

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: 10748					Date: February 20, 2025
Facility Name: Aspire of Washington		Survey Dates: January 12, 2025 to January 30, 2025			
Facility Address/City/State/Zip 601 East Polk Street Washington, IA 52353		KG			
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	

58.19(1)n(1)	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(1) Activities of daily living.</p> <p>n. Nutrition and meal service.</p> <p>1) Regular, therapeutic, modified diets, and snacks; (I, II, III)</p> <p>DESCRIPTION</p> <p>Based on observation, clinical record review, facility policy review, Registered Dietitian and staff interviews the facility failed to address the severe weight loss of 2 of 3 (Resident #183 and Resident #12) residents reviewed for weight loss. Per the Registered Dietician note dated 10/23/24, Resident #183 a cognitively impaired resident experienced a severe weight loss of 12.6% in 180 days. The facility failed to complete weekly weights as ordered, failed to increase interventions after initiation of a house supplement failed to maintain weight in August 2024, failed to notify the physician of the weight loss, and failed to care plan the actual weight loss. The facility also failed to ensure Resident #12 was free from severe weight loss of 6.2% in 30 days, 7.9% in 90 days, and 13.1% in 180</p>	I	\$5750.00 Held in Suspension	Upon Receipt
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	<p>days. The facility failed to care plan the resident's severe weight loss, failed to ensure the resident had a physician order implemented timely for nutritional supplements, and failed to revise interventions to address the resident's weight loss. The facility reported a census of 35 residents.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment, dated 10/25/24, revealed Resident #183 had both short-term memory and long-term memory problem, as well as fluctuating symptoms of inattention, disorganized thinking, and altered level of consciousness. Resident #183 assessed as able to feed self with supervision at the time of assessment. The MDS assessment identified a weight loss of 5% or more in the last month or loss of 10% or more in the last 6 months and indicated Resident #183 not on a physician prescribed weight loss regimen. The MDS list of diagnoses included: diabetes mellitus, non-Alzheimer's dementia, anxiety disorder, depression, and schizophrenia (schizoaffective disorder).</p> <p>The MDS, dated 12/30/24, revealed Resident #183 required set up assistance with meals and identified a weight loss of 5% or more in the last</p>			
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	<p>month or loss of 10% or more in the last 6 months and indicated Resident #183 not on a physician prescribed weight loss regimen. Diagnoses list included bulimia nervosa, a mental health disorder of self-induced vomiting related to a perceived concern for one's own weight.</p> <p>Per the Care Plan, revised on 6/10/21 Resident #183 ordered CCD (carbohydrate-controlled diet), regular texture, thin consistency.</p> <p>The Care Plan, revised on 10/22/24, revealed Resident #183 had nutritional risk related to diabetes and abnormal labs with the goals to maintain weight and eat 50% of 3 meals daily. The Care Plan lacked identification of Resident #183's severe loss of weight (greater than 10% of body weight in 6 months). Interventions included:</p> <ul style="list-style-type: none"> a. Allow Resident #183 to express that she is not hungry, initiated on 8/21/18. b. Provide health shakes three times a day, initiated on 7/24/24. c. Monitor labs as ordered and refer to physician as needed, initiated on 3/29/20 d. Offer resident an alternative food item or snack if they become hungry after refusing a meal, initiated on 8/21/18. e. Offer Resident #183 set up help at meals, initiated on 3/29/20. 			
