

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6481	Amended on April 26, 2017.	Date: March 15, 2017
Facility Name: Pleasant Acres Care Center	Survey Dates: February 14-17, 21-22, 28, 2017 and March 3, 2017	
Facility Address/City/State/Zip		
309 Railroad Street Hull, Iowa 51239	DS/pg/mw	
Rule or Code Section	Nature of Violation	Class Fine Amount Correction date

58.19(2)j	<p>481-58.19(135c) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24 hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medications and treatment <i>j.</i> Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition (I, II, III).</p> <p>DESCRIPTION:</p> <p>Based on record review, observation, review of policy/procedures, staff and physician interviews, the facility failed to identify and assess multiple wounds located on Resident #7's buttocks, legs, toes and left heel and failed to obtain timely treatment and services to prevent complications such as infection and septic shock. On 1/31/17, Resident #7 was transferred to a smaller hospital and the emergency room physician identified untreated multiple wounds and ordered a blood culture test which now showed Group A Streptococcus (bacterial infection). On 2/1/17, the physician identified erythema up to the groin of the right leg and transferred the resident to a larger hospital for treatment of hypotension (low blood pressure). The physician at the larger</p>	I	\$5,000 Held in suspension	Upon Receipt
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Facility Administrator

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	<p>hospital identified the resident in septic shock (A life-threatening condition that arises when the body's response to an infection injures its own tissues and organs and can lead to organ injury and dangerously low blood pressure) secondary to cellulitis (skin inflammation) of the wounds. On 2/9/17 the resident transferred back to the smaller hospital for hospice care and expired on 2/10/17.</p> <p>The facility failed to timely identify, assess and provide perineal care in a manner to prevent infection of open areas located on Resident #1's buttocks. Observation identified Resident #1 had multiple open areas located on the buttocks and coccyx area. A staff member performed incontinency care and wiped feces over the open areas. Due to lack of identification and contamination of wounds, the Director of Nursing was notified and she measured and assessed the wounds. The sample consisted of 4 residents and the facility identified a census of 52 residents.</p> <p>Findings include:</p> <p>1. Resident #7 had a MDS (Minimum Data Set) assessment with a reference date of 1/22/17. The MDS identified the resident had diagnoses that included diabetes mellitus, renal deficiency, arthritis, dementia and peripheral venous insufficiency. The MDS identified the resident had</p>			
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	<p>a BIMs (Brief Interview of Mental Status) score of 15. A score of 15 indicated no problems with long or short term memory. According to the MDS, the resident required extensive assistance of 2 or more staff members for bed mobility, transfers, dressing, toilet use and personal hygiene. The MDS identified the resident as frequently incontinent of bowel and bladder.</p> <p>Review of the Care Plan dated 11/7/17, identified the resident had sores present on the left heel and left shin on 11/2/16. The Care Plan directed staff to apply dressing to the excoriated areas and change as needed.</p> <p>Review of the New Skin Area (identified an incident report) dated 1/28/17 indicated the nurse was called to the resident's room to look at the right foot/ankle area. Staff stated there are multiple blisters, open areas and weeping. The open areas to the right inner ankle measured 4.5 by 2 cm (centimeters) and the top of the right foot measured 3 by 3.5 cm. Blisters between the 1st and 2nd toe measured 1 by 0.5 cm, between the 2nd and 3rd toe, 1.5 by 1.3 cm and 4th toe 1.5 by 1.5 cm. On 1/29/17 staff added the resident had new areas of skin breakdown, a long history of skin problems, worsening circulation in legs, areas likely related to circulation. The resident had increased edema and sees the wound care</p>			
