FC#6210		Fine amount reduced by 35% to \$5,525.00 2016 pursuant to Iowa Code Section 135C.		st 16, Date:	July 25, 2016	
Pearl Valley Rehabilitation & HC			Survey	dates: June 2	20-23, 2016	
601 E. Polk S	treet					
Washington, Iowa 52353		Ds/cj/mw				
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58.28(3)e +	nursing fa and maint residents 58.28(3) <i>F</i> e. Each re to ensure	28 (135C) Safety. The licensee of a cility shall be responsible for the provision enance of a safe environment for and personnel. (III) <i>Resident safety.</i> esident shall receive adequate supervision against hazard from self, others, or in the environment. (I,II, III)	I \$7,000 Upon	\$7,000	I \$7,000 Upo	Upon receipt
58.20(4)b	supervise health ser 58.20(4) E care plan practicable resident's accordance physician b. The hea preparing	(135c) Duties of health service br. Every nursing facility shall have a vice supervisor who shall: Develop and implement a written health in cooperation with, to the extent e, the resident, the resident's family or the legal representative, and others in ce with instructions of the attending as follows: alth service supervisor is responsible for , reviewing, supervising the tation and revising the written health care				
	DESCRIP	TION:				
	interviews nursing su ensure a r of accider the Care F planned a	observation, record review and staff by the facility failed to provide adequate apervision to prevent accidents and resident's environment remained as free at hazards as possible and failed to revise Plan with interventions to ensure the larms could be heard by staff for 1 of 5 reviewed with a recent fall history				

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	(Resident residents.	#7). The facility reported a census of 60			
	Findings i	nclude:			
	Assessme a significa resident h hypertens Alzheimer cognitive i and requir staff mem chair, bath hygiene. behaviors A MDS As 5/20/16 in	#7 had a Minimum Data Set (MDS) ent with a reference date of 5/13/16 due to int change. The MDS identified the ad diagnoses that included anemia, ion (high blood pressure), non- 's dementia and hip fracture, severe impairment with symptoms of delirium, red extensive assistance of 2 or more bers for transfers to and from bed and hing, dressing, toileting and personal The MDS indicated the resident had daily not directed at others.			
	for transfe dressing, identified behaviors daily beha	assistance by 2 or more staff members ers to and from bed and chair, bathing, toileting and personal. The MDS the resident displayed daily verbal that were directed at others and other aviors not directed at others.			
	problem ic self-care c maintain c interventic 1. Assist c	ent's nursing Care Plan included a dentified as activities of daily living (ADL) deficit, with 8/3/16 goal for the resident to current level of ADL function, and ons that included: of 1 to 2 for transfers, initiated 5/6/16. larm with pad for safety, initiated 5/28/16.			

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 4. Extensi initiated 1 5. Limited initiated 2 6. Superv initiated 2 7. Limited and oral of 8. Limited revised or Another Of serious in on 6/1/16 broken ar intervention 1. Floor m 2. Hi-Lo b 3. Physical mobility, in Another Of with demendation another Of ally basis Cue, rei 2/28/16. Keep the provide condition another of anitiated 2 	 assistance of 1 staff for dressing, /28/16. ision/assistance of 1 staff for eating, /28/16. assistance of 1 staff for personal hygiene eare, initiated 2/28/16. assistance of 1 staff for toilet use, n 2/28/16. Care Plan problem identified was a fall with jury related to an unsteady gait, initiated , with 8/9/16 goal that the resident's m would heal without complication, and ons that included: at alarm by bed, initiated 6/1/16. ad therapy consults for strength and nitiated 6/17/16. Care Plan problem identified the resident entia, with 8/9/16 goal that the resident able to communicate basic needs on a s, and interventions that included: borient and supervise as needed, initiated borient and supervise as mechas possible, 			

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	command	at a time, initiated 2/28/16.			
	The Incide 5/30/16 at floor besic report indi disoriented identified a The Incide 5/31/16 at the floor o when the in The report facility ser resident ha humerus (ent's record indicated the following: ent/Accident Report form identified on 1:45 p.m., staff found the resident on the le the bed and lying on left side. The cated the resident as confused and d as was prior to the fall. No injuries were and the fall was unwitnessed. ent/Accident Report form indicated on 1:00 p.m., the staff found the resident on n back in room. The resident yelled nurse attempted to assess the left arm. t indicated the fall as unwitnessed and the at d a diagnosed of a fractured left upper arm bone) and returned to the er the same day.			
	On 6/20/1 in bed with need help audible 4 room. On 6/21/10 room was when a ce staff were	ons of the resident identified the following: 6 at 12:29 p.m., the resident laid on back n door open and made repeated yells "I , I need to get up". The yells were resident rooms away from Resident #7's 6 at 6:05 a.m., the door to the resident's closed and remained closed at 6:08 a.m. ertified nursing assistant (CNA) stated no in the room with the resident. 6 at 8:34 a.m., the staff person placed the			

