

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6654	Amended on January 19, 2018 in accordance with Iowa Code section 249A.19; the state fine will now be collected. Fine amount reduced by 35% to \$1625 on February 22, 2018 pursuant to Iowa Code Section 135C.43A.	Date: September 29, 2017
Facility name: Lexington Square	Survey Dates: August 17,21-24 and September 5, 2017	
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Rule or Code Section	Nature of Violation	Class
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58.19(2)b	<p>481-58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24 hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I,II).</p> <p>DESCRIPTION:</p> <p>Based on observation, record review and resident and staff interviews, the facility failed to provide Resident #2 with an appropriate pressure relieving cushion on the wheelchair seat to prevent the development of pressure ulcers and failed to reposition the resident frequently in the wheelchair to promote healing and failed to apply planned foam boots to Resident #9's feet and legs in order to promote healing of an ankle pressure sore. The sample consisted of 4 residents with pressure ulcers and the facility</p>	I	\$2500	Upon Receipt
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	<p>reported a census of 90 residents.</p> <p>Findings include:</p> <p>Resident #9 had a MDS (Minimum Data Set) assessment with a reference date of 8/17/17. The MDS identified the resident had diagnosis including muscular dystrophy, and chronic respiratory failure, pneumonia, dysphagia (difficult to swallow). The MDS indicated the resident had a BIMS (Brief Interview for Mental Status) score of 7 out of 15. A score of 7 identified the resident had severe cognitive impairment. The MDS indicated the resident required extensive assistance with bed mobility and dependent with transfers, eating, toilet use and personal hygiene. The MDS identified the resident had 1 unstageable pressure ulcer. The MDS indicated the resident had a pressure reducing device on the bed, chair seat and a turning/repositioning program.</p> <p>The Care Plan, with a goal date of 8/23/17, identified a problem with a pressure ulcer and directed the staff to use heel protectors to relieve</p>			
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	<p>pressure on the heels as needed on 5/23/17.</p> <p>A review of the Admission Note dated 11/14/16 indicated the resident had a pressure area around the feeding tube and no other open areas.</p> <p>A review of the laboratory report from the comprehensive metabolic panel (blood test) dated 6/26/17, identified an albumin level of 2.6 g/dl (grams per deciliter) (normal 3.5 to 5g/dl). The test measured the amount of protein in the blood.</p> <p>Observations of the resident lying in bed revealed the resident did not have foam boots on the following dates and times:</p> <p>On 8/21/17 at 10:35 a.m., at 1:24 p.m., at 1:47 p.m. after cares provided by Staff G, CNA and Staff H, CNA and after medication administered by Staff I, LPN.</p> <p>On 8/22/17 at 6:32 a.m., at 6:43 a.m. after Staff I suctioned the resident, at 6:52 a.m., after Staff J, respiratory therapist suctioned the resident, at 7:15 a.m. prior to Staff J changed the dressings to</p>			
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	<p>the tracheostomy, at 9:33 a.m., at 10:37 a.m., at 2:03 p.m. and 3:10 p.m.</p> <p>On 8/23/17 at 6:35 a.m., the resident laid in bed asleep and lying on back. The resident had a pillow under the calves of both legs; however, the pillow was flat with the resident's ankle positioned directly on the mattress. The resident had no foam boots on either foot. At 7:18 a.m., the resident continued without foam boots.</p> <p>The form titled Wound/Skin Healing Record described the right ankle as unstageable when identified on 6/19/17. The area measured 1.1 by 0.9. The wound had a purple/red color around the open area which measured 2.2 by 2.7. The last entry identified for the peri-wound area was 6/19/17.</p> <p>On 7/24/17 the area measured 1.1 by 1.1 cm (centimeters) and the resident experienced pain. On 7/31/17 the area measured 1.3 by 1.3 cm and the resident did not experience pain. On 8/7/17, the area measured 1.5 by 1.2 cm and had pain.</p>			
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	<p>On 8/14/17 the wound measured 1.2 by 1.2 cm and depth 0.3 and unstageable. On 8/21/17 the wound measured 1.4 by 1.8 cm and showed deterioration.</p> <p>On 8/22/17 at 11:30 a.m., the ADON (Assistant Director of Nursing) reported the possible cause of the pressure sore could be attributed to large doses of Prednisone, newly diagnosis of diabetes, depression, refused to get up and due to the diagnosis of muscular dystrophy, the resident laid with legs in a frog leg position frequently.</p> <p>In an interview on 8/23/17 at 7:38 a.m. and 7:48 a.m., Staff C, RN reported the pressure ulcer may have been caused by the way the resident laid in bed and the resident should have heel protectors on while in bed. Staff C stated she sent the heel protectors to the laundry due to soiled and the resident should wear them when in bed.</p> <p>On 8/23/17 at 8:13 a.m., Staff E, CNA (certified nursing assistant) was interviewed and stated the staff were to ensure no pressure to the resident's</p>			