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	<p>f. Weigh as ordered and record. Monitor for significant weight change and refer to physician as needed, initiated on 3/29/20.</p> <p>The Medication and Treatment Administration Record (MAR/TAR), for December 2024, revealed an order for weekly weight to be checked every Friday, start date 5/24/24. The MAR/TAR documented:</p> <ul style="list-style-type: none"> a. On 12/6/24 a check mark indicated the completion of weekly weight b. On 12/13/24 a code of 6 used to indicate hospitalization c. On 12/20/24 no results indicated or codes used to explain the lack of a weight. d. On 12/27/24 a check mark indicated the completion of the weekly weight. <p>The December 2024 MAR/TAR did not document the results of completed weekly weights.</p> <p>The December MAR/TAR revealed an order for a House Supplement TID three times daily for recommendation from RD (Registered Dietician).</p> <p>A review of the electronic health record (EHR) Weight Summary indicated on 5/31/24 Resident #183 weighed 130.0 pounds. On 11/11/24, the Weight Summary recorded the resident weighed 113.4 pounds. The change in weight from 130.0 pounds to 113.4 pounds represented a weight</p>			
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	<p>loss of 12.77% in 112 days. A weight loss is considered severe if greater than 7.5% in 3 months, and greater than 10% in 6 months.</p> <p>A Nutrition/Dietary Note, dated 10/23/24, listed Resident #183 had past medical history of schizoaffective disorder, bulimia nervosa, type 2 diabetes mellitus, mental disorder, and anxiety...CBW (current body weight): 118# (pounds)...Weight down 12.6% or 17.2 # x 180 days. Weight stable x 30/90 days. House supplement BID (two times daily), increased to TID on 8/2/2024 ...Weight appears to be stabilizing continue POC (Plan of Care).</p> <p>A Mini Nutrition Assessment (MNA), dated 10/23/24, completed by Registered Dietitian documented...Resident has no decrease in food intake is last 3 months. Weight loss greater than 3kg (kilograms) (6.6 lbs. [abbreviation for pounds] in the last 3 months. Goes out. Has not suffered psychological stress or acute disease in the past 3 months. Resident has no psychological problems...Mini Nutrition Score: The Score is 9. Per the scale 8-11 points: At risk of malnutrition.</p> <p>A Nutrition/Dietary Note, dated 11/06/24. documented RD WEIGHT NOTE: CBW: 113.4#...Weight stable 30/90 days. Weight down 12.8% or 16.6# x 180 days. House supplement</p>			
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	<p>BID, Increased to TID on 8/2/2024...Weight appears to be stabilizing continue POC.</p> <p>A review of Nursing Progress notes from 10/23/24 to 12/30/24 revealed no documentation of physician notification related Resident #183 weight loss.</p> <p>During an interview on 1/20/24 at 10:30 AM, the facility RD stated Resident #183 had lost weight gradually at first, weight was approximately 140 pounds in June 2024 and then in August 2024, there had been around a 10-pound weight loss and started Resident #183 on House Supplement three times a day and reported that with intervention Resident #183 would stabilize then continue to lose weight. RD stated Resident #183 had orders for weekly weights to be completed, then facility may have switched to monthly. RD reported recommendations for residents would be given to Director of Nursing to notify Provider.</p> <p>During an interview on 1/21/24 at 11:30 AM, Director of Nursing (DON), stated that Resident #183 was supposed to be on weekly weights, but said the staff are not good about getting the weekly weights. DON claimed a list of weekly weights for staff reference often went missing and stated Resident #183's weights had been checked about twice per month. DON stated that</p>			
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	<p>Resident #183's intervention for weight loss had been to give House Supplement three times a day and confirmed this intervention was put into place in August 2024. DON stated that Resident #183's physician would be notified verbally by DON of an identified weight loss, DON unable to recall if Provider had been notified verbally and unable to recall if there had been documentation of Provider notification in Resident #183's EHR.</p> <p>2. Review of the MDS assessment for Resident #12 dated 11/1/24 revealed the resident scored 9 out of 15 on a BIMS which indicated moderately impaired cognition. Per this assessment, the resident was independent with eating. The assessment revealed the resident's height was 63 inches and weight was 194 pounds.</p> <p>Review of Resident #12's Care Plan dated 9/6/24 revealed, [Resident #12] has a potential nutritional problem r/t (related to) Dementia. Interventions per the Care Plan, all dated 9/6/24, revealed the following:</p> <p>a. Monitor/document/report PRN (as needed) any s/sx (signs/symptoms) of dysphagia: Pocketing, Choking, Coughing, Drooling, Holding food in mouth, Several attempts at swallowing, Refusing to eat, Appears concerned during meals.</p> <p>b. Monitor/record/report to MD (Medical Doctor) PRN s/sx of malnutrition: Emaciation (Cachexia),</p>			
