

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

FC#6423				
Cedar Falls Health Care Center		Date: January 24, 2017		
1728 West 8th Street		Survey dates: December 23, 29-30, January 3-5, 2017		
Cedar Falls, Iowa 50613		Premier Estates 511		
Ds/kk				
		Class	Fine Amount	Correction Date
58.19(2)b	<p>481-58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24 hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I,II).</p> <p>DESCRIPTION:</p> <p>Based on observation, record review and staff interviews, the facility failed to prevent the development, promote healing and prevent infection of pressure ulcers (Resident #3). The facility identified a census of 67 residents and the sample consisted of 3 residents. Resident #3 had a coccyx pressure ulcer upon admission and a blister on the abdominal fold. The resident developed additional open areas on the buttocks and the coccyx area increased in size due to lack of timely repositioning and thigh wound areas due to pressure from the tubing of the bladder indwelling catheter. Observation identified the resident not repositioned in order to promote healing and prevent further development of pressure ulcers. Observation during cares identified a staff member performing incontinency care and contaminated the wound by moving the soiled cloth over the open area.</p>	I	\$2,000 Held in suspension	Upon Receipt

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	<p>Findings include:</p> <p>Resident #3 had a 14 day assessment with a reference date of 12/5/16. The MDS identified Resident #3 had no cognitive problems and required extensive assistance from staff for bed mobility and transfers. The resident experienced incontinent episodes and had a Foley indwelling bladder catheter to drain urine into a bag. The MDS identified the resident at risk for the development of pressure ulcers and did not have any pressure ulcers present. The MDS indicated the resident had moisture associated skin damage (MASD) and had pressure reducing devices on the bed and in the chair. The MDS identified the resident had diagnoses including urinary tract infection, diabetes mellitus and cellulitis.</p> <p>Resident #3 had a MDS (Minimum Data Set) assessment with a reference date of 12/26/16. The MDS documented the resident required extensive assistance of 1 staff person for bed mobility and dressing. The MDS identified the resident to be at risk for the development of pressure ulcers. The MDS identified a risk for developing pressure ulcers, had moisture associated skin damage and no unhealed pressure ulcers. The MDS documented the resident had no turning/repositioning program. The resident experienced bowel incontinence frequently and had a bladder indwelling catheter.</p> <p>A Nursing Admission Data Collection assessment dated 11/28/16, documented the resident had an</p>			

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	<p>open area, located on the coccyx which measured 4.0 cm x [by] 0.1 cm, and superficial. The form identified no other open areas on admission, and a blister on the abdominal fold.</p> <p>The care plan dated 12/1/16 included no problem related to alteration in skin integrity or interventions to identify prevent, promote healing, etc.</p> <p>A weekly skin report all "other" skin problems worksheet dated 1/3/17, documented the resident had a 0.8 centimeter (cm) x 0.2 cm open area on the coccyx (not facility acquired) and first identified on 11/28/16. The form also documented the resident had a 0.3 cm x 0.3 cm open area on the left buttock, first identified 11/27/16.</p> <p>During the initial facility tour on 1/9/17 at 10:15 a.m., the facility Director of Nursing (DON) identified the resident as being a reliable interview.</p> <p>During an observation on 1/10/17 at 8:40 a.m., the resident laid in bed on back (supine position). Staff A (Certified Nurse Aide, CNA) and Staff B CNA assisted the resident with morning cares. Staff A and Staff B (CNA) assisted the resident to turn to the left. Observation identified bright red blood on a soaker [thick incontinence pad] pad under the resident. The resident had stool incontinence. The resident had visible open areas on the coccyx and right and left inner buttock. Staff A used a cloth and wiped stool over the open areas, as well as over an open area on the resident's right inner thigh. At that time Staff B exited the room and returned with Staff</p>			

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	<p>C (Licensed Practical Nurse, LPN). Observation identified at that time, the resident had a deep red linear discolored area of skin which ran across the anterior upper thigh and visible when the catheter tube had been moved from the area. Staff A assisted the resident to turn to the right so Staff C could assess the open areas. Observation again identified open areas to the right inner thigh, coccyx and right and left buttock. At that time Staff C directed Staff B to make sure they cleaned the resident well and stated they would return to complete a treatment to the areas. Staff A and Staff B continued to assist the resident to complete morning cares and at 9:00 a.m., assisted the resident to transfer to a wheelchair. At that time the resident stated they normally got up at 7:30-8:00 a.m. Staff C returned to the room and the resident stated since they were already up and dressed, she/he wanted to eat breakfast before the treatment. At that time Staff A verified they and Staff B had been the aides assigned to the wing and this had been the first time they had been in the room to provide any care to the resident, which would have last been done prior to 6:00 a.m. by the night shift and they did not know what time.</p> <p>Observation at 11:00 a.m. (same day-1/10/17), the resident sat in their room in the wheel chair.</p> <p>At 1:00 p.m., the resident sat in their room in the wheelchair.</p> <p>At 1:30 p.m., the resident sat in their room in the wheelchair. At that time, Staff C verified they had not provided a treatment to the resident but would</p>			

