

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Number 6424				
		Report Date January 25, 2017		
Facility Name Manorcare Health Services- West Des Moines		Fine amount reduced on Class II fine by 35% to \$325.00 on February 14, 2017 pursuant to Iowa Code Section 135C.43A		Survey Dates October 25, 2016, November 17-18, 22-23, 2016, December 14-15-16, 19, 2016 & January 20, 2017
Facility Address 5010 Grand Ridge Drive				
City West Des Moines, Iowa 50265		HL		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
58.28(3)f	<p>481- 58.28(3) Resident safety. f. Residents shall be protected against physical or environmental hazards to themselves. (I, II, III) [ARC 1398C, IAB 4/2/14, effective 5/7/14]</p> <p>DESCRIPTION: Based on clinical record reviewed and staff interviews, the facility failed to protect 1 of 7 residents from physical/environmental hazards (Resident # 6). Interviews and record review revealed Resident #6 requested additional supports to prevent him/her from falling out of bed. Three days after admission, Resident #6 rolled out of bed and sustained injuries to his/her right thigh which developed into compartment syndrome and hospitalization. The facility reported a census of 90 residents.</p> <p>Findings include:</p> <p>Resident #6 had a Minimum Data Set (MDS) with an assessment dated 9/20/16. The MDS indicated the resident had diagnoses including restless leg syndrome (RLS), malignant neoplasm of the prostate, diabetes mellitus, cellulitis of a limb, morbid (severe) obesity. The Brief Interview for Mental Status (BIMS) had not been completed.</p> <p>The resident needed extensive assistance of 2 staff with bed mobility, transfers, and extensive assistance of 1 staff with ambulation. The resident had functional limitation in range of motion of a lower extremity (leg) and unsteady balance and required staff assistance.</p> <p>The resident's record indicated h/she had been admitted on 9/13/16 at 2:08 p.m. The Progress notes dated 9/13/16 at 2:08 p.m. revealed the resident transferred and ambulated with the assistance of 1 staff. The 67 year old had been admitted following trauma from a fall with his/her scooter.</p> <p>Progress notes dated 9/13/16 at 3:23 p.m. revealed the resident needed standby assist with ambulation.</p>	I	\$3000.00 Held in Suspension	Upon Receipt

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	<p>Progress notes dated 9/15/16 at 6:40 a.m. revealed the resident needed assistance with transfers and repositioning as tolerated.</p> <p>A care plan with a focus area dated of 9/14/16 indicted the resident could transfer independently in h/her room. A focus area dated 9/13/16 identified the resident at risk for falls, with an initiated date of 9/14/16, established interventions directing staff to assist with transfer and ambulation as needed and have commonly used articles within reach. An intervention dated 9/17/16, with an initiated date of 9/19/16 indicated a wider bed had been installed.</p> <p>An occupational assessment completed 9/14/16 at 7:29 a.m. indicated the resident had decreased level of participation with activities of daily living (ADL's) and an increased need for assistance from others.</p> <p>A physical therapy evaluation completed 9/14/16 at 9:19 a.m. revealed the resident needed "contact guard assist" with transfers. Risk factors included physical impairments and associated functional deficits and a risk for falls, increased pain, limited out of bed activity, DVT and decreased level of mobility.</p> <p>Progress notes dated 9/15/16 at 1:01 p.m. revealed a comprehensive evaluation completed by a nurse practitioner identified fall precautions directing staff to assist with transfer and ambulation as needed. Notes indicated an inner left thigh wound has a wound vac intact with moderate serous/sanguineous draining, tissue beefy red with scatter black speckles and tunneling present at both ends. The right leg is edematous at 3+ and left leg at 2+. The resident rated h/her pain at 4-5 out of 10 and described the pain as a throbbing ache.</p> <p>Progress notes dated 9/16/16 at 7:05 a.m. documented the resident needing assist with transfers and</p>			