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	<p>nurse regularly. The physician and wound care nurse recommendations to be followed included heel boots on at all times, air mattress on bed and pressure relieving cushion in wheel chair.</p> <p>Review of the Medical Doctor/Nursing Communications dated 1/28/17 revealed the resident had 2 open areas; 4.5 cm by 2 cm to the right inner ankle and 3 by 2.5 cm to the top of the right foot. The resident also had 3 blisters to the right foot: 1 by 0.5 cm between the 1st and 2nd toe, 1.5 by 1.3 cm between the 2nd and 3rd toes and 1.5 by 1.5 cm between the 3rd and 4th toe. Open areas cleansed and Optifoam applied. The resident denied pain to areas and the skin to the right lower extremity as red and taunt. Open areas are weeping. New orders included to have the resident seen by the wound nurse see or have an appointment in the physician's office.</p> <p>Review of the Medical Doctor/Nursing Communications dated 1/30/17 indicated the dressing change completed to the right leg and the resident noted to have 3 to 4 plus pitting edema to the right leg. The leg noted to have slough tissue peeling off of the leg and the leg weeping clear fluid. The right leg had ABD (large absorbent dressing) applied and wrapped with Kling wrap. The new order included to increase Zaroxolyn (diuretic) 2.5 mg from Monday,</p>			
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	<p>Wednesday, Friday to daily for 7 days and BMP (blood test-basic metabolic panel) in 7 days.</p> <p>Review of the Consultation/Clinic Referral sheets revealed the following: On 11/10/16: Leg wound 1.3 cm by 2.5 cm by 0 cm. The orders included change the left leg wound on Mondays and as needed: Clean with saline and gauze. Cover with xeroform and ABD. Change left heel wound on Mondays and as needed: Clean with saline and gauze. Apply skin prep to periwound and cover with Aquacel AG and Optifoam. On 11/23/16: Change dressing on left heel as needed on Thursdays if unable to be seen by PT on Thursdays. Apply lotion liberally to the bottom of the feet 2 times a day.</p> <p>On 12/1/16: Discontinue left shin wound care (wound healed). Continue current orders on left heel. On 12/15/16: Left heel discontinue dressing orders (area healed) May resume shoe wear during the day. Continue heel protector at night. Right knee cover with xeroform and ABD dressing. Change every 3 days and as needed. Left ear cover with xeroform cut to size and paper tape. Change every 3 days and as needed. Remove glasses as much as possible. On 12/29/16: All large wounds healed. Small</p>			
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	<p>scratches remain. Cover knee with xeroform and hold on with stockinet. No elastic.</p> <p>Review of the Skin Grid for All Other Skin Impairments revealed the following areas identified with treatment:</p> <p>Right skin/knee dated 11/18/16 revealed an area 3 cm by 6.5 cm pink granulation tissue with slight bloody drainage. On 1/26/17 the area 22 cm by 17 cm red scratches scabbed area.</p> <p>Review of the Skin Grid for All Other Skin Impairments revealed the following areas that had resolved:</p> <p>Bottom/Coccyx dated 10/14/16 revealed area 10 cm by 13 cm with maceration/red. On 10/20/16 the area identified healed and intact.</p> <p>On 11/24/16 0.5 cm by 0.5 cm red area. On 12/1/16 2 cm by 0.25 cm scab to left side and pink on right side intact. On 12/8/16 through 1/5/17 the area identified intact.</p> <p>Abdomen-3 cm by 2 cm red/brown scabbed abrasion. On 1/12/17 the area resolved.</p> <p>Left heel- 11/3/16, 2.5 by 3.2 cm serosanguinous with red wound bed. On 12/15/16 the area healed</p>			
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	<p>per wound care nurse.</p> <p>Left shin dated 11/31/16, 5 cm by 3 cm serosanguinous red wound bed. On 12/1/16, the area resolved/healed per the wound care nurse.</p> <p>Right inner knee/thigh measured 18 by 5 cm abrasion scabbed with red wound bed color. On 12/22/16 the area resolved.</p> <p>Review of the Weekly Skin Sweep form dated 1/26/17, revealed no new skin impairment identified.</p> <p>Review of the MAR (medication administration record) dated 1/1/17 through 1/31/17 revealed the following:</p> <p>a. Left ear pressure area cover with Xeroform cut to size and paper tape. Change every 3 days and as needed.</p> <p>b. Right knee cover with Xerofoam and abdominal pad change every 3 days and as needed to right knee every 3 days and as needed.</p> <p>c. Critic ointment to bilateral buttocks 2 times a day for skin irritation.</p> <p>Review of the TAR (treatment administration record) dated 1/1/17 through 1/31/17 revealed the following treatments:</p> <p>a. Cleanse wound front of right shin with saline,</p>				
