Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 6727				**Date: December 29, 2017**
Sunny View Care Center		**Survey Dates: December 4-6. 2017**		
410 N.W. Ash Drive Ankeny, Iowa 50023				
	DS			

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e	**481—58.28 (135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **481—58.28 (135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** *Resident safety.* *e.* Each resident shall receive adequate supervision to ensure against hazards from self, others, or elements in the environment. (I,II, III) **DESCRIPTION** Based on observation, record review and staff and resident interviews, the facility failed to provide adequate supervision to ensure against hazardous side rails which caused tears to the skin of Resident #2 and Resident #3. The sample consisted of 6 residents and the facility reported a census of 88 residents. Findings include: 1. A document titled Admission Record, dated 10/20/17, identified Resident#2 had diagnosis that included anemia (Low number of healthy red blood cells in the body) and peripheral vascular disease (Condition of blood vessels that lead to narrowing and hardening of the arteries).	**I**	**$3500 (Held in Suspension)**	**Upon Receipt**

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Facility Administrator Date

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	Resident #2 had a MDS (Minimum Data Set) assessment, with a reference date of 10/19/17. The MDS indicated the resident had a Brief Interview for Mental Status (BIMS) score of 6 out of 15. A score of 6 identified the resident had cognitive problems. The MDS indicated the resident required extensive assistance of staff members for bed mobility, transfers, dressing, toilet use and hygiene. The MDS identified the resident as not ambulatory. A Care Plan with focus areas dated 10/20/17 identified the resident as wheelchair bound. The interventions directed the staff the resident could propel self a short distance but staff assist for all other mobility. The interventions indicated the resident required 2 staff for transfers. The Care Plan identified the resident at risk for skin breakdown related to impaired cognition, incontinence and a history of pressure ulcers. The interventions included and directed staff to monitor skin weekly per protocol, during showers and when providing cares; Report any areas of concern to the nurse. The Nurse's Notes dated 11/7/17 at 1:00 a.m. indicated the resident had a right lower extremity skin tear area. The nurse cleansed the area with normal saline and covered the area with Telfa			

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	The nurse documented a ½ "C" skin tear that the resident thinks she hit on the wheelchair pedal when being put to bed. The Skin Condition Report dated 11/7/17 indicated a 3 cm (centimeter) by 1 cm by .1 cm depth and located on the right outer calf. The report described the area as a "C" shaped skin tear with a small amount of drainage. The Skin Report indicated assessments daily from 11/9 through 11/12/17 and then on 11/17/17, 11/24/17 and 12/1/17. The last report on 12/1/17 indicated the area measured 2 cm by 0.5 cm and scabbed. The Quality Assurance Condition Report dated 11/7/17, identified an intervention for staff to remove the wheelchair foot pedals with all transfers. The Skin Condition Report dated 11/14/17, identified another skin tear which measured .5 cm by .5 cm and bleeding. The cause of the skin tear was from transferring to a wheelchair. On 11/15/17 the area measured 2.4 by 0.8. The report indicated on 12/1/17, the area measured 1 cm by 0.3 cm and scabbed. The Quality Assurance Condition Report identified the area on the right lower leg and next to the old previous skin tear. The intervention			

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	initiated was to pad the wheelchair. The Skin Condition Report dated 12/3/17 identified a skin tear located on the right upper extremity that measured 2.0 by 2.0 cm and full thickness. The report identified the cause of the skin tear was the resident had increased anxiety with the transfers and had fragile skin. The intervention to prevent further skin tears directed the staff to apply Geri Sleeves to the resident's arms and to monitor anxious behaviors for 1 week for possible medication review. Observation on 12/5/17 at 3:25 p.m. identified no plastic insert on the lower side-rail, closest to the door. On 12/4/17 at 12:55 p.m., the resident indicated the 2nd skin tear occurred when she scrapped her right leg on the bottom part of the side rail without a plastic protector in the circle. An observation at the same time revealed no plastic insert in the circular area on the bottom portion of the side rail closest to the door. On 12/6/17 at 1:20 p.m., observation identified Staff A, Licensed Practical Nurse (LPN), conducted an interview with the resident. The resident stated she received the 2nd skin tear from the side rail closest to the door as she			