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	<p>repositioning.</p> <p>Progress notes dated 9/17/16 at 5:38 a.m. indicated staff found the resident on the floor next to h/her bed. The Incident Report dated 9/17/16 at 1:30 documented the resident was asleep in bed and h/she had rolled out of bed and onto the floor. The resident had no injuries or pain when assessed. The report documented the bed had been in a low position.</p> <p>A written statement by maintenance supervisor, reported a 42 inch mattress had been placed on the resident's bed on 9/13/16 at the time of admission (wider size than the normal size initially placed.) On 9/17/16, he was asked to place a 48 inch mattress on the resident's bed frame as a fall intervention.</p> <p>Progress notes dated 9/17/16 at 9:25 a.m. revealed staff attempted to give Tylenol 325 mg - 2 tablets for pain greater than 4 out of 10 or fever greater than 100.5 degrees. The resident refused this medication and requested a stronger pain medication. Progress notes dated 9/17/16 at 11:13 a.m. revealed Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet every 6 hours as needed (prn) had been given because the resident complained of pain of 3 out 9.</p> <p>An Encounter note dated 9/17/16 at 2:49 p.m. documented the resident had been seen for insomnia. The report documented the resident is a new admission for skilled care at the nursing home on 9/13/16 for skilled post hospitalization for left inner thigh wound. The resident is currently on Lovenox with bridging back to Coumadin therapy for atrial fibrillation/mechanical mitral valve replacement. The resident is able to transfer with 1 assist. Notes indicated the administration of Coumadin 11 milligrams (mg) on Sunday-Monday-Wednesday and Friday and Coumadin 13 mg on Tuesday-Thursday and Saturday. Notes indicated the resident had an unsteady walk with</p>			

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	<p>abnormal movements. The resident surgical history indicated a right total knee replacement and rated h/her pain at 5 out of 10.</p> <p>Progress notes dated 9/18/16 at 2:00 a.m. revealed the resident complained of right thigh and knee pain, rating the pain at 6 on a 0 to 10 pain scale. Repositioning and distraction not effective. On 9/18/16 at 5:10 a.m. revealed the resident complained of pain to the right knee and thigh rating pain at a 6 on a 0 to 10 pain scale. The Progress notes dated 9/18/16 at 10:00 a.m. revealed Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet every 6 hours as needed (prn) had been given for a swollen right leg. Progress notes dated 9/18/16 at 6:00 p.m. revealed the Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet was not effective.</p> <p>Progress notes dated 9/18/16 at 11:30 p.m. revealed the Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet given for a swollen right leg.</p> <p>Progress notes dated 9/19/16 at 3:46 a.m. revealed the resident complained of right quadricept pain. Acetaminophen 325 mg -2 tablets had been given and at 4:30 a.m. Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet had been given. The resident requested a larger bed to prevent future falls out of bed during the night.</p> <p>Progress notes dated 9/19/16 at 9:20 a.m. revealed the nurse practitioner had been notified by the rehabilitation staff the resident reported increased pain to the right knee after the fall from bed on 9/17/16. The resident had landed on the right side and sustained a bruise and scratch to right abdomen and the right knee swollen with decreased range of motion. The resident is able to extend the leg but had difficulty with bending and reported inability to bear weight on the right leg. An x-ray revealed no fracture/dislocation or effusion. An</p>			

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	<p>order to switch to a "beri" bed and apply ice to the knee to decrease swelling.</p> <p>Progress notes dated 9/21/16 at 11:45 a.m.; a nurse practitioner follow-up documented increased swelling with new bruising to the right leg. Nursing staff reported the resident had increased edema to the right leg with extensive bruising to the right posterior thigh. An x-ray had revealed negative injury to the right knee. The right leg now had 4+ edema, tight skin and difficulty palpating distal pulses due to edema and the resident unable to bear weight due to pain. The facility sent the resident to a hospital emergency department for evaluation and treatment related to hematoma complications.</p> <p>A medical practitioner progress note dated 9/21/16 at 3:20 p.m., indicated a diagnosis of anticoagulation therapy for deep vein thrombosis (DVT)/valve/atrial fibrillation management. The progress note revealed the resident had been presented to the emergency room (ER) for evaluation of right leg injury. The resident had a history of left leg injury whereas his/her left leg was pinned between pavement and scooter [August 2016]. The resident developed a left thigh hematoma wound which got secondary infection and eventually required hematoma evacuation and he/she discharged with picc line antibiotics to the nursing home. Unfortunately Saturday [September 17, 2016] he/she rolled out of bed and landed on the right knee. The resident had right knee pain and a reassuring x-ray. The resident reported increasing leg swelling and muscular tenderness over the next few days. The nursing home decided to transfer him/her to the veterans (VA) emergency room today by ambulance. The examination revealed the resident had right leg 3 + (plus) edema</p>			