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	<p>cleanse, and apply nonstick dressing daily until healed every day for skin.</p> <p>b. Ensure alternating air mattress functioning every shift.</p> <p>c. Clearsite to affected areas as needed for skin.</p> <p>d. Duoderm/flexicol to affected areas as needed for skin.</p> <p>e. Hydrofilm/opsite to affected areas as needed for skin.</p> <p>f. Steri-strips to affected areas as needed for skin.</p> <p>The TAR failed to document areas identified with treatment of dressing to the buttocks or left heel.</p> <p>Review of the Progress Notes dated 1/31/17 at 9:43 AM revealed the resident noted to have large red, warm, swollen area to the right inner upper thigh. The area tender to touch and slightly shiny. The nurse notified the physician. On 1/31/17 at 11:44 AM, a telephone call from the physician's clinic nurse, directed the nurse to have the resident evaluated in the emergency room since it may be a clot. At 12:30 PM, the resident was transported to the hospital emergency room.</p> <p>Review of the Emergency Room Visit Notes dated 1/31/17 at 1:00 PM revealed the resident presented for increasing bilateral lower extremity edema with new areas of redness and firmness in the right thigh. The resident had a history of</p>			
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	<p>diabetes mellitus and non-ambulatory. The resident reported pain in his/her feet and can't really state when it started. The resident had previously followed with wound care but hasn't been seen in several weeks. The resident had numerous small open areas on the buttocks. He/she had a large area of erythema and induration of the right thigh medial and posterior. He/she had more stasis dermatitis of lower legs/feet with weeping and sloughing of the skin. The tip of the left toe black.</p> <p>The Emergency Department documentation dated 1/31/17 at 3:30 PM revealed the resident placed on the bed pan checking wounds to the bottom and legs. Wounds moist and bleeding on the bottom. Multiple wounds all over the bottom. Wounds to the lower legs as well. Multiple wounds and sores to the legs. The lower legs warm and wet to touch. Resident painful to touch in the buttocks area. Resident had numerous open areas on the bilateral buttocks bleeding at times. Roughly around 10 areas.</p> <p>Review of the Hospital Progress Note dated 2/1/17 revealed the following ulcers:</p> <p>a. Ulcer of heel: Non-pressure chronic ulcer of left heel and midfoot limited to breakdown of skin.</p> <p>b. Ulcer of toe: Non-pressure chronic ulcer of left heel and midfoot limited to breakdown of skin.</p>			
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	<p>c. Ulcer of toe: Non-pressure chronic ulcer of other part of left foot limited to breakdown of skin. d. Pressure ulcer, buttock: Unspecified pressure ulcer stage.</p> <p>Review of the hospital wound measurements dated 2/1/17 revealed the following:</p> <p>a. Right lateral knee 0.3 by 0.3 cm b. Right knee midline 0.3 by 0.2 cm - 5 spots c. Right knee medial 0.3 by 0.4 cm - 4 spots d. Right knee patellar notch 0.7 by 0.2 cm e. Right knee proximal tibia 5.5 by 1.5 by 0.1 cm f. Right knee lateral distal 1.4 by 0.9 cm and 0.3 by 0.3 cm g. Right lateral foot 7.8 by 7 cm h. Right proximal 2nd toe 1.8 by 2.2 cm i. Right medial great toe 1.8 by 1.4 k. Plantar foot 11 by 8.4 cm l. Plantar metheads digits 2-4 2.4 by 4.8 cm m. Between 1-2 toe 3 by 2 cm n. Right calf 11.1 by 12 cm o. Left lateral mid-thigh 0.8 by 0.6, 3.5, by 0.2 and 0.4 by 0.4 cm. p. Left lateral knee 1.1 by 1.1 cm q. Left mid knee 0.5 by 0.4 cm, 0.5 by 0.5 cm, and 0.4 by 1.2 cm. r. Left knee medial/distal 1.4 by 1.7 cm s. Medial knee 0.3 by 0.2 - 9 spots t. Distal lateral 1.7 by 1.9 cm u. Proximal tibia midline 1.9 by 2.9 cm</p>			
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	<p>v. Left dorsal foot 11.7 by 5.9 cm w. Left dorsal 2nd toe 2.5 by 2 cm x. Left great toe distal 4.2 by 3.8 cm y. Left plantar 2nd toe 0.5 by 1.6 cm z. Left lateral mid leg 4.4 by 0.4 cm and 0.6 by 0.4 cm aa. Left heel medial 1.3 by 2 cm blister bb. Left heel lateral 1.8 by 3.2 cm black cc. Ride side proximal medial 3.5 by 3 cm dd. Right side midline 3.5 by 0.5 cm ee. Left medial 2.5 by 3.5, 0.7 by 0.5 cm and 0.3 by 0.3 cm ff. Proximal right thigh 4 by 4.5 cm gg. Proximal left thigh 7.5 by 5 cm hh. Proximal left thigh-below 0.5 by 1.5 cm ii. Medial proximal right thigh 1 by 1.4 cm</p> <p>The physician History and Physical report documented the resident had Group A streptococcal infection. Admitted yesterday with right leg erythema appears to be cellulitis. Blood cultures positive and resident complains of pain in buttocks. Extremities right leg with erythema up to the groin, ulcerations of the left great toe and open area on the heel. The History and Physical reported identified laboratory tests as the following: white blood count of 49,000 (normal 4,000-10.5 and red blood count 2.71 (normal 4.7-6.0). The resident's hemoglobin registered at 8.9 (normal 13.5-18). The resident's vital signs</p>			
