 residents. Findings include: 1. The Minimum Data Set (MDS) assessment for Resident #30 dated 8/03/18, included diagnoses of atrial fibrillation, coronary artery disease, hypertension, arthritis, and non-Alzheimer's Dementia. The MDS documented the resident required extensive assistance of two for bed mobility, toilet use, transfer, dressing and personal hygiene. The MDS documented the resident was frequently incontinent of urine and occasionally incontinent of bowel. The resident's Brief Interview for Mental Status (BIMS) score was a 3 which indicated severe cognitive impairment. The care plan dated 1/5/2016 included a problem of potential for impaired skin integrity related to incontinence of urine and age related skin changes. The goal was resident's skin will remain. intact with interventions placed should problems be identified. Interventions included medications and treatments per physician's orders, treat as needed and ordered, and pressure relieving mattress on bed. A Braden Scale for predicting pressure sore risk dated 8/05/18 documented the resident scored a 14, which identified the resident to be at risk for developing a pressure sore. A Nursing Home Resident Report document

	STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIE AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MUL	A (X2) MULTIPLE CONSTRUCTION A. BUILDING			SURVEY PLETED
		165181	B. WING			09/	06/2018
ROCK RAI	PIDS HEALTH CENTR			70	REET ADDRESS, CITY, STATE, ZIP CODE 3 SOUTH UNION DCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD E CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)	3E	(X5) COMPLETION DATE

dated 8/31/18 that had been faxed to the

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	37 ON MEDIONICE WINED OF WIE		
F 686		F 686	
	Continued From page 26 residents physician		
	noted that the resident had an open area to left		
	buttock that measured 0.5 centimeters (cm) by		
	1.5 cm. The fax was		
	returned dated 9/1/18 with a physician's order for		
	Calazime cream (a skin protective cream) two		
	times per day and as needed until healed.		
	A review on 9/5/18 of the resident's August and		
	September treatment and medication		
	administration records showed the physician		
	ordered treatment had not been placed on the		
	record and the resident had not received the		
	treatment.		
	A Nursing Home Resident Report document		Ì
	dated 9/03/18 that had been faxed to the		
	resident's physician requested an order for 2 oz		
	of med pass (high protein liquid supplement) two		
	times a day related to skin impairment and		
	increased weight loss. It was returned dated 9/04/18 with the physician note "OK".		
	9/04/16 with the physician note. Ox .		
	A Skin Grid for Pressure Ulcers was started on		
	9/03/18. It documented a facility acquired		
	pressure ulcer on residents coccyx, stage 2		
	(Partial thickness skin loss presenting as a		
	shallow open ulcer) 3 cm by 3 cm with blood		
	drainage and a purple wound bed.		
	The resident's treatment record documented that		·
	an order was added on 9/04/18 for Optifoam AG		
	(a foam wound dressing) one time a day every		
	three days for pressure ulcer, apply at bedtime.		
	During an observation of care on 9/05/18 at		
	10:00 AM Staff D, Certified Nurse's Aide (CNA)		
	assisted the resident to the toilet. The CNA stated		
	she was unable to visualize pressure area at this		
	time she was unsure where it was and thought it		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NOWIDER.		(X2) MULTIPLE CONSTRUCTION			RVEY ED
			A. BUILDI	NG		1	
			B, WING	B. WING			
		165181				09/06/	2018
NAME OF PROV	IDER OR SUPPLIER			STR	EET ADDRESS, CITY, STATE, ZIP CODE		
				703	SOUTH UNION		
ROCK RAPI	S HEALTH CENTR	=		RO	CK RAPIDS, IA 51246		
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Facility ID: IA0453

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OMB NO. 0938-0391

	2 LOLL MEDICALE & MEDICALD SELVICES		OMB NO. 0938-0391
F 686		F 686	
!	Continued From page 27 may be resolved. When		
	she wiped the resident buttock she reported]	
	there was blood on the wipe and she stated the		
	pressure area was at the top of the resident's		
	buttock crease. The area was open with no		
	wound treatment in place. The CNA then		
	assisted the resident to sit in her recliner chair.		
	She stated the resident only lies down at night to		}.
	go to bed; she prefers to sit in her recliner chair.		
	There was no pressure relieving cushion in the		
1	recliner chair.	Contract of the Contract of th	
	Technici Citati.	1	
	During an observation on 9/05/18 at 2:30 PM the		
•	Registered Nurse Wound Care Certified		
	(RNWCC) measured the areas on the resident's		
}	coccyx and buttocks. The coccyx wound was		
	now a stage 3 (Full thickness skin loss involving		
	damage of subcutaneous tissue, presenting as a		
	deeper open ulcer) and the measurement was		
	4.5 cm by 4.5 cm that included the outer skin		
	area involved with the open area 1.4 cm by 1.5		
	cm and a depth of 0.4 cm. The wound on the left		
	buttock, stage 2, measured 1.0 cm by 1.5 cm and		
	less than .5 cm deep. The RNWCC stated she		
	had just started at this facility one week ago. She		
	would be doing skin rounds one time a week.		
1	She would expect the charge nurses to be able to		
ŀ	accurately assess wounds when she is not here.		
	She stated a dressing had been ordered for the		
	area but it was not completed on the date it		
	should have been applied and she does not know		
	why as the supplies were here and there was no		
	documented rationale for it not being applied and		
	no nurse notes were found. She would expect		
	that a chair cushion would have been added to		
	the resident's recliner.		
	A review of the resident's treatment record		
	showed no signature to document completion of		
	the treatment ordered to start on 9/4/18 for the		
	pressure area.	1	

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CL IDENTIFICATION NUMBER;	(X2) MULTIPLE CONSTRUCTION A. BUILDING		CONSTRUCTION	(X3) DATE COMP	SURVEY PLETED
		165181	B. WING		The Control of Control	09/	06/2018
NAME OF PROVIDER OR SUPPLIER ROCK RAPIDS HEALTH CENTRE			703	REET ADDRESS, CITY, STATE, ZIP CODE SOUTH UNION CK RAPIDS, IA 51246		-	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREF TAG	· · I	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE

F 686		F 686	
	Continued From page 28		
	On 9/05/18 at 3:58 PM, the RNWCC reported she had ordered a cushion for the resident's chair, notified the resident's son and the physician of the skin issues, and set up an in-service with a wound care specialist to educate the staff on wound care and treatment.		
	During an interview on 9/05/18 at 5:32 PM the Director of Nursing stated she would expect new orders to be transcribed on to the medication record or treatment record. She would expect a resident with pressure skin condition to be provided with a pressure reducing cushion for relief while up in a chair, especially for resident that spends majority of time in her recliner chair. She would also expect orders on the treatment record to be followed or a documented entry to say why it wasn't completed to be found in the record. Free of Accident Hazards/Supervision/Devices CFR(s): 483.25(d)(1)(2)	F 689 CNA involved with resident #19 was educated at the time of incident.	
	§483.25(d) Accidents. The facility must ensure that - §483.25(d)(1) The resident environment remains as free of accident hazards as is possible; and §483.25(d)(2)Each resident receives adequate supervision and assistance devices to prevent accidents. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview, the facility failed to ensure residents received adequate supervision and assistive devices to prevent accidents for 1 of 4 residents with falls	Residents who require assistance with transfers have potential to be affected. The DON or designee with have training with nursing staff on October 5th, 2018 regarding gait belt usage, to ensure continuous compliance for resident number 19 as well as other like residents in the facility. DON/Designee will complete 5 random competence checks weekly for 8 weeks. The Director of Nursing or designee will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated in staff will be reeducated as needed.	