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	<p>with tenderness in the right thigh. The resident had pain on the right knee with right knee flexion. There is an old post right total knee replacement. The right CT (computed tomography) of the right thigh revealed 34.2 cm x 12.5 x 7.5 cm heterogeneous fluid collection in the anterior compartment right thigh.</p> <p>The addendum to the progress note dated 9/22/16 documented the resident had been seen and examined by the physician with plans to monitor the resident's leg for signs of compartment syndrome. [Compartment syndrome is a serious condition that involves increased pressure in a muscle compartment which can lead to muscle or nerve(s) damage and problems with blood flow. Surgery is needed immediately and delaying can lead to permanent damage according to MedlinePlus web search at: https://medlineplus.gov/ency/article/001224.htm]</p> <p>The discharge summary dated 11/17/16, indicated the resident had been admitted on 10/6/2016 for the primary diagnosis of right and left thigh hematoma and right thigh compartment syndrome. The summary revealed Resident #6 had been admitted from the nursing home on 9/13/16 to 9/21/16 and transferred to a local emergency department on 9/21/16 due to falling out of bed, injuring h/her right thigh. The resident reported h/she had requested guard rails [side rails] for the bed as h/she "has RLS and will fall out of the bed"; and was informed by the nursing home that it was considered a restraint and could not be done. Three (3) days later, the resident fell out of bed and injured the right thigh which developed into a compartment syndrome and was sent back to the emergency department and readmitted on 9/21/16. On 9/24/16 a surgical procedure had been performed to decompress the right leg hematoma. The resident transferred to the hospital long term care facility on</p>			

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	<p>10/6/16. On 11/17/16 the facility discharged the resident home.</p> <p>During a phone interview dated 12/14/16 at 2:30 p.m., the resident reported when h/she first came to the facility, h/she told staff h/she had a history of falling out of bed and asked about side rails. The facility told h/her the facility did not use side rails. The resident asked about the use of a floor mat (a pad placed on the floor next to the bed). Facility staff reported they did not use floor mats. The resident reported he/she had a normal bed and the bed had not been lowered. The resident reported h/she had fallen out of bed the morning on 9/17/16. The resident reported h/she had increased pain and then hospitalized.</p> <p>During an interview dated 12/19/16 at 8:05 a.m., Staff G, a licensed practical nurse (LPN) reported the resident voiced concerns about the size of h/her bed and possibly falling out of bed. The resident had asked for side rails but had been told the facility didn't use them. The resident reported h/she dreams and rolls around in bed. She reported the resident had been admitted to the hospital following the fall of 9/17/16 for a possible blood clot.</p> <p>During a phone interview dated 12/14/16 at 3:30 p.m., Staff F, RN reported he didn't recall having a conversation with the resident at the time of admission, of concerns of falling out of bed, the use of side rails or the use of a floor mat. During a follow-up interview dated 12/15/16 at 2:05 p.m., Staff F, RN reported the resident needed to be evaluated by physical/occupational therapy to determine the resident's ability related to transfer and ambulatory</p>			

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	<p>status. The resident needed 2 staff to assist with transfer and needed staff assistance with a wheel-chair for mobility. He remembers the resident needed a wider bed due to the resident's size and to be comfortable while in bed. The unit manager thought he would need a wider bed. The resident was alert and oriented without cognitive problems.</p> <p>During an interview dated 12/15/16 at 2:50 p.m., Staff H, RN and unit manager, reported at time of admission the resident needed 2 staff assistance with transfer and 1 staff assistance with the use of a wheel-chair. The resident had continuous oxygen via nasal cannula and had a wound vacuum in place.</p> <p>During a meeting dated 12/20/16 at 4:10 p.m., the Administrator reported the resident had been sent to a local hospital emergency department for evaluation and treatment. She reported the resident hadn't been happy with living at the facility and didn't want to return.</p> <p>FACILITY RESPONSE:</p>			

