

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

FC#5220		Fine amount reduced by 35% to \$325 on November 26, 2013, pursuant to Iowa Code section 135C.43A(2013).		Date: September 18, 2013	
Countryside Nursing and Rehabilitation Center		Survey Dates: August 19-22, 2013			
6120 Morningside Avenue		Surveyors: Annette Devereaux RN, Vicki Johnson RN, Karen Hill LD/RD			
Sioux City, Iowa 51106					
		Class	Fine Amount	Correction date	
58.45(2)	<p>481-58.45(135C) Dignity preserved. The resident shall be treated with consideration, respect, and full recognition of dignity and individuality, including privacy in treatment and in care for personal needs. (II).</p> <p>58.45(2) Schedules of daily activities shall allow maximum flexibility for residents to exercise choice about what they will do and when they will do it. Residents' individual preferences regarding such things as menus, clothing, religious activities, friendships, activity programs, entertainment, sleeping and eating, also times to retire at night and arise in the morning shall be elicited and considered by the facility. (II)</p> <p>DESCRIPTION:</p> <p>Based on record review and staff and resident interviews the facility failed to consider and elicit the residents' time preferences for routine catheter changes (Resident #2, #5, #8). The facility reported 10 residents with indwelling catheters and a census of 67 residents</p> <p>Findings included:</p> <ol style="list-style-type: none"> 1. The 8/5/13 Physician's Orders for Resident #2, directed staff to change the resident's Foley catheter (drainage tube placed into the bladder to drain urine into a bag) monthly beginning on 8/21/12. The resident's Treatment Administration Record (TAR) directed staff to perform the catheter change monthly on the 10:00 p.m. to 6:00 a.m. shift. Staff documented in the Nurses Notes the staff changed the catheter on 7/16/13 at 2:00 a.m. 2. The 8/2/13 Physician's Orders for Resident #5 directed staff to change the resident's Foley catheter monthly beginning on 11/21/12. The resident's TAR 	II	\$500	Upon Receipt	

Facility Administrator _____

Date _____

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or withdraw your request for formal hearing, and (2) pay the penalty, the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (Supp. 2009).

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	<p>directed staff to perform the catheter change on the 10:00 p.m. to 6:00 a.m. shift. Staff documented in the Nurse's Notes that the staff changed the catheter on 8/19/13 at 3:30 a.m.</p> <p>On 8/20/13 at 9:03 a.m. the resident was interviewed and voiced he/she did not like this very much and would prefer not to be awakened for that [catheter change].</p> <p>3. The Physician's Orders for Resident #8 directed staff to change the resident's Foley catheter monthly beginning on 2/23/13. The TAR directed staff to change the catheter on the 10:00 p.m. to 6:00 a.m. shift.</p> <p>On 8/20/13 at 2:24 p.m. the resident was interviewed and stated the facility often employed agency staff to work on the overnight shift. The resident stated she/he would prefer not to be awakened in the middle of the night for the catheter change and would prefer to have it performed by regular facility staff.</p> <p>On 8/20/13 at 10:41 a.m. the Director of Nursing (DON) confirmed staff working during the 10:00 p.m. to 6:00 a.m. shift had the responsibility to perform the monthly catheter changes. The DON stated she had not talked to residents to determine their preferences for times to have the catheter changed. The DON stated catheter changes had been performed since she began employment about 6 months ago. The DON identified 10 residents residing in the facility which had indwelling Foley catheters.</p> <p>FACILITY RESPONSE:</p>			

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