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	reached down and touched the side rail and stated from this circle thing that does not have a cap on it. On 12/6/17 at 1:26 p.m., Staff A was interviewed and confirmed the above stated document. On 12/6/17 at 1:35 p.m., Staff L, Certified Nursing Assistant (CNA) was interviewed and stated the skin tear would have occurred when staff transferred the resident from the bed to the wheel chair. Staff L stated she didn't notice anything until she saw blood on the resident's pants. The staff member confirmed the resident as alert and oriented. Staff L stated the resident knew what was going on around her and she knew her (Staff L) by name. On 12/6/17 at 1:42 p.m. Staff M, Licensed Practical Nurse (LPN) was interviewed and stated when the 2nd skin tear occurred the resident had a Band-Aid over the 1st skin tear. The staff member confirmed the resident as alert and oriented. 2. Resident #3 had a MDS assessment with a reference date of 9/1/17. The MDS identified the resident had diagnosis that included anemia, heart failure, hypertension (elevated blood pressure), hereditary and idiopathic neuropathy,			

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	asthma (lung disorder), lack of coordination and muscle weakness. The assessment indicated the resident had a BIMS score of 0. A score of 0 identified severely cognitive impairment. The MDS indicated the resident had fluctuating inattention and required extensive assistance of staff for bed mobility, transfers, locomotion, dressing, personal hygiene and non-ambulatory. A Care Plan with a focus areas initiated on 8/17/17, indicated the resident required assistance with all activities of daily living since his/her recent hospitalization for hip surgery and at risk for skin breakdown related to impaired cognition, impaired physical mobility and incontinence. The interventions directed the staff to do the following: Wheel chair used for mobility and propelled by staff. Two staff assistance and a front wheeled walker (FWW) and/or a Hoyer lift (mechanical) device for transfers. Geri sleeves to arms and lower extremities as allowed. Ace wraps from toe to knee (hand written and not dated).			

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	A document titled Quality Assurance Condition Report dated 9/11/17 at 8:15 a.m. indicated the resident received a skin tear to her right outer calf that measured 2 cm by 2.0 cm, no depth, dried blood present and staff had been unable to approximate the area (position the skin together). The Quality Assurance Condition Report dated 9/12/17 at 9:00 p.m. indicated the resident received a skin tear to her left calf. On 12/6/17 at 10:43 a.m. Staff C, Certified Medication Aide (CMA) was interviewed and stated when herself and Staff D, Certified Nursing Assistant (CNA) transferred the resident to bed she hit her leg on the bed but not the side rail. The staff noticed the area when they positioned the resident in bed so they reported it to the nurse who assessed the area and said the area had already been present it just re-opened. On 12/6/17 at 2:42 p.m., Staff E, Licensed Practical Nurse (LPN) indicated she had been unaware if the resident hit her leg or not but the above stated area had been scabbed and just re-opened. According to a form titled Witness Statements form dated 12/2/17 at 8:15 a.m., Staff H, CNA			

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	documented she removed the resident's geri sleeve from the resident's weeping and swollen leg and observed the skin tear. A Quality Assurance Condition Report form dated 10/29/17 at 7:30 p.m. indicated the resident received a Skin tear to her right lower extremity that measured 1.5 cm by 3.5 cm, with no depth and with red, moist scabbed edges. A Skin Condition Report form dated 11/17/17 indicated the resident received a skin tear to her left lower extremity that measured 6.5 cm by 3.5 cm and 2.0 cm deep with serosanguinous drainage and tissue exposure caused by a side rail. The facility staff then placed steri-strips to close the wound. The Nurse's Notes dated 11/17/17 at 7:15 p.m. contained the following documentation: A new 6.5 by 3.5 by 2.0 cm skin tear found to the left inner calf observed. The resident wore geri sleeves and had on pants. The resident's left calf hit the side rail while positioned in bed. The area was cleansed, 5 steri strips applied and covered with gauze. Wool to cover side rails and wheel chair legs initiated. On 12/5/17 at 1:40 p.m., Staff J, CNA, was interviewed and stated herself and Staff I, CNA			

