

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

FC#6199	Fine amount reduced by 35% to \$3,250.00 on July 26, 2016 pursuant to Iowa Code Section 135C.43A	Date: July 14, 2016		
Cherokee Specialty Care		Survey: June 7, 21, 24, 2016		
1011 N. Roosevelt				
Cherokee, Iowa 51012	Ds/pg/mw			
		Class	Fine Amount	Correction date
58.28(3)e + 58.20(4)	481—58.28(135C) Safety. The licensee of a nursing facility shall be responsible for the provision and Maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) 481-58.20(135c) Duties of health service supervisor. Every nursing facility shall have a health service supervisor who shall: 58.20(4) Develop and implement a written health care plan in cooperation with, to the extent practicable, the resident, the resident's family or the resident's legal representative, and others in accordance with instructions of the attending physician as follows: <i>b.</i> The health service supervisor is responsible for preparing, reviewing, supervising the implementation and revising the written health care plan. (III) DESCRIPTION: Based on record review and staff interviews, the facility failed to provide Resident #4 with adequate supervision and assistive devices to prevent an accident which resulted in a fractured hip and failed to revise the Care Plan so staff knew which lower side rail to raise on the bed in order to keep the resident safe. The sample consisted of 5 residents	I	\$5,000	Upon Receipt

Facility Administrator _____

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	and the facility reported a census of 45 residents. Findings include: Resident #4 had a Minimum Data Set (MDS) assessment, with a reference date of 3/23/16. The MDS indicated the resident had short and long term memory problems and severely impaired cognitively. The MDS indicated the resident experienced signs and symptoms of inattention and disorganized thinking. The resident required extensive assistance of one staff for mobility, dressing, toileting and hygiene. A balance during transitions and walking test identified the resident as not steady and only to stabilize with staff assistance when walking, moving from seated to standing position, and surface to surface transfers. The clinical record Face Sheet identified the resident had diagnoses that included: anxiety, diabetes, postural kyphosis, history of falling and unspecified lack of coordination with abnormalities of gait and mobility. The resident had 1 fall with no injury since the prior assessment. Review of the Fall Risk Assessment dated 5/19/16 identified the resident scored a 16 on the assessment scale. A score of 10 or above represented the resident at a high risk for falling. The Care Plan, target date 6/12/16, identified the resident at risk for falls with interventions that included: utilize a bed alarm, chair alarm, and baby monitor. The alarms were to be placed up and out			

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	of reach so audible. The falls Care Plan directed both top side rails up and one lower rail up while in bed. The Care Plan did not indicate which lower side rail to be in a raised position. The Side Rail Rationale Screen, dated 3/23/16, indicated three (3) side rails were used, two top rails and one bottom rail. A fall incident report dated 6/9/16 at 10:50 p.m. reflected Staff G, certified nursing assistant (CNA), discovered Resident #4 lying on the floor between his/her roommate's walker. A Fall Investigation for CNAs, dated 6/9/16, indicated at the time of the fall, the left side rail was up instead of the right side rail. The contributing factors could have been hallucinations and wearing no gripper socks. At 11:25 a.m. on 6/9/16, the nurse notified the physician. The physician informed the nurse to call him if pain worsens to the right leg or if the resident would stop weight bearing on the right leg for a new order. The Nurse's Notes dated 6/10/16 at 2:15 a.m. indicated the staff attempted to stand the resident and the resident had no weight bearing on the right leg. The note indicated the resident had vocalized pain since 11:00 p.m. with attempts to stand or roll the resident. The resident cried but no tears. The nurse administered antianxiety medication. The physician was notified and ordered the resident			

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	sent to the emergency room for an evaluation. The Nurse's Notes indicated the resident returned to the facility at 5:10 a.m. on 6/10/16. The hospital discharge instructions indicated an x-ray of the right hip, femur and pelvis indicated no fractures seen. At 8:35 a.m. on 6/10/16, the physician notified the facility that the resident had a fractured hip and to transfer back to the hospital. The ambulance arrived at 8:45 a.m. and transported the resident to the hospital. The note indicated the resident had not had pain until moved. An x-ray report dated 6/10/16 reflected the resident sustained a subcapital fracture seen with impaction (right hip fracture). The Resident Assessment Data Collection/initial Care Plan indicated the resident returned from the hospital on 6/13/16 at 2:30 p.m. The note indicated the resident had a dressing on the incision (repair of hip) along the lateral side of the right hip. On 6/21/16 at 1:44 p.m. Staff G, CNA, was interviewed and stated she walked by Resident #4's room and observed him/her standing beside a walker. She did not hear an alarm, and then observed the alarm "stuffed" under blankets. She encouraged the resident lie down in bed and did not toilet the resident. Staff G stated she observed three side rails up, the upper side rails and the lower side rail. Staff G indicated the lower side rail			

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	near the door was up, and then indicated it was the lower side rail near the window. Staff G was aware Resident #4 climbed out both sides of the end of the bed. Staff G stated when the resident fell, she noted the alarms were placed under blankets again. On 6/23/16 at 1:00 p.m. Staff H, CNA was interviewed and stated he assisted Resident #4 to bed prior to the fall. Staff H stated he put the top two side rails up and the left, lower side rail up (door side) on the bed. Staff H stated he was not aware the right lower side rail (window side) was to be up. Staff H stated he went to break at approximately 12:00 a.m. and noted Resident #4 was awake and lying in bed. Upon return from break he observed the resident sitting beside the walker and complained of leg pain. Staff B, licensed practical nurse (LPN), informed him the right lower side rail (window side) was to be up because Resident #4 tried to climb out of the right side of bed. Staff H stated the head set directed three side rails were used but did not indicate which three. Facility staff now places a piece of paper on the head of the bed to indicate which specific side rails are to be up. On 6/22/16 at 3:13 p.m. Staff B, LPN, observed Staff G exit Resident #4's room approximately 10 minutes prior to the fall. Staff B heard the resident's alarm sound, but thought Staff G was with Resident #4 because typically, she doesn't turn off the alarm while in the room with the resident. She heard Staff G ask the resident why			

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	he/she was on the floor. Upon entry to the resident's room, she observed Resident #4 on the floor between his/her roommates walker. The side rails at the head of the bed were up and the left lower side rail (near the door) was up rather than the lower side rail near the window. Initially, the resident did not complain of pain, however upon rising he/she was not able to bear weight. Staff B stated Resident #4 fell between his/her bed and window and always attempted to climb out of bed on that side. The intervention implemented was to raise the lower side rail near the window because that was the side Resident #4 attempted to climb out of. Staff B had observed Resident #4 attempt to climb out of bed between the upper and lower side rail before. On 6/21/16 at 1:35 p.m. the Director of Nursing stated three side rails were to be up, two on top and the lower side rail near the window. The lower side rail provided a boundary after Resident #4 fell between the bed and window. The raised side rail was effective because he/she did not try to climb out after raised. FACILITY RESPONSE:			

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