

**Iowa Department of Inspections and Appeals  
Health Facilities Division  
Citation**

FC6457		Date: February 17, 2017	
QHC Mitchellville, LLC		Survey Dates: January 17-19,24,2017	
114 Carter Street SW			
Mitchellville, Iowa 50169		DS	
		Class	Fine Amount
56.6(1)	481-56.6 (135C) Treble and double fines. 56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481-56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.	I	\$9,000 (Trebled fine, \$3,000 x3) Held in suspension
+			
58.28(3)e	481—58.28 (135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to ensure against hazard from self, others, or elements in the environment. (I,II, III)		
DESCRIPTION:			
Based on observation, record review, and staff interviews, the facility failed to provide adequate nursing supervision and failed to keep the resident's environment safe from hazards in order to mitigate falls (Resident #7). The sample consisted of 7 residents and the facility reported a census of 49 residents.			
Findings include:			
1. Resident #7 had a MDS (Minimum Data Set)			

Facility Administrator

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	<p>assessment, with the reference date of 11/26/16. The MDS indicated the resident had short and long term memory deficits and severely impaired cognition. The MDS identified the resident required limited assistance of one staff person for transfers and ambulation and used a walker for ambulation (walking). The MDS identified the resident as not steady, could only stabilize with staff assistance and demonstrated functional limitations on both sides of the body.</p> <p>The Care Plan identified a concern with the resident being at high risk for injury related to impaired mobility and cognition. The interventions included and directed the staff to ensure the resident wore non-skid, well-fitting footwear when up, assure call light within easy reach in room at all times; did not always use assistive devices, and will use Merry walker with restorative aide as needed. The care plan did not identify any new fall interventions for fall precautions after 3 falls between 11/30/16 and 12/14/16.</p> <p>An Incident Report dated 11/30/16 at 3:45 p.m. documented the staff found the resident lying on the floor in the hallway. The incident report noted an unlocked wheelchair near the resident and the resident may have tried to sit down on it. The staff documented no injuries or redness noted.</p> <p>The Progress Notes dated 11/30/16 at 5:42 p.m. indicated the staff found the resident on the floor, wheelchair about two feet back from the resident</p>			

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	<p>with unlocked brakes. The resident may have tried to sit on it and the wheelchair rolled back. The family member and the physician notified. The resident had no injuries noted at the time. At 7:53 the staff documented the resident denied pain when asked, up walking around in a pleasant mood, smiling and laughing.</p> <p>An Incident report dated 12/05/16 at 1:01 a.m. with a revision date of 12/23/16 at 10:31 a.m. documented the resident had attempted to get up from a recliner, fell forward and hit head on the floor. The incident report identified a staff member was across the room and unable to get to the resident soon enough to prevent the fall. The incident report identified the facility assessment noted a 4 centimeter diameter hematoma (collection of blood under the skin) on the left forehead and the resident complained of head hurting. The neuro [neurological] checks were within normal limits, blood pressure slightly elevated and the nurse could not obtain a third set of pupil checks due to the resident squinting eyes closed. The resident guarded the left arm/wrist area. The nurse contacted the physician and the physician requested the resident be sent to the hospital emergency room for an evaluation.</p> <p>The Progress Notes dated 12/05/16 at 1:00 a.m. indicated the resident attempted to get up from a recliner, fell forward and hit head on the floor. The Progress Notes indicated the staff were across the room and unable to reach the resident in time to prevent the fall. The staff noted a four</p>			

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	<p>centimeter diameter hematoma to the left forehead, range of motion to all extremities without complaint. The resident voiced her/his head hurt. At 4:45 a.m. the staff documented the resident returned from the hospital, no new orders, CT (computerized tomography) scan and laboratory reports, vital signs and neuro checks within normal limits</p> <p>A report notification dated 12/14/16 at 03:25 a.m. documented the staff found the resident in the hall in front of the resident's room with head against doorway. The resident voiced pain. The resident wore non- skid socks and cause of the fall unknown. The resident yelled in pain and grabbed hip with right hand when attempted to get up. The resident obtained a skin tear to the top of the left hand and retracted hand when touched.</p> <p>The Progress Notes dated 12/14/16 at 03:35 a.m. indicated the nurse notified the physician and received orders to send to the emergency room to be evaluated. The resident went to the hospital at 4:20 a.m. At 1:57 p.m. the nurse documented she called the hospital. The hospital indicated the physician admitted the resident with a diagnoses of a "subdural hematoma (collection of blood under the dura-the dura covers brain) to the face".</p> <p>A radiology report dated 12/14/16 at 4:47 a.m. indicated findings of a scalp hematoma to the left, subacute extra-axial subdural blood products noted along both cerebral hemispheres with the</p>			

