

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

<b>Citation Number: 6797</b>		Amended Citation – Fine amount reduced by 35% reduced to \$7,312.50 on May 11, 2018. Pursuant to Iowa Code Section 135C.43A		<b>Date:</b> May 4, 2018	
<b>Facility Name:</b> Bethany Life		<b>Survey Dates:</b> April 2-5, 9-12, 16-19 and 4/24/18			
<b>Facility Address/City/State/Zip</b>  212 Lafayette Street Story City, IA 50248		MW			
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>	

<b>58.28(3)e</b>	<p><b>58.28(3) Resident safety.</b>  <b>e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</b></p> <p><b>Description:</b></p> <p>Based on record review and staff interview, the facility failed to ensure that -the resident environment remained as free of accident hazards as possible; and each resident received adequate supervision and assistance devices to prevent accidents for 2 of 4 residents reviewed. (Resident #6 &amp; #7) Facility census was one hundred fifty-four (154) residents.</p> <p>Findings include:</p> <p>1. A Minimum Data Set with assessment reference date of 1/18/18, assessed Resident #6 with impaired short term memory and modified independence with decision making skills. The resident had no behavior symptoms identified. The resident required limited staff assistance with toileting and extensive staff assistance with bathing. The resident was frequently incontinent of bladder. The resident had diagnoses that</p>	<b>I</b>	<b>\$6000</b>	<b>UPON RECEIPT</b>
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	<p>included: diabetes and malignant neoplasm of the bone. The resident had one fall with injury since the previous assessment.</p> <p>A PT (physical therapy) progress and discharge summary dated 7/10/17 revealed the resident could ambulate safely with 4 wheeled walker and CGA (contact guard assistance) on even surfaces. The resident demonstrated a Tinette balance score of 6/16 and a gait score of 9/12 for a total balance and gait score of 15/28 which is high risk for falls.</p> <p>An incident report dated 12/2/17 at 5 a.m. identified an unwitnessed fall in the resident bathroom. The resident fell and hit her head on the bathroom door. The resident received a bump on the head. The incident report revealed the resident fell asleep on the toilet. Following the incident, staff instructed the resident to please call for assistance.</p> <p>A care tool dated 12/2/17 identified the resident was independent with a 4 wheeled walker.</p> <p>An incident report dated 2/14/18 at 12:45 a.m. revealed an unwitnessed fall in the resident's room. Staff found the resident in a sitting position by the bed. The resident did not sustain injury. The report indicated the resident possibly fell out</p>				
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	<p>of bed. The resident stated a woman and baby kicked her out of bed. The report identified the resident with increased use of Morphine (narcotic) due to pain. The report also stated the resident was more confused lately. The root cause of the fall identified on the incident report was possible footwear and bed was very high for resident to get into and resident was always at the edge of the bed at all times. The report identified the facility may need to speak with the family about a lower bed easier to get into. The intervention was Hospice changed medication for better pain control. There was no evidence the facility approached the family about a lower bed. The care tool in place on 2/15/18 did not contain any changes in footwear for the resident.</p> <p>An incident report dated 2/24/18 at 5:15 a.m. revealed an unwitnessed fall in the resident's room. A diagram identified the resident on the floor by the bed. When questioned, the resident said something about magazines. The resident's feet were bare and the call light was not in reach. Contributing factors revealed "footwear". The resident said she slid to the floor to look for her remote. The intervention following the incident was for the resident to call to ask for remote and have pendant call light available and pendant on body. Additional care tool changes/interventions was: suggest wrist pendant. Review of the</p>			
