

**Department of Inspections and Appeals
Health Facilities Division
Citation**

Number 6454		Report date February 14, 2017		
Facility name Fort Dodge Health And Rehabilitation		Survey dates January 30-31, 2017		
Facility address 728 14 th Ave North				
City Fort Dodge, IA 50501		HL		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
58.19(2)b	<p>58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review and staff and resident interview the facility failed to implement and follow interventions to prevent the development of pressure sores for one of one resident reviewed who was identified on admission at risk and developed multiple facility acquired pressure ulcers (Resident #8). The facility identified a resident census of 53 residents.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) assessment for Resident #8 dated 1/4/17, documented an admission date of 12/22/16, and included diagnoses of fracture other than hip, muscle weakness, difficulty walking, embolism and thrombosis unspecified deep veins of right distal lower extremities. The MDS documented the resident required extensive assistance of two for bed mobility and transfer, with a risk of developing pressure ulcers, no unhealed pressure ulcers and no repositioning program. The MDS documented the resident had a Brief Interview for Mental Status (BIMS) score of 14 (cognitively intact).</p> <p>A physician transfer order report dated 12/22/16, included a directive for a knee immobilizer and care instructions for a broken lower leg.</p> <p>A Braden Scale for Predicting Pressure Sore Risk dated</p>	I	\$2,000.00 Held in Suspension	Upon Receipt

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	<p>12/22/16 at 3:30 p.m., documented the resident scored a 10 for high risk of pressure sores. The form documented the resident had a displaced bicondylar fracture of the left tibia, subsequent encounter for closed fracture. The form documented the resident had slightly limited sensory perception, constantly moist skin, chairfast with very limited mobility, poor nutrition and a friction and shear problem.</p> <p>The care plan dated 12/22/16, included no problem of a risk for altered skin integrity or pressure sore.</p> <p>Review of a Treatment Administration Record for January 2017, revealed a directive to remove (leg immobilizer) once a day for skin checks and cleaning then re-apply.</p> <p>A skin alteration incident sheet dated 1/12/17 at 11:16 a.m., documented the therapy assistant called the nurse into the room to look at an area to lower left leg. Nurse observed area to posterior calf, red wound bed, no signs or symptoms of infection, area 2.0 centimeters (cm) x 2.0 cm top area and 1.0 cm x 0.5 to lower area. The form documented the predisposing factors had been resident wore brace and unable to bend leg, foot pedal had to be up at all times.</p> <p>A physician fax form dated 1/12/17, reported the resident had an area to posterior calf 2.0 cm x 2.0 cm and 1.0 cm x 0.5 cm..</p> <p>A skin alteration incident sheet dated 1/12/17 at 9:30 p.m., documented the nurse had been summoned to resident room by Certified Nurse Aide to assess two blisters, one on each heel. Complained of heels burning. Fax out to primary care provider to update and receive treatment order, both heels floated at all times as of now.</p>			

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	<p>The form included no measurements. The second page of the form had been left blank.</p> <p>A physician fax form dated 1/13/17, reported a 2.0 cm x 1.0 cm fluid filled blister on each lateral heel, skin intact, would like to apply skin prep two times daily until resolved and will float heels.</p> <p>On 1/14/17, the facility added a problem of pressure ulcers to bilateral heels related to immobility. The problem included the following interventions:</p> <ul style="list-style-type: none"> a. Call light within reach, initiated 1/14/17. b. Daily body checks, initiated 1/14/17. c. Encourage fluid intake and assist to keep skin hydrated, initiated 1/14/17. d. Float heels at all times, initiated 1/19/17. e. Heel lift boot bilateral lower extremities, to be worn anytime resident's heels could be resting on any kind of surface, initiated 1/26/17. f. Needs moisturizer applied to skin. Do not massage over bony prominences and use mild cleansers for Peri-care/washing, initiated 1/14/17. g. Protein supplement daily, initiated 1/26/17. h. Requires pressure relieving/reducing device on bed/chair, initiated 1/14/17. i. Treat areas to heel and other skin issues per physician orders, initiated 1/16/17. j. Turn and reposition every two hours, initiated 1/26/17. k. Wound center as ordered, initiated 1/27/17. <p>A wound nurse recommendation sheet dated 1/24/17, documented the resident had been seen for initial assessment of wound. Resident has wound to each heel-right lateral heel measures 2.0 cm x 2.0 cm and left lateral heel measures 1.5 cm x 1.5 cm. Both wound areas are light purple intact but non blanchable. Resident also has wound to left posterior lower leg. This</p>			