	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL	TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
1		A. BUILDING		
		B. WING_		
	165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
			703 SOUTH UNION	
ROCK RAPIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246	

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DEPARTMENT OF HEALTH AND HUMAN SERVICES

OMB NO. 0938-0391

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CENTERS FOR MEDICARE & MEDICAID SERVICES	

(X4) ID	SUMMARY STATEMENT OF DEFICIENCIES	DOWNERS BLANCE CORRECTION OF		
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F 689		F 689		
	Continued From page 29			
	(Resident #19). The facility reported a census of			
	39 residents.			
	Findings include:			Westername
	According to the Minimum Data Set (MDS)			
	assessment dated 7/6/18, Resident #19 scored 3			İ
	on the BIMS indicating severe cognitive			
	impairment. The resident required extensive			
	assistance with bed mobility, transfers,			
	ambulation, and toilet use. The resident's			
	diagnoses included diabetes and dementia.			
	The Care Plan identified the resident had the			
	potential for falls. Interventions included:			
	a. Be sure the call light within reach and			
	encourage her to use it for assistance as needed.			
	The resident able to verbalize her wants/needs			
	and demonstrated proper use of her call light.	j		
	b. Monitor for safety techniques and provide			
	prompts/cues and assist as needed.			
	The Progress Notes dated 9/3/2018 at 11:00 a.m.			
1	documented a Certified Nursing Assistant (CNA)			
	requested assistance in the resident's room.			
	Upon entering the room, observed the resident			
į.	laying on her right side between her recliner and			
	couch. The CNA in the room stated she went to			
	assist the resident from her recliner to get into her			
	wheelchair when the resident stood up and her			
	legs gave out and she fell over. The CNA stated			
	she did not use a gait belt. The resident had a skin tear to her right elbow measuring 0.3 x 0.5			
I	cm. The CNA states the resident did not hit her			
I	head. Staff educated on use of gait beits.			
	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2			
	During an interview on 9/6/18 at 7:15 a.m. the			in the same of the
	Director of Nursing (DON) stated all staff are			1

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED
		A, BUILDING		l
		B. WING		
	165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
			703 SOUTH UNION	
ROCK RAPIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246	

PRINTED: 09/20/2018 FORM APPROVED

OMB NO. 0938-0391

CENTERS FOR MEDICARE & MEDICAID SERVICES

(X4) ID	SUMMARY STATEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF CORRECTION	(X5) COMPLETION
PREFIX TAG	(EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC (DENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE	DATE
IAG	REGULATORT OR ESC IDENTIFY (INO INFORMATION)	ino	DEFICIENCY).	
5.000		F 600		
F 689		F 689		
	Continued From page 30 expected to use		•	
	a gait belt when assisting residents with			
	transfers.			
F 690	Bowel/Bladder Incontinence, Catheter, UTI	F 690	Immediate education provided to CNAs	
SS=D	CFR(s): 483.25(e)(1)-(3)		regarding resident number 12 and 19.	
	§483.25(e) Incontinence.		Resident who require assistance with	
	§483.25(e)(1) The facility must ensure that		personal hygiene have the potential to be	
	resident who is continent of bladder and bowel on		affected.	
	admission receives services and assistance to		DOM or decisions will have training with	
	maintain continence unless his or her clinical		DON or designee will have training with	
	condition is or becomes such that continence is		nursing staff regarding facility policies,	
	not possible to maintain.		requirements, and expectations to peri-	
	0.400 OF(-)(0) F		care, catheter care, and appropriate glove	
	§483.25(e)(2)For a resident with urinary		procedures while providing cares on	
	incontinence, based on the resident's		October 5th, 2018, to ensure continuous	
	comprehensive assessment, the facility must		compliance for resident number 12, and 19	
	ensure that-		as well as other like residents in the	
	(i) A resident who enters the facility without an indwelling catheter is not catheterized unless		facility.	
	the resident's clinical condition demonstrates that			
	catheterization was necessary;		DON or designee will randomly observe 5	
1	(ii) A resident who enters the facility with an		CNAs per week for 8 weeks during	
	indwelling catheter or subsequently receives one is		personal hygiene cares.	
	assessed for removal of the catheter as soon as		The Director of Nursing or designee will	
	possible unless the resident's clinical condition		-	
	demonstrates that catheterization is necessary; and		report findings of the above monitoring	
	(iii) A resident who is incontinent of bladder		systems monthly times 3 months through	
	receives appropriate treatment and services to		the facility Quality Assurance Program,	
	prevent urinary tract infections and to restore		then review/assess for need to continue.	
	continence to the extent possible.		The plan will be reviewed and revised as	
	`		indicated in staff will be reeducated as	
	§483.25(e)(3) For a resident with fecal		needed.	
	incontinence, based on the resident's			
	comprehensive assessment, the facility must			
	ensure that a resident who is incontinent of bowel			
	receives appropriate treatment and services to			
	restore as much normal bowel function as			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED
		A, BUILDING		
		B, WING		
	165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
			703 SOUTH UNION	
ROCK RAPIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246	

PRINTED: 09/20/2018 FORM APPROVED

CENTER	RS FOR MEDICARE & MEDICAID SERVICES	OMB NO. 0938-039			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE	
F 690		F 690			
	0 5 15				
	Continued From page 31				
	possible.				
	This REQUIREMENT is not met as evidenced by:		1	to desirable	
	Based on observation, record review, and staff				
	interview, the facility failed to provide appropriate		·		
	care to prevent urinary tract infection (UTI) for 2				
	of 2 residents reviewed (Resident #12 and #19).	-			
	The facility reported a census of 39 residents.				
	Findings include:				
	1. According to the Minimum Data Set (MDS) dated 6/29/18 Resident #12 had diagnoses that included neurogenic bladder and dementia. The Brief Interview for Mental Status (BIMS) score of 6 indicated the resident had severe cognitive impairment. The resident required extensive assistance with activities of daily living (ADL's) including tollet use, personal hyglene and had an indwelling urinary catheter.				
	The Care Plan revised 6/12/15 with a goal target date of 10/3/18 identified the resident with an alteration in elimination related to bowel incontinence, a suprapublic catheter, and cerebral palsy. Interventions included:				
	a. Assist in changing incontinent pads when soiled.				
	b. Monitor for signs and symptoms (s/s) of UTI such as low back/flank pain, dark, odorous urine, sediment in urine, fever, et.				
	c. Report to the physician as needed.				
	Treatment as ordered.				
	d. Monitor catheter patency.				
1	e. Keep tubing free of kinks, and keep				
	drainage bag below bladder level. f. Secure catheter to leg with catheter strap				
	as product to avoid pulling			Ī	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A, BUILDING		(X3) DATE SURVEY COMPLETED
	165181	B, WING		09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
ROCK RAPIDS HEALTH CENTRE	:		703 SOUTH UNION ROCK RAPIDS, IA 51246	

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OMB NO. 0938-0391

CENTERS FOR MEDICARE & MEDICAID SERVICES

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F 690		F 690		
	Continued From page 32			
	and tension.			
	g. Change catheter monthly and as needed (prn) and attach to straight drainage. h. May wear leg bag when up. i. Change drain bags twice a month and pm. j. Provide peri/cath care each shift and with each incontinent episode and as needed. k. Be alert to any discoloration, redness, swelling, open areas, drainage or s/s infection and report to physician as needed.			
	A Urine Culture dated 7/13/18 showed the resident had a UTI with the organism Escherichia coli and Enterococcus Faecalis (found in the bowel). The physician ordered Ertapenem 1 gram intramuscular daily for 7 days, and Nitrofurantoin 100 mg every 6 hours for 7 days.			
	A Urine Culture dated 8/3/18 showed the resident had a UTI with the organisms E-coll and Enterococcus Faecalis. The physician ordered Macrobid 100 mg 2 times a day for 2 weeks.	:		
	A Urine Culture dated 8/24/18 showed the resident had a UTI with the organisms E-coli, Enterococcus facalis, and Klebsiella pneumoniae. The physician ordered Cipro 250 mg 2 times a day for 10 days along with Macrobid 100 mg 2 times a day for 10 days.			
	During an observation on 9/5/18 at 8:16 a.m. Staff C, Certified Nursing Assistant (CNA) and Staff E, CNA provided care. Staff C provided pericare in the front, then the resident rolled to the right and Staff C wiped the anal and buttock areas multiple times. Staff rolled the resident to her back and Staff C wiped the catheter insertion site and catheter tubing without changing her gloves.			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED
		A. BUILDING		
,		B. WING		09/06/2018
	165181			09/00/2010
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
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CENTERS FOR MEDICARE & MEDICAID SERVICES