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	<p>2/24/18 and 2/25/18 care tools showed no care tool changes following the incident.</p> <p>Daily notes dated 3/2/18 at 2 a.m. revealed the resident was increasingly confused. A nurse walked by the resident's room and found the resident seated on the edge of the bed with no brief or pants on. The nurse asked the resident if she was Ok and she stated she didn't know what she was doing or why she was seated there.</p> <p>An incident report dated 3/4/18 at 9:15 a.m. revealed an unwitnessed fall in the resident room. The resident fell and hit the left eye possibly on the left corner of the bed frame. A diagram showed the resident on the floor at the foot of the bed. The resident was confused and had slippers on. The contributing factor was identified as "amount of assistance in effect". The resident appeared weak and didn't know why or how the fall occurred. The conclusion was that the resident took self to the bathroom and fell into the bed hitting her eye. After the incident, the family provided a lower bed.</p> <p>Daily notes dated 3/4/18 at 11 p.m. revealed staff found the resident on the floor at 9:15 a.m. facing the bed on her bottom. Staff observed an injury to the left eye. The pupil and iris were completely covered in blood. Staff placed an ice pack over</p>				
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	<p>the eye and the resident transported to the ER (emergency room). The resident returned to the facility (no time listed) with orders for an ice pack and multiple eye drops. The resident was to see an eye doctor in the morning. An ER after visit summary dated 3/4/18 identified the resident's eye injury as "hyphema". Hyphema care instructions identified it as bleeding between the colored part of the eye (iris) and the cornea. The cornea is the outer clear tissue that covers the iris and pupil. Hyphema is usually caused by a blunt injury to the face or eye. Because this is a serious injury, the resident will need to see an eye specialist right away.</p> <p>Review of 3/5/18 nurses notes did not identify a visit to an eye specialist. On the same date at 6:40 p.m. the resident was unresponsive verbally and briefly opened eyes to voices. The resident expired on 3/6/18 at 9:40 p.m.</p> <p>A death certificate identified the immediate cause of death as respiratory failure due to breast cancer with metastases to the bone.</p> <p>Staff Interviews:</p> <p>On 4/9/18 at 12:56 p.m. Staff V CNA stated just she and Staff U LPN (licensed practical nurse) worked when the resident fell. She stated she</p>				
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	<p>heard the resident yell and found her on the floor. She got Staff U. The resident said she hit her eye on the corner of the bed. She said her foot got stuck when she tried to get out of the recliner. Her bed was kind of high and after the incident, she got a low bed. Her recliner was at the foot of the bed and there wasn't much room to walk in between. Her room was cluttered. Staff V didn't know if the resident wore a wrist pendant.</p> <p>On 4/8/18 at 3:47 p.m. Staff U LPN stated the resident was laying on the edge of the bed so he helped her into the recliner. 5 to 10 minutes later the resident was on the floor sitting on her bottom and facing the foot of the bed. Staff U stated he was shocked when he saw the resident's eye injury. The iris and pupil were completely covered with blood. The resident was confused and declining prior to the incident. Staff U sent the resident to ER and she returned with orders for multiple eye drops and an eye patch. She was supposed to see an eye specialist. On 4/12/18 at 11:50 a.m. Staff U stated he thought the resident's wrist pendant was next to her on a table by the recliner. He stated the resident was forgetful and not good about asking for help.</p>				
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	<p>2. A Minimum Data Set (MDS) with assessment reference date of 8/10/17, assessed Resident #7 with impaired long and short term memory and moderately impaired decision making skills. She rarely understood verbal communication and was sometimes understood by staff with communication ability limited to making concrete requests. The resident had moderately impaired vision and could not read newspaper headlines but could identify objects. She had no behavior symptoms identified including no rejection of care identified. The resident required extensive assistance of 2 or more staff for bed mobility, transfers, toileting, personal hygiene and bathing. The resident did not ambulate. She had functional range of motion limitations of both upper and lower extremities. The resident was frequently incontinent of bowel and bladder. Resident #7 was 65 inches tall and weighed 118 pounds.</p> <p>A care tool dated 9/13/17 directed staff to transfer the resident with an EZ stand and 2 staff.</p> <p>Daily notes dated 9/13/17 at 1:40 p.m. and documented by Staff P RN (registered nurse) revealed at approximately 11:15 a.m. Staff P went to the resident's room due to a laceration to the resident's right lower leg during a transfer from the bed to the wheelchair. Staff Q CMA</p>				