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	<p>right ankle. Staff E stated the staff needed to apply the foam boots while in bed and the boots were in the closet in the resident's room. Staff E stated the resident should have had them on last night and she picked up the boots from the laundry this morning.</p> <p>On 8/23/17 at 8:22 a.m. Staff F, CNA was interviewed and reported the staff should put the heel protectors on while the resident laid in bed and the boots were in the laundry. Staff F stated the resident did not have an extra pair of boots. Staff F stated when the boots are in the laundry, the resident's ankle should be under a pillow and floated.</p> <p>On 8/23/17 at 1:49 p.m., the Director of Nursing reported the resident should have heel protectors on their feet while in bed and if the protectors needed to be washed, the staff should make sure to have another pair for the resident to wear or at least float the area. The Director of Nursing stated the aides do not carry a pocket Care Plan, but do have access to the Care Plan. There are Care Cards in the resident rooms that only</p>			
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	<p>address toileting and transferring and thought the Care Card did not address the need to put the heel protectors on.</p> <p>A review of the resident's Care Card revealed documentation that the resident needed assistance with positioning, required a Hoyer [mechanical lift] for transfer and the resident did not have alarms.</p> <p>2. Resident #2 had a MDS assessment with an assessment reference date of 6/15/17. The MDS identified a BIMS (Brief Interview for Mental Status) score of 15. A score of 15 indicated the resident had no cognitive problems. The assessment identified the resident as totally dependent on two staff members for bed mobility, transfers, dressing and personal hygiene. The assessment indicated the resident had functional limitations in range of motion of both arms, hands, legs and feet. The MDS listed Resident # 2 with diagnoses of anemia, hypertension (high blood pressure), neurogenic bladder, diabetes mellitus, quadriplegia (unable to move arms and legs), and depression.</p>			
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	<p>The Braden Scale (for predicting pressure sore risk) indicated Resident #2 had a score of 13 on 6/19/17. A score of 13 identified the resident at a moderate risk for the development of pressure ulcers.</p> <p>The Care Plan dated 3/21/17 and updated on 6/21/17, identified a problem for the resident at risk for pressure ulcers and had a history of pressure areas. The approaches included and directed the staff to keep bony prominences from direct contact with one another, turn and reposition every two hours, avoid friction and shearing forces during transfers and position changes, pressure relieving mattress and cushion in the chair. The resident had a new motorized wheelchair and able to reposition self and can off load in chair. The staff are directed to encourage the resident to change positions, staff to provide treatment to abrasion to upper right buttock, resident cares to be completed within 30 minutes.</p> <p>Review of the Interdisciplinary Notes dated 05/23/17 at 9:30 am identified an area to the</p>			
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	<p>resident's buttock. The area measured 1.5 cm (centimeters) by 2.0 cm. The staff notified the family and physician of the area on the buttock.</p> <p>Review of the Wound/Skin Healing Record dated 5/23/17, indicated the resident had a Stage II pressure ulcer located on the right buttock that measured 1.5 by 2 cm and no depth.</p> <p>On 5/29/17 the Stage II wound measurement was identified as 3 by 3.5 cm and depth 0.1 cm.</p> <p>On 6/5/17 the Stage II wound measurement were 4.5 cm by 4.5 cm with depth unmeasurable. The resident was referred to the wound clinic.</p> <p>On 6/13/17 the wound identified as unstageable and measured 4 cm by 4.7 cm. (no depth since unable to see wound bed).</p> <p>On 6/19/17 the unstageable wound measured 4 cm by 4.5 cm.</p> <p>On 6/26/17 wound is unstageable, measurements are 4.5 cm by 5 cm with depth 2.5 cm.</p>			
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	<p>On 7/3/17 wound unstageable and measured 5.4 cm by 4 cm with depth 2.7 cm.</p> <p>On 7/17 the unstageable wound measured 3.6 cm by 5.9 cm with depth 4.1 cm.</p> <p>On 7/17/17 wound is unstageable, measurements 2 cm by 5 cm with depth 4.9 cm.</p> <p>On 7/24/17 wound is unstageable, measurements 5 cm by 5.4 cm with depth of 4.9 cm.</p> <p>On 7/31/17 wound is unstageable, measurements 4 cm by 5 cm with depth of 6 cm.</p> <p>On 8/7/17 wound is unstageable, measurements 2.8 cm by 3.8 cm with depth 4 cm.</p> <p>On 8/14/17 wound is unstageable, measurements 5 cm by 8 cm with depth 6.3 cm</p> <p>Review of the Interdisciplinary Notes dated 5/31/17 indicated a new order received for treatment to the right buttock area.</p>			