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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residents #7 asked yelled "I n On 6/21/1 dining roo made repe arm hurts, respond to resident e and attem then had r broken; I'v On 6/22/1 room was present in On 6/22/1 interviewe of Resider stated she lunch and door was bed alarm yelled for room after door and f and blood the reside resident c stated the	t a dining room table with 2 other that had food and beverages. Resident the residents for their juice and then eed something to drink" several times. 6 at 12:25 p.m., the resident seated in the m after the meal was completed and eated yells "help me, I'm afraid", and "my , I need to go to the doctor". Staff did not p the resident's yells but a neighboring xplained the resident's arm was broken pted to calm the resident. The resident repeated unanswered yells "my arm is /e got to go to the doctor". 6 at 5:50 a.m., the door to the resident's closed and observation identified no staff the room with the resident. 6 at 11:14 a.m., Staff K, CNA, was ed and stated her assignment was the hall nt#7's room on 5/31/16 day shift. Staff K e did not put the resident in bed after did not know who did. The resident's closed and she stated she could hear the going off [activated] as the resident in the hallway near the resident's r lunch. Staff K stated she opened the found the resident on the floor, on back on arm. Staff K stated she stayed with nt and yelled for help. Staff K stated the alled out or yelled frequently. Staff K residents and staff didn't like to hear it Resident #7's door. Staff K stated she			

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	should not could not when nee [activate] t On 6/22/1 interviewe shift and F Staff Q sta didn't know The staff a across the yells and o she was in nurse (LP side (face audible in instructed resident's calls for he On 6/22/1 practical n resident's room. Sta they could continued with the de On 6/22/1 worked the the reside	cted staff on repeated occasions they t shut the resident's door because they hear the resident's alarms or calls for help ded. Staff K stated the resident didn't use the call light. 6 at 3:20 p.m., Staff Q, CNA, was id and stated she worked the evening Resident #7's hall on 5/30/16 and 5/31/16. ated the resident had dementia and often w what they were saying but yelled out. and residents, especially the 2 in the room e hall, didn't like to hear the resident's closed the resident's door. Staff Q stated nstructed by Staff G, licensed practical N), to position the resident on his/her left d the wall) in order to decrease the noise the hallway. Staff Q stated she other CNA's that they should not shut the door as they could not hear the resident's elp. 6 at 5:40 p.m., Staff H, LPN (licensed nurse) and unit manager, stated the door was often closed without staff in the aff H stated she had instructed the staff I not close the resident in the room alone por closed after instructed not to. 6 at 7:35 p.m., Staff J, LPN, stated she e 6:00 p.m. to 6:00 a.m. shift, often found nt's door closed without staff in the room, ed the door and instructed staff to leave			

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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the alar ongoing same h residen would n On 6/22 intervie shift for always the resi attempt after sh least 1 On 6/23 nurse s 5/31/16 MDS nu on the f floor. T silenced room w	open at least a few inches in order to hear ns and resident's calls for help, and was an battle with the residents that lived in the all, Resident #7 yelled at night and other is didn't like that. Staff J stated the resident of use the call light. (16 at 5:55 a.m., Staff F, CNA, was wed and stated she had worked on the night over 3 years. Staff F stated the resident called out at night and staff would check on lent frequently, as the resident often ed to get up on their own. Staff F stated e/he broke their hip, the resident needed at taff person for support to stand. (16 at 10:25 a.m., the MDS coordinator ated she worked on the day shift on and responded to the resident's fall. The rse stated the resident was on their back oor near the sink and no matt lay on the he bed alarm was audible and hadn't been . The MDS nurse stated Staff H was in the th a CNA (didn't remember which CNA). TY RESPONSE:			

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58.19(2)j	residents facility sha required n direction of as set fort 58.19(2) <i>M</i> <i>j</i> . Provisio interventio adverse si mental, er DESCRIP Based on interviews facility fail interventio appointme appointme provide tre biopsy site change of consisted census of Findings in 1. Residen assessme MDS indic included h diabetes r (narcotic)	observation, record review, staff , and review of facility documentation, the ed to appropriately assess and implement ons for 1 resident following a physician ent, continued follow-up physician's ent for treatment of skin cancer and eatments for skin treatment for post e (Resident #27) and for 1 resident with a condition (Resident #10). The sample of 27 residents and the facility reported a 60 residents.		\$50	0	Upon Receipt

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of 15 mode indica mobi requi perso had a The 0 resid to pa intervi bathi Revie indica temp follov until Revie 2/16/ his/h on th and r biops the p cell o the b proce	A so erate ated t lity, tr red s onal h an ad Care ent h in wit vention ng/sh exed b heale ex of 16, ir er pe e righ ash of athole arcin iopsy edure	or Mental Status (BIMS) score of 11 out core of 11 identified the resident with a cognitive impairment. The MDS he resident to be independent with bed ansfers, ambulation and toilet use, and taff supervision for dressing, eating, and bygiene. The MDS indicated the resident mission date of 10/29/15. Plan, dated 12/30/15, identified the ad self-care performance deficits related h activities of daily living. The ons directed staff to assist with lowering, dressing and personal hygiene. Nursing Communications dated 2/16/16 Resident #27's biopsy site on the right buld be gently cleansed with tap water y Vaseline and to bandage every day d, per the dermatologist. the dermatologist [physician] notes dated adicated Resident #27 was referred by rsonal medical doctor because of a sore at temple, crusting spot on right forehead, on face. The plan consisted of a shave he area of the right temple. On 2/25/16 ogy report of the biopsy revealed basal oma with infiltrating features and depth of rextensively involved. A Mohs surgery (also known as Chemosurgery) is for maximum tissue conservation and to				