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TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCE	DATE.
	CED TO THE APPROPRIATE SFICIENCY)
F 690 F 690	
Continued From page 33	
During an interview on 9/6/18 at 7:20 a.m. the	
Director of Nursing (DON) stated gloves should	
be changed after perirectal care, before doing	
other tasks, and acknowledged the resident had UTI's with e-coli.	
OTTS WILL E-COIL	
2. According to the MDS assessment dated	
7/6/18, Resident #19 scored 3 on the BIMS	
indicating severe cognitive impairment. The	
resident required extensive assistance with bed	
mobility, transfers, ambulation, and toilet use. The	
resident's diagnoses included diabetes and	
dementia.	
The Care Plan identified the resident with the	
potential for urinary tract infection (UTI). Revised	
on 11/9/2016 with a goal target date of 10/10/18. Interventions included:	
a. Encourage fluids with cares and offer a	
variety of fluids with meals/activities. Water	_
pitcher kept in room.	
b. Ensure pericare is being performed	
every shift and as needed (prn) per resident or	
staff. c. Provide increased assist as needed.	
d. Medications per physician orders. See MAR.	
Resident is on prophylactic antibiotic and cranberry	
supplement daily at this time.	
e. Monitor for sign/symptoms of UTI such as	
low back/flank pain, dysuria, hematuria, increased	
frequency/urgency, fever, dark, odorous, cloudy	
urine, sediment in urine, ect.	
f. Resident wears disposable pullups.	
A Urine Culture dated 8/23/18 showed the	
resident had a UTI with the organism Escherichia	
coli (found in the bowel). The physician ordered	
Rocephin (antibiotic) 1 gram intramuscularly	
every day for 5 days.	

STATEMENT OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA		TIME TO A CONTROL OF THE CONTROL OF	(X3) DATE SURVEY
AND PLAN OF CORRECTION	IDENTIFICATION NUMBER:	(X2) MUL	TIPLE CONSTRUCTION	COMPLETED
	1	A. BUILDING		
]	B. WING		
	165181			09/06/2018
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			703 SOUTH UNION	
ROCK RAPIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246	
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(X4) ID	SUMMARY STATEMENT OF DEFICIENCIES	PROVIDER'S PLAN OF CORRECTION	(X5)	
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F 690		F 690		
	Continued From page 34			
F 692 SS=D	1	F 692	No immediate actions were required. Current residents have potential to be affected. CDM/RD or designee provided education to staff regarding the facilities weight process on October 5th 2018. to ensure continuous compliance for resident number 19 and other like residents in the facility. CDM or designee audits will be conducted weekly on current nutrition at risk residents for 8 weeks including resident 19 for significant weight changes. The Certified Dietary Manager will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated in staff will be reeducated as needed.	

PRINTED: 09/20/2018

CENTERS FOR MEDICARE & MEDICAID SERVICES

FORM APPROVED OMB NO. 0938-0391

NAME OF PROVIDER OR SUPPLIER ROCK RAPIDS HEALTH CENTRE SUMMARY STATEMENT OF DEPICIENCES TAB SOUTH MINOR TAB SOUT		OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X3) DATE SURVEY COMPLETED
TAME OF PROVIDER OR SUPPLEE ROCK RAPIDS HEALTH CENTRE SUMMARY STATEMENT OF DEFICIENCIES TAME OF CONSECUTION CRAPIDS, IA \$1248				A. BUILDING	4	001111 22,125
ROCK RAPIDS HEALTH CENTRE Tag BOUTH HUNDS TAG				B WING		
ROCK RAPIDS HEALTH CENTRE CAG D	NAME OF B	DOUBER OF OURSE	165181			09/06/2018
ROCK RAPIDS, 1A 51248 (24) D SUMMARY STATEMENT OF DERDIFFICIONCIES (CON EXCIDENCIPATORY OR LOC DERTIFFICIONCIES F 692 Continued From page 35 \$483.25(g)(2) Is offered sufficient fluid intake to maintain proper hydration and health; \$483.25(g)(3) Is offered a threspeutic diet when there is a nutritional problem and the health care provider orders a therapeutic diet. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview, the facility failed to assure resident's maintained acceptable parameters of nutrition, notify the physician and family of significant weight loss, and initiate interventions timely for 1 of 3 residents reviewed (Resident #19). The facility reported a census of 39 residents. Findings include: According to the Minimum Data Set (MDS) assessment dated 7/6/18, Resident #19 scored 3 on the Brief Interview for Mental Slatus (BIMS) indicating severe cognitive impairment. The resident's diagnoses included diabetes and domontia. A Nutrition Data Collection Tool summary dated 4/16/18 documented the resident had no significant weight changes in 6 months, and she consumed 50-100% of hor meals. The Care Plan identified the resident's BMI was over ideal range, initiated 04/17/18. At the time the resident had no pignificant weight loss however had an unplanned	NAME OF P	KOVIDER OR SUPPLIER				
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significant weight changes in 6 months, and she consumed 50-100% of her meals. The Care Plan identified the resident's BMI was over ideal range, initiated 04/17/18. At the time the resident had no plans for aggressive weight loss however had an unplanned						
consumed 50-100% of her meals. The Care Plan identified the resident's BMI was over ideal range, initiated 04/17/18. At the time the resident had no plans for aggressive welght loss however had an unplanned	- 1		T .			
was over ideal range, initiated 04/17/18. At the time the resident had no plans for aggressive weight loss however had an unplanned						
time the resident had no plans for aggressive weight loss however had an unplanned			1			
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CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			E CONSTRUCTION	(X3) DATE SURVEY COMPLETED			
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		165181			09/06/2018		
	NAME OF PROVIDER OR SUPPLIER ROCK RAPIDS HEALTH CENTRE		7	TREET ADDRESS, CITY, STATE, ZIP CODE TO 3 SOUTH UNION ROCK RAPIDS, IA 51246			
(X4) ID PREFIX TAG			(EACH DEFICIENCY MUST BE PRECEDED BY FULL		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	
F 692	Continued From page	36 included to offer the	F 692				
	• •	d, and weigh per facility					
		nt significant changes.					
	protocor and docume	it significant changes.					
	The Weight Summary resident had the follow 1/7/2018, 154.6 Lbs 2/1/2018, 156.0 Lbs	record documented the ving weights:					
	3/13/2018, 154.0 Lbs						
	4/2/2018, 156.0 Lbs						
	6/2/2018, 160.0 Lbs.						
	consumed less than 5 45 meals or 26% of the records showed the re 50% of her meals 24 the time from 6/16-30.						
	14.38% loss in 1 mon being significant. Other	record showed the # on 7/1/2018, a 23# or th, with 5% in 1 month or than the recorded weight, ad to address the significant					
	7/7/2018 13:29 135 7/8/2018 09:28 135.	documented weights: .0 Lbs 0 Lbs 8 Lbs					
	loss. The registered d referral sent. The resi- supplement. They won	ent had a significant weight ietician was aware and a dent was not on any type of uld start tracking in Nutrition not assess the resident's		·			

