Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 6663			**Date:** October 2, 2017
Facility Name: Pinnacle Specialty Care		**Survey Dates:** September 11-14, 2017	
Facility Address/City/State/Zip 1223 Prairieview Road Cedar Falls, IA 50613			
	HL	**Survey**	

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)b	**481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) *Medication and treatment.* *b.* Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)** **DESCRIPTION:** Based on observation, clinical record review and staff interviews, the facility failed to develop interventions to prevent the development of a pressure ulcer for 1 of 4 residents reviewed (Resident #2). The onsite observation on 9/12/17 showed Resident #2 with a Stage III pressure injury on the resident's mid-spine/mid back. The only documentation the facility could provide regarding the area on the resident's mid back was from an evaluation dated 7/25/17 which documented a weekly skin assessment and noted a red and not open and on the vertebrae (upper middle) with Tegaderm treatment applied. Record review revealed Staff A discontinued assessments of the area on 8/8/17 and the resident's record lacked any further assessment until 9/12/17. Staff D's written statement and interview revealed she was aware of the open area for August and September (2017) and was not concerned enough to notify	**I**	**$2000.00 Held In Suspension**	**Upon Receipt**

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	anyone; and the treatment records revealed no change in treatment during this time (until 9/12/17). Interview with the DON revealed she would expect staff to report an open area on bony prominence. The facility reported a census of 82 residents. Findings include: Resident #2 had a Minimum Data Set (MDS) assessment with a reference date of 6/22/17. The MDS identified the resident with severely impaired memory and cognition. The MDS indicated Resident #2 required extensive assistance of two or more staff persons with bed mobility, transfer, dressing, toilet use, personal hygiene and total dependence for bathing. The MDS identified the resident had no impairment in bilateral upper extremity and lower range of motion, and used a wheelchair for mobility. The resident's diagnoses included hip fracture, atrial fibrillation, Non-Alzheimer's dementia, and spinal stenosis. The MDS indicated the resident experienced a weight loss of 5% or more in the last month or 10% or more in the last 6 months, not on a physician-prescribed weight loss regimen. The MDS further indicated the resident assessed as not at risk of developing pressure ulcers, and had no unhealed pressure ulcers. The MDS identified the following skin and ulcer treatments utilized: pressure reducing device for chair, and pressure reducing device for bed. [The MDS classified the following Stages of Pressure Ulcers:			

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	Stage l-An observable, pressure-related alteration of intact skin, whose indicators as compared to an adjacent or opposite area on the body may include changes in one or more of the following parameters: Skin temperatures (warmth or coldness); Tissue consistency (firm or boggy); Sensation (pain, itching); and/or A defined area of persistent redness in lightly pigmented skin, whereas in darker skin tones, the ulcer may appear with persistent red, blue, or purple hues. Stage ll-Partial thickness loss of dermis presenting as a shallow open ulcer with a red or pink wound bed, without slough. May also present as an intact or open/ruptured blister. Stage lll- Full thickness tissue loss. Subcutaneous fat may be visible but the bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling. Stage lV-Full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. Often includes undermining and tunneling. Unstageable-Slough and/or eschar: known but not stageable due to coverage of wound bed by slough and/or eschar.] A Braden Scale for Prediction of Pressure Sore Risk dated as completed 6/22/2017 documented the residents score 18. A score of 15-18 indicated the			

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	resident at risk for pressure sore development. A physician notification form dated 4/14/17 ordered an Occupational Therapy (OT) referral, treat and evaluate for wheelchair positioning for pressure reduction to spine, apply Mepilex foam dressing every other day to spine to prevent pressure. A document titled Occupational Therapy OT Evaluation and Plan of Treatment dated as electronically signed 4/28/17 for the certification period 4/21/17-5/21/17 identified the reason for the referral as proper positioning for wheelchair. Evaluation of the current seating system identified thoracic spine kyphosis-fixed and noted the resident demonstrated redness at thoracic spine due to kyphosis. The document summarized the resident at risk of skin breakdown with poor hip alignment and posterior pelvic tilt. Custom modification and adjustments implemented, Comfort Company Element Back applied on 4/21/17 noted increased fit and pressure relief with customization to kyphosis to relieve pressure at bony prominences. A Care Plan with an onset date of 3/14/17, identified a focus area of at risk for pressure ulcers and other skin impairment due to immobility and incontinence related to dementia with a goal, dated initiated on 3/14/17 and updated on 7/13/17 that the resident would have no new skin impairment. The approaches directed staff to notify the primary care provider of any new or worsening skin issues, observe skin daily with cares			

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	and complete treatments as ordered. Record review of a Non-Pressure Skin Condition Report revealed an area on Resident #2's mid back healed on 3/21/17. Observations revealed the following: a. On 9/12/17 at 9:10 a.m. Resident #2 observed in room, seated in wheelchair. Resident #2 transferred from bed to wheelchair via Hoyer (mechanical) lift by Staff B, CNA (Certified Nursing Assistant) and Staff C, CNA. Pressure relieving positioning cushion noted in wheelchair with comfort back, and pressure reduction mattress on bed. Observed the Residents turned side to side in bed. b. On 9/12/17 at 9:47 a.m., the Assistant Director of Nursing (ADON) removed dressing and exposed area on the residents mid back. At this time the ADON measured the area and identified as a Stage III pressure area. The ADON stated had not been made aware of nor had seen the area before today. The resident had an area on mid back covering bony prominence of kyphotic (humped) spine that measured 6.0 cm. by 5.3 cm., with an open area 4.2 by 2.2 cm. A scant amount of serosanguineous (red tinged) drainage was noted on the dressing when removed. The open area was observed as red granulation (new) tissue with a white fibrous center. The area surrounding wound bed was noted as dark purple with yellow slough (dead tissue) at border of the open wound.			

