

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 6460		Date: February 22, 2017		
Facility Name: Pinnacle Specialty Care		Survey Dates: February 3, 7, and 8th, 2017		
Facility Address/City/State/Zip 1223 Prairie Road Cedar Falls, IA. 50613		HL		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

58.28(3)e	<p>481- 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, observation, and interviews, the facility failed to provide adequate supervision to protect against hazards for one (1) of four (4) residents at risk for falls (Resident #1). The facility reported a census of 83 residents.</p> <p>Findings include:</p> <p>1. According to the Minimum Data Set (MDS) dated 1/20/2017, Resident #1 had modified independence with daily decision making and no long or short term memory impairment. The resident required limited assistance of one staff to transfer from one surface to another, ambulate, and to dress. The MDS revealed the resident had diagnoses including wound infection, dementia and hypertension and a fall without injury since admission on 1/13/2017.</p> <p>The Physician's Orders included orders for Coumadin 3 milligrams (anticoagulation therapy) every day dated 1/16/2017.</p> <p>The Fall Risk Assessment dated 1/13/2017 revealed Resident #1 had a high fall risk.</p> <p>The initial, temporary Care Plan directed staff to assist</p>	I	\$8,000.00 Held in Suspension	Upon Receipt
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Facility Administrator

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	<p>Resident #1 with transfers and ambulation with the use of two staff and a gait belt, walker and wheel chair. The care plan indicated the resident sustained a fall on 1/16/2017 and to directed staff to apply bed, pressure and tab alarms; discontinued on 1/23/2017. Interventions were added on 1/18/2017 to included: check approximately every two hours and as needed, keep door open and may get details mixed up due to dementia. On 1/22/2017 the resident sustained a fall and staff transferred the resident to the emergency room for evaluation.</p> <p>The Nurse's Notes dated 1/13/2017 revealed Resident #1 admitted for palliative care with diagnoses including cellulitis and Atrial Fibrillation with anticoagulation therapy. The resident had orders for physical and occupational therapy, answered some questions appropriately, poor historian and had an indwelling Foley catheter.</p> <p>The Nurse's Notes 1/16/2017, staff found the resident next to the bed with a skin tear that measured 6 cm (centimeters) by 4 cm. Staff applied treatment and dressing to the wound.</p> <p>Incident Report dated 1/16/2017 revealed staff found Resident #1 lying next to the bed at 3:30 a.m.. The resident sustained a skin tear to the right upper arm. Staff dressed the wound and indicated they added a pressure bed alarm.</p> <p>The 200 Wing Siderail and Alarm Checklist revealed</p>			
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	<p>Resident #1 had a pressure alarm and tab alarm in bed on 1/22/2017.</p> <p>The Incident Report dated 1/22/2017 revealed staff found Resident #1 at 1:30 a.m. lying face down on the floor between the bed and chair, noted bleeding to the left side of his/her face and right hand. Staff transferred the resident to the emergency room. Added 1/22/2017 - to emergency room.</p> <p>1/23/2017 - bed in lowest positron when in bed, move furniture away from bed, room move closer to desk, bolster mattress, discontinue air loss mattress.</p> <p>The Nurse's Notes dated 1/22/2017 at 2:00 a.m., revealed staff found the resident lying face down on the floor between the bed and chair, bleeding noted to right hand and left side of face and bilateral shoulders. The resident stated he/she rolled out of bed. Staff notified the physician and sent the resident to the emergency room.</p> <p>At 5:00 a.m. the Notes indicated the resident admitted to the Intensive Care Unit for a head bleed.</p> <p>A review of the Hospital Records included: admission on 1/22/2017, discharged on 1/26/2017.</p> <p>The emergency room (ER) report revealed the resident had extensive areas of ecchymosis scattered over the body, skin tears noted on some extremities. The resident had facial laceration on the left orbital rim into the eyebrow noted. The resident had a lower lip laceration and soft tissue swelling noted on the forehead.</p> <p>The assessment revealed traumatic intraparenchymal</p>			
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	<p>hemorrhage, without loss of consciousness, lip laceration, face lacerations and the resident would be admitted.</p> <p>The computed cosmography (CT) examination of the resident's head on 1/22/2017 revealed Hyperattenuation (blood buildup) left frontal lobe likely indicating a small amount of hemorrhage.</p> <p>The Hospital Discharge Summary revealed the resident had recently discharged from the hospital after being admitted for multiple skin ulcers/cellulitis; and then sent to skilled care the nursing home. The resident fell from the bed on 1/21/2017 and hit his/her head, brought to the hospital where he/she was found to have a left frontal lobe hemorrhage. The resident had been admitted to neurosurgical service for intracranial bleed management. The resident's INR (international normalized ration) reversed with the patient and vitamin K, acute kidney injury, laceration on lower lip sutured in the emergency room, seen and followed by neurosurgery, no surgical intervention, patient transferred to hospitalist services. The resident had an abnormal urinalysis and antibiotics were administered.</p> <p>The principal diagnosis listed traumatic cerebral intraparenchymal hemorrhage. The resident would return to the skilled nursing facility.</p> <p>On 1/23/2017, the care plan directed staff to keep all furniture away from head of bed. The resident had a low loss air mattress discontinued on 1/23/2017.</p> <p>On 1/23/2017 the Care Plan added a bolster mattress</p>			
