

Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: 6533		Date: May 12, 2017		
Facility Name: Monroe Care Center		Survey Dates: May 1-4, 2017		
Facility Address/City/State/Zip 120 N. 13 th Street Albia, Iowa 52531				
DS				
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)b + 58I20(4)a	<p>481-58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24 hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I,II).</p> <p>481-58.20(135c) Duties of health service supervisor. Every nursing facility shall have a health service supervisor who shall:</p> <p>58.20(4) Develop and implement a written health care plan in cooperation with, to the extent practicable, the resident, the resident's family or the resident's legal representative, and others in accordance with instructions of the attending physician as follows:</p> <p>a. The written health care plan, based on the assessment and reassessment of the resident's health needs and choices, where practicable, is personalized for the individual resident and indicates care to be given, goals to be accomplished, and methods, approaches, and modifications necessary to achieve best results; (III)</p>	I	\$2,000	Upon Receipt

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	<p>DESCRIPTION:</p> <p>Based on observation, staff interviews and record review, the facility failed to implement interventions to prevent the development of an avoidable pressure sore, located on the ischial tuberosity (lower buttock area) and failed to perform a treatment without contamination of the wound by the soiled brief (Resident #1). The facility identified 5 of the 55 residents had pressure ulcers. The sample consisted of 5 residents with pressure ulcers. Resident #4 required extensive staff assistance for bed mobility and experienced frequent episodes of incontinence, which placed the resident at risk for pressure ulcers. The MDS assessment and Care Plan lacked focus for the resident to be at risk for the development of pressure ulcers and goals for healing if a resident obtained an ulcer. Although the Care Plan listed a pressure reducing device on the bed and chair, the approaches lacked multiple other interventions to prevent the development of pressure ulcers and prevent infection went caring for an open pressure ulcer.</p> <p>Findings include:</p> <ol style="list-style-type: none"> 1. Resident #1 had an admission MDS (Minimum Data Set) assessment with a reference date of 3/1/17. The MDS identified the resident had a 			
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	<p>BIMS (Brief Interview of Mental Status) score of 8. A score of 8-12 indicated moderate cognitive impairment. The MDS indicated the resident required extensive assistance of 1 staff member for bed mobility, transfers, dressing, toilet use, person hygiene and experienced frequent episodes of bladder and bowel incontinence. The MDS identified and included diagnoses of pneumonia, diabetes, non-Alzheimer's dementia, Parkinson's disease. The MDS reported the resident at risk for the development of pressure ulcers and had no unhealed pressure ulcers or skin damage.</p> <p>The 3/10/17 quarterly MDS assessment indicated the resident required extensive assistance of 1 staff for bed mobility, transfers, dressing, toilet use, person hygiene and frequently incontinent of bowel and bladder. The MDS continued to identify the resident at risk for pressure ulcer development and had no unhealed pressure ulcers but had moisture associated skin damage.</p> <p>The Care Plan dated 3/7/17 recorded Resident #1 had a risk for skin break down related to diabetes and incontinence. Interventions included a cushion in the wheelchair and a therapeutic mattress to his/her bed and assistance with transfers and repositioning. Further interventions</p>			

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	<p>for incontinence required staff to assist the resident to the bathroom and provide perineal care. The Care Plan lacked a comprehensive plan to care for a pressure ulcer or skin breakdown such as turning and repositioning, treatments, etc. The Care Plan was updated on 3/22/17 and included a change from a therapeutic mattress to an air mattress on the resident's bed.</p> <p>A form titled Nurses Admission Record and dated 2/22/17 at 10:30 a.m. indicated the resident had only 2 bruised areas on the resident's skin.</p> <p>The Skilled Daily Nurses Note, dated 3/2/17, recorded a new telephone order for Calmoseptine (for moisture related areas) to the groin area twice a day for 14 days or healed.</p> <p>The 3/9/17 Skilled Daily Nurses Note recorded Resident #1 has very excoriated skin to his/her groin, genitals and rectum and a fax sent to request Nystatin (medication for fungal infection) due to the yeasty smell noted.</p> <p>The 3/10/ 17 Physician's Telephone Orders recorded a new order for Nystatin powder to groin and rectum three times a day for 14 days or healed.</p> <p>The Nurse's Notes dated 3/17/17 at 5:10 p.m.</p>			

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	<p>indicated a Certified Nursing Aide (CNA) reported a reddened area at the gluteal fold on the resident's right buttock. The area measured 2 centimeters (cm) circular red, firm to touch and very tender. In the center a 1 cm superficial chafed area.</p> <p>The 3/17/17 Physician's Telephone Order at 5:10 p.m. recorded an order for Allevyn (dressing) 3 x3 to right gluteal fold, buttock for 10 days or healed and to check area daily and change every 7 days or as needed.</p> <p>The 3/22/17 Physician's Telephone Order at 6:45 a.m. recorded an order for Tegaderm (dressing) to decubitus on the right ischial tuberosity (lower buttock).</p> <p>The 3/22/17 weekly skin assessment at 7:30 a.m. recorded a Stage II pressure ulcer, 3-4 cm round, open area with drainage with a 6 -7 cm reddened firm area surrounding the open area.</p> <p>The 3/24/17 skin assessment recorded a Stage II pressure ulcer 4 cm x [by] 3 cm.</p> <p>On 5/2/17 at 11:20 a.m. observation of a treatment by Staff D, Registered Nurse (RN) and in the presence of Staff C RN. Staff D pushed Resident #1's brief out of the way to remove the</p>			

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	<p>dressing. Once the nurse moved her hand, the brief fell over the wound. Staff D continued with cleansing the wound and again the brief fell back over the wound once she moved her hand. Staff D next took the medication cup with gauze soaked in gentamycin holding the cup in close proximity to the brief and packed the wound with the gauze. Once again the brief fell back over the wound and Staff D moved her hand. Staff D continued to move the brief over and placed folded 4 x 4 gauze over the wound and covered with Tegaderm (clear adhesive dressing). A second piece was required of the Tegaderm in order to protect the wound.</p> <p>The physician Operative Report, dated 4/6/17, indicated the resident had an infected right buttock wound. The resident received anesthesia and the physician made an excision and debrided the area with a sharp dissection. The wound measured 4 cm by 2 cm.</p> <p>The physician consultation note dated 4/25/17 identified the buttock wound much improved. The physician indicated the plan to continue dressing changes twice a day with antibiotic, Gentamycin-soaked with NuGauze (thin gauze strips used for packing wounds) and follow up in 2 to 3 weeks.</p> <p>During an interview on 5/3/17 at 1:45 p.m. with The Director of Nursing (DON) and Staff C RN</p>			

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	<p>they acknowledged that Staff C had observed the dressing change with this surveyor on 5/2/17 at 11:20 a.m. Staff C acknowledged she observed Resident #1's brief being moved out of the of the dressing change and the brief falling back over the wound several times during the dressing change.</p> <p>During an interview on 5/3/17 at 2:00 p.m. with Staff B RN acknowledged she did the skin assessments weekly. Staff B explained that Resident #1's gluteal fold area had just been red at the beginning with a small chaffed area. Staff B further explained that Resident #1 was always incontinent and laying on his/her side that the urine could pool in the affected area. Staff B acknowledged that shortly after the open area to the right gluteal fold (ischial area) the staff changed the mattress to an air mattress on the resident's bed.</p> <p>FACILITY RESPONSE:</p>			

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