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	<p>(certified medication aide) had a towel on the resident's leg and it was soaked with blood. Staff P notified the ARNP (advanced registered nurse practitioner) who told staff to continue applying pressure to the wound. Staff P grabbed a bag of ice and another towel and elevated the right leg and applied pressure. Staff P called another nurse for assistance with the situation. After approximately 25 minutes the bleeding was minimal and Staff P completed an assessment of the wound. The right lower leg wound measured 11 centimeters (cm.) long and 2 cm. wide with skin unable to be approximated so staff continued to apply pressure. After the ARNP assessed the wound, the resident was transported to the ER (emergency room)</p> <p>ED (emergency department) notes dated 9/14/17 revealed resident from nursing home for evaluation of a right leg laceration. This was sustained when transferred by an aide. Her leg caught on the edge of the wheelchair and she sustained the laceration. There is a large gaping C-shaped flap like laceration deep into the subcutaneous tissue over the lateral right leg below the knee. This has a V-shaped component to the upper end of the laceration. Total length is 13 cm. There was a small amount of venous oozing. The ED report identified the laceration as "extensive". Due to the resident's age and the</p>			
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	<p>large laceration she was a high risk for healing complications. The wound was closed with a total of 21 sutures.</p> <p>Observation:</p> <p>On 4/10/18 at 1:15 p.m. observation showed 2 staff transfer the resident from the wheelchair to bed via Hoyer lift. Observation of the right outer leg showed a long black scab approximately 6 to 8 inches long. The resident did not respond to any questions asked about her right lower leg. She just smiled.</p> <p>Staff Interviews:</p> <p>An interview was conducted on 4/12/18 at 2:29 p.m. with Staff P RN. Staff P stated a nurse aide reported the incident to her. She was not sure who the CNA was but it was not Staff Q who was with the resident. During a transfer to the wheelchair, the resident must have caught her leg on something. Staff Q did not say how she transferred the resident-another aide told Staff P what happened. Staff Q transferred the resident by herself. Staff P found out at the end of the day and Staff Q was then taken to the office. When Staff P entered the room, she saw blood everywhere. There was a trail and then a pool of blood. The resident's leg had a big deep cut</p>				
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	<p>approximately 11 centimeters (cm.) long. The skin was sliced and hanging off. It could not be approximated (put back together). The resident went to the ER (emergency room) and received 21 stitches to close the wound. Staff P stated she did not know of anyone else transferring the resident improperly.</p> <p>On 4/22/18 at 6:13 p.m. Staff Y CNA stated she was getting a resident up and had told Staff Q she would be right back. When she returned, Staff Q transferred the resident by herself and cut her leg. Staff Y stated blood was everywhere and Staff Q put pressure on the wound. There was blood on the floor, and the resident's leg and foot. Staff Q told Staff Y-"You were in here with me weren't you" Staff Y stated she would not cover for Staff Q. She reported the information to management and they told Staff Y she didn't the right thing by not covering for Staff Q. Staff Y stated she was not aware of anyone else transferring the resident alone. Staff Y stated she always used 2 to transfer the resident.</p> <p>On 4/24/18 at 10 a.m. Staff W RN and acting DON (director of nursing) stated she was told that Staff Q asked a staff to cover for her and the other staff said no. She stated then someone else took over the investigation. That person no longer works at Bethany. Staff W stated they couldn't</p>			