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	<p>muscle wasting, significant weight loss: 3 lbs in 1 week, >5% in 1 month, >7.5% in 3 months, >10% in 6 months. 9/6/2024</p> <p>c. Provide and serve diet as ordered.</p> <p>d. RD (Registered Dietician) to evaluate and make diet change recommendations PRN.</p> <p>Review of Resident #12's Physician Order dated 8/1/24 at 12:27 PM revealed, Regular diet, Regular texture, Thin consistency for 2 L (Liter) fluid restriction.</p> <p>A review of the EHR Weight Summary listed the following weight results for Resident #12:</p> <ul style="list-style-type: none"> a. 8/13/24 at 3:25 PM: 206.0 Lbs b. 9/3/24 at 2:29 PM: 201.8 Lbs c. 10/7/24 at 9:34 AM: 194.4 Lbs d. 11/5/24 at 9:37 AM: 190.8 Lbs e. 11/20/24 at 1:42 PM: 190.8 Lbs f. 12/16/24 at 10:18 PM: 179.0 Lbs g. 1/6/25 at 2:42 PM: 168.0 Lbs <p>Review of the Nutrition/Dietary Note dated 8/14/24 at 10:29 AM for the RD (Registered Dietician) Admission Note revealed, in part, the resident had no chewing or swallowing difficulty noted, weight was 206 pounds, body mass index 36.5, and resident's height documented as 63 inches. The Goal section of the note revealed, weight will remain stable. within 7.5% of CBW</p>			
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	<p>(current body weight) through review date. The Plan section revealed the following: Monitor weight per orders. Follow diet and supplements per orders. RD to monitor and f/u (follow up) prn (as needed).</p> <p>The N-Adv Mini Nutritional Assessment dated 11/20/24 revealed the resident weighed 190.8 pounds, revealed no decrease in food intake, no weight loss, had severe dementia or depression,</p> <p>The next Nutrition/Dietary Note present in the resident's electronic record dated 12/18/24 at 3:57 PM revealed, RD WEIGHT NOTE: CBW: 179#...Weight down 6.2% or 11.8# x 30 days. Weight down 15.4# or 7.9% x 90 days. Weight down 13.1% or 27# x 180 days. Reg/reg/thin diet. Intakes sporadic and avg 50%. Resident noted for recent diarrhea. Gatorade has been provided at times per nursing documentation. On 12/7/24 resident was admitted to the hospital r/t (related to) dehydration, resident noted to pull out two IVs (intravenous). Resident noted for confused behaviors...Continue to provide resident with Gatorade or otherelectrolyte drink when resident experiences diarrhea. RD to continue to monitor and make rec prn.</p> <p>The Nutrition/Dietary Note dated 1/6/25 at 3:35 PM revealed, RD WEIGHT NOTE: CBW:</p>			
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	<p>168#...Weight down 6.1% or 11# x 30 days. Weight down 11.9% or 22.8# x 90 days. Weight down 18.4% or 38# x 180 days. Reg/reg/thin diet. Intakes sporadic and avg 50%. Resident noted for recent diarrhea. Gatorade has been provided at times per nursing documentation. On 12/7/24 resident was admitted to the hospital r/t dehydration, resident noted to pull out two IVs. Resident noted for confused behaviors...Continue to provide resident with Gatorade or other electrolyte drink when resident experiences diarrhea. On 1/6/24 nursing notes resident continues to have diarrhea. Resident receives Health Shake TID (three times per day) r/t (related to) recent weight loss. RD to continue to monitor and f/u (follow up) prn.</p> <p>Observation in the dining room on 1/13/25 at 11:43 AM, Resident #12 stood up, and staff said resident was not going to stay, and couldn't make her stay. Staff told Resident #12 let's sit down and eat, and asked resident you're not going to eat lunch? Resident #12 observed leaving the dining room with her walker, and walked away from the dining room.</p> <p>Record review revealed as of 1/13/25, Resident #12's Physician Orders lacked an order for a supplement. Review of the resident's MAR/TAR printed from the facility's EHR system on 1/13/25</p>			
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	<p>did not include a supplement order, or charting of receipt. Review of the Physician Order dated 1/21/25 at 10:51 AM revealed, [Brand Name] Shake three times a day.</p> <p>During an interview on 1/14/25 at 8:57 AM, the Dietary Manager (DM) interviewed about Resident #12. The DM explained at the facility 9 years, and said when first got to facility resident would come up to every meal, would sit there, and never ate a whole lot. Per the DM, the resident liked desserts. The DM further explained lately it was so much work for them to get resident there, or if took tray to resident, to get resident to sit still.</p> <p>Per the DM, the intervention done was a health shake and even if the resident didn't come to the meal, the DM explained the resident did pretty good with those, and at first the resident would bring the shake out to the nursing station, set down, and say don't want it. The DM queried when the health shakes started, and responded they would have to see, probably about a month ago. Per the DM, the kitchen would give the shakes, they were called house supplements, and right now the facility had [brand name supplement] which gave resident a little more protein. Per the DM, supplements discussed 12/20/24, and when queried if they started then,</p>			