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CENTERS FOR MEDICARE & MEDICAID SERVICES						IO. 0938-0391
	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIF	PLE CONSTRUCTION		TE SURVEY
HAND E PULL OF	FURRECTION	IDENTIFICATION NOMICES.	1'')	CON	MPLETED
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		165181	D, WING	,	09	9/06/2018
NAME OF P	PROVIDER OR SUPPLIER	<u> </u>		STREET ADDRESS, CITY, STATE, ZIP CODE		7, 2 - 1 - 2 - 2
				703 SOUTH UNION		
ROCK RA	APIDS HEALTH CENTRE	<u>.</u> 		ROCK RAPIDS, IA 51246		
(X4) ID		ATEMENT OF DEFICIENCIES	ID	PROVIDER'S PLAN OF CORREC	CTION	(X5)
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1710	REGULATORI GAL	TOC IDEA) IF THIS HAFORMATION	TAG	CROSS-REFERENCED TO THE APPL DEFICIENCY)	ROPRIATE	
F 602			F 00	•		
F 692			F 692	2		
	Continued From page	e 37				
	7/10/18 documented	the resident had a 16.7%				
	weight loss in 1 montl					
	recommended a supp	plement, and the MDS				
	coordinator to notify the	he family.				
		cked documentation of				
		otification, or initiation of a		TOTAL CONTRACTOR CONTR		
	supplement.	!				
	The Care Plan initiate	ed 7/10/18 identified the				
	resident had a signific					
1		the diet the doctor order and				
	monitor intake, initiate					
]	The Dietary Progress	Notes dated 7/16/18 at 7:56				
}		resident's weight noted to				
İ		A re-weight confirmed the				
		lietician aware. Resident				
1		Risk. A Registered Nurse	1			
		ence they would discuss	1			
	adding a supplement	to diet for weight loss.	1			
	The Progress Notes o	dated 7/23/18 at 10:01 a.m.				ļ
	-	lent's are conference held	ĺ			1
	on 7/20/18 with the re-			-		
I		cline discussed with the				
		e family agreed to send a	l			
		order for Boost (dietary	ĺ			
	supplement) 240 cc 2	times a day for added	ļ			
		nt. They would continue to	1			
		nt to eat what she could at				A.V.
	meals.	•				
	A facsimile (fax) dated	d 7/22/19 potitiod the				
		t had a weight decline of	i			
		ith a current weight of 136#,				
		y could add Boost 240 cc 2				
	times a day for added		ı			
	physician responded y		i			

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
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F 692		,	F 692		
	Continued From page	38			
F 697 SS=D	aware of the resident' recommended dietary know when the weight 9:38 a.m. the DS She weights for the Nutriti 7/10/18 and found the confirmed the dieticia supplements on 7/10/ why the supplement received a supplement of the dieticial supplement of the dieticial supplement of the dieticial supplement of the dieticial supplement of the dieticial supplement of Nursing (Dietard of Nursing	S) stated the dietician was so weight loss and vapplements. She did not at loss was discovered. At a stated she checked on at Risk meeting on a resident's loss. She in recommended [18, and stated not knowing not started for nearly 2 gian recommended it. In 9/6/18 at 7:15 a.m. the DON) stated she expected sician and family right away basses, and initiate ay. In germent. In that pain management is who require such services, scional standards of the sidents' goals and QUIREMENT is not met as and, clinical record review, and dility failed to provide pain sessment for 1 of 2 residents Resident #10) The facility	F 697	DON assessed resident number 10 immediately and provided pain management and added current of the Treatment Record. Current residents have the potentia affected. The DON or designee will provide education related to facility management policy, requirements expectations on October 5th, 2018. The DON or designee will complet audit to identify residents who record routine pain medications and will we pain management is appropriately addressed on plan of care. The DON or designee will add pain evaluation to the residents treatment record of current residents, each sassess pain level of resident numbers and other current residents of the on an ongoing basis.	rder to al to be l r pain , and e an elive erify ant hift to per 10

DEPARTMENT OF HEALTH AND HUMAN SERVICES	PRINTED: 09/20/2018 FORM APPROVED
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	The Director of Nursing will report findings of the above monitoring systems monthly times 3 months through the facility Quality Assurance Program, then review/assess for need to continue. The plan will be reviewed and revised as indicated in staff will be reeducated as needed.

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			B, WING	NEW YORK AND ASSESSMENT OF THE PROPERTY OF THE			
		165181			0	9/06/2018	
NAME OF PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE			
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CENTERS FOR MEDICARE & MEDICAID SERVICES		OMB NO. 0938-0391
F 697	F 697	4
Continued From page 39		
The Minimum Data Set (MDS) assessment for Resident #10 dated 6/22/18, included diagnoses of congestive heart failure, hypertension, diabetes and osteoarthritis. The MDS documented the resident required extensive assistance of one for bed mobility, toilet use, transfer, dressing and personal hygiene. The MDS documented the resident was frequently incontinent of urine and always continent of bowel. The resident's Brief Interview for Mental Status (BIMS) score was a		
15 which indicated no cognitive impairment.		
The care plan for Resident #10 included a potential for alteration in comfort with a goal of resident will verbalize adequate relief of pain or ability to cope with incompletely relieved pain.		
The interventions included evaluate the effectiveness of pain interventions as needed and monitor and report to nurse any signs or symptoms of non-verbal pain.		
Observation on 9/04/18 at 1:37 p.m., revealed Resident #10 seated in her recliner, with her feet flat on the floor. She reported her leg pain at a 10, and her legs more swollen than usual. She stated she felt like crying and it had been painful for about a month. She reported she had not gone out to the dining room for lunch today because of her pain. She stated she had let the staff know that was why she had not gone out to the dining room for lunch. She reported staff had not assessed her legs or her pain at this time.		
Observation on 9/05/18 at 10:10 a.m., showed Resident #10 seated in her easy chair with TED hose on and feet on the floor. She stated she felt better and went out to the dining room for		

	STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MUL A. BUILDI B. WING	NG _	CONSTRUCTION	(X3) DATE COMP	SURVEY LETED
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breakfast. She reported the pain a 6 in her legs

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				01710 110	. 0000 0001
F 697		F 697	7		
	Continued From page 40 and that she	Ī		ļ	
	had told staff that she had discomfort.				
	Review of resident's record showed she had been				
	seen in the physician's clinic on 7/12/18 for			,	
	assessment of severe bilateral leg pain.				•
	Review of resident's Physician Orders from the				
İ	7/12/18 office visit showed that an order for			i i	
	muscle rub two times per day as needed for pain	İ			
	to her lower legs had been ordered by physician.				
	Record review revealed these orders had not				
	been transcribed onto the Treatment Record and				
	had not been provided or offered to the resident.				
	had not been provided or onered to the resident.				
	The Director of Nursing failed to provide any				
	further documentation that assessed the				
	resident's pain in the Nurses Notes or Nurses				
	Assessments.				
	In an interview with the Director of Nursing on	ļ			
	9/05/18 at 5:32 p.m., she stated she would				
	expect the new orders to be transcribed on to the		-		
	MAR or TAR. She would also have expected the	_			
	nursing staff to do an assessment and document				
	after the resident had been sent to clinic for				1
	Edema and Pain control.				
	On 9/06/18 at 9:11 a.m., observation revealed the				
1	resident in her room seated in her recliner with				
	her legs in a dependent position. The resident				
	reported her leg pain at a 6 and that she had let the staff know again today.			***************************************	ľ
	Free from Unnec Psychotropic Meds/PRN Use	F 758			
	CFR(s): 483.45(c)(3)(e)(1)-(5)	F 730			ļ
00-0	5. 1 (σ). 300. 30(σ)(σ)(σ)(σ)				į
	§483.45(e) Psychotropic Drugs.				ŀ

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CENTERS FOR MEDICARE & MEDICAID SERVICES F 758 Continued From page 41

§483.45(c)(3) A psychotropic drug is any drug that affects brain activities associated with mental processes and behavior. These drugs include, but are not limited to, drugs in the following categories:

- (i) Anti-psychotic;
- (ii) Anti-depressant;
- (iii) Anti-anxiety; and
- (iv) Hypnotic

Based on a comprehensive assessment of a resident, the facility must ensure that---

§483.45(e)(1) Residents who have not used psychotropic drugs are not given these drugs unless the medication is necessary to treat a specific condition as diagnosed and documented in the clinical record;

§483.45(e)(2) Residents who use psychotropic drugs receive gradual dose reductions, and behavioral interventions, unless clinically contraindicated, in an effort to discontinue these drugs;

§483.45(e)(3) Residents do not receive psychotropic drugs pursuant to a PRN order unless that medication is necessary to treat a diagnosed specific condition that is documented in the clinical record; and

§483.45(e)(4) PRN orders for psychotropic drugs are limited to 14 days. Except as provided in §483.45(e)(5), if the attending physician or prescribing practitioner believes that it is appropriate for the PRN order to be extended beyond 14 days, he or she should document their rationale in the resident's medical record and

F 758 Resident number 23, PRN psychotropic medication discontinued on 9/25/2018.

Current residents receiving PRN antipsychotic medications have the potential to be affected. On October 5th, 2018, DON or designee to provide inservices training to license nurses related to PRN psychotropic medications and the requirements and expectations they will not be ordered for greater than 14 days without physician rational.