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seven was in Mohs proced Review 3/28/1 office unable Mohs resche Review 4/11/1 facility make admin alread appoir the ap made frustra the thi surgen the ph arrang	preserve the temporal branch of the h cranial nerve. On 2/29/16 the resident formed of pathology results and the need surgery discussed. The Mohs surgical ure was arranged for 3/7/16. v of the dermatologist physician note date 6, indicated the facility called the physician and reported Resident #27 to be ill and to make the scheduled appointment for t surgical procedure today. The facility duled the appointment for 4/11/16. v of the dermatologist physician note date 6, indicated the physician's office called th to make sure Resident #27 was going to he scheduled appointment. The facility strator informed the physician the bus had v left that would take the resident to the tment thus the resident is unable to make pointment again. A new appointment was for 4/18/16. The physician discussed his tion with the facility Administrator that this d time the coordination for the resident's v been missed. The Administrator informed v of the dermatologist's note dated 4/14/1 ed the physician received a call from the	for d n's he d he d is ed ent.			

Facility Administrator Date If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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transporta appointme reschedule The physic importance has been Review of 5/2/16 ind up for his/ surgical pr called the staff that t appointme physician Administra another lo why the re other loca notified tha scheduled physician coordinate the physic primary ca resident's cannot coordinate	brming him they are unable to provide tion for Resident #27 scheduled ent on 4/18/16. The physician ed the resident's appointment for 5/2/16. cian stressed to the facility the e of keeping this appointment because it rescheduled now five times. the dermatologists physician note dated icated Resident #27 again failed to show her scheduled appointment for the rocedure of Mohs. The physician staff facility and the staff informed the office heir office had called and cancelled the ent. The note identified this as false. The documented he spoke with the ator who said the resident had surgery at cation on 4/29/16 and she is unaware of esident had the procedure done at the tion or why this physician had not been at the resident would not be attending the l appointment with this physician. The indicated that it is so difficult to get proper on of care with the facility for the resident; ian decided to phone the resident's are physician office for coordination of the care of the skin cancer as the facility ordinate transportation for the resident. the physician note dated 5/9/16 indicated			

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primary ca to another and they a at another primary ca for that tree On 5/2/16 Resident evaluated temple. Th carcinoma Subseque separate to be perfi- date has h occasions supposed for the pro- transporte procedure facility and called ano- physician facility cla surgical p location. T idea if it w	cian received a call from Resident #27 are physician indicating the resident sent r physician for treatment of a skin lesion are unaware of how the resident ended up r physician's office for treatment as the are physician had not referred the resident eatment. the dermatologist wrote a letter to #27, and indicated the resident was for a non-healing lesion of the right ne biopsy revealed a basal cell a, which is a type of skin cancer. ently, the physician's office arranged four times for surgical procedure of this tumor ormed here at the office. The surgical been rescheduled on four separate a now. Most recently, Resident #27 was to show up today, May 2 nd at 8:00 a.m. becdure. Once again, Resident #27 not ed to the physician's office for the a. The physician's office phoned the d the facility claimed the physician's office d canceled the appointment. The indicated this is completely untrue. The indicated this is completely untrue. The indicated this is completely untrue. The indicated the resident had some sort of rocedure performed on Friday at another the physician indicated not having any tas for the resident's basal cell carcinoma r procedure. The physician indicated with				

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the reside reported the physician basal cell resident ne transporta primary ca dermatolo when this problem. Review of 4/29/16, re consultation been press bleeds occur The reside in the pass primary ca their recorr of the righ wound inst months or	difficulties in mind, the physician phoned nt's primary care physician's office and he frustrations with the facility. The indicated if the resident has not had the carcinoma surgically excised, then the eeds to have this done locally where tion is not such a difficult issue. The are physician's office informed the gist they will look into this and report gets arranged to care for the resident's Resident #27 clinical record lacked of follow appointments being scheduled duled. Resident #27 Visit Summary dated evealed the resident presents in on from primary care physician for of a lesion on the right temple that has ent for 5 years. The resident reports it casionally bleeds and sometimes hurts. ent reports that it may have been biopsied t. The physician called the resident's are physician office and they indicated per ds, the resident has never had a biopsy t temple. A shaved biopsy performed, tructions given, resident to follow-up in 6 sooner pending biopsy results. An in dated 5/3/2016 indicated the pathology				

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nurse. The carcinoma squamatia seborrhei resident r performin the facility has not b The phys wound ca wound ca wound ca wound ca restarted. infected; i drainage. undergo I tissue cor discussed well as re the lesion surgical d evident by Review o indication facility, or scheduled An intervi p.m. with	ere relayed to the resident and a facility e pathology revealed basal cell a, with infiltrative features, associated with ted epidermal proliferation with features of c keratosis, and adjacent scar. The eports that the facility has not been g wound care. The physician spoke with r nurse, who confirmed that wound care een performed for the last couple days. cian stressed the importance of proper re and reiterated the instructions of re, and the nurse agreed to have this The nurse does not think the area looks no surrounding redness or purulent The physician indicated the resident to Mohs surgery, the facial location where eservation is critical. The physician I the risks, benefits and alternatives as pair options that are often uncertain until has been excised, discussed that the effect may be larger than the clinically r lesion.			