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	<p>indicated temperatures 97.8-98.9 (normal 98.6), pulse range of 79-95 (normal is 60-100), respiration 24-28 (normal 16-20), blood pressure 92/52 to 131/45). The resident's pulse oximetry measured oxygen level from 84 to 97 percent. The resident received oxygen per nasal cannula. The physician ordered peripheral venous blood culture. Other abnormal tests identified and included Bun/Creatinine (kidney function) test of 61.3 (normal 10-20), sodium level of 133 (normal 136-145) and potassium level 3.0 (normal 3.5-5.1). The resident was transferred to a larger hospital.</p> <p>The History and Physical report dated 2/1/17, from the transferring hospital physician pulmonologist, identified the resident was transferred to the hospital for hypotension. The physician identified the resident with septic shock and questioned this secondary to cellulitis. The resident had crackles upon exam and increased oxygen requirements. The physician ordered medication to maintain blood pressure and Vancomycin and Zosyn (antibiotics). The physician ordered the resident be admitted into intensive care unit.</p> <p>The resident received pressers (medication to raise blood pressure). The discharge diagnosis included acute respiratory failure with hypoxia</p>			
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	<p>and hypercarbia (low oxygen levels); Group A streptococcal infection, resolved septic shock, decubitus ulcer, kidney disease, diabetes mellitus and hypertension.</p> <p>The physician Discharge Summary dated 2/9/17 indicated the resident transferred to the smaller hospital for Hospice care.</p> <p>The Discharge Summary dated 2/10/17, identified the resident developed complete respiratory failure and expired on 2/10/17.</p> <p>During an interview with Staff D, CNA on 2/17/17 at 11:15 AM she stated she cleaned the resident during morning cares. She stated she saw both of the resident's ankles and heels areas wrapped. She placed the protective boots on the resident. Staff D stated she saw a dressing on the resident's bottom. She identified the area on the coccyx area.</p> <p>During an interview with Staff E, CNA on 2/17/17 at 2:05 PM, she stated had worked with the resident the same day he/she went to the hospital. Staff E stated she saw both feet wrapped and knew they had not been wrapped 1 week prior to that day. She put soft blue boots on both feet. She further stated she saw red all the way up the resident's leg. She showed the nurse</p>			
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	<p>the red areas and the resident said he/she had been feeling hot.</p> <p>During an interview with Staff G, CNA on 2/21/17 at 1:30 PM, she stated approximately 4 days prior to the resident's hospitalization, a nurse had come to the room and put a bandage on an open area on the resident's bottom. The area identified close to the crease and the open area identified an approximate size of a nickel.</p> <p>During an interview with Staff H, CNA on 2/21/17 at 2:30 PM she stated she remembered seeing an area the approximate size of a nickel on the resident's bottom but unable to remember who. The nurse told her there had really been nothing they could do about it. At a later date she talked to the MDS coordinator about it and she told her she did something about the open area.</p> <p>During an interview with Staff D, CNA on 2/23/17 at 1:20 PM, she stated she cleaned the resident during morning cares. She stated she saw both of the resident's ankles and heels wrapped. She placed the protective boots on the resident. She also stated she saw a dressing on the resident's bottom. She identified the area on the coccyx area.</p> <p>During an interview with Staff J, LPN (Licensed</p>			