DON or designee will audit current residents who are receiving psychotropic medications to ensure appropriate rational for continuous use beyond 14 days, for resident number 23 and other current residents all of the facility who have physician orders for PRN psychotropic medications. The DON or designee will review physician orders daily (5 days week) on a going basis and verify psychotropic medication have a 14 day stop or appropriate physician rational to continue.

DON or designee will report findings of the above to QAPI monthly times 3 months then review and assess for need to continue. The plan will be reviewed and revised as indicated and staff will be reeducated as needed.

AND PLAN OF CORRECTION IDENTIFICATION NOMBER.		(X2) MUL A, BUILDI	TIPLE CONSTRUCTION	` '	ATE SURVEY OMPLETED	
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OMB NO. 0938-0391 F 758 F 758 Continued From page 42 Indicate the duration for the PRN order. §483.45(e)(5) PRN orders for anti-psychotic drugs are limited to 14 days and cannot be renewed unless the attending physician or prescribing practitioner evaluates the resident for the appropriateness of that medication. This REQUIREMENT is not met as evidenced by: Based on record review and staff interview, the facility failed to assure psychotropic medications were not ordered on an as needed (PRN) basis for more than 14 days without a rationale for 1 of 5 residents (Resident #23). The facility reported a census of 39 residents. Findings include: According to the Minimum Data Set (MDS) assessment dated 7/13/18, Resident #23 demonstrated long and short term memory problems and severely impaired skills for daily decision making. The resident required extensive assistance with activities of daily living (ADL's) including toileting and personal hygiene. The resident's diagnoses included dementia, anxiety disorder, and depression. A Consultation Report dated 1/31/18 notified the physician the resident had a PRN order for an anxiolytic (Lorazepam) in place for greater than 14 days without a stop date. recommendations were to discontinue the PRN. and if it could not be discontinued, current regulations required the prescriber document the indication for use, the intented duration of therapy, and the rationale for the extended time period. The physician declined

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recommendation but failed to document a

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F 758		F 758	
	Continued From page 43		
	rationale.		
	A Consultation Report dated 3/27/18 notified the physician the resident had a PRN order for an anxiolytic (Lorazepam) in place for greater than 14 days without a stop date. The recommendations were to discontinue the PRN, and if it could not be discontinued, current regulations required the prescriber document the indication for use, the intented duration of therapy, and the rationale for the extended time period. The physician declined the recommendation but failed to document a rationale.		
	A Consultation Report dated 7/1/18 notified the physician the resident had not used the PRN Lorazepam for 90 days and recommended consideration of discontinuing due to lack of use. The physician declined with no rationale provided, The September 2018 Medication Administration Record (MAR) showed the resident continued with the order for Lorazepam (anxiolytic) 0.5 mg every 8 hours PRN for anxiousness.		
F 842 SS=D	During an interview on 9/6/18 at 7:15 a.m. the Director of Nursing (DON) stated the physician who is their medical director didn't think it necessary to provide a rationale for continuing the PRN order for Lorazepam for more than 14 days. Resident Records - Identifiable Information CFR(s): 483.20(f)(5), 483.70(i)(1)-(5)	F 842	
	§483.20(f)(5) Resident-identifiable information. (i) A facility may not release information that is resident-identifiable to the public. (ii) The facility may release information that is		

	AND PLAN OF CORRECTION IDENTIFICATION NOWIDER.		(X2) MUL	(X2) MULTIPLE CONSTRUCTION A. BUILDING		SURVEY PLETED
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F 842 F 842 No immediately action possible. Continued From page 44 resident-identifiable to an agent only in Current residents of the facility have the accordance with a contract under which the agent potential to be affected. On October 5th, agrees not to use or disclose the information 2018, DON or designee will provide except to the extent the facility itself is permitted inservice education related to maintaining to do so. complete resident records. §483.70(i) Medical records. DON or designee with complete a record §483.70(i)(1) In accordance with accepted audit of current residents to verify that they professional standards and practices, the facility include H&P, admission orders, must maintain medical records on each resident recertification orders and are otherwise that arecomplete. Complete; (ii) Accurately documented:(iii) DON or designee will complete record Readily accessible; and review within 72 hours of admission to (iv) Systematically organized ensure that medical records for resident #23 and other current residents of the §483.70(i)(2) The facility must keep confidential facility are maintained and complete. This all information contained in the resident's records. will be completed on an ongoing basis. regardless of the form or storage method of the records, except when release is-DON or designee will report findings of the To the individual, or their resident above to QAPI monthly times 3 months representative where permitted by applicable law: then review and assess for need to Required by Law: continue. The plan will be reviewed and For treatment, payment, or health care revised as indicated and staff will be operations, as permitted by and in compliance reeducated as needed. with 45 CFR 164,506; For public health activities, reporting of abuse, neglect, or domestic violence, health oversight activities, judicial and administrative proceedings, law enforcement purposes, organ donation purposes, research purposes, or to coroners, medical examiners, funeral directors, and to avert a serious threat to health or safety as permitted by and in compliance with 45 CFR 164.512. §483.70(i)(3) The facility must safeguard medical record information against loss, destruction, or

	STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			TIPLE CONSTRUCTION	(X3) DATE COMP	
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unauthorized use.

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F 842		F 842		
	Continued From page 45			
	§483.70(i)(4) Medical records must be retained			
	for-			
	(i) The period of time required by State law; or			
	(ii) Five years from the date of discharge when			
[there is no requirement in State law; or			
	(ill) For a minor, 3 years after a resident reaches			
	legal age under State law.			
	§483.70(i)(5) The medical record must contain-			
	(i) Sufficient information to identify the resident;			
	(ii) A record of the resident's assessments; (iii)			
	The comprehensive plan of care and services			
	provided;			
	(iv) The results of any preadmission			
Ĭ	screening and resident review evaluations			
	and determinations conducted by the State;			
	(v) Physician's, nurse's, and other licensed			
	professional's progress notes; and			
	(vi) Laboratory, radiology and other diagnostic			
	services reports as required under §483.50.			
	This REQUIREMENT is not met as evidenced			
	by:			
	Based on record review and staff interview the			
	facility failed to maintain a complete record for 1			
	of 12 active residents reviewed (Resident #23).			
	The facility reported a census of 39 residents.			
	Findings include:			
3	, . , ,			
1	•			
	According to the Minimum Data Set (MDS) assessment dated 7/13/18, Resident #23 demonstrated long and short term memory problems and severely impaired skills for daily decision making. The resident required extensive assistance with activities of daily living (ADL's) including toileting and personal hygiene. The resident's diagnoses included dementia, anxiety disorder, and depression.			

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F 842		F 842		
F 842	Continued From page 46 The clinical record lacked the resident's History and Physical (H&P), Admission orders, and Recertification orders.	F 842		
	During an interview on 9/5/18 at 11:50 a.m. Staff H, Medical Records stated she had looked and was unable to find the H&P, Admission orders or Recertification orders for the resident. QAPI/QAA Improvement Activities CFR(s): 483.75(g)(2)(ii) §483.75(g) Quality assessment and assurance. §483.75(g)(2) The quality assessment and assurance committee must: (ii) Develop and implement appropriate plans of action to correct identified quality deficiencies; This REQUIREMENT is not met as evidenced by: Based on review of facility policy, QAPI (Quality Assessment and Performance Improvement) documentation, and staff interview, the facility failed to identify, analyze, and prioritize problems regarding quality indicators, under the QAPI program. The facility also failed to include specific, measurable, attainable, reasonable and time-bound goals, to develop and implement action plans to reach set goals, and to evaluate whether or not goals were met. At the time of the survey, the facility reported a census of 39, that could potentially be affected by this deficient practice. The facility reported a census of 39 residents. Findings include: The facility's policy titled, Risk	F 867	On 9/6/18, The Regional Nurse Consultant provided in-service/education to the facility management team related to the QAPI program including discussing, measurable, reasonable, and time bound goals. to identify, analyze, and prioritize problems regarding quality indicators, under the QAPI program. Also discussed development, action plans and to evaluate whether or not goals were met. The Regional Clinical Consultant will attend at least one facility QAPI meeting in next 3 months to assist in continuing education of the process if needed. The Administrator will review the QAPI meeting agenda with the Regional Nurse Consultant monthly times 3 months. The Administrator will report findings of the above to QAPI monthly times 3 months then review and assess for need to continue. The plan will be reviewed and revised as indicated and staff will be reeducated as needed.	