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	physician biopsy dou stated she done a co not docum clinical red resident h appointme was docum the reside they got c aware of t appointme Staff FF s she talked the physic stated she Staff FF fu <i>fell throug</i> 2. Resident dementia, schizophro MDS state assistance hygiene, a assistance MDS lister disorganiz	#27 physician. Staff A reported the asked her if the resident has had a ne to the left temple lesion. Staff FF e told the physician the resident had one uple months ago. Staff FF stated she did nent this conversation in the resident's cord. Staff FF stated she did not know the ad missed the follow-up biopsy ents from 2/16/16. Staff FF stated noting mented on the appointment calendar or nt's record of the appointments or why anceled. Staff FF stated she was not he missed appointments or the follow-up ent for surgery from the resident's 4/29/16 ent until the surveyor asked about them. tated she did not know who the physician, I to on 4/29/16, although she spoke with sian, and nothing documented. Staff FF e would expect staff to document this. urther stated the resident's appointments <i>h</i> the cracks. ent #10 had a MDS with a reference date . The resident listed diagnoses for #10 which included non-Alzheimer's anxiety disorder, depression, enia, and somatization disorder. The ed the resident required extensive e of 1 staff for eating and toilet use. The d the resident as having inattention, zed thinking, physical and verbal I symptoms directed toward others, and			

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	others. Th Interview f of 13 iden An incider identified t staff attern had a 0.5 forehead. A Progres 8:49 a.m., located on document he/she red answer the neurologic The facility neurologic informatio further neu An undate #10 docur located on cm. An incider indicated a hitting his/	avioral symptoms not directed toward he MDS listed the resident's BIMS (Brief for Mental Status) score as 13. A score tified no cognitive problems. It report for Resident #10, dated 6/9/16, he resident as yelling in the room and upted to calm the resident. The resident cm (centimeters) x [by] 0.5 cm area to the s Note for Resident #10, dated 6/9/16 at indicated the resident had a red area the right side of the forehead. The notes ed the nurse asked the resident did not e nurse. The note indicated the cal checks were within normal limits. / lacked documentation of any further cal checks and the progress notes lacked in regarding Resident #10 refusing any urological checks. d skin assessment sheet for Resident nented the resident had a red area the forehead and measured 0.5 cm x 0.5 at report for Resident #10, dated 6/9/16, a staff member witnessed the resident her head on the headboard, causing a o the right side of the forehead.				

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 5:30 p.m. regarding mention o being unsi the reside forehead I measurem A Progress indicated a regarding the forehead I measurem A Progress indicated a regarding the forehead I measurem The note i because t unsteady facility ser The hospi 6/12/16 at in the emeright eye, Photograptime stam the followina. a purp approxima above the b. a yellow approxima c. a gray d, a red a 	ess Note, dated 6/12/16 at 6:39 p.m., the family had spoken to the facility the resident's bruise to the right side of ad that had also moved down to the ear. ndicated the family was also concerned he resident had garbled speech and on his/her feet. The note indicated the nt the resident to the emergency room. tal emergency department notes, dated 8:55 p.m., indicated the resident arrived ergency room and had bruising over the ear, right chest, and right thigh. ohs provided by Resident #10's daughter, ped 6/13/16, identified the resident with ng skin areas: le and black bruise covering an ate 5 cm x 5 cm area on the forehead			

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	on the right thigh and bruise as The radiol indicated represente and left of of the brain The facility Status pol if a signific mental co assessme conducted On 6/22/1 Nursing A had worke Resident a resident h and had p	y Change in a Resident's Condition or licy, revised April 2014, directed the staff cant change in the resident's physical or ndition occurred, a comprehensive ent of the resident's condition would be			
	resident p of times a his/her elk stated she to bed. To resident ir the room a	se of what he/she was saying. The laced himself/herself on the floor a couple nd she thought the resident had bumped ow possibly but not head. Staff CC e and a nurse helped return the resident ward the end of her shift, she heard the n bed yelling. Staff CC stated she went in and the resident had a "goose egg" about f a quarter on his/her forehead. She			

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	nebulizer stated Staf Staff A CN came to the stated sheer resident's she worker resident's he/she hat this was s worked the resident's During an Director of Resident a She stated should be On 6/22/1 interviewer LPN (licern had a spo stated staf and bangi checks shi because t she told the not sure iff checks aff every 15 r 4 times, eff	 a thought the resident had taken his/her and struck it against his/her head. She ff G LPN (Licensed Practical Nurse) and JA/CMA (Certified Medication Assistant) he room to assess the resident. She a thought Staff G and Staff A knew the speech was garbled. Staff CC stated ad the night shift on 6/10/16 and the speech seemed more garbled and rdly had any clear speech. She stated trange for the resident. She stated she e night shift again on 6/11/16 and the speech was still garbled. interview on 6/22/16 at 5:08 p.m., the f Nursing stated Staff BB CMA told her #10 had banged his/her head on the bed. d after a head injury neurological checks done until the physician stated otherwise. 6 at 4:53 p.m., the MDS Coordinator was and stated on 6/8/16 or 6/9/16, Staff G heed practical nurse) told her the resident t on his/her head. The MDS Coordinator ff told her the resident had been swinging ng his/her head. She stated neurological ould have been done but they couldn't he resident was so agitated and stated ne nurses to call the hospital but she was that was done. She stated neurological checks for yery hour for 4 times, every 30 minutes for yery hour for 4 times, every 4 hours for 4 then every shift for 72 hours. She stated 			