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	<p>the DM explained yeah, [DM] always started right away.</p> <p>When queried if facility did weight meetings, the DM explained the Dietician at the facility every two weeks, and went over any concerns had, tried to get interventions in place, and adjust from there. When queried if amount of shakes consumed was charted, the DM responded that would be on nursing charting, and DM acknowledged could not tell [State Agency] for sure what was going on there. The DM explained currently he wished would get the resident to calm down, sit still, and get the resident to eat a little more. The DM explained the resident was quick to take off from wherever she was at, she would get to the dining room, would feed the resident as soon as possible or the resident was gone as soon as possible. Per the DM, the resident would eat dessert, couple bites, drink, then left. The DM explained was sure resident was going to be an ongoing need to keep closer eye on. When queried if the resident could eat in their room, the DM explained resident always wanted to run off, and a little better if little supervision.</p> <p>During an interview on 1/14/25 at 1:24 PM, Staff D, Certified Nursing Assistant (CNA) explained Resident #12's eating was very sporadic, and</p>			
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	<p>definitely based off of mood, lack of sleep, factors like that. When queried about a supplement observed and whether resident had been drinking it, Staff D responded they thought so. Per Staff D, CNAs did chart meal intake, and when queried about supplement intake, Staff D explained the facility did a fluid intake, described as total fluids for the general time frame. When asked if could tell if resident drank the supplement versus, for example a different fluid, if could tell which one consumed, Staff D responded no.</p> <p>During an interview on 1/14/25 at 1:40 PM, Staff C, CNA explained the following about Resident #12 and eating: Per Staff C, tried to get resident to come down for meals every meal, and sometimes could be a fight, like a literal she (resident) is not happy kind of fight. Per Staff C, if the resident did not want to come to eat resident did not come to eat. Staff C explained would take a tray to resident and resident would eat in her room. When queried what had been done, Staff C explained at first talking to resident that want a full stomach, and learned to let the resident have her own space. Per Staff C, the resident was doing a lot better. When queried whether CNAs checked weights at the facility, Staff C responded weight was getting checked, for sure at least once a month which was all told to do so far.</p>			
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	<p>During an interview on 1/14/25 at 2:36 PM, Staff E, Licensed Practical Nurse (LPN) explained Resident #12's eating depended on the day, and if could get the resident to come out for meals the resident ate really well. Per Staff E, motivating the resident to come down to eat was the issue. When queried as to interventions, Staff E explained for awhile resident given health shakes.</p> <p>On 1/15/24 at 9:51 AM during an interview with the RD explained the following about Resident #12: The resident came in, lost quite a bit of weight, came in on a 2L (liter) fluid restriction, and one of the first things did was remove that. Per the RD the resident had dehydration, so didn't want restriction there. The RD described sporadic intakes for resident average 50%, and not sufficient amount calories for resident, and health shake started for resident. Per the RD, started health shake on 1/6/25, and it was started three times day because resident dropping pretty rapidly. The RD explained the resident was given [electrolyte drink] and had dehydration and diarrhea trying to resolve, at last visit talked to DM, and trying to include foods in brat diet. Per the DM, the resident started dropping weight in November, December really stated losing weight. When queried how often staff should be getting weights on the resident, the RD responded she believed resident was a monthly weight now, on</p>			