- 1	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
			A. BUILDING	
			B. WING	
ļ		165181		09/06/2018
	NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE	
			703 SOUTH UNION	

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CENTERS FOR MEDICARE & MEDICAID SERVICES **ROCK RAPIDS, IA 51246 ROCK RAPIDS HEALTH CENTRE** SUMMARY STATEMENT OF DEFICIENCIES ΙD PROVIDER'S PLAN OF CORRECTION (X6) COMPLETION (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG **DEFICIENCY** F 867 F 867 Continued From page 47 Management/Quality Assurance Process Improvement (QAPI) Program, dated 9/14, indicated that program is focused on minimizing risk and improving residents' cares by implementing process for root cause analysis and the utilization of quality improvement teams. The procedure indicated to identify, review and address quality indicators through implementation of action plans, including goals, outcome indicators, and monitoring plan. The policy also directed the QAPI committee to meet monthly. The QAPI documentation for the last 6 months, from 3/18 to 8/8/18 revealed that the QAPI committee did not consistently meet on a monthly basis, which was in violation of it's own policy. There were no QAPI committee meetings for the months of 4/18 and 7/18. In addition, the QAPI committee meeting documentation showed the following: March 2018: 1. Quality Standards a. Antipsychotics - 2 b. Falls - 17 c. Pressure Ulcers (In-house Acquired) - 11 d. Unplanned Weight Loss - in 30 days - 0 - in 90 days - 1 - in 180 days - 3 2. Reportable Events a. Hospital Admission or ER visits - 4 3. Infection Control a, Infection Rate b. Nosocomial Infection Rate -

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL	TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	Transaction of the Control of the Co	A, BUILDI	NG	
	-	B. WING		
	165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
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ROCK RAPIDS HEALTH CENTRE			ROCK RAPIDS, IA 51246	

c. # of Nosocomial UTI (Urinary Tract Infection) in

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CENTER	RS FOR MEDICARE & MEDICAID SERVICES		OMB	NO. 0938-0391
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
F 867		F 867		
	Continued From page 48			
	past 30 days - 2			
	Review revealed a lack of evidence to show root	İ		
	cause analysis of the above data. There lacked proof of discussions to show analysis to identify			
	existence of problems, and in order to identify			
	priorities to be addressed. There lacked goals set			
	and plan of actions that geared toward			
	addressing identified priority problems.			
	During the survey, concerns were identified with	amenter 1777		
	failure to implement measures to ensure resident			
	safety, and failure to provide necessary			
	treatments to prevent/heal pressure ulcers.			
	April 2018			
	There was no QAPI committee meeting			recommon common
	conducted.			
	May 2018			
	1. Quality Standards			
	a. Antipsychotics - 3	ļ		
	b. Falls - 17			
	c. Pressure Ulcers (In-House Acquired) - 8			
	d. Unplanned Weight Loss -			
	2. Infection Control			
	a. Infection Rate - 3			
	b. Nosocomial Infection Rate -			
	c. # of Nosocomial UTI (Urinary Tract Infection)			
	in past 30 days - 2			
	There was lack of evidence to show analysis of			
	the above-data, in order to understand the			
	increase in the use of antipsychotics, the			
Totalester	appropriateness of antipsychotic medication			
	usage including indications, and dose reductions. There was also lack of evidence to show analysis			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	DONALD TIPLE ACHATOLOGICAL		(X3) DATE SURVEY COMPLETED
	165181	B, WING		09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
ROCK RAPIDS HEALTH CENTRE	:		703 SOUTH UNION ROCK RAPIDS, IA 51246	

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(X4) ID	S FOR MEDICARE & MEDICAID SERVICES SUMMARY STATEMENT OF DEFICIENCIES	PROVIDER'S PLAN OF CORRECTION (X5)		
PREFIX TAG	(EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	COMPLÉTIO DATE
F 867	·	F 867		
	Continued From page 49 to know why the			ļ
	number of fall occurrences was unchanged and			44
	what interventions (if any) did not work and			
	needed revision.			
	The data-related concerns identified during the			
	survey, included failure to address the as needed			İ
	(PRN) use of antipsychotic medication, failure to			ļ
	develop a comprehensive care plan for the use of	ļ		1
	psychotropic medications, and failure to			j
	implement plan of actions to prevent	1		
	accidents/falls.	***************************************		
	June 2018	***************************************		
	Quality Standards			
	a. Antipsychotics - 1			
	b. Falls - 8			
	c. Pressure Ulcers (In-House Acquired) - 7			
	d. Unplanned Weight Loss			
	- in 30 days - 1			ļ
	- in 90 days - 7			
	- ìn 180 days - 4			
	2. Infection Control			
	a. Infection Rate - 7			
	b. Nosocomial Infection Rate -			
	c. # of Nosocomial UTI (Urinary Tract Infection)			
	in past 30 days - 5			
	There was lack of evidence to show root cause	İ		
	analysis of the above-data, in order to identify	ļ		
	priority problems such as the increased rates for	-		
	unplanned weight loss, infection, and UTI in past			
	30 days. There lacked specific, attainable and	ĺ		
	time-bound goals and action plans on how to			
	address the problems.			
	The concerns identified during the survey that	· ·		
	were related to facility's failure to address these			
	data/problems, included; failure to complete)		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED
		A. BUILDING B. WING		
	165181	D. W.10		09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
			703 SOUTH UNION	
ROCK RAPIDS HEALTH CENTRE	:		ROCK RAPIDS, IA 51246	

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	IB PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
F 867		F 867		
	Continued From page 50 comprehensive assessment for significant change in nutritional status, failure to implement measures to prevent decline in resident's nutrition/hydration status, failure to implement interventions to prevent UTI, failure to maintain and implement actions to prevent the acquisition and spread of infections, and failure to develop and implement an antibiotic stewardship program.			
	There was no QAPI committee meeting conducted.			
	August 2018	,		
	1. Quality Standards a. Antipsychotics - 1 b. Falls - 8, 1 with major injury c. Pressure Ulcers - 3 = In-House Acquired - 2, Admitted - 1 d. Unplanned Weight Loss - in 30 days - 4 - in 90 days - 3 - in 180 days - 3			
	2. Reportable Events a. Hospital Admission or ER visits - 1 (hip fracture)			1
	3. Infection Control a. Infection Rate - 13.8% (4.6) b. Nosocomial Infection Rate - 13.8% c. # of Nosocomial UTI (Urinary Tract Infection) in past 30 days - 5			10 m
	4. Contractures a. # of Residents with Contractures - 1			

	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL	TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
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	165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
ROCK RAPIDS HEALTH CENTRE			703 SOUTH UNION ROCK RAPIDS, IA 51246	

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
F 867	in the second se	F 867		
	Continued From page 51			
	b. # of In-House Acquired - 1			
	Nursing Services - Indicated a concern regarding physician and nursing follow-through on recommendations.			
	There was lack of evidence that the QAPI committee conducted analysis of the data reported, especially regarding the increased rate of unplanned weight loss, hospital admission with major injury, and the unchanged number for UTI. The documentation also showed an issue concerning physician and nursing follow-through on recommendations, however, there was lack of evidence to show discussions of planned actions in order to solve the problem.			
	Related concerns identified during the survey included, Assessment for significant weight loss, Interventions to maintain nutrition/hydration, Interventions to prevent Accidents/Hazards, Interventions to prevent UTI), and fallure to address resident's decline in activities of daily living.	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -		
F 880 SS=D	On 9/6/18 at 10:25 a.m., the Administrator and the Director of Nursing (DON) verified lack of thorough data analysis, and identification of priority problems were not evident in the QAPI documentation. They further verified the lack of planned interventions or actions to address issues as reported in QAPI committee meetings. Infection Prevention & Control CFR(s): 483.80(a)(1)(2)(4)(e)(f)	F 880		
	§483.80 Infection Control The facility must establish and maintain an infection prevention and control program			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED
	165181	B. WING		09/06/2018
NAME OF PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	
ROCK RAPIDS HEALTH CENTRE	•		703 SOUTH UNION ROCK RAPIDS, IA 51246	