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	<p>is an unstageable pressure wound measuring 6.8 cm x 2.5 cm x 0.5 cm. The sheet included a directive for no pressure to heels and had been noted 1/25/17.</p> <p>A wound healing center report for 1/26/17, documented the resident had a wound on the left lateral lower posterior leg (wounding event not known) , left lateral calcaneus (gradually appeared), and right lateral calcaneus (gradually appeared). The report documented the primary etiology of all three wounds had been pressure ulcer. The report documented the measurements as follows:</p> <p>a. left lateral posterior lower leg, open-6.0 cm x 2.4 cm x 0.2 cm</p> <p>b. left lateral calcaneus, open-1.4 cm x 1.5 cm x 0.1 cm</p> <p>c. right lateral calcaneus, open-2.0 cm x 2.0 cm x 0.1 cm</p> <p>The form documented the left lateral posterior lower leg ulcer to be a Stage 3, and the left and right lateral calcaneus ulcers to be unstageable. The report documented all three of the pressure ulcers had a large amount of necrotic (dead) tissue (67-100%). The form documented the resident required debridement (removal of damaged tissue) of the left lower leg wound with a topical anesthetic applied to ease pain.</p> <p>A wound healing discharge instruction sheet dated 1/26/17, included the following directives:</p> <p>a. Wound #1 left lateral posterior lower leg-cleanse with normal saline, apply Calcium Alginate (anti-microbial wound dressing) with silver to wound bed, cover with foam dressing and secure.</p> <p>b. Wound #2 left lateral calcaneus-cleanse with normal saline, betadine daily, cover with foam dressing and secure, heel lift boot anytime heels could be resting on any kind of surface. Turn and reposition every two hours.</p>			

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	<p>c. Wound #3 right lateral calcaneus-cover wound with foam dressing, secure in place, heel lift boot anytime heels could be resting on any kind of surface. Turn and reposition every two hours.</p> <p>Clinical record revealed an order to discontinue brace to left leg dated 1/26/17.</p> <p>A physician order summary report for the month of January 2017, included a directive for heel suspension boots to bilateral lower extremities anytime the resident's heels could be resting on any kind of surface, with a start date of 1/26/17.</p> <p>The facility MDS nurse stated during interview on 1/30/17 at 1:20 p.m., they did not know why the resident did not initially have a problem on the plan of care for potential for pressure sore but did now. The MDS nurse agreed the resident had been at risk of developing a pressure sore on admission due to a fracture which required a leg immobilizer and decreased mobility but did not know why it had not been placed on the care plan. The MDS nurse verified staff removed the immobilizer one time per day and checked the resident skin for breakdown. The MDS nurse stated staff repositioned all residents every two hours but only documented it one time per shift.</p> <p>At 1:52 p.m., the resident sat in a recliner with their feet elevated on two pillows and the bilateral heels resting on the pillows. The resident wore socks and no heel boots. The resident stated they did not feel the facility had been taking good care of their wounds because they had just used the call button to have staff come in and put pillows under their feet because their heels had been on the chair and it hurt. The resident stated the wound on their leg had been from a brace that had sometimes felt too</p>																		

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	<p>tight.</p> <p>At 4:00 p.m., the surveyor asked the facility MDS nurse what could have been done to prevent the pressure sores. The MDS nurse stated off loading the residents heels.</p> <p>On 1/31/17 at 7:30 a.m., the facility Administrator stated they believed the open areas had not been pressure sores but were venous. The Administrator stated the resident always had their heels elevated. The Administrator stated they did not know if the facility had acquired heel lift boots for the resident, and stated this morning had implemented a Braden scale check list for staff to use on all residents to ensure appropriate interventions were placed and followed for residents. The Administrator stated the wound nurse classified everything as a pressure sore even if it had not been and they had told the wound nurse to stop doing that.</p> <p>At 7:40 a.m., the surveyor asked the Administrator to accompany them to the facility dining room to show the surveyor where the resident sat. The resident sat in a wheel chair with their bilateral feet on the wheel chair pedals. The pedals were not elevated. The left foot rested directly on the center of the pedal, the right leg slightly extended with the right heel directly on the pedal. The surveyor pointed this out to the Administrator who then stated the resident had foam dressings on the heel ulcers. The Administrator then went to the resident's room and found two foam boots and placed them on the residents bilateral feet.</p> <p>Staff A (Certified Nurse Aide, CNA) at 7:51 a.m., approached the surveyor and stated they had made sure the residents heels were floated when they had transferred the resident into the wheel chair that</p>									

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	<p>morning. Staff A stated the resident would not put heel boots on for them but had done so for the Administrator. Staff A stated one day they were not floating the resident's heels and the next day they were. Staff A stated they did not know when the intervention to float the resident's heels started.</p> <p>The wound clinic nurse stated during interview at 8:00 a.m., the areas on the residents leg and heels were definitely pressure sores, even though the residents circulation had been compromised the wounds developed from pressure to the areas. The wound nurse stated the leg immobilizer should have been checked every shift to be sure it had not been compromising circulation more or rubbing on the skin. The wound nurse stated the facility would not have needed to wait for the wound clinic to call the orthopedic surgeon to get the immobilizer discontinued and could have done this after the open areas had been discovered.</p> <p>At 8:45 a.m., the resident sat in a recliner as Staff B (Registered Nurse, RN) completed a treatment to the bilateral heels. Staff B measured a dark purple are to the left lateral heel to be 1.5 cm x 2.0 cm. Staff B measured a dark purple are to the right lateral heel to be 2.0 cm x 2.5 cm. Staff B applied Mepilex foam dressings to both heels at which time the facility Director of Nursing commented the dressings cost 5 dollars each.</p> <p>Upon completion of the treatment the facility Director of Nursing stated the facility would be having a different wound clinic nurse see the resident and complete the treatment to the left lower leg.</p> <p>FACILITY RESPONSE:</p>			

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