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notes. Th should not She stated himself/he witnessed and had n checks we During an LPN stated She stated screaming medication on the fore happened abnormal on the day no abnorm the reside and inquir stated she had bruisii area" on h stated she an ambula During an CNA/CMA day shift a across the himself/he	lent refused, it would be in the progress e MDS Coordinator stated the facility ify the family when such events occurred. d that on 6/11/16, the resident placed rself on the floor and Staff DD CNA this. She stated the resident stood up o problems and that his/her neurological ere within normal limits. interview on 6/22/16 at 6:49 a.m., Staff G d she worked the day shift on 6/9/16. d the resident had been yelling and and was given an anti-anxiety h. She stated the resident had a red area ehead but that she didn't know what . She stated the resident had no speech. Staff G stated she worked again r shift of 6/12/16 and that the resident had hal speech on this shift. She stated that nt's daughter and wife came in that day ed about the resident's bruising. Staff G went in the resident's bruising. Staff G went in the resident's room and he/she is forehead which was "dime sized". She consulted with the physician and called ince for the resident. interview on 6/22/16 at 1:47 p.m., Staff A a stated that on 6/10/16 she worked the nd had heard that the resident "bolted" o unit to the shower room and threw rself on the floor. She stated she helped assess the resident as he/she was laying right side in the shower room. She			

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that she the stated the CNA told shift the re- slurred". On 6/21/1 Nurse) wa worked th any speed before she left when appointme shift on 6/ speech as On 6/21/1 interviewe on the hea last couple on 6/9/16, resident's resident a shock" by the reside bruise hap the bruisin the bed. S	e resident had already had a bruise but hought he hit his/her head again. Staff A incident was unwitnessed but Staff K, her she heard a thud. She stated on this esident's speech was "a little more 6 at 6:04 p.m., Staff H, RN (Registered as interviewed and stated when she e night shift on 6/10/16; she did not notice ch problems. She stated that the week e had noticed the resident leaning to the she took him to his/her doctor's ent. Staff H stated she worked the night 11/16 and described the resident's s "a little off but normal" for the resident. 6 at 9:13 a.m., Staff BB, CMA was ed and stated the resident hit his/her head adboard and had been "more angry" the e of weeks. She stated when she worked , there was only a red mark on the forehead but when she next saw the round noon on 6/10/16, she was "in the look of the bruise. Staff BB stated ont said he/she did not know how the opened. Staff BB stated she attributed ng to the resident banging his/her head on Staff BB stated when she saw the gain on 6/11/16, his/her speech was <i>in</i> ut more garbled. Staff BB stated the lways had some speech difficulty he/she had clenched teeth.			

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	resident's stroke pric identify a s the reside bruises.	interview on 6/22/16 at 11:56 a.m., the physician stated the resident had a or to arriving at the hospital but could not specific time frame. The physician stated nt arrived at the hospital with various 7 RESPONSE:			

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58.19(2)a	residents facility sharequired in direction of as set fort 58.19(2) <i>A</i> <i>a.</i> Administ the physic injectable licensed p Based on facility faile nonpharm administra (Resident (Sinemet)) #1). The s facility rep Findings in 1. Residen including f disease, re hyperlipide Parkinson The MDS Interview f score of 1	(135C) Required nursing services for The resident shall receive and the all provide, as appropriate, the following ursing services under the 24-hour of qualified nurses with ancillary coverage h in these rules: Medication and treatment stration of all medications as ordered by ian including oral, instillations, topical, (to be injected by a registered nurse or ractical nurse only). (I, II). record review and staff interview, the ed to ensure residents were monitored for acological interventions prior to the tion of an anti-anxiety medication #8) and failed to administer medication as ordered by the physician (Resident sample consisted of 27 residents and the orted a census of 60 residents. hclude: ht #1 had a MDS (Minimum Data Set) nt with a reference date of 4/14/16. The tified Resident #1 with diagnoses heart failure, gastroesophageal reflux enal insufficiency, diabetes mellitus, emia, non-Alzheimer's dementia, 's disease, seizure disorder, and asthma. indicated the resident had a BIMs (Brief for Mental Status) score of 15 of 15. A 5 represented no short or long term roblems and no problems with cognitive		\$500	Upon Receipt

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resident re for bed mo The MDS independe unit, toilet The Care I of high risk seizure dis included a medication effectivene The Progra indicated a phone call they have having a s room and between th under the moved all placed a p heels. Upo lacerations At 5:25 p.r physician a resident to evaluation via ambula facility.	aily decision. The MDS identified the equired limited assist of one staff member obility, ambulation in room, and dressing. determined the resident to be ent with transfers, location on and off the use and personal hygiene. Plan dated 5/2/2016 included a problem & for falls related to Parkinson's and sorder. The Care Plan interventions nd directed staff to administer hs as ordered, monitor and document for ess and side effects. ess Notes dated 5/2/16 at 6:57 p.m. n at 5:26 p.m. the nurse, Staff G, received a from the hospital on-call nurse stating Resident #1 on the phone with possibly eizure. Staff G entered Resident ' s #1 the resident found lying on the floor ne wheelchair and bedside stand, head bed and positioned on stomach. Staff G objects surrounding the resident and illow under the resident's head and on assessment of the resident no s, bruising or bumps to the head or body. n. Staff G placed a call to the resident's and received an order to send the the emergency room for further . The resident left the facility at 5:58 p.m. ance continued to seize as leaving the 6 at 12:30 p.m. Resident #1 was			

