

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

Citation Number: 6715		Date: December 14, 2017		
Blair House		Survey Dates: November 13-15, 2017		
1212 Indian Hills Drive Burlington, Iowa 52601				
		DS		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

<b>58.19(2)j</b>	<p><b>481-58.19(135c) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment.</b></p> <p><i>j.</i> Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III).</p> <p><b>DESCRIPTION:</b></p> <p>Based on record review, and resident and staff interviews, the facility failed to provide accurate assessment and timely intervention for 1 of 3 residents reviewed (Resident #3). The facility reported a census of 51 residents. Resident #3 voiced complaints of increased pain in her lower extremity and displayed a decreased ability to independently ambulate. The facility reported a census of 51 residents.</p> <p>Findings include:</p> <p>Resident #3 had a Minimum Data Set (MDS) assessment with a reference date of 10/13/17. The MDS identified the resident had diagnoses that included generalized weakness and age-</p>	<b>I</b>	<b>\$4,000 (Held in suspension)</b>	<b>Upon Receipt</b>
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Facility Administrator

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	<p>related osteoporosis, unsteadiness on feet, unspecified abnormalities of gait and mobility, anxiety and depression. The Brief Interview for Mental Status (BIMS) indicated the resident had a score of 13 out of 15. A score of 13 identified the resident had no cognitive impairment. When admitted on 9/15/17 for skilled care including physical/occupational therapy, the resident required limited assistance of 1 staff member for mobility, activities and hygiene cares</p> <p>Review of the Care Plan identified the resident needed assistance with ADLs (activities of daily living) initially but was deemed able to independently ambulate in the facility pod (neighborhood) with a wheeled walker by the physical therapy department on 10/17/17. The resident's goal was to be discharged from the facility to return to home after strengthening.</p> <p>Record review of a document titled <b><u>Confidential Incident Report</u></b> dated 11/4/17. The document revealed the staff found the resident on the bathroom floor, in a sitting position, with regular socks on her feet. Nursing documentation noted the resident could move all extremities without difficulty, had pain with range of motion (ROM), and reported she had continuous pain to the right hip area. The nurse notified the physician and routine neurological assessments were initiated</p>			
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	<p>because the resident reported she hit her head. A Care Plan intervention directed staff to ensure the resident wore proper foot ware when ambulating.</p> <p>Review of a Confidential Incident Report dated 11/7/17 identified the staff found the resident on the floor next to the chair. The resident reported pain in the mid right upper arm and she requested to go to the emergency room (ER) for x-rays. The physician was called and the resident sent to the ER. Nursing documentation noted an abrasion on the right hand- 3rd, 4th, 5th knuckle and pain in the mid upper right arm. The nurse completed the incident report did not document ROM was performed.</p> <p>Record review of a Diagnostic Radiology report dated 11/7/17 identified Resident #3 had a possible periprosthetic fracture (a broken bone that occurs around the components or implants of a total hip replacement) at the level of the right greater trochanter (bony prominence located at the end of the thigh bone). A second Radiology Report dated 11/17/17 revealed the resident also had a severely displaced fracture at the proximal to mid humeral diaphysis (upper arm).</p> <p>A computed tomography (CT) radiology exams performed on 11/7/17, revealed a mildly displaced</p>			
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	<p>periprosthetic fracture of the proximal right femur with possible extension to the trochanter and a displaced fracture through the proximal right humerus.</p> <p>The Progress Notes (nurse's notes) documented the following entries of assessing the resident's complaints of pain and location of pain. Additional documentation noted the resident's complaints were treated with analgesics (pain medication Tylenol and tramadol) with good relief.</p> <p>10/8/17- Resident had complaints of (c/o) pain.  10/9/17- c/o R shoulder pain and low back pain.  10/10/17- c/o back pain  10/11/17- c/o back pain  10/12/17- c/o headache.  10/13/17- c/o back pain with good relief.  10/14/17- c/o back pain.  10/15/17- c/o back pain and headache  10/17/17- c/o back pain  10/30/17- c/o of pain all over  11/3/17- c/o of abdominal pain</p> <p>11/4/17- (Staff J, RN) Resident found on the floor of the bathroom. Assessment revealed the resident was able to move all extremities. Resident does report hip pain (usual constant, not new). Resident able to walk with no problem.</p> <p>11/5/17- (Staff G, RN) Resident declined coming</p>			
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	<p>to breakfast this AM with complaint of pain in bilateral lower extremities and reported she has hurt since her fall (previous day). Ambulation using wheeled walker and self-care unchanged this AM. Resident states she will have her son take her to ER (emergency room) later today for pain management. The resident unable to rate pain with non-verbal signs/symptoms non-existent.</p> <p>11/5/17-(Staff G, RN) Resident remained in room for lunch, eating fair meal. The resident complains of pain in right lower extremity.</p> <p>11/6/17- (Staff K, LPN) Continues to complain of pain in right hip. Asked for assist to use restroom, this nurse offered assist but resident initially made no effort to attempt to sit or stand on own, explained that resident had to assist and step by step directions were required. The resident eventually made it to the restroom and back with (SBA) stand by assist.</p> <p>11/6/17- (Staff G, RN) Continues neuro checks with normal findings. Reports worsened lower extremity pain than usual. Requests to remain in room and reports she cannot walk to meals. However, resident up in room with steady gait and more pain than usual. Resident requests to stay in room and reports she cannot walk to</p>			