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	transferred the resident from a wheel chair to bed while the resident wore leg protectors and pants. As the staff members sat the resident on the edge of the bed, the resident yelled out in pain. The staff members then laid the resident down in bed and she noticed fluid on the resident's pants and bed. This staff member stayed with the resident as Staff I informed the nurse. The staff member confirmed she knew the area came from the side rail because the skin tear had been at the same height and the rail had a jagged edge on the circle part of the rail that pointed towards the foot of the resident's bed and the skin tear tore down like the exposed circle on the rail. The staff member confirmed she felt along the rail and felt the jagged edges. On 12/5/17 at 4:34 p.m., Staff I CNA, confirmed herself and Staff J pivot transferred the resident from the wheelchair to bed and sat her on the edge of the bed. Staff J supported the resident's upper body while she swung the resident's legs onto the bed. The staff member stated once they put the resident in bed, she complained of pain, however, the resident didn't voice complaints while in the wheelchair. The staff members then lifted the resident's pant leg and noticed a geri sleeve in place with blood on the sleeve but she did not recall any tears or rip in the geri sleeve. The staff member then went to get the nurse			

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	while Staff J stayed with the resident. When the nurse arrived she left the resident's room and answered call lights. On 12/5/17 at 12:27 p.m. Staff K, Registered Nurse (RN) was interviewed and stated that night 2 staff members assisted the resident with hour of sleep (HS) cares. After the staff positioned the resident in bed, they informed her [Staff K] the resident hit leg on the side rail. When she entered the room, the resident laid in bed and wore calf length socks and geri sleeves; however, one had a cut through it. When she assessed the area, she noted a fairly deep cut that drained serosanguinous drainage. She placed a gauze, applied pressure, placed 6 steric strips as the area became well approximated, covered the area with a non-adherent dressing, wrapped the area with Kerlix and put the geri sleeves back over the area for pressure and protection of the leg. Review of an Emergency Room (ER) note dated 11/18/17 at 7:54 p.m., indicated the resident presented with a left posterior lower leg injury. Review of an Emergency Doctor (ED) Provider Notes form dated 11/18/17 at 8:02 p.m., documented per a Sunny View Nurse; the resident was transferred between the beds the			

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	day prior when her left calf caught the bed rail which caused the laceration. The area had been anchor shaped and measured 6.5 cm on the hook area and 4 cm on the top of the hook with the subcutaneous tissue exposed. The Physician applied 4 loose sutures and added steri-strips. A Quality Assurance Condition Report form dated 12/2/17 at 8:15 a.m. indicated the resident received a skin tear to her right shin. When the CNA's removed the resident's geri-sleeves on her legs, they noticed the area. The legs wept with 3 plus (+) pitting edema. A Skin Condition Report form dated 12/2/17 indicated the resident received a skin tear to her right shin that measured 4.5 cm by 0.3 cm. On 12/6/17 at 9:29 a.m. Staff F, LPN was interviewed and stated the skin tear on 12/2/17 resulted from removal of the geri sleeves. Observation on 12/5/17 at 3:25 p.m. identified 20 of the 49 beds checked with 1 or 2 side rails had missing 1 to 4 plastic inserts (caps) on the end of the side rails with 3 of those areas without plastic inserts confirmed as rough and jagged by the maintenance man. A Skin Condition Report form dated 10/2/17			

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	indicated the resident received a skin tear to her right outer calf. One measured 1.5 cm by 1.5 cm and the other 1.0 cm by 1.0 cm. **FACILITY RESPONSE:**			

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