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	<p>admission was usually every week for four weeks, and explained may have to switch to increasing weights which may be next intervention as well. When queried about the policy for a reweight, the RD explained she was not sure if set in stone policy, and a lot of time RD came in and recommend reweights if saw them and thought weight was off.</p> <p>When queried if there should be an order for a shake if resident on nutritional shake, the RD responded yes. When queried who would put that in, the RD responded usually the DON. Per the RD, she had her own individual report, and on the RD's last report she put in a note hadn't updated orders in [electronic health record (EHR)]. The RD explained the DM had a spreadsheet of shakes kitchen provided. On interview, the RD confirmed thought it was correct that order was not in EHR, and explained she would have to send another email to make sure got that in there.</p> <p>The RD explained usually charting was that supplement was provided, did not have percentage drank usually, and some facilities did while others did not. The RD further explained the following about supplement intake: The RD could ask the Dietary Aides, the DM was usually pretty well informed of how resident drinking shake, or asked the DON. The RD would ask around if</p>			
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	<p>people remembered how much the resident drank.</p> <p>When queried about the resident's diet, the RD responded the resident on a regular diet since 8/1/24. When queried what the resident's weight loss was attributed to, the RD responded poor and sporadic intakes and diarrhea, and thought struggling to hold on weight in that regard. The RD explained the resident was admitted to the hospital on IV fluids at one point to help with that, which was why started on [electrolyte drink], health shake. The diarrhea continued, brat diet so could keep weight on, and explained if resident on toilet constantly hard to put on weight.</p> <p>When queried about interventions prior to the health shake, the RD responded [electrolyte drink] soon as diarrhea, and hospital on 12/7 to help with dehydration. When queried about the resident's diarrhea, RD explained facility had been trying to figure it out also, resident did not have diagnosis why diarrhea. The RD explained they were probably going to have to get the resident reviewed and sent to the hospital, as it had been going on too long.</p> <p>Observation on 1/27/25 at 12:18 PM revealed Resident #12 in their room in bed sleeping, with full plate of food. Two cartons of [Brand Name]</p>			
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Citation**

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	<p>supplement present with the resident's food, with one carton laying on its side. Some beverages observed to be full, and staff not in room with resident at time of observation.</p> <p>During an interview on 1/21/25 at 11:30 AM, the DON queried about Resident #12, and explained even from the beginning when resident came to facility had a problem with resident eating. Per the DON, the resident won't say in the dining room, and always headed back to her room. The DON explained the resident went through a phase, had a lot of behaviors, put self on he floor constantly, came up to the nursing station every two to three minutes, would send the resident back to her room, resident asked to cover her up, resident given a drink, and can't have more than fluid restriction. Then the resident caught COVID, took resident off fluid restriction, gave resident what should eat, and resident had [electrolyte drink] at nursing station.</p> <p>Per the DON, the resident was starting to eat a little better, still hit and miss with her (Resident #12). The DON explained the resident would drink the health shakes, and explained she saw the girls never got those entered in. When queried when they started, the DON didn't recall, said hadn't been that long, and said only been a couple of months. When queried about an order</p>			
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	<p>put in 1/21/25 for the shakes, the DON explained realized they hadn't been put in, and tried to explain to DM that he could put them in too, the DM didn't do it, and was left on DON. When queried if would be charted if drank the shake or not doing so, the DON explained if put into [EHR] like supposed to be, would put down how much drink of the shake. The DON explained trying to get the resident to come up for meals, would take it to her room and resident said not hungry, and got to eat something. Per the DON, once and a while resident came to main dining room, and didn't have the resident come up until her food was served right away. The DON explained if served right away, resident had tendency to eat some of it.</p> <p>Per the DON, the resident had diarrhea every once and awhile, and it was a tendency the resident had. Per the DON, when the resident first came in, the resident had no known allergies. Per the DON, the resident's [family member] then said the resident was allergic to eggs, the DON gave guidance to not give the resident eggs. The DON queried when resident not given eggs if diarrhea stopped, and the DON responded saw no complaints and didn't use loperamide (medication used for diarrhea). When queried if giving resident eggs again, DON responded yes, and</p>			