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	<p>find the investigation into the incident.</p> <p>On 4/9/18 at 12:10 p.m. Staff Q CMA (certified medication aide) stated she transferred the resident out of bed by herself and she pulled her foot up causing her leg to get caught on the wheelchair. The leg caught on the part where the pedals hooked into the wheelchair. Staff Q stated she knew the resident was a 2 person transfer but the other aide was busy giving a shower. She stated she was suspended for one day and coached regarding the incident. Staff Q stated the care tool said to use 2 staff. She used a gait belt. Staff Q said she didn't mean for the resident to get hurt. It was lunch time and she thought she could transfer her. Staff Q said she wanted the resident to get to her meal. On 4/10/18 at 1:40 p.m. Staff Q stated she had the care tool with her when the incident occurred and again said she knew the resident was not a 1 assist transfer and that she should have 2 for transfers.</p> <p>On 4/24/18 at 10:05 a.m. Staff Q denied asking Staff Y to say she assisted with the resident's transfer. Staff Q stated she told Staff Y not to lie. Staff Q didn't know why Staff Y would say that. Staff Q stated the DON and supervisor told her they spoke with a lawyer and Staff Q was told it wasn't reportable. They said they did their own investigation but now they can't find it.</p>				
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	<p>On 4/10/18 at 11:15 a.m. the Administrator stated the facility did not report the incident to the State agency because a major injury form was signed and said "no major in jury".</p> <p><b>FACILITY RESPONSE:</b></p>			
<b>58.19(2)b</b>	<p><b>58.19(2) Medication and treatment</b> <b>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing.</b></p> <p><b>Description:</b></p> <p>Based on observation, record review and staff interviews, the facility failed to ensure that a resident with pressure ulcers received necessary treatment and services, consistent with professional standards of practice, to promote healing, prevent infection and prevent new ulcers</p>	<b>I</b>	<b>\$5250</b>	<b>UPON RECEIPT</b>

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	<p>from developing for 3 of 4 residents reviewed Residents #2, #3 &amp; #4. Facility census was one hundred fifty-four (154) residents.</p> <p>Findings include:</p> <p>1. A Minimum Data Set (MDS) with assessment reference date of 3/8/18, assessed Resident #2 with impaired long and short term memory impairments. The resident had moderately impaired decision making ability. The resident had the following signs and symptoms of delirium: inattention and disorganized thinking. The resident had no behaviors identified including rejection of care. The resident required total staff assistance with bed mobility, transfers, dressing, toileting, personal hygiene and bathing. The resident did not ambulate and used a wheelchair for mobility. The resident was always incontinent if bowel and bladder. The resident had diagnoses that included: dementia and multiple sclerosis. The MDS identified the resident with 2 Stage 3 pressure sores. The largest pressure sore measured 5.2 centimeters (cm.) long by 3 cm. wide by 1 cm. deep.</p> <p>The MDS identified a Stage 3 pressure sore as full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle is not exposed. Slough may be present but does not</p>				
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	<p>obscure the depth of the tissue loss. May include undermining and tunneling.</p> <p>On 3/23/18 the right ischium measured 6.3 cm. by 3.5 cm. by 2 cm. The area was described as a Stage 3 ulcer tunneling superior to wound opening with yellow slough notes to muscle level beneath dermal layer. On 3/30/18 the right ischium measurements were unchanged with greater than 2 cm. tunneling superior to the wound opening. On 4/10/18 the right ischium measured 6.2 cm. by 3.2 cm. by 1.6 cm. with 5 cm. of tunneling.</p> <p>Skin sheets identified the coccyx measurement on 3/30/18 measured 3.1 cm. by 1.9 cm. by 0.2 cm. On 4/10/18 skin sheets revealed the coccyx measured 2.4 cm. by 1.5 cm. with depth of 0.4 cm.</p> <p>Daily notes revealed the resident admitted to Hospice on 3/1/18. Orders for treatment on that date were: pack sacrum and right ischial ulcers with betadine moistened gauze and cover with gauze daily.</p> <p>Wound clinic orders dated 3/22/18 at 10:57 a.m. revealed orders for the right ischium was: betadine moist gauze covered with "dressing of choice". April 2018 treatment administration</p>				