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	<p>Practical Nurse) on 2/21/17 at 4:30 PM she stated she did the resident's skin checks on 1/26/17. When she did skin checks she looks at previous identified areas and ask the CNAs. The resident always scratched areas on his/her legs. The resident sometimes had a dressing on if the skin had been pink so not to break open. She did not think at that time the resident had a dressing in place. If the resident did, it would be documented on the TAR (treatment administration record).</p> <p>During an interview with Staff C, RN on 2/23/17 at 1:00 PM, she stated the resident had a history of open areas on his/her bottom. The areas reopen and heal. She stated she put another dressing on the resident's bottom that had been an excoriated area but could not identify the size of the excoriated area. She did not remember if she documented it or not but did state the dressing had been optifoam that had a foam to absorb drainage. She further stated she normally would document. She did not remember when she placed the dressing and thought possibly done on the weekend or could have been before. She identified the area on the left ischial tuberosity (lower buttock) area. Staff C stated she did not know about an area on the resident's heel.</p> <p>During an interview with the Emergency Room Nurses on 2/21/17 at 10:30 AM, they stated the</p>			
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Health Facilities Division
Citation**

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	<p>resident had both feet wrapped. The Physician removed the 4 by 4 dressing wrapped in kling from the resident's left foot. The left heel had a wound and the left great toe observed to be blackened. They also stated the physician had removed the dressing from the resident's bottom. The dressings had been like Mepilex dressing with Band-Aid area and cushion in the middle. They further stated the wound nurse measured the resident's wounds after he/she was admitted.</p> <p>On 2/21/17 at 3:10 PM the resident's physician was interviewed and stated had documentation from the facility that identified wounds on the right ankle and foot only. He stated the resident had a history of venous stasis type ulcers in the past and had documentation of a history of wounds in 2016. The resident had cellulitis and no open area needed to cause septicemia. He also stated the resident had severe edema and diabetes mellitus and sat with his/her legs down no matter how the facility tried to elevate. He stated the cause of death had been acute hypoxia.</p> <p>On 3/2/17 at 12:55 PM the hospital emergency room physician was interviewed and stated the resident came to the emergency room and had Kerlex wrapped and around both his/her feet and ankles. The resident also presented with a dressing on the right side of the gluteal fold in the</p>			
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Facility Administrator

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	<p>rectal area. The resident had heel boots on both feet. She also stated the resident had been incontinent and saturated in urine. The resident had a Stage I to stage II pressure area on the sacrum and had more than 10 open areas on the buttocks that appeared macerated from laying in urine [not pressure but from incontinency]. The physician stated the wounds on the heel had more of an appearance of pressure ulcers. The physician stated there would not be a chance of developing the wounds from the facility to the hospital. The resident also had acute renal failure and could not urinate enough in that amount of time to be saturated with urine. The physician stated she had spoken to the attending physician and the attending had not been aware of all of the resident's wounds.</p> <p>Review of the policy and procedures titled Skin Care and Wound Management dated 6/2015, directed staff to do the following:</p> <ul style="list-style-type: none"> a. Identification of resident/patients at risk for developing pressure ulcers. b. Implementation of prevention strategies to minimize the potential for developing pressure ulcers and skin integrity issues. c. Weekly monitoring of resident/patient skin status. d. Daily monitoring of existing wounds. e. Application of treatment protocols based on 			