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	<p>resident still had some diarrhea occasionally, not like resident had been.</p> <p>The DON explained the following about Resident #12's weights: it was still monthly but facility was weighting resident more often, and they (staff) were not doing them like DON wanted them to. When queried as to when this started, the DON responded she could not remember. When queried how staff knew to do so, the DON responded if weekly would pop up dates, and supposed have in [EHR]/MAR. The DON explained whoever on the med cart would say needed weight on this person today. The DON explained there was a weekly weight sheet, and said it might have disappeared again.</p> <p>Review of Resident #12's Physician Orders printed on 1/13/25 revealed the resident had been ordered monthly weights as 12/17/24. A Physician Order for weekly weight as indicated one time a day every Tue (Tuesday) was entered into the resident's EHR on 1/21/25 by the DON.</p> <p>During an interview on 1/30/25 at 12:08 PM, Staff Q, Registered Nurse (RN) explained she worked at the facility maybe every other weekend, every two weekends. Per Staff Q, the last time she (Staff Q) worked (later clarified as 12/14) the resident had lost so much weight, and Staff Q</p>			
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	<p>was asking because before Staff Q left, was taking resident to the dining room to feed her. Per Staff Q, the resident used to eat in room, and the resident needed to be whether other people were. Staff Q explained the shift Staff Q picked up the resident had lost so much weight, and said no one had motivation to go in and feed her.</p> <p>The facility policy titled Weight Assessment and Intervention F 692, dated 9/2012 and last revised 10/2022, revealed the following: The interdisciplinary team will strive to prevent, monitor, and intervene for undesirable weight loss or gain for our residents...5. The threshold for significant unplanned and undesirable weight change will be based on the following criteria [where percentage of body weight loss = (usual weight-actual weight)/(usual weight) x100]: a. 1 month-5% weight change is significant; greater than 5% is severe. 3 months-7.5% weight change is significant; greater than 7.5% is severe. 6 months -10% weight change is significant; greater than 10% is severe.</p> <p>The Interventions section of the facility policy revealed, in part, Interventions for undesirable weight loss shall be based on careful consideration of the following: a. Resident choices and preferences; b. Nutrition and hydration needs of the resident; c. Functional</p>			
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58.19(2)a	<p>factors that may be inhibiting independent eating; d. Environmental factors that may inhibit appetite or desire to participate in meals; e. Chewing and swallowing abnormalities and the need for diet modifications; f. Modifications that may interfere with appetite, chewing, swallowing, or digestion; g. The use of supplementation and/or feeding tubes; and h. End of life decisions and advanced directives.</p> <p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment. a. Administration of all medications as ordered by the physician including oral, instillations, topical, injectable (to be injected by a registered nurse or licensed practical nurse only); (I, II)</p> <p>DESCRIPTION: Based on observation, clinical record review, facility policy review and staff interviews, the facility failed to ensure anti-seizure, anti-depressant/anti-anxiety medications available for administration as prescribed for 3 of 3 residents (Resident #4, Resident #31, and Resident #184)</p>	I	\$6000.00 Held in Suspension	Upon Receipt
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	<p>reviewed for medication errors. The facility reported a census of 35 residents.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment, dated 1/07/25, revealed Resident #184 admitted on 12/31/24. A Brief Interview for Mental Status (BIMS) score of 15 out of 15, indicated intact cognition. No behavioral symptoms recorded on MDS. The MDS listed diagnoses included: post-traumatic stress disorder, moderate intellectual disability, and insomnia. The MDS listed Resident #184 took medication in the following drug classes: antianxiety and antidepressant.</p> <p>The Care Plan, initiated 1/10/25, revealed Resident #184 utilized venlafaxine an antidepressant related to a diagnosis of depression with the goal to be free from discomfort of adverse reactions related to antidepressant therapy. Interventions included monitoring and documenting effectiveness of medication</p> <p>A review of Resident #184 January 2025 Medication Administration Record (MAR), revealed an order for Venlafaxine HCI ER Oral Capsule Extended Release 24 hour. Give 1 capsule by mouth one time a day for Anxiety</p>			
