Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: **#6490**			**Date:** **March 24, 2017**
Facility Name: **Crestview Acres**		**Survey Dates:** **March 2, & 6-9, 2017**	
Facility Address/City/State/Zip **1485 Grand Ave.** **Marion, IA 52302-5219**	**jkm/pc/kk**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)b	**481—58.19(135C) Required nursing services for residents.** The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: **58.19(2)** *Medication and treatment.* *b.* Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II) **DESCRIPTION:** Based on observation, record review, and staff interviews, the facility failed to provide the appropriate care and treatment of pressure sores to promote healing and prevent infection 1 of 1 resident reviewed with documented pressure sores (Resident #3). The facility reported a census of 69 residents. Findings include: The Minimum Data Set (MDS) Assessment tool dated 12/30/16 revealed Resident #3 had diagnoses that included hypertension (high blood pressure), arthritis, multiple sclerosis, lumbar spina bifida (failure of the neural tube to close during fetal development), and depression. The MDS identified the resident displayed severely impaired cognitive abilities, was sometimes	**I**	**$2,000**	**On Receipt**

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	able to make him/herself understood, and was able to understand others. The MDS documented the resident required extensive assist of 2 or more staff for transfers to and from the bed and chair and extensive assist of 1 or more staff for dressing, eating, bathing, toilet use and personal hygiene. The MDS also documented the resident had a Stage 3 pressure ulcer of the left buttocks, an unhealed Stage 2 pressure ulcer not present on the previous assessment, 2 unstageable pressure ulcers that were not present on the previous assessment, with measurements of 5.0 centimeters (cm), 4.8 cm and 0 cm depth, with slough tissue present. Physician orders directed staff: 1. Check left buttock wound for dressing every day and evening shift for maintaining intact dressing and/or wound healing, initiated 1/10/17. 2. Limit sitting to 2 hour intervals every shift, initiated 12/20/16. The nursing care plan revealed the resident experienced impaired skin integrity, and directed staff to: 1. Assist resident with repositioning as needed. 2. Limit siting to 1 hour intervals. When Resident #3 in bed, position him/her off the left buttock. 3. Use positioning devices such as pillows. 4. See wound clinic recommendations.			

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	The care plan documented the resident as at risk for skin injury/pressure sores and directed staff to: 1. Educate the resident to reposition frequently and assist as needed. 2. Turn resident every 2 hours, document if the resident refused. The care plan also identified a self-care performance deficit, and informed staff the resident remained totally dependent on 2 staff for repositioning and turning in bed and as necessary. The facility's wound assessment documents revealed: 1. On 11/22/16, staff documented a pressure sore on the right buttock (2 pressure sores merged) with measurements of 4.0 cm by 4.0 cm and undetermined depth. 2. On 11/16/16, staff documented a pressure sore was identified on the right posterior thigh that measured 0.9 cm by 4.0 cm with superficial depth. 3. On 12/16/16, staff documented a closed deep tissue injury was identified on the right buttocks. On 12/27/16, staff documented the area opened and measured 1.5 cm by 1.0 cm deep and unknown depth, wound bed with yellow slough tissue, no odor. 4. On 12/27/16, staff documented a new pressure wound identified on the left buttocks that measured 1.8			

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	cm by 1.0 cm with superficial depth, wound dark red. 5. On 1/11/17, staff documented an unstageable open area on the right buttock that measured 5 by 4.8 cm remained. The wound contained 50% slough and 50% necrotic tissue. The wound drained serous fluid and the wound margins were reddened. 6. On 1/19/17, staff documented an unstageable pressure ulcer that measured 5 cm by 4.8 cm with tunneling and a depth of 4cm. The wound drained a moderate amount of serous fluid, the wound bed contained 25% slough and 25% necrotic tissue. The wound margins were reddened. 7. On 1/25/17, staff documented an unstageable area that measured 6 cm by 4.8 cm with tunneling and a depth of 5.8 cm. The wound bed contained 20% slough and 80% necrotic tissue. 8. On 2/1/17, staff documented an unstageable open area on the right buttock that measured 6 by 4.5 cm with a depth of 5.2 cm. The wound drained a moderate amount of serosanguinous drainage, the wound bed contained 95% necrotic tissue and muscle tendon or bone was visible. The wound edges were attached and the surrounding skin was macerated (soft and broken down skin resulting from prolonged exposure to moisture on the surface of a wound for extended periods). 9. On 2/8/17, staff documented an unstageable open area on the right buttock that measured 6 by 4.5 cm			

