

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

FC#6413		Date: January 18, 2017		
Good Samaritan-Newell		Survey dates: January 3-5, 2017		
415 West Hwy 7 P.O. Box 395				
Newell, Iowa 50568		Ds/pg/mw		
State Rules		Class	Fine Amount	Correction date
58.19(2)b	<p>481-58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24 hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment. <i>b.</i> Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I,II).</p> <p>DESCRIPTION:</p> <p>Based on observation, record review, staff interviews and review of the facility policy and procedures, the facility failed to assure a resident received care to prevent pressure sore development and failed to immediately initiate measures to promote healing after the development of a pressure sore (Resident #2). The sample consisted of 2 residents with pressure sores and the facility identified a census of 29 residents.</p> <p>Findings include:</p> <p>1. Resident #2 had an admission MDS (Minimum Data Set) assessment with a reference date of 5/23/16. Resident #2 scored 8 on the Brief Interview for Mental Status (BIMS) indicating a cognitive impairment. Resident #2 required extensive assistance with activities of daily living (ADL) skills including bed mobility, transfer, dressing, toilet use,</p>	I	\$2,000 Held in suspension	Upon Receipt

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	<p>and personal hygiene. The MDS identified the resident's diagnoses included Alzheimer's disease and diabetes. Resident #2 had a risk for the development of pressure ulcers, but had no pressure ulcers at the time of the MDS assessment.</p> <p>A Care Area Assessment (CAA) with an assessment reference date of 5/23/16 documented Resident #2 triggered for pressure ulcers related to ADL assistance with bed mobility, frequent urinary incontinence, and risk for developing pressure ulcers. The CAA documented pressure ulcers would be addressed on the care plan to avoid complications and minimize risks.</p> <p>The Care Plan dated 5/26/16 lacked identification of Resident #2's risk for developing pressure ulcers or interventions to prevent pressure ulcer development.</p> <p>According to the quarterly MDS assessment with a reference date of 08/16/16, Resident #2 scored 6 on the BIMS. A score of 6 identified a severe cognitive impairment. Resident #2 required extensive assistance with ADL's including bed mobility, transfer, dressing, toilet use, and personal hygiene. Resident #2 had a risk for developing pressure ulcers, but had no pressure ulcers. The MDS defined an unstageable pressure ulcer as a known pressure ulcer, but unstageable due to the coverage of the wound bed with slough or eschar (dead, necrotic tissue).</p> <p>A Braden Scale for Predicting Pressure Sore Risk</p>			

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	<p>dated 8/23/16 scored Resident #2 at 16, with a score 18 or below indicated at risk. The intervention guide for mild risk (score of 15-18) included frequent turning, protecting heels, and managing friction and shear.</p> <p>The Progress Notes dated 10/6/16 at 7:07 p.m. (late entry) documented Resident #2 had a reddened area on his/her left heel. Resident #2 had a sheered area on the left heel measuring 0.7 by 0.8 cm. Resident #2 denied discomfort, and the heel had no drainage or warmth. The heels were elevated on a pillow.</p> <p>A Skin Observation dated 10/9/16 at 1:30 a.m. documented Resident #2 with an open sheer left heel with no drainage. The report lacked any measurements or other description of the area (as directed by the form).</p> <p>A facsimile (fax) dated 10/6/16 notified the primary care provider Resident #2 had an area 0.7 by 0.8 cm on the back of the left heel, that looked sheered. Both heels elevated on pillow, with no odor, drainage or redness noted. The provider responded to continue to monitor on 10/10/16.</p> <p>The Progress Notes dated 10/10/16 at 9:50 a.m. documented the fax returned regarding the left heel, and to continue to monitor.</p> <p>The clinical record lacked documentation of any additional monitoring of the left heel.</p>			

