Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: #6732			**Date:** 1/5/17
Facility Name: Blair House		**Survey Dates:** December 20-21, 2017	
Facility Address/City/State/Zip 1212 Indian Hills Drive Burlington, IA 52601	JKM		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e	**481—58.28 (135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** *Resident safety.* e. Each resident shall receive adequate supervision to ensure against hazard from self, others, or elements in the environment. (I,II, III)	I	$6,250 Held in suspension	Upon Receipt
58.20(4)b	**481—58.20(135C) Duties of health service supervisor.** Every nursing facility shall have a health service supervisor who shall: **58.20(4)** Develop and implement a written health care plan in cooperation with, to the extent practicable, the resident, the resident's family or the resident's legal representative, and others in accordance with instructions of the attending physician as follows: b. The health service supervisor is responsible for preparing, reviewing, supervising the implementation, and revising the written health care plan; (III)			
58.19(1)g	**481—58.19(135C) Required nursing services for residents.** The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:			

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	58.19(1) Activities of daily living. g. Ambulation with equipment if applicable, or transferring, or positioning; (I, II, III) **DESCRIPTION:** Based on observation, record review, and resident and staff interview, the facility failed to provide adequate nursing supervision and assistance devices to prevent accidents for 1 of 3 residents reviewed. Resident #1 required assist of 2 staff for transfers. On 12/2/17, Staff A transferred the resident alone rather than summoning another staff's assistance. As a result, Resident #1 fell and sustained a subdural hematoma (brain bleed) and a fracture of the cervical (neck bones) spine, 4th vertebrae (C-4). The facility reported a census of 51 residents. Findings include: According to the Minimum Data Set (MDS) assessment tool dated 11/15/17, Resident #1 had diagnoses that included heart failure, anxiety disorder, depression, history of unspecified venous thrombosis (clot) or embolism (air bubble in one's bloodstream) and unspecified intellectual disabilities. The same MDS documented Resident #1 displayed severely impaired cognitive abilities and required extensive assistance of 2 staff for bed mobility, transfers, ambulation (walking), toilet use, and personal hygiene. The MDS identified the resident's balance as unsteady			

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	for all activities and documented the resident could not turn around while walking, but noted Resident #1 was independent with locomotion because she self-propelled her wheelchair throughout the facility. The MDS also documented the resident received an anti-coagulant (medication to prevent blood clots) 7 days per week. A Fall Risk assessment completed 11/11/17 indicated the resident should be considered at risk for falls and fall interventions should be initiated. The resident's Care Plan identified the need for assistance with activities of daily living. The following intervention was initiated on 4/4/13 and revised on 3/14/17: Ambulate with assist of two staff members using a walker, and pull the wheelchair behind the resident for safety. Resident #1 had a history of sitting down without telling staff. Monitor for changes in gait and balance with therapy as needed/ordered. An intervention dated 12/29/15 and revised on 3/14/17 directed the staff to transfer the resident with assist of two persons. The resident's Care Plan also identified the resident took an anticoagulant and an intervention initiated 4/4/13 and updated 11/16/17 directed staff to monitor Resident #1 for abnormal bleeding or bruising and if found, report it to the resident's physician. The CNA Care Card for Resident #1 dated and initialed on 8/10/17 directed staff to transfer the resident with assist of 2 staff, ambulate with assist of 2 staff and wheeled walker, and follow behind with a wheelchair.			

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	The Radiology Report for CT Cervical Spine without contrast dated 12/2/17 revealed acute appearing mildly displaced oblique fracture of the C-4 spinous process, which is new from the prior exam in 2013. The Radiology Report for CT Brain without contrast dated 12/2/17 revealed parafalcine subdural hematoma, extending along the bilateral tentorial leaves measuring 6 mm in maximum thickness is stable to mildly increased in size. An Incident Report dated 12/2/17 at 8:00 a.m. documented Staff A, Certified Nursing Assistant (CNA) summoned Staff B, Registered Nurse (RN) to Resident #1's room. The nurse saw the resident on the floor on her back, crying, "I hit my head, my head hurts." The resident's right leg appeared shortened and rotated outward. Documentation revealed a hematoma (mass of clotted blood formed due to a broken blood vessel - can be spontaneous or caused by trauma) and an abrasion on the back, left side of the resident's head. Resident #1's vital signs read as follows: T 98.4 Fahrenheit (F), P 90, R 17, and BP 140/88. The Incident Report revealed staff notified the family and physician and received an order to transfer the resident to the Emergency Room (ER). The Progress Notes dated 12/2/17 at 8:10 a.m. documented by Staff B, RN revealed Staff A, CNA summoned Staff B to Resident #1's room. Staff B noted the resident on the floor on her back, crying, "I hit my head, my head hurts." Upon assessment, Staff			