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	<p>records (TARs) identified the order for the area as: betadine solution 10%. Apply betadine moistened gauze to the sacrum/right ischial wound daily and as needed.</p> <p>Observation showed on 4/2/18 at 1:25 p.m. the resident eating in bed. Following the meal Staff B LPN (licensed practical nurse) completed pressure sore care to a deep right ischial wound and coccyx wound. Staff B soaked 2 by 2 gauze in Betadine and packed the wound with 3 2 by 2 betadine soaked gauze pads into the ischial wound after cleansing with wound cleanser. Staff B then applied a Tegaderm to the wound. Betadine seeped out from under the Tegaderm. Staff B then cleansed the coccyx wound and used gauze to wipe out the area. She then applied betadine soaked gauze to the coccyx area and covered it with mepilex border. Staff left the resident on her back in bed. The resident remained on her back in bed at 2:45 p.m., 3:55 p.m. and 4:50 p.m. The resident laid on an air mattress.</p> <p>A 4/2/18 care tool directed staff to reposition the resident every 2 hours from side to side.</p> <p>Dietary progress notes dated 1/8/17 revealed the resident should receive super cereal and fortified potatoes. On 4/4/18 at 1210 p.m. the dietician</p>				
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	<p>stated the resident received fortified potatoes when mashed potatoes were on the menu. The resident should receive super cereal every morning.</p> <p>Observation on 4/4/18 at 9:45 a.m. showed the resident rolled up in bed feeding self. At 10 a.m. the resident was asleep with fork in hand. There was no super cereal on the tray. The tray contained biscuits and gravy and thickened water. At 10:08 a.m. staff entered the room to provide pericare. Observation showed the coccyx dressing rolled up and removed by Staff A CNA. The right ischial dressing was coming off and contained a date of 4/3/18.</p> <p>Review of the treatment administration record revealed Staff D LPN (licensed practical nurse) applied dressings to the pressure sores on the 2 p.m. to 10 p.m. shift on 4/4/18. On 4/10/18 at 2:50 p.m. Staff D stated there were no dressing on either pressure sore when she worked the afternoon/evening shift on 4/4/18. She reapplied the dressings around suppertime that night. (Meaning the dressing were off all day until suppertime)</p> <p>On 4/5/18 at 9:42 a.m. observation showed no dressings on the resident's bottom. At that time, Staff C CNA stated the dressings were off and in</p>				
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	<p>the bed with the resident when she saw the resident around 8 a.m.</p> <p>Interdisciplinary team care plan notes dated 3/21/18 identified the intervention of fortified potatoes not super cereal. Resident care plan goals with review date of 3/21/18 revealed the goal of the resident would allow staff to turn her from side to side to relieve pressure.</p> <p>2. A MDS with assessment reference date of 1/4/18, assessed Resident #3 with impaired long and short term memory and moderately impaired decision making skills. The resident had the following signs and symptoms of delirium: inattention and disorganized thinking. The resident did not have behavior symptoms identified. The resident required extensive assistance of 2 staff with bed mobility, transfers, dressing and personal hygiene. The resident was nonambulatory. The resident had diagnoses that included: Alzheimer's disease and urine retention. The MDS identified the resident at risk for pressure sores. The MDS did not identify pressure sores.</p> <p>A facility form dated 1/7/18 revealed the facility identified a 0.5 cm. by 2 cm. pressure area to the coccyx. A telephone order dated 1/15/18 identified an order for venalex to open area on</p>				
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	<p>coccyx daily and cover with mepilex. Change mepilex every 3 days.</p> <p>The most recent measurement of the coccyx was completed on 3/30/18. The area measured 3.1 cm. by 2.7 cm. with depth 0.1 cm. On 3/23/18 the area measured 3.4 cm. by 2.2 cm.</p> <p>The most recent order for the area was dated 2/9/18 that directed staff to apply Aquacel AG foam (3.2 by 3.2) to open area. Change every 2 days. A clarification dated 2/15/18 revealed staff should discontinue the venalex treatment and apply Aquacel AG foam to open area on bottom after cleansing. Change every 2 days and cover with opsite (transparent) dressing.</p> <p>Review of the 2/18 TAR showed a line through the mepilex dressing. Review of the 3/18 TAR revealed the mepilex was on the 3/18 TAR and signed for by staff. (even though it was discontinued).</p> <p>Observation on 4/2/18 showed the last dressing was dated 3/30/18 (3 days). On 4/2/18 Staff B LPN applied mepilex border and not the ordered Aquacel treatment.</p> <p>The care tool dated 4/2/18 directed staff to ensure the resident used an alternating air</p>			