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	<p>A Nursing Home visit form showed Resident #2 seen by the nurse practitioner on 10/11/16. The form documented skin negative with no mention of the area to the left heel.</p> <p>The Progress Notes dated 10/17/16 at 2:20 p.m. documented the podiatrist did rounds. The sheered area to the left heel scabbed over. Received new orders for Enterostomal Therapy (ET/wound) Nurse evaluation and treatment, and Prevalon (pressure reduction) boot to left heel until healed.</p> <p>A Podiatry note dated 10/17/16 documented Resident #2's diagnoses included a pressure ulcer of the right heel. The note documented Resident #2 had eschar with minimal serous drainage to area measuring 2.5 by 2.2 cm, and the nursing facility offloaded when supine (laying on back). The Podiatrist ordered a Prevalon boot to left foot, and an ET consult.</p> <p>The Progress Notes dated 10/19/16 at 10:39 a.m. documented a visit by the ET Nurse with new orders for Betadine daily and a dietary consult.</p> <p>A wound Progress Record dated 10/19/16 documented Resident #2 had 2.5 by 2.2 cm dry, black eschar to left medial heel with no increased redness, warmth, or foul smell noted. The nurse stated staff floated Resident #2's heels at bedtime (HS). Resident #2 had an unstageable pressure ulcer of the left medial heel. New orders written to paint the ulcer with Betadine and allow to air dry daily, wear the Prevalon boot to the left lower extremity at all times, float heels when in bed, assist</p>			

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	<p>in repositioning in bed at least every 2 hours and as needed (PRN) through the night and day, and get a dietary consult related to the pressure ulcer</p> <p>The Braden Scale for predicting Pressure Sore Risk (quarterly) identified a score of 16 (mild risk for pressure ulcers).</p> <p>The Care Plan identified Resident #2 had an unstageable pressure ulcer of the left heel with eschar initiated 10/17/16 and revised 11/1/16 with a goal target date of 11/2/16. The interventions included:</p> <ul style="list-style-type: none"> a. Educate resident/family of the causes of skin breakdown including: transfer/positioning requirements, the importance of taking care during ambulation/mobility, good nutrition and frequent repositioning, b. Prevalon boot to left foot and ET nurse eval and treat left heel until resolved, c. Notify the nurse immediately of any new areas of skin breakdown, redness, blisters, bruises, discoloration, etc... noted during bath or daily care. <p>The wound Progress Record dated 11/1/16 documented Resident #2 just out of whirlpool. The left heel unstageable ulcer measured 2.9 by 2.8 cm. an increase in size. The wound nurse directed no whirlpools until ulcer resolved, and continue efforts of pressure redistribution.</p> <p>The wound Progress Record dated 11/22/16 documented the left heel unstageable pressure ulcer eschar measured 2.7 by 1.7 cm. The right</p>			

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	<p>posterior heel had a pink hyperpigmented area 0.5 by 0.2 cm. The wound nurse directed to elevate right foot on pillows also.</p> <p>The wound Progress Record dated 12/6/16 documented the left heel had a brown crust measuring 2 by 1 cm. The right heel intact without erythema. The wound nurse directed to continue all pressure redistribution measures.</p> <p>The Care Plan with a goal target date of 11/23/16 identified by the Director of Nursing as the current care plan showed no changes in interventions regarding the pressure ulcer. The Care plan lacked identification of at least every 2 hour repositioning, floating the heels, and no whirlpools until pressure ulcer resolved per the ET nurse direction.</p> <p>During an observation on 1/3/16 at 11:57 a.m. Resident #2 sat in the dining room with a blue boot on his/her left foot. At 2:08 p.m. Staff E Certified Nursing Assistant (CNA) and Staff F CNA assisted Resident #2 with toileting, transferred via the sit to stand lift to the recliner, and elevated his/her legs with the footrest. Resident #2 had the boot on the left foot, but staff did not float Resident #2's heels.</p> <p>During an observation on 1/4/17 at 6:45 a.m. with the MDS Coordinator, Resident #2 had a dark area to the posterior left heel with circumferential skin peeling from the dark area. At 3:25 p.m. Resident #2 sat in the recliner with his/her legs up on the footrest. Resident #2 wore the blue boot on the left foot, but his/her heels were not floating.</p>			