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	<p>Disorder, Unspecified. Start date 1/1/25, D/C (discontinue) Date 1/8/25. The MAR documented a "9" on 1/01/25, 1/02/25, 1/03/25, 1/04/25, 1/05/25, and 1/06/25. Per the Chart Codes on the MAR a 9 is used for Other/See Nurse Notes.</p> <p>A review of e-Mar- Medication Administration Notes revealed:</p> <ul style="list-style-type: none"> a. On 1/1/25 lack of a note to indicate the reason a 9 charted for the AM (morning) dose of venlafaxine. b. On 1/2/25 at 7:35 AM, a note documented Venlafaxine HCl ER Oral Capsule Extended Release Not on Hand. c. On 1/3/25 lack of a note to indicate the reason a 9 charted for the AM dose of venlafaxine. d. On 1/4/25 at 8:26 AM, a note documented Venlafaxine HCl ER Oral Capsule Extended Release Not on Hand. e. On 1/5/25 lack of a note to indicate the reason a 9 charted for the AM dose of venlafaxine. f. On 1/6/25 lack of a note to indicate the reason a 9 charted for the AM dose of venlafaxine. <p>A Health Status Note entered on 1/6/25 at 12:45 PM, revealed Resident with increased anxiety. Crying, saying she feels as if she can't breathe, and she thinks she might have pneumonia. On her phone with her daughter telling her [daughter]</p>			
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	<p>she doesn't know what's going on with her. Assessment completed on her. Lungs sounds clear ...[doctor name redacted] notified and gave one-time order for Lorazepam 0.5 mg ... #184 had increased anxiety, crying, and saying she felt as if she can't breathe, physician notified and one time order given for Lorazepam 0.5 mg (antianxiety medication).</p> <p>The January 2025 revealed an order for Venlafaxine HCl ER Oral Capsule Extended Release 24 Hour. Give 75 mg by mouth one time a day related to Anxiety Disorder, unspecified. Start Date 1/7/25. Documentation on the MAR revealed the medication started on the AM of 1/7/25 and continued as ordered through AM on 1/12/25.</p> <p>During an interview on 1/30/25 at 10:00 AM, a Pharmacy Technician from the consulting pharmacy stated the stated the pharmacy received a script for venlafaxine on 1/06/25 at 11:30 AM and sent 6 capsules the same day. The pharmacy delivered 30 capsules of venlafaxine on 1/12/25. Pharmacy Technician stated the pharmacy did not receive communication from facility about this medication until 1/06/25.</p> <p>During an interview on 1/29/25 at 3:49 PM, Staff K, Certified Nursing Assistant (CNA), stated staff</p>			
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	<p>knew Resident #184 was having anxiety symptoms when seen [her] rocking in recliner and would notify the nurse when episodes of anxiety had been observed.</p> <p>During an interview on 1/29/25 at 1:06 PM, Staff X, Certified Medication Assistant (CMA) stated that when a 9 was documented in MAR, this would indicate the medication had not been available or could not find the medication and the nurse on duty would need to be notified that the medication had not been given.</p> <p>During an interview on 1/30/25 at 3:30 PM, the Director of Nursing (DON) confirmed a code "9" on the MAR would inform staff to see a Nurse Note and would be selected if the medication was not available. DON claimed Resident #184 had been unable to get venlafaxine due to payment issues and was unaware original order for this medication lacked dosage. DON stated Resident #184 would rock pretty hard in chair when anxious and said this would happen pretty often when she first got to the facility.</p> <p>2. The MDS Assessment for Resident #4 dated 12/13/24 revealed the resident scored 11 out of 15 on a BIMS assessment, which indicated moderately impaired cognition.</p>			
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	<p>The Care Plan dated 5/25/23 revealed, [Resident #4] has a seizure disorder r/t (related to) Head injury. The Intervention dated 5/25/23 revealed, Give seizure medication as ordered by doctor. Monitor/document side effects and effectiveness.</p> <p>The Physician Order for Resident #4 dated 5/22/23 revealed, Nayzilam Nasal Solution 5 MG/0.1ML (Midazolam (Anticonvulsant)) 5 mg (milligram) Alternating nostrils as needed for as needed for seizures related to OTHER SEIZURES (G40.89) administer 1 bottle (0.1ml/5mg) into 1 nare (nostril), administer 2nd dose (0.1ml/5mg) in opposite nare 10 minutes after 1st dose is given if still seizing or if another seizure occurs. DO NOT give more than 10mg in 24 hours. Do not give more than 10mg q (every) 3 day.</p> <p>The eMar-Medication Administration Note dated 11/26/24 at 09:11 AM revealed, in part, At approximately 0852 (8:52 AM), this nurse walked back to the nurse's station from the dining room and witnessed this resident having a seizure. He was sitting in the lounge area, in his wheelchair. Resident's arms and legs were positioned at his sides (arms), and in front of him (legs); BILATERAL upper and lower extremities were rigid and jerking repeatedly. This nurse went to the med cart and retrieved one of the resident's</p>			