CENTERS FOR MEDICARE & MEDICAID SERVICES

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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
	Continued From page 52 designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of communicable diseases and infections. §483.80(a) Infection prevention and control program. The facility must establish an infection prevention and control program (IPCP) that must include, at a minimum, the following elements: §483.80(a)(1) A system for preventing, identifying, reporting, investigating, and controlling infections and communicable diseases for all residents, staff, volunteers, visitors, and other individuals providing services under a contractual arrangement based upon the facility assessment conducted according to §483.70(e) and following accepted national standards; §483.80(a)(2) Written standards, policies, and procedures for the program, which must include, but are not limited to: (i) A system of surveillance designed to identify possible communicable diseases or infections before they can spread to other persons in the facility; (ii) When and to whom possible incidents of communicable disease or infections should be reported; (iii) Standard and transmission-based precautions to be followed to prevent spread of infections; (iv)When and how isolation should be used for a resident; including but not limited to: (A) The type and duration of the isolation, depending upon the infectious agent or organism involved, and (B) A requirement that the isolation should be the		On 9/5/18 Education was provided to staff F and staff G related to nebulizer cleanliness, proper handling procedures of nebulizer, single alcohol swabs, and hand washing between cares and residents. Current resident of the facility have the potential of being affected. On October 5th, 2018, DON or designee will provide inservice related to the infection prevention control program which will include, nebulizer cleanliness, proper handling procedures of nebulizer, single alcohol swabs, and hand washing between cares and residents. DON or designee will observe nebulizer treatment competency to 5 random nurses' weekly times 8 weeks to ensure continuous compliance for resident number 32, 9, and current residents of the facility. DON or designee will observe 5 staff members a week to ensure competency compliance related to hand washing for resident number 2, 4, and current resident of facility. DON or designee will observe 5 staff members a week to ensure with single use alcohol swabs for resident number 2, 4, and current resident of the facility. DON or designee will observe 5 staff members a week to ensure competency compliance with handwashing to assure continuous compliance for resident number 2, 4, and current resident of the facility. DON or designee will observe 5 staff members a week to ensure competency compliance with president of the facility. DON or designee will observe 5 staff members a week to ensure competency compliance with peri-care for resident number 12, 19, and current residents of the facility. DON or designee will observe 5 staff members a week to ensure competency compliance with peri-care for residents of the facility. DON or designee will observe 5 staff members a week to ensure competency compliance with pressure ulcer cares for resident number 30 and other residents of the facility who has pressure ulcers.	
			then review and assess for need to continue. The plan will be reviewed and	

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			revised as indicated and staff will be	
			reeducated as needed.	
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F 880		F 880			
	Continued From page 53	İ		Ì	
	least restrictive possible for the resident under the			TOTAL PARTIES	
	circumstances.				
	(v) The circumstances under which the facility				
	must prohibit employees with a communicable				
	disease or infected skin lesions from direct				
	contact with residents or their food, if direct		·		
	contact will transmit the disease; and				
ŀ	(vi)The hand hygiene procedures to be followed				
	by staff involved in direct resident contact.			avecan	
	•				
	§483.80(a)(4) A system for recording incidents				
	identified under the facility's IPCP and the				
	corrective actions taken by the facility.	-			
İ					
	§483.80(e) Linens.				
	Personnel must handle, store, process, and				
	transport linens so as to prevent the spread of				
	infection.			ļ	
	0.400.0010.4				
	§483.80(f) Annual review.				
	The facility will conduct an annual review of its				
	IPCP and update their program, as necessary.	·		İ	
1	This REQUIREMENT is not met as evidenced		And Andrews		
	by:				
	Based on observation, records review, and staff interview the facility failed to implement			1	
	consistent infection prevention practices in the				
	care and treatments of 4 of 6 residents (Resident				
	# 32, # 9, #2, and #4) observed for medication				
	administration, 2 of 2 residents (Resident #12,				
	and #19) observed for perineal cares, and 1 of 1				
	resident (Resident #30) observed for care of				
	pressure ulcer. At the time of the survey, the				
	facility reported a census of 39 residents.				
	Findings include:				
.	The facility's notice and procedure #4.4 and 4.4.4		1-1-1-1-1-1		
I	The facility's policy and procedure #1.1 and 1.1.1 titled, Infection Prevention & Control Program,		Name of the second seco		
1 '	adou, imposorri tovordon & condict i rogialit,	1 }	1	!	l l

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER: (X1)			TIPLE CONSTRUCTION	1, ,	TE SURVEY MPLETED	
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			B. WING			
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NAME OF PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE		
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ROCK RAP	PIDS HEALTH CENTRE	:		ROCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREF TAG	(OULD BE	(X5) COMPLETION DATE

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F 880		F 880		
, 500	Continued From page 54			
	dated 3/15, provided that facility strives to			
	prevent transmission of infections and			
	communicable diseases, development of			
	nosocomial infection, and effectively treat and			
	manage nosocomial and community acquired			
	infections. The procedure indicated monitoring of			
	staff compliance to standard and transmission			
	based precautions and other infection control			
	procedures.			
	-			
•	The facility's Infection Prevention policy #7.3, sub-			
•	titled, Handwashing, dated 3/15, indicated			
	acknowledgement that handwashing is the single most important procedure for preventing			
	noscomial infections. The policy directed staff to			
	perform handwashing between resident contacts,			i
	and to wash hands after performing tasks			
	including, contact with blood/body fluids, contact			
	with contaminated items or surfaces, contact with			
	resident/patient, initiating clean procedure, and			
	removal of gloves.			
	During observations for medication			
	administration, there were multiple breaches in			
	infection prevention (using dirty nebulizer masks,			j
	re-using alcohol swabs, and not performing hand			
	hygiene), as follows:			
	1. On 9/5/18 at 7:55 a.m., Staff G, Certified			
	Medication Aide (CMA) entered Resident #32's			
	room to administer nebulization treatment with			
	Budesonide Suspension 0.5 milligrams (mg)/2		:	
	milliliters(ml)+ Sodium Chloride Nebulization Solution 7%. Staff G used Resident #32's nebulizer			
	mask which was heavily solled with a whitish			
	substances.			
ſ	30D3(0) 10 0 3.			
	2. On 9/5/18 at 8:03 a.m., Staff G, CMA took			
ļ	out Resident #9's Albuterol 2.5 mg/3 ml from			
	medication cart and entered Resident #9's room			

	ATÉMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION DE L'AN OF CORRECTION (X2) MULTIPLE CONSTRUCTION			((X3) DATE SURVEY COMPLETED		
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F 000			1	 · · · · · · · · · · · · · · · · · · ·	
F 880	Continued From page 55 to administer the nebulization treatment. Staff G looked for Resident #9's nebulizer system and found the tubing, mask, and cup (all attached together/intact) but lying on the floor with papers scattered in between Resident #9's chair and bedside table. Staff G picked up the device, put the medication in the cup, and administered the nebulization treatment.	F 880			
	3. On 9/5/18 at 11:43 a.m., Staff F, Registered Nurse (RN) entered Resident #2's room to do blood sugar check. Staff F donned a pair of gloves and wiped Resident 2's left small finger with an alcohol swab, then put it on top of the bedside table without a barrier present. However, Resident #2 voiced not wanting left small finger to be used and suggested to use right middle finger instead. Staff F then picked up the used alcohol swab on top of bedside table, wiped Resident #2's middle finger and obtained the blood sample. Staff F removed her gloves, prepared insulin, donned another pair of gloves, administered the resident's insulin. Staff F then removed the gloves, and went to document in the computer. Staff F failed to perform hand hygiene before, during, and after the entire duration of the tasks performed.				
	4. On 9/5/18 at 11:57 a.m., Staff F proceeded straight to the 200 Hallway. Staff F donned gloves, wiped Insulin Aspart flex pen hub with alcohol swab, prepared 3 units of insulin, and wiped Resident #4's abdominal skin for injection with the same alcohol swab used to wipe the insulin flex pen. Staff F then removed gloves and touched the computer to document medication administration. Staff F failed to perform hand hygiene between residents (Resident #2 and #4), and failed to perform hand hygiene before,			,	