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	<p>to the bed, move closer to the nurse's station, mat on floor on both sides of the bed and bed in lowest position.</p> <p>On 1/23/2017 at 11:00 a.m. staff spoke to the resident's family member and discussed removing the air mattress and changing it to a bolster mattress for safety. Family agreed to move the resident closer to the nurse's station upon return from the hospital. Staff also moved the chair in the room away from the bed.</p> <p>Physician progress note dated 2/1/2017 at facility. Follow up regarding increased respiratory problems with low oxygen saturation and congestion. Started on Doxycycline yesterday, and give three doses of Lasix for three days due to bilateral pleural effusions probable pneumonia. Lung sounds coarse throughout. Cautiously treating pneumonia due to chronic kidney disease, eats and drinks poorly. Staff discussed hospice services with family.</p> <p>On 2/3/2017, staff noted the resident had diminished lung sounds bilateral bases, Oxygen saturation at 95% with oxygen, unable to take temperature due to resident breathing with mouth wide open.</p> <p>Observation on 2/3/2017 at 9:30 a.m. revealed Resident #1 in a low bed with a concave mattress and a blue mat beside the bed. The resident, on his/her back, appeared calm and had oxygen per nasal cannula and a Foley catheter. The resident had eyes open but failed to respond to questions. The DON (Director of Nursing) indicated the resident's family</p>			
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	<p>currently considered hospice. On 2/3/2017 the Care Plan added: bed up against the wall.</p> <p>On 2/4/2017 at 9:20 a.m., the Notes indicated the resident ate very little with assistance, took medication with applesauce and staff re positioned every two hours. At 8:20 p.m. the resident passed away, found unresponsive by CNA.</p> <p>During an interview on 2/3/17 at 3 p.m., the DON revealed on 1/26/2017, Resident #1 returned from the hospital and they were told the resident had a small bleed. The resident also had facial laceration. After the fall, they discontinued the alarms. The resident failed to progress in therapy and had dementia. After the resident fell, the DON measured the bed frame at 28 inches above the floor. At the time of the fall, staff reported that Resident #1 had only the pressure alarm on the bed which failed to sound. Staff failed to apply the TAB alarm.</p> <p>On 2/8/2017 at 3:35 p.m. the surveyor measured bed height with the DON and observed: Bed frame to floor measured 12 inches if in the lowest position. A regular mattress measured approximately 6 inches and an air loss mattress measured 8 inches.</p> <p>During an interview on 2/8/2017 at 3:10 p.m., the Nurse Practitioner revealed the cause of death certificate had not yet been completed, and Resident #1 had failure to thrive along with multiple diagnoses. The fall with the head bleed altered the resident's</p>			
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	<p>mental status. The Nurse Practitioner indicated he/she could not verify that the fall on 1/22/2017 led to the resident's death on 2/4/2017.</p> <p>The facility investigation included a statement from witness, Staff A, CNA (Certified Nurse's Aide) by phone and documented by the DON (Director of Nursing). Staff A indicated he/she changed the resident's incontinent brief at approximately 1 o'clock a.m. on 1/22/2017. Staff A revealed the resident had a bed alarm on when he/she left the resident. Twenty minutes later the resident yelled and Staff A found the resident laying on the floor. The resident indicated he/she rolled out of bed and hit the chair next to the bed. Staff A indicated the bed alarm failed to sound but worked when he/she checked it after the fall. The bed measured approximately 2 feet from the bed. Staff A could not be reached for an in person interview during the investigation.</p> <p>During an interview on 2/8/2017 at 2:10 p.m., Staff B, LPN (Licensed Practical Nurse) indicated he/she worked at the time of Resident #1's fall on 1/22/2017. The resident had an air mattress with a pressure alarm over it, the resident failed to have a TAB alarm at the time of the fall. When the resident fell from the bed, the pressure alarm failed to sound but knew the alarm functioned prior to the fall when checked earlier in the day. After the resident fell, Staff B observed the bed failed to be in the lowest position, but at regular height of approximately 29 inches. Staff A told Staff B that he/she changed the resident prior to the fall and failed</p>			
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	<p>to lower the bed, though he/she never reported why. When Staff B checked the pressure alarm, it failed to function the first time but did function with the second check. The resident reported rolling out of bed. Staff B worked the evening the resident passed away. The resident had been declining, the resident remained in bed and refused supper. At 8:20 p.m. staff found the resident passed away and staff notified family.</p> <p>During an interview on 2/8/2017 at 3:00 p.m., Staff C, RN revealed on 1/16/2017, Staff added a TAB and pressure alarm to Resident #1's bed. The resident had no chair alarms. On 1/23/2017 staff discontinued the TAB alarm and on 1/25/2017 they discontinued all alarms. When the resident fell from the bed on 1/22/2017, he/she should have had a pressure alarm and a TAB alarm.</p> <p>FACILITY RESPONSE:</p>			
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