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	<p>clinical "best-practice" standards for promotion of wound healing.</p> <p>f. Interdisciplinary review of identified skin impairments.</p> <p>g. Monitoring for consistent implementation of interventions and effectiveness of interventions. Review and modification of treatment plans, as applicable.</p> <p>Analysis of facility pressure ulcer data for quality improvement opportunities.</p> <p>2. Resident #1 had a MDS assessment with a reference date of 1/19/17. The MDS identified the resident had diagnoses including heart failure, diabetes mellitus, Parkinson's disease (neurological disease), fracture and chronic obstructive pulmonary disease (lung disease). The MDS identified the resident had a BIMs (brief interview for mental status) score of 8. A score represented the resident had moderate impairment of cognitive skills impairment. According to the MDS, the resident required extensive assistance of 2 staff members with bed mobility, transfers, personal hygiene and toilet use. The MDS identified the resident had 1 Stage III pressure ulcer present upon admission. The pressure ulcer measured 2.5 centimeters (length) by 3.2 centimeters (width). The MDS indicated the resident had a pressure relieve device on the bed and chair. The MDS identified no turning or</p>			
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	<p>repositioning program.</p> <p>The care plan dated 10/6/16 directed staff to monitor the resident for skin breakdown 2 times a day with cares and twice weekly with baths. The care plan directed staff to provide pericare [cleansing of the perineal area] 2 times daily and as needed after any episode of incontinence and to provide an air mattress on the bed.</p> <p>Review of the Braden Scale dated 1/5/17 revealed the resident had a total score of 17. A score of 17 identified the resident at low risk for the development of developing pressure ulcers.</p> <p>Review of the Physician Nursing Home Note dated 1/18/17, identified the resident had a pressure ulcer on the left calcaneus [heel], approximately 3 cm (centimeter) in diameter and had a thick eschar and thus unstageable [cannot see the wound bed due to eschar covering] i.e.: eschar is a collection of dead tissue cells.</p> <p>Review of the Skin Grid for All "Other" Skin Impairments dated 11/4/16 identified a pressure ulcer on the left heel. The form indicated on 2/10/17 the left heel area measured 2.5 cm by 2.5 cm area with serous drainage and granulation slough tissue. The wound had no odor present.</p>			
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	<p>The Care Plan identified the skin breakdown to the left heel, could be from friction/shear and on 9/22/16, initiated the resident to wear heel protectors to the right foot/ ankle at night. The intervention initiated on 1/26/17 directed staff to perform a dressing change to the left heel per the wound nurse/physician orders and do skin prep to the right heel per the physician's orders. The Care Plan did not address floatation of heels to prevent the development of pressure ulcers.</p> <p>Review of the Weekly Skin Sweep dated 2/10/17 revealed no new skin impairment identified.</p> <p>The TAR (Treatment/Medication Administration Record dated 1/20/17, indicated the resident is to wear pressure reducing boot to the right and left heels when in bed every day and evening shift.</p> <p>Observation on 2/15/17 at 5:10 PM revealed Staff K, CNA (certified nursing assistant) Staff L, CNA and Staff M, CNA provided incontinent care for the resident. The resident had been incontinent of a moderate amount of loose stool. Staff removed the incontinent brief and turned the resident on his/her left side. Observation identified 4 superficial open areas noted. One open area on the coccyx and 3 areas on the buttocks (buttocks not pressure). Staff M provided incontinent care and wiped the perineal-rectal area with a</p>			
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	<p>cleansing wipe and moved it directly over the open areas. Staff M did not use a clean wipe on the open areas. Staff applied a clean incontinent brief and transferred the resident to the wheelchair. Staff M did not identify the open areas to the nursing staff.</p> <p>On 2/16/17 at 9:25 AM, a nurse was asked to visualize the resident's open areas. Staffs B, RN (Registered Nurse) and the DON (Director of Nursing) were present. The resident transferred from the wheel chair to the bed. The resident turned to the left side and 4 open areas were observed and identified. The DON measured the areas as follows:</p> <ul style="list-style-type: none"> a. Top of crease (coccyx) 1 cm by 1 cm with 0.5 cm by 0.3 cm area of granulation b. Right buttock lateral to coccyx: 1 cm by 1 cm c. Right buttock distal to coccyx: 1 cm by 0.5 cm d. Right buttock lower area: 0.5 cm by 0.5 cm <p>During an interview with the DON on 2/16/17 at 9:25 AM, she stated staff will let the physician know and will ask if he wants a barrier cream or a dressing applied.</p> <p>FACILITY RESPONSE:</p>			
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