

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6549	Citation number corrected on 7/14/17. Was listed as 6538 and corrected to 6549. ds	Date: May 30, 2017
Facility Name: Southridge Specialty Care	Survey Dates: May 15-18, 2017	
Facility Address/City/State/Zip 309 W. Merle Hibbs Blvd. Marshalltown, Iowa 50158	DS	
Rule or Code Section	Nature of Violation	Class Fine Amount Correction date

58.19(2)b	481-58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24 hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I,II). DESCRIPTION: Based on observation, record review and staff interviews, the facility failed to develop interventions to prevent the development of pressure ulcers for 1 of 4 residents reviewed with pressure ulcers (Resident #9). The facility reported a census of 67 residents. Findings included: Resident #9 had a Minimum Data Set (MDS) assessment with a reference date of 3/17/17. The MDS identified the resident had a BIMS (Brief Interview of Mental Status) score of 15. A score of 15 indicated the resident had no cognitive problems. The MDS indicated Resident #9 required extensive assistance of two or more staff	I	\$2500 (Held in suspension)	Upon Receipt
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	persons with bed mobility, transfer, dressing, toilet use, and bathing. The MDS identified the resident had upper extremity range of motion impairment on one side, lower extremity impairment on one side, and used a wheelchair for mobility. The resident's diagnoses included hip fracture, atrial fibrillation (irregular heart beat disorder), heart failure, coronary artery disease, and diabetes mellitus. The MDS indicated the resident had no unhealed pressure ulcers, and not identified as at risk for developing. A Braden Scale for Prediction of Pressure Sore Risk completed on 3/11/17, documented the resident's score of 14 (error in addition and should be 16). A score of 16 indicated the resident to have a mild risk for the development of pressure ulcers. The MDS identified the following Stages of Pressure Ulcers. Stage I- An observable, pressure-related alteration of intact skin, whose indicators as compared to an adjacent or opposite area on the body may include changes in one or more of the following parameters: • Skin temperatures (warmth or coldness);			
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	- Tissue consistency (firm or boggy); - Sensation (pain, itching); and/or - A defined area of persistent redness in lightly pigmented skin, whereas in darker skin tones, the ulcer may appear with persistent red, blue, or purple hues. Stage II -Partial thickness loss of dermis presenting as a shallow open ulcer with a red or pink wound bed, without slough. May also present as an intact or open/ruptured blister. Stage III- Full thickness tissue loss. Subcutaneous fat may be visible but bone, tendon or muscle is not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunneling. Stage IV-Full thickness tissue loss with exposed bone, tendon or muscle. Slough or eschar may be present on some parts of the wound bed. Often includes undermining and tunneling. A Care Plan identified a problem with an onset date of 3/11/17. The staff identified the resident to be a pressure ulcer risk related to dependence for transfers related to non-weight bearing (NWB) status. The approaches included and directed the staff to do the following:			
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	- Staff to encourage resident to float left leg on a pillow while in bed or sitting in recliner, - Apply treatments as ordered, - Pressure relieving cushion used in wheelchair - Pressure relieving mattress on the bed, - Resident will sit in recliner during the day per request. An intervention added on 4/24/17 directed staff to apply heel protectors and [keep] on at all times. On 3/18/17, an intervention of compression stockings on both lower extremities and off for bathing only (added under a risk for dehydration problem). A form titled, <u>Wound/Skin Healing Record</u> identified the following: Wound #1: On 4/2/17, staff first observed a dark pink area, intact, non-bleeding Stage I pressure ulcer on the right heel. The area measured 5.0 cm.			
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	(centimeter) by 5.0 cm. with a superficial depth. The heel protectors were added as a preventative measure. The nurse notified the physician. On 4/4/17, staff documented the area remained 5.0 cm. by 5.0 cm. On 4/11/17, the nurse documented the area as a Stage II open area and measured 1.0 cm. x [by] 1.0 cm. with a depth of 10.1 cm. The wound bed had granulation tissue, small amount of serous exudate, surrounding skin color pink and black. The nurse documented the surrounding tissue normal and no odor present. Preventive measures included Podus boots (to lift the heel and prevent pressure) at all times. On 4/18/17, the nurse documented the area as a Stage II, open area that measured 1.5 cm. x 1.0 cm. with a depth of 10.1 cm. The wound bed had granulation tissue, small amount of serous exudate, surrounding skin, pink and black in color. The nurse documented the surrounding tissue normal and no odor present. Preventative measures included Podus boots at all times and pressure reduction mattress. On 4/25/17, the area was documented as a Stage III area that measured 3.0 cm. x 2.0 cm. with a depth of 10.1 cm. The nurse documented the wound bed slough, small amount of serous			
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	exudate, surrounding skin color pink and black, and surrounding tissue normal with maceration with no odor present. Preventative measures included Podus boots at all times and pressure reduction mattress. On 5/2/17, the area was documented as unstageable (unable to observe wound bed). The area measured 2.5 cm. x 2.0 cm. with slough, moderate amount of serous exudate, surrounding skin color pink and black without odor. Preventative measures included Podus boots at all times and pressure reduction mattress. On 5/9/17, the area was documented as an unstageable area that measured 2.0 cm. x 2.0 cm with wound bed slough and black/brown eschar present. The nurse documented a small amount of serous exudate, surrounding skin color pink and black and no odor present. Preventative measures included Podus boots at all times and pressure reduction mattress. On 5/16/17, the area continued to be unstageable that measured 1.5 cm. x 0.5 cm. with slough and granulation tissue, small amount of serous exudate, surrounding skin color pink and black. Preventative measures included Podus boots at all times and pressure reduction mattress.			