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	<p>Review of the Interdisciplinary Notes dated 06/05/17 indicated the area to the buttocks worsening, reported to Resident #2 physicians and received new order to refer resident to the wound clinic. Resident's open area at old pressure injury site had worsened in the last week. Visible slough present in center of wound now unmeasurable depth. Spoke with resident regarding treatment when area was open more than a year ago and surgical repair with bed rest of a year. Discussed with resident the time he/she is up in wheelchair from approximately 10:30 am to 11:00 pm at night. Resident stated he/she repositioned self every two hours in wheelchair and the Roho Cushion (adjustable air-filled, wheelchair support to provide skin/soft tissue protection).</p> <p>Review of the operational manual of the Roho dated 04/2017 revealed warnings that included: Do not use an under-inflate or an over-inflated because the cushions benefits will be reduced or eliminated, resulting in an increased risk to skin and other soft tissue. Intended use included a</p>			
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	<p>weight limit of 250 pounds. The MDS with a reference date of 6/15/17 identified the resident's weight to be 284 pounds.</p> <p>Review of the physician History and Physical report, dated 6/19/17, indicated Resident #2 presented for evaluation of the right buttock wound. The resident noted the wound started approximately 4 to 5 weeks ago. The resident believed the wound to be pressure related, as there was an issue with his/her Roho cushion losing air. The Roho cushion was checked in the office today and found cushion to be low with release valve open. Resident educated on placing cushion so valve to the back of the chair to prevent accidental release of air. Resident advised to fill cushion today upon returning to facility. Resident to contact wheelchair representative and to have them come to check cushion for any other causes of air loss, resident to follow-up in 3 weeks.</p> <p>Review of the Wound Center Notes dated 7/13/17 indicated Resident #2 returned for re-evaluation of right buttock wound. The resident had been</p>			
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	<p>placing towels in the wheelchair seat for pressure relief and keep pressure off of wound site. Resident averaged 8 hours in the wheelchair during most days. At last visit, the Roho cushion was noted to be deflated with release valve open. Education provided and to have cushion checked for leaks. Resident stated this was performed and that no leaks were identified. Nursing staff at the facility were advised to check cushion daily to insure it is inflated and the release valve is closed. Resident indicated the staff had checked the cushion daily and cushion noted to be inflated in office today.</p> <p>On 8/17/17 at 2:00 p.m. and 8/18/17, Resident #2 was interviewed and stated 3 weeks after the staff noted the wound on the right buttock, he/she along with Staff K, LPN (Licensed Practical Nurse) found the Roho cushion of the wheelchair to be flat. Resident #2 stated Staff K put air into the cushion at the time. Resident #2 stated he/she did not know how long the cushion was flat. Resident #2 stated he/she believed the flat Roho cushion is the cause of his/her current wound to the right buttock. Resident #2 stated</p>			
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	<p>the staff do not check the cushion in the wheelchair and he/she has to tell the staff when the Roho is empty. The resident stated he doesn't always know when the cushion is flat. The resident stated the staff are good about repositioning him/her and if not, then will ask and the staff will reposition the resident.</p> <p>On 8/22/17 at 11:30 a.m. and on 8/25/17 at *:40 a.m., Staff K, LPN, stated he never found Resident #2's wheelchair Roho cushion to be completely flat but had found it to be low in air a couple times after his/her wound was noted. Staff K stated he put in more air. Staff K stated there are other residents with the same Roho cushion. Staff K stated he received no training regarding the Roho cushion but had looked up information on the Internet regarding the Roho cushion. Staff K stated Resident #2 stated he/she can reposition self in wheelchair by tilting the back of the wheelchair. Staff K reported Resident #2 did not have the ability to reposition self in wheelchair and staff did not assist him/her.</p> <p>On 8/22/17 at 3:05 p.m., Staff L (nursing</p>			
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	<p>assistant) was interviewed and stated he had never attempted to reposition the resident in his/her wheelchair. Staff L stated he repositions the resident in bed every 2 hours or sooner if needed.</p> <p>On 8/25/17 at 12:59 p.m., Staff M (nursing assistant) stated she had taken care of Resident #2 for a long time. Staff M stated the resident will tell you what he wants done. We now check his cushion every day and use a pump in his/her room if needs air. Staff M stated she had offered to reposition the resident in the wheelchair but the resident will refuse and says he/she can do it. Staff M stated after development of the wound, the resident requested a hand towel be rolled up and placed under the thigh [to relieve pressure]. Staff M stated she did not think reclining in the wheelchair would reposition the resident off of the buttocks.</p> <p>On 8/25/17 at 10:30 am, the Director of Nursing (DON) stated the wound clinic visit on 6/19/17 was a nursing judgement of the wound clinic regarding resident's wheelchair cushion to be</p>			
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	checked daily. The DON stated Resident #2 can reposition self in the wheelchair by the remote control of the wheelchair. FACILITY RESPONSE:			
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