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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receive the Resident a and the st medication stated he/ his/her Sim Medication p.m. Staff 6 p.m. dos he/she as if it would and Staff he/she too of Sinmet. checked w a double of in bed and the room s not see ar Resident a a wheelch stated he/ and got or minutes; t he/she ren nurse cam passed ou transferren the intens stated he/	d and stated on 5/2/2016, he/she did not e scheduled 2 p.m. Sinemet medication. #1 stated when he/she slept until 4 p.m. aff did not wake him/her for the 2 p.m. n administration of Sinemet. Resident #1 she woke up at 4 p.m. and went to get met medication from Staff EE, Certified n Aide (CMA). Resident #1 stated at 5 EE administered the 2 p.m. dose and the se at the same time. Resident #1 stated ked Staff EE before taking the medication be safe to take all the medication at once EE said "I think so". Resident #1 stated ok the medication, which is a double dose Resident #1 stated Staff EE never even with the nurse if it would be alright to take dose. Resident #1 stated he/she lay down d about a half hour later he/she felt like spun. The resident stated he/she, could and the call light on for 15 minutes. #1 stated he/she attempted to transfer to air and fell to the floor. Resident #1 she then called the on-call hospital nurse in the phone with that nurse about 25 he on-call nurse phoned the facility while mained on the phone, and the facility he into his/her room then and Resident #1 at at that time. Resident #1 stated they d him/her to the local hospital and then d to another hospital and he/she rs waking up and being on life support in ive care unit of the hospital. Resident #1 she had continuous seizure activity and e dose of Sinemet affected his/her heart.			

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	(Director of writing up double do Review of indicated I discharged diagnoses malformat obstructive staphyloce cerebral a (narrowing resident in extubated 5/5/16 bac On 5/19/1 (DON) wa reported to administra chance to the reside when he/s the reside reporting to never dou with the ne DON state out a med the reside	 #1 stated he/she reported this to the DON of Nursing) and the DON said he would be [discipline] Staff EE for administrating a se of Sinemet. the Discharge Summary dated 5/5/16 Resident #1 was admitted on 5/2/16 and d on 5/5/16. Resident #1 principal included: epilepsy with other pertinent control obesity, cerebral arteriovenous ion, seizure, Parkinson 's disease, e pulmonary disease, methicillin resistant occus aureus (MRSA) pneumonia, neurysm, lumbar spinal stenosis of lumbar vertebrae), On arrival the tubated and sedated, Resident able to be the next day. Resident discharged on ck to skilled nursing facility. 6 at 4:15 p.m. the Director of Nursing s interviewed and stated Resident #1 of her on 5/6/16 about medication the next day is such as the had not had a investigate the issues. The DON stated and not had a investigate the issues. The DON stated nursing from the hospital the reported concerns, The DON stated and stated staff should ble up on a missed dose of medication error, monitor the resident, notify nt's physician and family and document in s notes. The DON stated not medication 			

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	error repo	rt was completed for Resident #1.			
	Medication 5/2/16 she 5:00 p.m. Staff EE s said he/sh medication her and sa dose. Sta the reside signed ou though sh Staff EE s ok to give she did no resident th never che to back do nurse that to the resi not aware is a lot of On 5/25/1 Nurse (LP	6 at 2:11 p.m., Staff EE, CMA (Certified n Aide) was interviewed and stated on e worked on the floor [giving cares] until when asked to administer medications. tated Resident #1 came up to her and he never received their 2 p.m. Sinemet n. Staff EE stated Staff G, nurse, stood by aid "oh shoot" and Staff G gave the 2 p.m. aff EE stated she then immediately gave nt the 6 p.m. dose of Sinemet and she t administering the 2 p.m. dose, even e did not give it, and the 6 p.m. dose. tated the resident did question her if it is both doses together and Staff EE stated of have an answer for that but did tell the hat it should be ok. Staff EE stated she cked with the nurse if it is ok to give back oses of Sinemet and never reported to the she gave back to back doses of Sinemet dent. Staff EE further stated that she is of side effects of medications and there pills going out. 6 at 9:40 a.m., Staff G, Licensed Practical PN) was interviewed and stated she n 5/2/16 pulling Staff EE from the floor to			
	administer staffed an with the m recall givin of Sineme	r medications as the facility short was d she went to the dining room to assist neal service. Staff G stated she did not ng Resident #1 the 2 p.m. scheduled dose and that Staff EE had signed out on the n Administration Record (MAR) as			

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 would not p.m., she form, asse physician stated Sta administe EE report resident ' Staff G sta p.m. from resident a ' s room, r having a s resident a order rece room for f immediate stated she noted the 5:04 or 5:' On 5/25/1 interviewe side effec can build would be Sinemet te Review of indication notified fa back, 2 p. 	ring the 2 p.m. dose. Staff G stated she administer the 2 p.m. Sinemet dose at 5 would have completed a medication error ess the resident, notify the resident's and family and document it. Staff G off EE never asked her about ring the resident's Sinemet nor did Staff anything about doubling up on the s 2 p.m. and 6 p.m. dose of Sinemet. ated she received a phone call at 5:26 the hospital on-call nurse regarding the nd Staff G stated she went to the resident to call light on, and resident on the floor seizure. Staff G stated she assessed the nd called the resident 's physician and eived to send resident to the emergency urther evaluation, and resident was ely transferred via ambulance. Staff G e looked at the resident's phone and resident had called the on-call nurse at 06 p.m. 6 at 3:30 p.m., the Pharmacist was ed and stated Sinemet has a long list of ts and people who take this medication up a tolerance. The Pharmacist stated it difficult to relate the double dose of the resident's seizure.			