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	<p>meals. PCP (primary care physician) aware of fall with no new orders.</p> <p>11/7/17- (Staff K, LPN) Resident continues to complain that she is in pain and requires pain meds and assistance with all cares. Resident again unwilling to attempt to even sit up but did after being walked through it. Noted that resident walked to restroom, with staff present, with a limp in the right leg, but on return to bed she walked with a limp on the left side. Later, this writer observed resident ambulated self around bed and to restroom independently with good gait and without limp.</p> <p>11/7/17- Resident found seated on floor beside chair. Resident complained of discomfort in right upper arm. Able to move all other extremities. Small amount redness to right mid back, tiny abrasions to 3rd, 4th, 5th fingers on right hand. Stood with assist of two and gait belt and returned to bed.</p> <p>11/7/17- [Nurse] Called physician and informed of fall and resident's request for x-rays.          11/7/17- Called son who agreed to have resident's friend transport to ER.          11/17/17- local hospital called and said resident is being admitted for fracture of right arm and right hip fracture.</p>			
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	<p>Record review of the PRN Medication Sheet for identified Resident #3 received Tylenol (analgesic) and Tramadol (analgesic) doses between 9/30/17 and 11/4/17. Documentation identified the resident received 17 doses of Tylenol and 17 doses of Tramadol. The reasons given for the administration of the pain medications were generalized pain 11 times, foot and back pain 2 times, back pain 15 times, low back pain 1 time, shoulder pain 1 time and abdominal pain 1 time.</p> <p>On 11/13/17 at 1:45 PM, Staff I, Licensed Practical Nurse (LPN) was interviewed and stated she found Resident #3 sitting on the floor by the recliner on 11/7/17. The LPN stated occasionally the resident would eat breakfast in her room while seated in the chair with the over-the-bed table in front of her. It appeared to the LPN the resident had stood up from the chair, pivoted to the side to reach the wheeled walker, and sat down on the floor. The LPN stated the resident had a prior rotator cuff injury in her right arm and she complained of pain in the shoulder. The resident also complained of right leg pain at this time. The physician was notified and the resident was sent for evaluation in the ER. The LPN stated prior to the falls on 11/4/17 and 11/7/17 the resident typically would keep track of the time her next pain pill was due and ask for it routinely, usually</p>			
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	<p>complaining of back pain. The LPN stated the resident had arthritis "all over".</p> <p>On 11/14/17 at 1:30 PM Staff H, CNA/Shower Aide was interviewed and stated Mondays/Thursdays were the resident's scheduled shower days. Staff H worked on Monday 11/6 and asked the resident if she wanted a shower. She vaguely recalled the resident said something about "hurting her foot" and "she could not stand" and refused to have a bath.</p> <p>On 11/14/17 at 1:00 PM Staff C, CNA, was interviewed and he stated he worked frequently with the resident. He stated the resident would frequently complain specifically of back pain and shoulder pain, and occasionally pain all over.</p> <p>On 11/14/17 at 2:30 PM Staff G, RN, was interviewed and stated Resident #3 would usually complain about pain all over, all day long, all the time. The resident would keep track of when the Tylenol and Tramadol could be given and would ask for it. Staff G stated the resident was "whiny" and had pain complaints when her body language and ambulation ability contradicted her complaints. Staff G confirmed her nurse's notes entry on 11/5/17 at 10:00 AM and stated the complaints of increased pain did not concern her</p>			
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	<p>as the resident always complained of pain. Staff G stated she saw the resident ambulate that morning without difficulty. She stated at lunch the resident remained in the room and c/o of right lower extremity pain. Staff G confirmed her entry on 11/6/17 regarding "PCP [physician] aware and no new orders". The RN explained she was referring to the initial fax sent 11/4/17 telling the physician of the residents fall on 11/4/17. Staff G stated the physician had replied to that fax writing "no new orders". Staff G did not call or fax the physician with information of the resident's increased pain or decreased mobility on 11/6/17.</p> <p>On 11/14/17 at 8:45 AM the Director of Nursing (DON) was interviewed and stated the resident's fall on 11/4/17 occurred when the resident was attempting to clean some water on the bathroom floor. The DON stated the resident was independent with ambulation with a wheeled walker at the time. It was noted she had regular socks on her feet so staff was instructed to ensure she had appropriate foot ware on while up walking. When asked if the DON thought the nursing documentation from 11/4/17 through 11/7/17 reflected the resident had some level of injury/decreased function after the 11/4/17 fall the DON was non-committal in her response. When asked if an injury had resulted from the fall on 11/4/17, did she think it was possible the injury</p>			
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	<p>might have contributed to the resident's fall on 11/7/17 and she stated it was possible.</p> <p>On 11/14/17 at 9:45 AM Resident #3 was interviewed and she initially answered simple questions appropriately. When discussing her recent falls, the resident became quite confused. Resident #3 was insistent that she broke her arm and hip months ago and her most recent fall was when she was trying to clean water up in the bathroom. She stated she had shoulder pain before her falls but cannot recall if she had back or hip pain in the past.</p> <p><b>FACILITY RESPONSE:</b></p>			
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<b>56.6(1)</b>	<p><b>481-56.6 (135C) Treble and double fines. 56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481-56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.</b></p>	<b>I</b>	<p><b>\$11,250 (trebled-\$3750 x 3) (Held in suspension)</b></p>	<p><b>Upon Receipt</b></p>
<b>58.28(3)e</b>	<p><b>481—58.28 (135C) Safety.</b> The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) <b>58.28(3) Resident safety.</b> e. Each resident shall receive adequate supervision to ensure against hazards from self, others, or elements in the environment. (I,II, III)</p> <p><b>DESCRIPTION:</b></p> <p>Based on observation, record review, and resident, family and staff interviews, the facility failed to provide adequate supervision and appropriate interventions to ensure safety for 1 of 3 residents (Resident #4). Resident #4 fell and suffered a hip dislocation. The facility knew the resident self transferred but failed to provide</p>			