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Administrator

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50.7(1)a (2)	<p>481—50.7(10A,135C) Additional notification. The director or the director's designee shall be notified within 24 hours, or the next business day, by the most expeditious means available (I,II,III):</p> <p>50.7(1) Of any accident causing major injury.</p> <p>a. "Major injury" shall be defined as any injury which:</p> <p>(2) Requires admission to a higher level of care for treatment, other than for observation;</p> <p>DESCRIPTION:</p> <p>Based on record review and staff interview, the facility failed to report to the Department of Inspections and Appeals (DIA) a fall experienced by Resident #6 which resulted in hospitalization. The facility reported a census of 90 residents.</p> <p>Findings include:</p> <p>Resident #6 had a Minimum Data Set (MDS) with an assessment dated 9/20/16. The MDS indicated the resident had diagnoses including restless leg syndrome (RLS), malignant neoplasm of the prostate, diabetes mellitus, cellulitis of a limb, morbid (severe) obesity. The Brief Interview for Mental Status (BIMS) had not been completed.</p> <p>The resident needed extensive assistance of 2 staff with bed mobility, transfers, and extensive assistance of 1 staff with ambulation. The resident had functional limitation in range of motion of a lower extremity (leg) and unsteady balance and required staff assistance.</p> <p>The resident's record indicated h/she had been admitted on 9/13/16 at 2:08 p.m. The 67 year old had been admitted following trauma from a fall with his/her scooter.</p> <p>Progress notes dated 9/17/16 at 5:38 a.m. indicated staff found the resident on the floor next to h/her bed.</p> <p>The Incident Report dated 9/17/16 at 1:30 documented</p>	II	\$500.00	Upon Receipt

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	<p>the resident was asleep in bed and h/she had rolled out of bed and onto the floor. The resident had no injuries or pain when assessed. The report documented the bed had been in a low position.</p> <p>Progress notes dated 9/17/16 at 9:25 a.m. revealed staff attempted to give Tylenol 325 mg - 2 tablets for pain greater than 4 out of 10 or fever greater than 100.5 degrees. The resident refused this medication and requested a stronger pain medication.</p> <p>Progress notes dated 9/17/16 at 11:13 a.m. revealed Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet every 6 hours as needed (prn) had been given because the resident complained of pain of 3 out of 9.</p> <p>An Encounter note dated 9/17/16 at 2:49 p.m. documented the resident had been seen for insomnia. The report documented the resident is a new admission for skilled care at the nursing home on 9/13/16 for skilled post hospitalization for left inner thigh wound. The resident surgical history indicated a right total knee replacement and rated h/her pain at 5 out of 10.</p> <p>Progress notes dated 9/18/16 at 2:00 a.m. revealed the resident complained of right thigh and knee pain. On 9/18/16 at 5:10 a.m. revealed the resident complained of pain to the right knee and thigh. The Progress notes dated 9/18/16 at 10:00 a.m. revealed Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet every 6 hours as needed (prn) had been given for a swollen right leg. Progress notes dated 9/18/16 at 6:00 p.m. revealed the Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet was not effective.</p> <p>Progress notes dated 9/18/16 at 11:30 p.m. revealed the Hydrocodone/Acetaminophen 10 milligram (mg)/325mg - 1 tablet given for a swollen right leg.</p> <p>Progress notes dated 9/19/16 at 3:46 a.m. revealed the</p>			

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	<p>resident complained of right quadriceps pain.</p> <p>Progress notes dated 9/19/16 at 9:20 a.m. revealed the nurse practitioner had been notified by the rehabilitation staff the resident reported increased pain to the right knee after the fall from bed on 9/17/16. The resident had landed on the right side and sustained a bruise and scratch to right abdomen and the right knee swollen with decreased range of motion. The resident is able to extend the leg but had difficulty with bending and reported inability to bear weight on the right leg. An x-ray revealed no fracture/dislocation or effusion.</p> <p>Progress notes dated 9/21/16 at 11:45 a.m.; a nurse practitioner follow-up documented increased swelling with new bruising to the right leg. Nursing staff reported the resident had increased edema to the right leg with extensive bruising to the right posterior thigh. An x-ray had revealed negative injury to the right knee. The right leg now had 4+ edema, tight skin and difficulty palpating distal pulses due to edema and the resident unable to bear weight due to pain. The facility sent the resident to a hospital emergency department for evaluation and treatment related to hematoma complications.</p> <p>A medical practitioner progress note dated 9/21/16 at 3:20 p.m., revealed the resident had been presented to the emergency room (ER) for evaluation of right leg injury. Unfortunately Saturday [September 17, 2016] he/she rolled out of bed and landed on the right knee. The resident had right knee pain and a reassuring x-ray. The resident reported increasing leg swelling and muscular tenderness over the next few days. The nursing home decided to transfer him/her to the veterans (VA) emergency room today by ambulance. The examination revealed the resident had right leg 3 + (plus) edema with tenderness in the right thigh. The</p>			