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
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			B. WING		
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		E 000	1	i
F 880		F 880		
	Continued From page 56 during, and after			
	preparation and administration of Resident #4's		{	
	• •		Performance	
	medication.			
	During interview on 9/5/18 at 12:04 p.m., Staff F			
	stated she thought she did not re-use the alcohol			
	swab, and then acknowledged that she did not			
	perform hand hygiene in between tasks, and			
	between residents.			
	During interview on 9/5/18 at 2:25 p.m., the			
	Director of Nursing (DON) stated expectation that			
	staff should observe infection control practices at			
	all times, including medication administration.			
	5 TH AND 10 (AMDO) 15			
	5. The Minimum Data Set (MDS) assessment for			
	Resident #30 dated 8/03/18, included diagnoses			
	of atrial fibrillation, coronary artery disease,			
	hypertension, arthritis, and non-Alzheimer's			
	Dementia. The MDS documented the resident			
	required extensive assistance of two for bed			
	mobility, toilet use, transfer, dressing and			
	personal hygiene. The MDS documented the			
	resident was frequently incontinent of urine and			
	occasionally incontinent of bowel. The resident's			The state of the s
	Brief Interview for Mental Status (BIMS) score			
	was a 3 which indicated severe cognitive			
	impairment. The resident record also			
	documented a pressure ulcer to left buttock and			
	a pressure ulcer to resident's coccyx.			
	During observation on 9/05/18 at 10:00 a.m.,			
	Staff D, Certified Nurse's Aide (CNA) assisted the			
	resident into the bathroom and onto the toilet,			
	CNA then washed hands and donned gloves. She			
	removed the residents wet brief, threw it into the			
	trash can, and left the bathroom to get a clean			
	brief from the resident's closet. The CNA returned			
	to the bathroom, removed gloves and donned a			
	new pair. She assisted the resident to a standing			
	HOW BUILD DIS GOSTON BID POSICION OF A SIGNALLY		I	,

		•					
	TATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA ND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MUL	(X2) MULTIPLE CONSTRUCTION			SURVEY LETED
			A, BUILD	A, BUILDING			
			B. WING	Pre-Varia	THE COMMISSION OF THE PROPERTY		20/2010
		165181				09/	06/2018
NAME OF PROVIDER OR SUPPLIER					STREET ADDRESS, CITY, STATE, ZIP CODE		
				7	703 SOUTH UNION		
ROCK RAP	IDS HEALTH CENTRE	•			ROCK RAPIDS, IA 51246		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA	1	(X5) COMPLETION DATE
					DEFICIENCY)		

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F 880	·	F 880	0	
	Continued From page 57 position, pulled a wet			
	wipe from the package and wiped the resident's			
	leg creases and buttocks turning to a new side			
	with each wipe. She tossed this wipe and			
	reached into package to get another which she			
	used to wipe front to back on the resident's peri			
	area, she tossed this wipe toward garbage and it	1		
	missed and landed on the floor. The CNA picked			
	the wipe up off the floor and placed it into the			1
	garbage can, she then took another wipe and			
	wiped the resident buttock area. She then picked			
	up a tube of barrier cream with one soiled gloved			
	hand, squeezed the cream onto the other soiled			
	gloved hand and wiped it onto the resident's			
	buttocks. Observation revealed the resident had			
	an open area on the coccyx. The CNA removed]		
	the glove from her left hand and without hand			
	sanitation continued to assist the resident pulled			
	up brief and pants, and helped resident to her			
	recliner. Staff D proceeded to touch the			
ĺ	resident's pants, shirt, gait belt, walker, recliner,			
	privacy curtain, recliner lift controller, call light,			
	bathroom door knob and bathroom sink handles			
	to turn on the water with the same soiled gloves			
I	used to provide incontinency care and apply			
	barrier cream. She then removed and discarded			İ
	the glove in the trash, removed the trash liner			
	tied it shut and turned and washed her hands.			
1				
ĺ	When interview on 9/05/18 at 5:32 p.m., the			
	Director of Nursing stated she would expect a			
	staff to remove dirty gloves and do hand			
	sanitation prior to applying barrier cream to a			
	residents bottom especially on a resident with an			
3	open wound.			
1	Antibiotic Stewardship Program	F 881		
SS=D	CFR(s): 483.80(a)(3)			
				+

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CO		TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
			A. BUILD	NG	
			B, WING		
		165181			09/06/2018
NAME OF PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, 2	ZIP CODE
				703 SOUTH UNION	
ROCK RAP	IDS HEALTH CENTRI			ROCK RAPIDS, IA 51246	
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		ACTION SHOULD BE COMPLETE TO THE APPROPRIATE COMPLETE DATE

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F 881		F 881	Nurse Consultant in-serviced department	1
	Continued From page 58		supervisory team related to antibiotic	
	§483.80(a) Infection prevention and control		stewardship program as part the infection control program.	
	program.		Control program.	
:	The facility must establish an infection prevention and control program (IPCP) that must include, at		Current resident of the facility have the	
	a minimum, the following elements:		potential of being affected.	
	3		October 5th 2018, DON or designee will	
	§483.80(a)(3) An antiblotic stewardship program		provide inservice education related to	
,	that includes antibiotic use protocols and a		antibiotic use, which will include the	
	system to monitor antibiotic use. This REQUIREMENT is not met as evidenced		McGeers criteria and communication with	
	by:		the physician.	
	Based on staff interview the facility failed to		DON or designee review physician orders,	
	establish an infection prevention and control		5 days a week, to review any new	
	program that must include an antibiotic stewardship program that includes antibiotic use		antibiotic orders and antibiotic logs, to	
	protocols and a system to monitor antibiotic use.		verify the antibiotic has been logged	
	The facility reported a census of 39 residents.		appropriately and will verify appropriate	
	-		criteria has been met.	
	Findings include:		DON or designee to report findings of the	
	Based on facility record review, and staff interview, the facility failed to ensure infection		above to QAPI monthly times 3 months	
	control program included commitments toward		then review and assess for need to	
	responsible use of antibiotics through		continue. The plan will be reviewed and	
	implementation of an antibiotic stewardship		revised as indicated and staff will be	
	program. This deficient practice could potentially affect the facility's census of 39 residents, as		reeducated as needed.	
	reported at the time of the survey.			
	1000100 0001000000			
	Findings include:			
	Review of the facility Infection Prevention &			
	Control Program, dated 3/15 revealed the policy			
	lacked information regarding antibiotic			
	stewardship program, and protocols and system			
	for monitoring antibiotic use.			
	On 9/5/18 at 2:25 p.m., the Director of Nursing			
	(DON) verified that the facility did not have written			
	guidalines for antibiatic stayardobin. The DON	1	i	1

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		1, ,	(X3) DATE SURVEY COMPLETED	
				NG			
			B. WING			(0.0.10.4.0	
		165181			09	/06/2018	
NAME OF PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE			
ROCK RA	PIDS HEALTH CENTRE	:		703 SOUTH UNION ROCK RAPIDS, IA 51246			
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		D BE	(X6) COMPLETION DATE	

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

	OT ON MEDIONICE & MEDIONID OLIVIOLO		OMD 140. 0930-0-	
F 881	Continued From page 59	F 881		
	stated the facility relied on consultant			Ī
1	pharmacist's education for staff on how to use			
	antibiotics. The DON further stated that			
	"corporate" was still working to provide facility			
				ſ
	written guidelines for antibiotic stewardship.			
	On 9/5/18 at 4:06 p.m., the Nurse Consultant			
	verified that the facility did not implement			ı
	antibiotic stewardship. She stated she talked to			
	the DON on 9/4/18 and discovered that the facility			
1 .	did not have one, despite corporate expectation			
!	that antibiotic stewardship program be in place in			
İ	all buildings.			
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