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	<p>During an interview on 1/4/17 at 9:00 a.m. the Director of Nursing (DON) stated she did rounds with the podiatrist and he brought the area on Resident #2's heel to her attention (10/17/16, 11 days after an impairment was noted). The DON checked the care plan and interventions were added 10/17/16 regarding the skin impairment. She found some documentation where they elevated the heels with pillows, but could not say what they did to protect the heels and decrease the pressure other than that. At 3:30 p.m. the DON stated staff routinely repositioned residents on rounds, but she could not say they repositioned at least every 2 hours, or floated his/her heels per the direction of the ET nurse. She said she applied the boot as soon as she was aware of the area.</p> <p>During an interview on 1/4/17 at 11:20 a.m. the MDS Coordinator stated the day the podiatrist alerted the DON about the pressure ulcer was the first she knew of Resident #2 having it.</p> <p>The facility policy and procedures titled <u>Pressure Ulcers</u>, dated September 2012, defined the purpose is to provide appropriate assessment and prevention of pressure ulcers as well as treatment when necessary.</p> <p>The facility policy and procedures titled, <u>Pressure Ulcer Practice Guidelines</u>, dated September 2012 (page 7) documented once a resident had been assessed and determined at risk for development of a pressure ulcer, the interdisciplinary team should evaluate interventions and actions that could be</p>			

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	<p>taken to assist in the prevention of pressure ulcer development. Movement or management of tissue load (page 8) documented employees should implement resident-specific turning and positioning programs based upon an individualized assessment. This included a consistent program for changing the resident's position and realigning the body. Employees should use support surfaces (mattresses, wheelchair cushions, etc.) to decrease ischemia (lack of blood flow) of bony prominences. Once a resident experienced a pressure ulcer, an assessment should take place immediately to determine the severity of the injury and treatment interventions necessary. Heel ulcers that were intact and free of infection should have skin protected (i.e., skin prep) pressure removed and monitored for any changes.</p> <p>FACILITY RESPONSE:</p>			

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58.20(2) + 58.19(1)n(5)	<p>481-58.20(135C) Duties of health service supervisor. Every nursing facility shall have a health service supervisor who shall: 58.20(2) Plan for and direct the nursing care, services, treatments, procedures, and other services in order that each resident's needs and choices, where practicable, are met; (II,III).</p> <p>481-58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(1) Activities of daily living. <i>n.</i> Nutrition and meal service. (5) Assistance with food preparation and meal assistance including total assistance if needed; (II, III).</p> <p>DESCRIPTION:</p> <p>Based on observation, record review and staff interview, the facility failed to direct nursing care services to provide adequate feeding assistance for a resident with a significant weight loss (Resident #4). The sample consisted of 3 residents identified by the facility with significant weight loss and identified a census of 29 residents.</p> <p>Findings included:</p> <p>According to a Diagnosis Report form dated</p>	II	\$500 Held in suspension	Upon Receipt

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	<p>1/4/2017, Resident #4's diagnoses included Alzheimer's disease, anorexia, and abnormal weight loss.</p> <p>A Minimum Data Set (MDS) assessment with a reference date of 11/8/2016 identified Resident #4 with severely impaired cognitive skills and short and long term memory problems. The MDS indicated the resident required extensive assistance from 1 staff member with eating, documented a weight loss of 5% or more in the last month or a loss of 10% or more in the last 6 months and had not been on a physician prescribed weight loss program.</p> <p>A Physician's Order Report form dated 11/22/2016, included orders for a regular diet with pureed texture, liquefy the pureed texture if needed and a House Supplement, 240 cc (cubic centimeter, measurement of volume) three times a day.</p> <p>Resident #4's care plan, with a print date of 1/4/17, included a focus area for a self-care deficit related to Alzheimer's disease and an intervention for eating with the assistance of 1 staff member.</p> <p>A Bath and Weight Check List form dated 2016 included the following weight trends for Resident #4:</p> <p>On 2/28/16 - 117 lbs. (pounds)</p>			