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	Wound #2: A Wound/Skin Healing Record, dated 5/2/17, documented an unstageable pressure ulcer on the end of the second toe, right foot measuring 1.0 cm. by 1.0 cm. The wound bed black, no exudate, surrounding skin color normal, The resident had Podus boots, gauze between toes and a pressure relieving mattress. On 5/9/17, the area measured 1.0 cm. by 0.5 cm. unstageable, no exudate, surrounding skin color normal. The nurse notified the physician. Preventative measures did not change as above. On 5/16/17, the area measured 0.5 cm. by 0.4 cm. unstageable, wound bed black, no exudate, surrounding skin color normal. The preventative measures included Podus boots at all times and pull stockings off of toes. Wound #3: A Wound/Skin Healing Record dated 5/5/17, documented an unstageable pressure ulcer on the left great toe which measured 0.2 cm. by 0.2 cm. black eschar covering wound bed. The physician and dietician notified. On 5/9/17, the area measured 1.0 cm. by 1.5 cm. and remained unstageable due to wound bed black. On 5/16/17, the area measured 1.5 cm. by 1.5			
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	cm. and unstageable. The preventive devices continue to be Podus boots at all times and for staff to pull stockings off of toes. Observations identified the following: On 5/16/17 at 7 a.m., Staff B, LPN (Licensed Practical Nurse/Wound Nurse) observed completing treatments to resident's pressure areas. The resident lay in bed positioned on back, blue Podus boots on both feet. The resident had a 1.5 cm. by 0.5 cm open area on the right heel. The nurse applied a treatment of calcium alginate. The area, measuring 1.5 cm. by 1.5 cm. on the left great toe and the nurse swabbed the area with Betadine and left open to air [no dressing]. The pressure ulcer located on the right second toe measured 0.5 cm. by 0.4 cm. was also swabbed with Betadine and left open to air. The nurse placed gauze placed between great toe and second toe. During an observation of morning cares on 5/16/17 from 10:10 a.m. to 10:35 a.m., the staff transferred the resident a Hoyer lift from the bed to the toilet. While on the toilet, Staff C and Staff D, CNAs (certified nursing assistant) assisted the resident to dress. Staff C applied compression stockings to both feet. The staff transferred the resident to a recliner in his/her room.			
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	Observation at 10:10 a.m. on 5/17/17 identified the resident sitting in the wheelchair wearing non-skid socks. Podus boots were lying on the resident's bed. Observation at 10:50 a.m. on 5/17/17 identified the resident wearing compression stockings on both feet. On 5/16/17, at 7:05 a.m. Staff B, LPN/Wound Nurse, stated the cause of resident's open areas on both toes was thought to be the compression stockings being pulled up too tight and so they stopped using them until the toes heal. At 7:45 a.m., Staff A stated resident's supplement products had been discontinued as he/she didn't like them and refused to take them. Prostat was discontinued on 4/10/17 and Boost Breeze supplemental drink was discontinued on 4/14/17. During an interview with the Acting Director of Nursing, (ADON) at 10:10 a.m. on 5/17/17, stated the resident is to be wearing compression stockings and they do not float the resident's heels off of the bed with pillows as he/she is to wear the Podus boots at all times which float the heels. During an interview with the ADON at 2:25 p.m., she stated they had gotten an order on this date to discontinue the compression stockings and elevation of the left leg as it was no longer			
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	needed. Stated she completed education with staff on following the care plan and if they are not to let someone know so they can get clarification on why not. At 3:20 p.m., the ADON and Consultant RN stated in an interview, the heel protectors/Podus boots were not initiated right away upon the resident's admission as they were already elevating the left leg on a pillow to decrease swelling so that heel was off of the bed. Staff B, LPN/Wound nurse stated during an interview on 5/18/17 at 9:35 a.m. the facility has standing orders for wounds that consist of the initiation of Vitamin C 500 milligrams (mg.) daily and Zinc 50 mg. daily. LPN stated she did not contact the physician with all wound deteriorations and did not notify the physician when the left heel area deteriorated on 4/18/17 and 4/25/17. The LPN stated all pressure areas were identified on the plan of care. Staff B stated the facility is working on getting an appointment with the Wound Care Specialist for further evaluation of the open areas on resident's toes. Staff B stated she did not notify the physician on 5/9/17 or 5/16/17 that the left great toe open area had worsened. During an interview on 5/18/17 at 11:45 a.m. the Nurse Practitioner stated she did not take over care at this facility until 5/8/17 but she would			
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	expect staff notify her of worsening wounds, increased size of wounds and for clarification of orders regarding interventions the facility feels is impeding wound healing. The Nurse Practitioner stated she would have discontinued the compression stockings after the first wound developed. FACILITY RESPONSE:			
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