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	<p>mattress and equagel in the wheelchair. The care tool directed staff to reposition the resident every 2 hours and reposition off of coccyx.</p> <p>Observation showed, on 4/2/18 at 12:03 p.m. the resident rolled up in bed. The resident laid on an air mattress which was set on "static" (not alternating air) normal pressure. At that time Staff A CNA (certified nurse aide) provided pericare to the resident. A large bandage dated 3/30/18 covered the resident's coccyx area. Staff A removed the dressing since it was coming off. Observation showed an open sore on the coccyx. At 12:50 p.m. of the same date Staff B LPN (licensed practical nurse) used wound cleanser to cleanse the coccyx wound, cleansed around the sore with skin prep and applied mepilex border (and no Aquacel AG). The resident rated pain in her bottom at an "8" on a scale of 0 to 10 with 0 being no pain and 10 being the worst imaginable pain. After the treatment, staff covered the resident and rolled the head of the bed up. On the same date at 2:23 p.m., 2:45 p.m. 3:20 p.m. the resident remained on her back in bed on the static mattress. At 3:55 p.m. the resident was up in a wheelchair at the table in the dining room.</p> <p>Staff did not follow the Aquacel/opsite every 2 days orders to treat the coccyx or reposition every 2 hours per care tool.</p>				
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	<p>3. A Minimum Data Set (MDS) with assessment reference date of 12/28/17, assessed Resident #4 with a brief interview for mental status (BIMS) score of "7" (severe cognitive impairment). The resident sometimes understood other and others sometimes understood the resident. The resident had the following signs and symptoms of delirium: inattention and disorganized thinking. The resident had no behavior symptoms. The resident required total staff assistance with bed mobility, eating and personal hygiene. The resident transferred once or twice a week with the assistance of 2 or more staff. The resident did not ambulate or use the toilet. The resident had functional range of motion limitations of one side of the upper and lower extremities. The resident was always incontinent of urine and frequently incontinent of bowel. The resident had diagnoses that included: Alzheimer's disease and fracture. The MDS identified the resident as at risk for pressure sores. The MDS identified one Stage 2 pressure sore. The MDS identified a pressure sore present on the prior assessment.</p> <p>The MDS defines a stage 2 pressure ulcer as a partial thickness loss of dermis presenting as a shallow open ulcer with red or pink wound bed, without slough.</p>			
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	<p>A 1/14/18 Braden scale identified the resident with a score of 11 (high risk for pressure sores).</p> <p>Hospice notes dated 2/28/18 revealed staff informed Hospice that the resident still had a wound to the coccyx.</p> <p>Review of March 2019 treatments administration records (TARs) revealed an order for Aquacel AG foam ADH 4 by 4. Apply topically to open areas on bottom cover with mepilex and change every 3 days. Staff last signed for the treatment on 3/11/18 and then staff wrote "repeat". The TAR did not identify further treatment to the area.</p> <p>Telephone orders identified the following order on 3/14/18 "discontinue aqua AG foam to coccyx. Mepilex to sacrum change every 3 days"</p> <p>The March and April 2018 TARs did not reflect the Mepilex order was carried out.</p> <p>There were no skin assessment records available regarding the coccyx since 11/30/17. On 11/30/17 a skin record identified a 0.6 centimeter (cm.) by 0.2 cm. dry scab on the coccyx.</p> <p>Observation:</p> <p>Observation showed on 4/2/18 at 12:02 p.m.,</p>				
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	<p>2:20 p.m., 2:45 p.m. 3:55 p.m. and 4:50 p.m. the resident in bed on her back. Observation on 4/3/18 at 8:42 a.m., 9:05 a.m. and 10:22 a.m. showed the resident on back in bed. On 4/3/18 at 9:05 a.m. observation showed the skin on the coccyx area red and fragile but not open. There was no dressing on the area. Staff provided pericare at this time. Staff did not apply periguard with pericare. The resident laid on an air mattress when in bed.</p> <p>A care tool for CNAs did not contain a repositioning schedule for the resident. The care tool directed staff to apply periguard with all pericare.</p> <p>A resident care plan goals sheet with review date of 1/10/18 did not identify a repositioning plan.</p> <p>The corporate consultant stated on 4/9/18 at 10:18 a.m. stated the facility was aware there were issues with pressure sores. On 4/3/18 the facility did head to toe assessments on all residents and reviewed wound treatment orders for accuracy.</p> <p><b>FACILITY RESPONSE:</b></p>				
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