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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	and that th	ne resident 's physician notified of it.			
	dated 5/9/ Resident # MDS state 1-2 staff for dressing, of bathing. T continuous and state on things a of the MDS resident h directed to behaviora days out of resident's The June displayed a. Halope mg(milligna IM(intramo				
	Take 1 tak Resident # (MAR) for administer the period	pam(an anti-anxiety medication) 1 mg blet every 6 hours prn for anxiety #8's Medication Administration Records May 2016-June 2016 identified staff red the prn Haloperidol 10 times during of 5/10/16- 6/18/16. The facility lacked ation of interventions implemented prior			

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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	(MAR) for administer the period document to the adm The Care directed si visit or tall he/she "we to: interve resident a calmly in or response approach During an MDS Cool non-pharm behavior si administer	 #8's Medication Administration Records April 2016-June 2016 revealed staff red the prn Lorazepam 54 times during of 4/26/16- 6/12/16. The facility lacked ation of interventions implemented prior hinistration of the medication. Plan for Resident #8, dated 5/10/16, taff to call the resident's family to come on the phone with the resident when on't settle". The Care Plan directed staff ne before agitation escalated, guide the way from the source of distress, engage conversation, and, if the resident's was aggressive, walk away calmly and later. interview on 6/22/16 at 5:55 p.m., the rdinator stated nurses should document nacological interventions on the resident's sheet or in the progress notes prior to ring anti-anxiety medications. ES RESPONSE: 			

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8.24(5)j	58.24(5) <i>F</i> All food sh compliance Drug Adm provisions addition, t <i>j</i> . A sched daily shall DESCRIP Based on of the faci prepare; c conditions after the p prior to the	observation, staff interviews, and review lity policy/procedures, the facility failed to distribute; and serve food under sanitary and failed to check food temperatures puree process for 3 of 3 residents and e service of lunch and dinner for 57 The facility reported a census of 60		\$50	Fine Amount \$500		
	cook, and waxed be food being surveyor p	nclude: on on 6/22/16 at 12 pm identified Staff Y, began to serve food. Three plates of ans were set without temperature of all g checked on the steamtable. The prompted Staff Y to check the irres of all food being served.					
		on on 6/22/16 at 12:45 pm identified Staff sutting the meat and cheese sandwiches					

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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touch his or order and sandwiche Observation MDS coor serve sand a hair net handle me washing h Observation Y, cook, o with puree and waxed on service temperatu 3 of 3 resid Observation go to the h placed soar the water of went to sin would not the water of	ring gloves. Staff Y, with gloves on, then uniform and the resident's paper meal then returned to cutting meat and cheese es. This occurred 3 times. On on 6/22/16 at 1:00 pm revealed the dinator came into the kitchen to help dwiches. The staff person walked in put on, donned gloves then preceded to eat and cheese sandwiches without er hands. On on 6/22/16 at 1:45 pm revealed Staff btained the trays ready for the residents ad diets. Macaroni and cheese, smokies, d beans pureed per guidelines and placed tray. Staff Y did not check the res of the 3 items before serving them to dents that required pureed diets. On on 6/22/16 at 1:52 pm revealed Staff Y handwashing sink in the kitchen and ap on his right hand. Staff Y went to turn on and it would not turn on. Staff Y then hk at the dishwashing area and the water turn on. Maintenance staff had turned off due to handwashing sink leaking out ection buckets on to the floor. Staff Y then her towel; wiped soap out of right hand, oves then proceeded with meal service.			

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	C, Cook, o gloves on trays, plac meat and (5) times. Observation dinner rev wearing o ³ / ₄ heeled toes with a helped pro- administrat base of to dishes and multiple tim Observation surveyor r the temped dinner me Review of Food Pre cooking te following i fifteen secon	on on 6/22/16 at 5:30pm revealed the needed to prompt Staff Z, cook, to check ratures of all food prior to serving the			

Facility Administrator Date If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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	canned fru Fahrenhei Fahrenhei During an Consultan During an Cook, rep training. During an MDS Coo have dieta <u>Environm</u> During the a.m. to 10	interview on 6/21/16 the Dietician at reported the kitchen lacked leadership. interview on 6/21/16 at 6:45 a.m. Staff D, orted she did not receive any dietary interview on 6/22/16 at 2:45 p.m. the rdinator reported the kitchen staff did not ary training. Dent: e initial kitchen tour on 6/20/16 at 9:30 12 a.m., identified the following				
	roast beef sealed, la pepperoni of ham sli box of Far and chees covered o eggs direc mozzarell The walk- amount of	the walk-in-refrigerator contained a large cooked in a 4 quart plastic container not beled or dated, a 1.75 pound package of , not sealed or dated, a 4 quart container ces not sealed or dated, a 22.4 pound mland meat directly on the floor, 18 ham se sandwiches on a cookie sheet not r dated, a box of 15 dozen pasteurized ctly on the floor, a 5 pound plastic bag of a cheese half full and unsealed nor dated. in-refrigerator floor contained a moderate food debris to include shredded carrots, nd butter packets.				