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	<p>resident had pain on the right knee with right knee flexion. The right CT (computed tomography) of the right thigh revealed 34.2 centimeter (cm) x 12.5 x 7.5 cm heterogeneous fluid collection in the anterior compartment right thigh.</p> <p>The addendum to the progress note dated 9/22/16 documented the resident had been seen and examined by the physician with plans to monitor the resident's leg for signs of compartment syndrome. [Compartment syndrome is a serious condition that involves increased pressure in a muscle compartment which can lead to muscle or nerve(s) damage and problems with blood flow. Surgery is needed immediately and delaying can lead to permanent damage according to MedlinePlus web search at: https://medlineplus.gov/ency/article/001224.htm]</p> <p>The discharge summary revealed Resident #6 had been admitted from the nursing home on 9/13/16 to 9/21/16 and transferred to a local emergency department on 9/21/16 due to falling out of bed, injuring h/her right thigh. The resident reported h/she had requested guard rails [side rails] for the bed when at the nursing home as h/she "has RLS and will fall out of the bed". The nursing home that it was considered a restraint and could not be done. Three (3) days later, the resident fell out of bed and injured the right thigh which developed into a compartment syndrome and was sent back to the emergency department and readmitted on 9/21/16.</p> <p>On 9/24/16 a surgical procedure had been performed to decompress the right leg hematoma. The resident transferred to the hospital long term care facility on 10/6/16.</p> <p>The discharge summary dated 11/17/16 indicated the resident had been admitted on 10/6/2016 for the primary diagnosis of right and left thigh hematoma and</p>			

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Facility Name Manorcare Health Services- West Des Moines		Fine amount reduced on Class II fine by 35% to \$325.00 on February 14, 2017 pursuant to Iowa Code Section 135C.43A		
Facility Address 5010 Grand Ridge Drive		Survey Dates October 25, 2016, November 17-18, 22-23, 2016, December 14-15-16, 19, 2016 & January 20, 2017		
City West Des Moines, Iowa 50265		HL		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
	<p>right thigh compartment syndrome.</p> <p>During a phone interview dated 12/14/16 at 2:30 p.m., the resident reported when h/she first came to the facility, h/she told staff h/she had a history of falling out of bed and asked about side rails. The facility told h/her the facility did not use side rails. The resident asked about the use of a floor mat (a pad placed on the floor next to the bed). Facility staff reported they did not use floor mats. The resident reported he/she had a normal bed and the bed had not been lowered. The resident reported h/she had fallen out of bed the morning on 9/17/16. The resident reported h/she had increased pain and then hospitalized.</p> <p>During an interview dated 12/19/16 at 8:05 a.m., Staff G, a licensed practical nurse (LPN) reported the resident voiced concerns about the size of h/her bed and possibly falling out of bed. The resident had asked for side rails but had been told the facility didn't use them. The resident reported h/she dreams and rolls around in bed. She reported the resident had been admitted to the hospital following the fall of 9/17/16.</p> <p>During an interview dated 12/19/16 at 9:15 a.m., the Director of Nursing reported the facility didn't report the fall and subsequent injury to the department because the facility did not know the resident had been admitted to the hospital.</p> <p>During a meeting dated 12/20/16 at 4:10 p.m., the Administrator reported the resident had been sent to a local hospital emergency department for evaluation and treatment and had been told the resident wouldn't be returning to the facility. She reported the resident hadn't been happy with living at the facility and didn't want to return.</p>			

If, within thirty (30) days of the receipt of the citation, you: (1) do not request a formal hearing or; (2) withdraw your request for formal hearing; and (3) pay the penalty, the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2015).

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

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	FACILITY RESPONSE;			

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Administrator

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Administrator

Date