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	<p>additional interventions to prevent the resident from falling and keep the resident safe. The facility reported a census of 51 residents.</p> <p>Findings include:</p> <p>Resident #4 had a Minimum Data Set (MDS) assessment with a reference date of 9/28/17. The MDS identified the resident had diagnoses that included non-Alzheimer's dementia and Parkinson's Disease and scored 3/15 points possible on the Brief Interview for Mental Status (BIMS) cognitive assessment which indicated a severely impaired cognitive status. The resident required extensive assistance of 1 staff member for bed mobility, transfers to and from bed and chair, ambulation, toileting, and personal hygiene. The resident's balance was unsteady for all activities and could stabilize during transfers only with staff assistance. The resident did not need assistance for locomotion and self-propelled a wheelchair throughout the facility. A Fall Risk assessment completed upon admission and revised 9/23/17 noted the resident had a prior history of falls and was considered to be a fall risk.</p> <p>The Care Plan, initiated on 3/31/17, identified the resident's impaired mobility status and directed staff to assist the resident to transfer using a</p>			
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	<p>wheeled walker and 1 staff member. An additional intervention was added to the Care Plan after the resident experienced a fall while attempting to self-transfer from the wheelchair while alone in the room (on 8/15/17) and suffered an abrasion on the right elbow. The new intervention directed staff not to leave Resident #4 in his wheelchair in the bedroom unsupervised.</p> <p>Record review of a Confidential Incident Report dated 9/17/17 revealed the resident was found on the floor by staff and did not have any injuries. The Care Plan did not reflect any new interventions placed for the resident.</p> <p>Record review of a Confidential Incident Report dated 10/17/17 revealed the resident was found on the bathroom floor in front of the toilet after he apparently tried to self-transfer off the toilet. The resident was sent to the local emergency room after staff assessment due to left hip pain and shortening/rotation of the left lower extremity. The resident was diagnosed with a dislocated hip and, because of a concern of a possible sub-dural hematoma (bleeding in brain); he was transferred from the local hospital to a higher level of care hospital. The resident did not have a head injury and returned to the facility on 10/19/17 with a brace for the left hip. A new intervention was</p>			
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	<p>initiated and staff were directed to remain with the resident while he was on the toilet.</p> <p>Record review of a Confidential Incident Report dated 11/12/17 revealed the resident was found sitting on the bathroom floor in front of the toilet after he had self-propelled into the room without staff knowledge, self-transferred onto the toilet, had a bowel movement, and attempted to self-transfer off the toilet. The resident complained of back pain but staff did not identify any injuries during post-fall assessment.</p> <p>During an interview on 11/13/17 at 12:45 PM with Staff A, Registered Nurse (RN) she stated she worked on 10/17/17 when the resident dislocated the left hip. The RN assessed the resident, notified the physician, and sent the resident to the emergency room. The RN stated the resident would frequently attempt to self-transfer on to and off the toilet and staff tried to keep the resident busy and within eye sight to prevent this.</p> <p>On 11/13/17 at 2:30 PM Staff B, Certified Nurse Aide (CNA) was interviewed and stated the resident's compliance with staff requests and use of the call light varied. Prior to 10/17/17, staff had been told not to leave the resident in the wheelchair alone in his room because of frequent attempts to self-transfer. On 10/17/17 Staff B</p>			
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	<p>found the resident seated on the toilet and realized the resident had self-transferred onto the toilet. Staff B told the resident to put on the call light when he was finished because he needed help to transfer. Staff B went on break and told Staff F the resident was in the bathroom and would call when finished. The resident did not use the call light and tried to transfer off the toilet without help. The resident fell and dislocated his left hip. Staff B stated since the resident could self-propel the wheelchair with ease it was difficult to watch the resident all the time. She stated they tried to keep the resident's door closed but he was able to open the door and would even close it behind him sometimes.</p> <p>On 11/14/17 at 1:00 PM Staff C, CNA, was interviewed and stated Resident #4 could self-propel his wheelchair and open the bedroom door. The CNA stated staff were told to keep a close eye on him but was not instructed to monitor the resident 1:1. The CNA stated the resident could be non-compliant with using the call light for help and would attempt self-transfer when he needed to use the bathroom.</p> <p>On 11/14/17 at 1:45 PM Staff E, housekeeping, was interviewed and stated she observed Resident #4 self-propel into his/her room alone while she was cleaning the dining room. She</p>			
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<b>Blair House</b>		<b>Survey Dates: November 13-15, 2017</b>		
<b>1212 Indian Hills Drive Burlington, Iowa 52601</b>				
		<b>DS</b>		
<b>Rule or Code Section</b>	<b>Nature of Violation</b>	<b>Class</b>	<b>Fine Amount</b>	<b>Correction date</b>