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container in the flou plastic foo food debr under the contained debris, a p dishwash surface. L four inch b blue-gree contained countertop appearan surface w buckets in cloudy filn used and moderate outer doo drippings. grease bu contain a the ovens steamtabl debris. Th kitchen co moderate contained of strawbe undated ti shakes.	en work area contained a 22 quart plastic full of flour, with a one cup measuring cup r directly on the floor. A white three-tiered of cart contained a moderate amount of is. The kitchen floor in the prep area, sink, and under the dishwasher the following items; silverware, food olastic orange glass under the er. The entire kitchen floor had a sticky Inder the handwashing sink, contained 2 by four inch cracked white floor tiles. The n colored tile under the food prep table several cracked tile of various sizes. The os in the kitchen contained a cloudy ce; the metal prep table contained a gritty ith food debris. There were no sanitizer the kitchen. The meat slicer had a n on it with food debris; it was not being was uncovered. Both Vulcan ovens had a amount of carbon build up inside, and the rs contained a greasy surface with food The griddle to the stove contained ild up. The backsplash of the stove heavy carbon build up. The shelf above contained an air vent with black fuzzy e front of the white cupboards in the ontained a gummy surface with a amount of food debris. The milk cooler 27 4 ounce undated thawed containers erry Mighty shakes, and 40 4 ounce hawed containers of chocolate Mighty interview on 6/20/16 at 9:45 a.m. Staff D,			

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	k reported that she did not know how lo hty shakes had been in the cooler.	ng the		
floor box cans card thin The direc box crea The kitch layer Ther kitch eithe Obso kitch in-re and Obso sam	service hallway between the dry storag on entrance revealed a floor coated wit r of dirt. re were no cleaning schedules posted ir on area, and no notebooks could be for	ed the r, walk- tour, d the		

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		Ds/cj/mw	Survey dates: June 20-23, 2016			
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	kitchen to	ur concerns remained the same.				
	kitchen tour concerns remained the same. The Facility <u>Cleaning and Sanitizing</u> Policy documented the following: Surfaces are to be washed, rinsed and sanitized after each use, and following any interruption of operations when contamination may have occurred. The food- contact surfaces of grills, griddles and similar cooking devices, and the cavities and door seals of microwave ovens are to be cleaned at least once day. Food-contact surfaces of all cooking equipment are to be kept free of encrusted greased deposits and other accumulated soil. All work surfaces are to be cleaned, and sanitized after each use; clean-as-you-go. The <u>Food Storage</u> Policy documented the following: Food removed from it's original packaging is to be protected from contamination, storing in clean, covered, sanitized containers. Food containers are to be stored a minimum of 6 inches above the floor to protect food from splash contamination, and at a height to prevent easy cleaning of the storage area. All items are to be 6 inches off the floor, including all cardboard boxes. The facility policy for Safe Food Preparation documented that the facility will monitor and contrr the safe preparation of all foodstuff, including potentially hazardous food, to prevent food-borne illness. The policy directed supervisors, as well as staff member, will be expected to check the concentration of sanitizer and the cleanliness of th solution. Work surfaces and equipment will be					

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FC#6210	Fine amount reduced by 35% to \$5,525.00 on August 16, Date: July 25, 2016 2016 pursuant to Iowa Code Section 135C.43A				
Pearl Valley Rehabilitation & HC	Ds/cj/mw	Survey dates: June 20-23, 2016			
601 E. Polk Street					
Washington, Iowa 52353					
State Rules		Class	Fine Amount	Correction date	
 contact su scolded. F contributes gloves are of after ear of after ear of after ear not answe Superviso During an Administrato get a hord different structure of after ear of a supervisor been work staff has a are hard to been under since Decrement of substitutio organize not an are not an	ved hands are considered to be a food rface that can become contaminated or failure to change gloves between tasks is to cross-contamination. Disposable is single use items and must be disposed ch use. interview on 6/21/16 at 6:45 a.m. Staff B, nd Staff D all cooks reported that they to call the Dietary Supervisor, but he will r. The staff reported that the Dietary r had been at the facility for a month. interview on 6/21/16 at 10:11 a.m. the ator reported that they had not been able old of the Dietary Supervisor, and that taff members have tried to call him. interview on 6/21/16 at 4:00 p.m. the tician Consultant reported that nobody able to get in contact with the dietary r. The Dietician reported that she had ing with the current staff, and the dietary a lot to learn. The Dietician reported she had er part-time employment with the facility ember. The Dietician had been working etary staff with education related to meal ns, the pureed process, and how to neal service so it has an organized the Dietician reported the kitchen lacked				

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	 leadership. A continuous observation on 6/21/16 between 8:36 a.m. and 11:09 a.m. identified the staff did not sanitize the dining room tables after the conclusion of the breakfast meal and before the lunch meal was served. On 6/21/16 at 10:51 a.m., Staff D, cook, placed paper placemats on the dining room tables and over wet water rings that remained from breakfast beverages. Plated lunch meals were placed on top of the placemats. During an interview on 6/22/16 at 7:13 p.m., the facility's registered and licensed dietician (RDLD) stated a sanitizer was available in the kitchen and staff should sanitize the dining room tables between each meal service. FACILITY RESPONSE: 					

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