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	A Progress Notes dated 9/12/17 written by the ADON identified the onset date of the pressure injury was 9/12/17. The progress note revealed Resident #2 had experienced pain related to the pressure injury. The resident showed non-verbal signs of pain at the location of the pressure injury. Review of a document titled Injury-204, dated 9/12/2017 at 10:19 a.m. revealed the Assistant Director of Nursing (ADON) documented area reported, and assessed. The assessment revealed the following wound measurement as follows: Complete wound measurement is 6.0 x 5.3 cm to mid-spine, open area to middle of the wound measured 4.2 x 2.2 cm, unable to measure depth, 65% of wound described as granulation tissue, some epithelial (outer layer of skin) tissue, and scant amount of bloody drainage. The wound appeared moist, surrounding tissue dark purple color. Area staged as a Stage III pressure area. The only documentation the facility could provide regarding the area on the resident's mid back was a form labeled Nursing: Skin Evaluation: Non-Pressure dated 7/25/17 which documented a weekly skin assessment and noted a red and not open area on the vertebrae (upper mid) and Tegaderm applied. A Discontinue Order created by Staff A, Licensed Practical Nurse (LPN) discontinued the weekly skin evaluation on 8/8/17 and identified the area had healed.			

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	The August 2017 and September 2017 Treatment Administration Record (TAR) showed a Mepilex border (dressing) to red areas on spine and Tegaderm foam adhesive(dressing) was signed as applied to open area on the resident's mid back every 3 days which was started 5/2/17. Staff documented they continued treatment of Mepilex border (dressing) to red areas on spine and Tegaderm foam adhesive (dressing) and signed as applied to open area on the resident's mid back every 3 days for August 2017 [8/3/17, 8/7/17, 8/9/17, 8/15/17, 8/18/17, 8/21/17, 8/24/17, 8/24/17, 8/27/17, 8/30/17] and September 2017 [9/2/17, 9/5/17, 9/8/17 and on 9/11/17]. The TAR dated 7/25/17 directed staff to complete a non-pressure skin evaluation for mid back open area every Tuesday, with a discontinue date of 8/8/17. Review of the clinical record revealed the facility failed to document any further assessments or any further observations of the area on the resident's mid back with change of dressing after 8/8/17 (until identified as Stage III on 9/12/17). A document tilted NSG: Pressure Injury Evaluation-V3, identified the resident experienced a pressure injury with an onset date of 9/12/17. The pressure injury described as pressure, mid-spine. Length: 6.0 cm, width: 5.3 cm, Stage III. A scant amount of serosanguineous drainage, injury bed pink/red			

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	granulation tissue, with dark purple surrounding tissue. Identified area as a new area, with treatment started. Physician, dietary, and family notified. In an interview on 9/12/17 at 10:30 a.m. the Director of Nursing (DON) stated a low air loss pressure relieving air mattress had now been requested for the bed, and the provider had been notified and a new treatment had been ordered. Confirmed area is a pressure area, concurred with stage III assessment. Staff A's witness statement dated 9/12/17 revealed the area on Resident #2's spine had healed on 8/8/17 and that's why the weekly assessments were discontinued. Staff A documented Mepilex was continued as a preventive measure. [The TAR showed the Mepilex continued for August 2017 and September 2017.] In an interview on 7/6/17 at 12:40 p.m. Staff D, LPN reviewed August 2017 and September 2017 TAR and confirmed had routinely changed dressing, most recently 9/5/17 and 9/11/17. Staff D confirmed area had been open when observed throughout August and September 2017. Staff D described the area as observed today, as on open pressure wound and confirmed expectation to report an open area on bony prominence to DON, however had not reported as assumed DON aware as had been open when oriented in May 2017. Staff D's written statement dated 9/12/17 on the witness statement revealed on 9/5/17 and 9/11/17			

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	revealed she had changed Resident #2's dressing on the resident's back. Staff D noted she would have an aide assist her to get the resident in bed. Staff D wrote a description of the area as follows: the area was open, a white center and it drains off and on; and the area on the outside was red. Staff D documented the wound did not appear to be getting worse or had a lot of drainage. Staff D documented she thought the Mepilex was just to protect the wound and she was not concerned to the point to notify anyone. In an interview on 9/12/17 at 2:10 p.m. Staff C, CNA confirmed frequently cared for the resident. Stated had observed the area to be open for at least two months. The facility received an order to change treatment on 9/12/17 to Santal and cover with normal saline gauze and dry gauze dressing daily. Further interview on 9/12/17 at 11:45 a.m. the DON stated had not been made aware that an open area on a bony spine had been identified, confirmed would expect staff to report an open area on bony prominence. **FACILITY RESPONSE:**			

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