	<p>stated it was common knowledge the resident was not to go in the room alone so she told one of the CNAs immediately. She stated the CNA headed towards the room.</p> <p>During an interview on 11/14/17 at 12:30 PM with Staff F, CNA, the CNA stated staff tried to keep the door closed and tried to keep Resident #4 busy but it was difficult to watch the resident all the time because he/she could easily self-propel the wheelchair.</p> <p>On 11/14/17 at 8:45 AM the Director of Nursing (DON) was interviewed and stated prior to 10/12/17, Resident #4 could be alone in his room when in bed or in the recliner. The resident was not to be alone in the wheelchair in the room because of his attempts to self-transfer. The DON agreed it was difficult for staff to monitor him constantly because the resident was able to self-propel in the wheelchair. After the 10/12/17 fall, the intervention was to have staff stay with the resident while seated in the bathroom to prevent self-transfers. Since the 11/12/17 fall the resident is to be transferred into a recliner in the day room so staff can more easily see him.</p> <p>On 11/13/17 at 1:00 PM Resident #4's spouse was interviewed and stated the resident had multiple falls at home prior to coming to the facility. The spouse stated she has witnessed</p>			
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Facility Administrator

\_\_\_\_\_  
Date

**If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2013).**



**Iowa Department of Inspections and Appeals  
Health Facilities Division  
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	<p>him attempt to self-transfer into the bathroom but has never seen the resident self-transfer off the toilet. The spouse stated though he/she had doubts as to whether the resident really understood how to use the call light and she has entered the room before and had seen the resident alone in the wheelchair in his room.</p> <p>On 11/13/17 at 1:00 PM Resident #4 was interviewed and stated it is hard for him to ask others for help. Resident #4 stated he would forget he needs help and forgets to use the call light because he is used to getting up on his own. The resident stated he is "getting better about asking for help now".</p> <p><b>FACILITY RESPONSE:</b></p>			
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