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	<p>On 9/1/16 - 111 lbs.</p> <p>On 10/11/16 - 103 lbs. [weight loss of 7.20 % in 41 days)</p> <p>On 11/23/16 - 97 lbs. [weight loss of 5.82 % in 43 days.</p> <p>On 12/29/16 - 95 lbs. [weight loss of 14.4 % in 3 months).</p> <p>Review of the facility Dietitian Progress Notes identified the following:</p> <p>On 10/17/16 at 10:51 A.M. the resident's food was liquefied at the table by staff at times. The resident is more willing to drink than eat at most meals.</p> <p>On 10/31/16 at 12:08 P.M. the resident's condition has declined. Intake is very poor at meals. Weight 100 lbs., with a significant weight loss noted.</p> <p>On 11/7/16 at 1:31 P.M. overall decline with admission to Hospice services. Weight 100 lbs. with a significant weight loss in 30 and 90 days. Average intake at meals is 21%. Continue with assistance at all meals.</p> <p>On 12/12/16 at 1:22 P.M. - Meal intake very poor.</p> <p>Observation on 1/4/17 at 7:58 A.M. identified Resident #4 sitting in a wheelchair at a round table</p>			

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	<p>in the dining room and no staff present at the table. Two plastic cups (contained 120 cc each) of house supplement drink, a 240 cc glass of orange juice, a 240 cc glass of water sat on the dining room table in front of the resident.</p> <p>Observation on 1/4/17 at 8:40 A.M., (approximately 40 minutes later) identified dietary staff placed separate bowls of pureed sausage, pureed toast with jelly, pureed fruit, a bowl of oatmeal and a 240 cc glass of milk down on the table in front of the resident. Further observation revealed the resident unable to attempt to feed him/her. Observation identified 2 other residents sat across the table from Resident #4 while Staff A, Registered Nurse (RN)/ MDS Coordinator, sat between the 2 other resident's and assisted the other 2 residents with eating. At 8:42 A.M., Staff A stood up from her chair, walked around to the other side of the table, sat next to Resident #4 and assisted the resident with a drink of House Supplement and 1 bite of pureed fruit. Staff A attempted to give the resident another bite of pureed fruit and the resident refused to open his/her mouth. Staff A then assisted the resident with another drink of supplement. At 8:45 A.M., Staff A got up from her chair, walked around the other side of the table, sat down between the other 2 residents at the same table and assisted those 2 residents with eating. Observation of the entire dining room, revealed 2 nursing staff</p>			

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	<p>members assisting 8 residents at 3 different tables with eating assistance. Staff A at the same table as Resident #4, Staff B, Certified Nurse Aid (CNA) sat at a table across from Resident #4's table with 3 residents present and assisted 1 resident with eating and 2 residents sat a table behind Resident #4 with no staff present at the table. [Note: During interview on 1/4/17 at 9:16 A.M., Staff B, Licensed Practical Nurse (LPN) confirmed the 2 residents at the table behind Resident #4, all 3 residents at Resident #4's table required eating assistance from staff and the 3 residents at the table across from Resident #4's table required prompts and cues with eating] (even though Staff B assisted 1 of the residents who required prompts and cues, with eating assistance).</p> <p>Ongoing observation on 1/4/17 at 8:48 A.M., revealed Staff A sat down next to Resident #4 and assisted the resident with a drink of supplement. Two bites of pureed fruit another drink of supplement and Staff A moved back to the other side of the table at 8:51 A.M. At 8:55 A.M., Staff A sat down next to Resident #4 and assisted the resident with eating as follows: the resident refused a bite of fruit offered, took a drink of supplement, took 2 bites of fruit, took a drink of supplement and took 2 bites of fruit. Ongoing observation revealed the resident ate 100% of the pureed fruit and completed 1 glass of supplement. Neither staff A</p>			