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	with a depth of 5.2 cm. The wound drained a light amount of serosanguinous drainage, the wound bed contained 10% necrotic tissue and granulation plus muscle or tendon was visible. The wound edges were attached and the surrounding skin was macerated. 10. On 2/8/17, staff documented an unstageable open area on the right buttock that measured 6 by 4.5 cm with no depth recorded. The wound drained a moderate amount of serosanguinous drainage, granulation plus muscle or tendon was visible in the wound bed. The wound edges were attached and the surrounding skin was macerated. Record review revealed Wound Clinic documents included 3 wounds identified on 2/20/17: 1. Left ischium (just below buttocks on posterior leg) 0.4 cm by 0.2 cm by 0.1 cm, cover with Meplix borderlite dressing (a soft cushioned and absorbent dressing) change every 5 days and as needed. 2. Left buttocks deep tissue injury 0.7 cm by 0.7 cm by 0.1 cm, cover with Meplix borderlite dressing, change every 5 days and as needed 3. Right ischium 4.0 cm by 6.0 cm by 5.5 cm, cover wound base with 1 piece of Megasorb (a soft absorbent dressing), do not pack or ball it up to fill the wound. Cover with an outer dressing of dry gauze and secure with gauze and tape, change daily and as needed. Wound documents also included directives to facility staff:			

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	1. Place a chair cushion on the resident's wheel chair and low air loss mattress to bed with no more than a single sheet underneath the resident. 2. Please keep pressure off bottom. 3. Please reposition every 2 hours. 4. Do not keep sling underneath the resident while in bed or in the wheel chair. Record review revealed the resident returned to the Wound Clinic on 3/6/17 and returned with the following orders: . 1. Left ischium wound closed. Cover with Meplix borderlite dressing, change every 5 days and as needed. 2. Cover left buttocks deep tissue injury with Meplix borderlite dressing, change every 5 days and as needed. 3. Moisten gauze with Dakins solution, place in right ischium wound, cover with ABD gauze pad (a thick, soft absorbent dressing 5 inches by 9 inches by approximately 1 inch thick), secure with tape daily. Change outer dressing more frequently as needed for drainage control. 4. Bactrim DS (double strength) 800/160 milligrams (mg) prescribed, administered oral twice daily for 30 days, for diagnosis of osteomyelitis of right hip (an infection of the bone). Observation on 3/6/17 revealed:			

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	a. 1:56 p.m. - the resident out of the facility for wound clinic appointment. b. 3:08 p.m. - the resident remained out of the facility. c. 3:20 p.m. - the resident seated in a wheel chair in their room, with lift sling positioned beneath the resident. d. 3:47 p.m. - the resident remained seated in the wheel chair in their room lift sling remained under the resident. e. 4:17 p.m. - the resident remained seated in the wheel chair with lift sling, located in the dining room. f. 4:50 p.m. - the resident remained seated in the wheel chair in the dining room, supper served at 5:00 p.m. g. 5:37 p.m. - the resident remained seated in the wheel chair in the dining room. Observations on 3/7/16 at 8:40 a.m. revealed Staff M, certified nursing assistant (CNA) and Staff N, CNA, attached the lift sling positioned beneath the resident to the mechanical lift, transferred the resident to bed, rolled the resident from side to side to remove the sling and revealed the ABD dressing on right ischium approximately 60 to 70 percent saturated with serosanguinous drainage (yellowish pink liquid that contains blood), Meplix dressing intact to the left buttocks, the left ischium wound without a dressing,			

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	and not found in the sheet under the resident. The CNAs positioned the resident on their back (even though the left ischium dressing was absent). Observation on 3/9/17 revealed Staff C, licensed practical nurse (LPN) provided wound care that included: 1. Removed the dressing and packing from the right ischium wound that revealed a circular shaped opening approximately 5 to 6 cm wide and at least 5 to 6 cm deep, a full-thickness Stage 4 pressure sore with exposed tendon, muscle and possibly bone tissue, wound bed with reddened tissue. 2. Irrigated the wound with 10 milliliters (ml) normal saline (approximately 2 teaspoons) from a syringe, then inserted a towel into the opening and absorbed the pink colored fluid. 3. Repeated the wound irrigation with another 10 ml syringe filled with normal saline, inserted a towel into the wound opening and absorbed the drainage. 4. As Staff C packed the wound with Dakins solution soaked gauze, about 3 to 4 cm undermining (open area under skin absent tissue) from the 7 o'clock to 11 o'clock position, and estimated undermining of 1 to 2 cm from the 2 o'clock to 5 o'clock position observed. During an interview on 3/9/17 at 11 a.m., the director of nursing (DON) stated staff should use clean or sterile gauze dressings to absorb irrigation solutions from open wounds, the towel inserted into the wound			

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	was not an acceptable practice. During an interview on 3/7/17 at 11:11 a.m., the physician from the Wound Clinic reported the clinic had concerns about the facility following orders; the Wound Clinic had offered the facility wound education but they did not accept the offer. The physician reported the facility had sent Resident #3 to the Wound Clinic in the past with the lift sling still under him/her, and sometimes without dressings. The physician stated the resident needed to have the pressure to the wound areas "offloaded," and it had been necessary for the Wound Clinic staff to make calls to the facility to make sure facility staff were following the orders given by the clinic. **FACILITY RESPONSE:**			

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