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	<p>let the surveyor know when they completed it. Staff C stated they had asked the resident a few times already and the resident did not want to lie down so they could do the treatment. Staff C stated they had asked the resident at breakfast time and again when the resident had gotten their lunch. Staff C then entered the resident's room with the surveyor. Staff C asked the resident if they could do the treatment to their bottom and the resident stated they had been scheduled to go to therapy then. At that time the resident stated no staff had been in the room to reposition him/her since they had been transferred to the wheelchair that morning. The resident stated their bottom hurt but staff did not believe that. Staff C stated they would send someone in to reposition the resident.</p> <p>At 3:00 p.m., the resident sat in their room in the wheelchair. The resident verified a staff person had just been in to help him/her reposition in the wheel chair.</p> <p>At 3:05 p.m., the surveyor informed the facility DON the resident had been sitting in the wheel chair with open areas identified that morning which had not yet been treated. Staff C then stated the resident had been in the therapy room at that time. The surveyor informed Staff C the resident had been observed sitting in the wheelchair in their room. Staff C stated they could then do the treatment.</p> <p>Observation at 3:15 p.m. (same day-1/10/17), identified Staff D (CNA) and Staff E (CNA) transfer the resident from the wheelchair to the bed and</p>			

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	<p>removed the resident's pants. Staff C noticed the linear dark red line which remained on the resident's right anterior and inner thigh and stated "Oh what is that". Staff C then stated it looked like the catheter tube on the leg to be tight. Staff C measured the area to be 10.0 cm x 0.4 cm. Staff C asked the resident to turn and the resident stated they needed help to roll in bed. Staff C assisted the resident to turn to the left. Observation identified a visible open area on the right inner thigh with a small amount of bleeding. The resident complained of pain to the bottom area. Staff C informed the resident their skin had broken down more. Staff C told the resident they needed to be repositioned more. Staff C then measured the following superficially open areas:</p> <ul style="list-style-type: none"> a. coccyx, 2.3 cm x .3 cm b. left gluteal cleft, 1.0 cm x 1.0 cm c. left gluteal cleft, 0.6 cm x 0.2 cm d. right gluteal cleft, 1.5 cm x 0.4 cm e. right gluteal cleft, 0.7 cm x 0.4 cm f. right gluteal cleft, 1.5 cm x 1.0 cm g. right inner thigh, 1.2 cm x 0.5 cm h. right posterior thigh, 0.5 cm x 0.2 cm <p>Staff C also measured a red area on the left inner thigh 1.0 cm x 0.3 cm. Staff C then applied</p>			

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	<p>Silvadene (anti-bacterial cream) cream to all areas with no cleansing of the areas prior to the application.</p> <p>A Progress Note dated 1/10/17 at 4:03 p.m., documented the measurements obtained and did not include the open area measured on the right inner thigh, 1.2 cm x 0.5 cm., or the red area on the left inner thigh 1.0 cm x 0.3 cm.. The note documented the Impact Team had been called.</p> <p>Review of skin grid for all "other" skin impairment forms revealed no sheet for the open area to the coccyx or the left gluteal cleft 0.6 x 0.2 cm or right inner thigh 1.2 cm x 0.5 cm</p> <p>A physician order summary dated 1/10/17 at 5:17 p.m., documented a treatment change made due to new areas.</p> <p>A physician order dated 1/10/17 included a directive for Calazime skin protectant paste to the right and left buttocks twice a day for skin breakdown.</p> <p>On 1/11/17 at 8:00 a.m., the facility DON stated they had panicked the previous day when the discussed of the resident's open areas. The DON stated they had added a low-air loss mattress to the resident's bed and another cushion to the resident's wheelchair. The DON stated they now felt they had just panicked and should not have added the interventions because the areas were not pressure related. The DON stated they had also had the care</p>			

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	<p>plan nurse add a problem for skin to the care plan and it should have been on it already.</p> <p>At 9:15 a.m., the facility DON stated they were not sure how Staff C documented all of the wound measurements but they had been unable to find anything more than had been provided. The DON verified they had added a gel cushion to the resident's wheel chair because it would reduce pressure to the areas more than the one that had already been in the chair.</p> <p>FACILITY RESPONSE:</p>			

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