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	B saw a hematoma on the back, left side of Resident #1's head with no open areas, although the resident complained of severe headache and pain all over, but denied nausea. Staff B documented neuros (neurological checks to determine possible head injury or internal bleeding) completed and within normal limits. The Progress Notes revealed Staff A reported she assisted Resident #1 to ambulate to the bathroom with a gait belt and wheeled walker and the resident lost her balance and fell back. Staff A reported she was not able to hold the resident up. At 8:30 a.m., the ambulance arrived and transferred the resident to the local hospital's ER. At 12:14 p.m., Staff C, Licensed Practical Nurse (LPN) documented the local hospital staff called and reported they had to send Resident #1 to a higher level of care due to the discovery of a small, subdural hematoma (bleeding into the space between the dura, or brain cover, and the brain itself) and a C-4 fracture. The undated facility policy "Safety Device Utilization Policy" included the following statement under the Disciplinary Procedure heading: "It is the policy of Blair House to enforce a zero tolerance for failure to transfer residents properly according to their plan of care..." During an interview on 12/20/17 at 4:24 p.m., Staff A, CNA reported on 12/2/17 she was running late assisting residents out of bed. She stated Resident #1 was soaked in urine and the CNA students wanted to "ambulate (walk with)" the resident. Staff A reported she searched the pod, could not find the other CNA or nurse and did not know where they were. Staff A			

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	confirmed transferred Resident #1 by herself and admitted she never looked at the care card. She acknowledged the facility had instructed her to follow the care cards and she knew they were posted in the rooms. In an interview on 21/20/17 at 12:36 PM, Staff B, RN reported she had been 4 doors away in another resident's room, walked into the hallway, and saw Staff A, CNA standing in the doorway of Resident #1's room with a look of "panic" on her face. Staff A saw the resident on the floor with her head about 2 feet away from from the bed; Staff A and the resident were the only ones in the room. Staff B reported Staff A verified she transferred Resident #1 by herself even though she was supposed to transfer the resident with assist of another staff member (2 person transfer). Staff B stated the Care Card that notified staff the resident required 2 persons for transfers was on Resident #1's wall for the staff to follow, and she had no idea why Staff B did not do so. She then commented the facility had been fully staffed that day. On 12/21/17 at 10:15 a.m., the Director of Nursing (DON) was interviewed. She reported the incident occurred on a Saturday, but she had come to the facility to assist the visiting podiatrist. She stated when she walked to the front desk, she saw Staff A, CNA holding her head, crying. Staff A stated she "F'd up" and transferred Resident #1 by herself and the resident fell. When the DON asked Staff A why she transferred Resident #1 alone, she first said the facility was short-staffed. The DON reported she challenged			

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	Staff A and Staff A then stated she was running behind and she thought she could just take the resident to the toilet quickly. The DON added the CNA Care Cards were in resident rooms, and on the CNA clipboard located either in the pod kitchenette or the Nurse's Station. She explained staff were trained upon hire and annually regarding transfers and the use of the Care Cards and resident transfers and she expected staff to follow the Care Cards. The DON reported the requirement that mandated Resident #1's transfer required 2 persons had been in place for 2 years. In an interview on 12/21/17 at 11:35 a.m., Staff C, CNA reported the Administrator, DON, Restorative, and all the facility's nurses reiterate to the staff they must follow Care Cards because a resident could get hurt; if they do not comply they would be terminated. He added he has never seen or knew of any staff that did not follow the Care Cards, even if the facility was "short-staffed." During interviews with Staff D, CNA on 12/21/17 at 8:45 a.m. and 11:40 a.m., she reported the facility provided CNA Care Cards that directed staff how to transfer residents and included the amount of staff required as well. She also reported the cards were printed on a sign and located in the CNA Communication book, too. Staff D said CNAs are taught annually about transfers and lifts and they had to complete a return demonstration for management. She stated she had never seen or heard of anyone other than Staff A not follow the Care Cards, and related they were taught in orientation that failure to			

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	follow Care Cards would result in termination. An observation on 12/20/17 at 1:15 p.m., revealed the resident's Care Card on the closet door; Resident #1 was seated on the toilet in the bathroom. Staff E, CNA and Staff F, LPN applied the gait belt to the resident's waist and transferred her from the toilet to the wheelchair. The resident reported the back of her head still hurt when she donned her clothes and also the pain in her upper right shoulder remained.			

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