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	<p>failed to offer the resident a bite of pureed sausage, toast or a bite of oatmeal nor did she offer a drink of orange juice, water or milk. At 9:00 A.M., Staff A moved back to the other side of the table to assist the other 2 residents at the table. At 9:05 A.M., Staff A sat down next to Resident #4 and the resident refused a drink of supplement, orange juice and a bite of pureed toast. Staff A attempted again to give the resident a drink of supplement, orange juice and a bite of toast and the resident refused. At 9:06 A.M., Staff A moved back to the other side of the table to assist the other 2 residents. At 9:08 A.M., Staff C, relieved Staff A at Resident #4's table and sat between the other 2 residents at the table.</p> <p>During an interview on 1/4/17 at 9:10 A.M., Staff A confirmed not normally helping out with assisting residents with feeding, but helps out when she can. Staff A stated normally 3 staff members assisted residents with eating, but felt the staff that typically assisted residents with eating had been slow getting to the dining room. Staff A stated she had not offered Resident #4 sausage, toast or cereal prior to 9:05 A.M., because she knew the resident liked fruit.</p> <p>An ongoing observation on 1/4/17 at 9:20 A.M., identified Staff B sat down next to Resident #4 and assisted the resident with 2 drinks of orange juice. Staff B attempted to give the resident 2 bites of</p>			

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	<p>pureed toast and the resident refused. At 9:23 A.M., (approximately 40 minutes after the resident's food had been served) Staff B mixed the milk at the table and sugar in a glass with oatmeal, liquefied the oatmeal, attempted to give the resident a drink of the liquefied oatmeal and the resident refused. At 9:25 A.M., Staff D, Dietary Cook, took the temperature of the resident's liquefied oatmeal and revealed a temperature of 83.6 degrees Fahrenheit (F). Staff D took the temperature of the resident's pureed sausage at the table and revealed a temperature of 73.4 degrees F. (Note: During interview on 1/4/17 at 9:25 A.M., and review of a Food Temperature Log, Staff D reported the temperature of the resident's pureed sausage prior to serving at 169 degrees F and the resident's cereal at 177 degrees F).</p> <p>Ongoing observation identified Staff B left the resident's table at 9:25 A.M., and went to the kitchen service window. At 9:40 A.M., Resident #4 remained at the dining room table with his/her eyes closed and no assistance from staff with eating. At 9:50 A.M., Staff B returned to the resident's table with fresh, warm oatmeal and a 240 cc glass of milk. Staff C placed a fresh 120 cc glass of supplement at the table. Staff B liquefied the cereal with milk, fed the resident the freshly liquefied oatmeal with drinks of supplement in between. At 10:19 A.M., (greater than 2 hours after the resident</p>			

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	<p>had been first noted at the dining room table and with consistent help in eating), the resident finished eating approximately 75 % of the oatmeal, 100 % of the supplement and 100% of the fresh milk.</p> <p>During an interview on 1/4/17 at 10:40 A.M., Staff C (licensed practical nurse) stated on a typical day, the facility provided 2-4 nursing staff to assist with feeding residents at meals. Staff C confirmed if her own parent sat at dining room table for greater than 2 hours without consistent staff assistance with eating, she would feel upset.</p> <p>During an interview on 1/4/17 at 10:45 A.M., the facility Director of Nursing Services (DNS), confirmed 3 CNAs with the help of a nurse, needed to be in the dining room to assist residents with eating.</p> <p>During an interview on 1/4/17 at 12:55 P.M., Staff B (certified nursing assistant) confirmed the residents who required assistance with eating, probably had not received the help they needed on 1/4/17 at breakfast.</p> <p>FACILITY RESPONSE:</p>			

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Good Samaritan-Newell		Survey dates: January 3-5, 2017		
415 West Hwy 7 P.O. Box 395				
Newell, Iowa 50568		Ds/pg/mw		
State Rules		Class	Fine Amount	Correction date

Facility Administrator

Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Facility Administrator

Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).