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	<p>right greater than the left with a maximal AP diameter of 13 millimeters.</p> <p>A Progress note dated 12/16/16 at 3:00 p.m. indicated the resident returned from the hospital, escorted by ambulance. Upon arrival the resident appeared very sleepy and vital signs stable.</p> <p>On 01/18/16 at 11:09 a.m. Staff A, CNA/CMA was interviewed and stated she had been working on the medication cart when Resident #7 fell. She stated the resident had fallen several times. Staff A stated the resident had been independent one time the resident had been in the living room and tripped over own feet, the second time the resident the resident had been in the hallway and fell over own feet and the third time had sat down like had been trying to sit in a chair that had not been there.</p> <p>On 01/18/17 at 12:38 p.m. Staff B, LPN was interviewed and stated she worked when Resident #7 fell. Staff B stated it appeared as if the resident had fallen in the doorway. Staff B stated the resident bled from the head, and thought the resident complained of right wrist pain. Staff B stated when getting the resident, the resident complained of left hip hurting. Staff B stated she called the emergency system, doctor and family.</p> <p>On 01/19/17 at 9:55 p.m. Staff D, LPN was interviewed and stated she did not work the day of the fall. Staff D stated the resident fell</p>			

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	<p>frequently. Staff D stated the resident is in a wheelchair but because of a diagnoses of Alzheimer's Disease, she/he will forget not to walk on own and would get out of the chair. Staff D stated the staff would walk with the resident or attempt to redirect back to the wheelchair.</p> <p><b>FACILITY RESPONSE:</b></p>			

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<b>50.7(1)a(2)</b>	<p><b>481-50.7(10A,135C) additional notification.</b>  The director or the director's designee shall be notified within 24 hours, or the next business day, by the most expeditious means available (I,II,III).  <b>50.7(1)</b> Of any accident causing major injury.  a. "Major injury" shall be defined as any injury which:  (2) Requires admission to a higher level of care for treatment, other than for observation.</p> <p><b>DESCRIPTION:</b></p> <p>Based on record review and staff interviews, the facility failed to notify the Department of Inspections and Appeals of an accident causing major injury which required hospitalization for Resident #7. The sample consisted of 7 residents and the facility reported a census of 49 residents.</p> <p>Findings include:</p> <p>1. Resident #7 had a MDS with a reference date of 11/26/16. The MDS identified the resident required limited assistance of one staff for transfers and ambulation and used a walker. The MDS indicated the resident not steady and could only stabilize with staff assistance and demonstrated functional limitations on both sides of the body.</p> <p>A report notification dated 12/14/16 at 03:25 a.m. documented the staff found the resident in the hall in front of his/her room with head against the</p>	<b>II</b>	<b>\$500</b>	<b>Upon Receipt</b>

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	<p>doorway. The resident yelled in pain and grabbed hip with right hand when attempted to get up. The resident obtained a skin tear to the top of the left hand and retracted hand when touched.</p> <p>Progress notes dated 12/14/16 at 03:35 indicated the physician ordered the resident be sent to the emergency room for evaluation. The resident was transferred at 4:20 a.m.</p> <p>A radiology report dated 12/14/16 at 4:47 a.m. indicated findings of a scalp hematoma to the left, subacute extra-axial subdural blood products noted along both cerebral hemispheres with the right greater than the left with a maximal AP diameter of 13 millimeters.</p> <p>A Progress note dated 12/16/16 at 3:00 p.m. indicated the resident returned from the hospital, escorted by ambulance.</p> <p>On 12/24/16, during the exit conference, the interim Director of Nursing acknowledged the fall with injury had not been reported to the Department of Inspections and Appeals.</p> <p>Review of the department's records identified the facility had not reported the resident's major injury.</p> <p><b>FACILITY RESONSE:</b></p>			

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