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	<p>Nayzilam 5mg single-use sprays from the narc box, and administered it into his left nasal passage. Resident's convulsions halted approximately 5 seconds after administration of the spray...Once the convulsions ended, resident was very lethargic. Resident was taken to his room and put in his bed by this nurse, and [Name Redacted], LPN (Licensed Practical Nurse) on shift with me today.</p> <p>The Health Status Note dated 11/26/24 at 3:24 PM revealed, At 1430 (2:30 PM) resident observed having seizure in common area. Assessed for safety and after convulsions ceased resident was assisted back to bed and bed left in low position. After a short while was notified that resident was on the floor in his room. Entered to find resident on floor and bleeding from laceration on right side of head. EMS (Emergency Medical Services) notified. While awaiting arrival resident was delusional and scooting self around room, was unable to obtain VS (vital signs) or assess d/t (due to) this.</p> <p>The Incident Report dated 11/26/24 at 3:45 PM revealed, in part, Resident has had seizure activity today, 2 witnessed, lasting approximately 1.5 minutes x1, and 2 minutes x1.</p>			
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	<p>Although review of Resident #4's Progress Notes revealed two episodes of seizure activity on 11/26/24, review of the resident's November 2024 Medication Administration Record (MAR) revealed one dose of Nayzilam given on 11/26/24 at 9:09 AM.</p> <p>Review of a Controlled Substances Proof of Use for Nayzilam for the resident revealed two doses received by the facility on 3/11/24, and administration of the medication on the morning of 11/26/24 brought the medication count to zero. However, review of an additional Controlled Medication Utilization Record for Resident #4 revealed 2 doses of Nayzilam were received by the facility on 7/25/24, with none signed off as administered to the resident.</p> <p>On 1/23/25 at approximately 4:08 PM and on 1/28/25 at 11:40 AM, Resident #4 observed in their wheelchair in the dining room.</p> <p>On 1/29/25 during an observation conducted with the facility's DON, a Nayzilam box observed in the medication cart. The DON described the effect of the medication as instantaneous.</p> <p>On 1/30/25 at 1:16 PM, Staff AA, Pharmacy Technician explained resident's Nayzilam had last</p>			
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	<p>been sent out on 7/25/24, the pharmacy filled it, and explained the package size was two.</p> <p>3. The MDS assessment dated 12/13/24 revealed Resident #31 scored a 12 out of 15 on the BIMS, which indicated moderately impaired cognition. The MDS list of diagnoses included: seizure disorder or epilepsy, intermittent explosive disorder, schizoaffective disorder. The MDS indicated the resident took antipsychotics, antidepressants, and anticonvulsants.</p> <p>The Care Plan revealed a focus area dated 12/25/24 for a seizure disorder. The interventions dated 12/25/24 revealed give seizure medication as ordered by doctor, and monitor/document side effects and effectiveness.</p> <p>A review of Physician Orders on 12/6/24 revealed Xcopri oral tablet 50 mg- give 1 tablet by mouth in the evening related to ...SYMPTOMATIC EPILEPSY AND EPILEPTIC SYNDROMES...; Xcopri oral tablet 100 mg- give 1 tablet by mouth in the evening; Xcopri oral tablet 200 mg- give 1 tablet by mouth in the evening; and Rufinamide oral tablet 400 mg- give 3.5 tablet by mouth two times a day related to ... SYMPTOMATIC EPILEPSY AND EPILEPTIC ...</p> <p>A review of the December 2024 MAR revealed rufinamide 400 mg tablet- 3.5 tablet by mouth two</p>			
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	<p>times a day- marked with a "9" on 12/21/24 morning and evening dose.</p> <p>A review of the January 2025 MAR revealed the following information:</p> <ul style="list-style-type: none"> a. Xcopri 200 mg give 1 tablet by mouth in the evening- marked with a "9" on 1/7/25, 1/8/25, 1/9/25, 1/10/25, 1/11/25, 1/12/25, 1/13/25. b. Xcopri 50 mg give 1 tablet by mouth in the evening- marked with a "9" on 1/7/25, 1/8/25, 1/9/25, 1/10/25, 1/11/25, 1/12/25, 1/13/25. c. Xcopri 100 mg give 1 tablet by mouth in the evening- marked with a "9" on 1/7/25, 1/8/25, 1/9/25, 1/10/25, 1/11/25, 1/12/25, 1/13/25. <p>Per the MAR Chart Codes, a "9" used to indicate Other/See Nurse's Notes.</p> <p>A eMar- Medication Administration Note dated 1/8/25 at 6:37 PM, revealed Xcopri Oral Tablet 100 MG- Give 1 tablet by mouth in the evening related to localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes with complex partial seizures, intractable, without status epilepticus- Waiting to receive from pharmacy</p> <p>During an interview on 1/14/25 at 3:30 PM, Staff A, Licensed Practical Nurse (LPN) she stated sometimes there is an issue getting medications</p>			
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	<p>from the pharmacy and if she had issues, she called the pharmacy. Staff A asked if the CMA let her know if they don't have a medication and she stated yes, Resident #31 xcopri, and she didn't believe it had come in yet. Staff A asked if she knew why the medication had not come from the pharmacy yet and she stated no, the facility spoke to them with the DON been the last one to contact them.</p> <p>During an interview on 1/15/25 at 9:00 AM, Staff DD, Registered Nurse (RN) queried about Resident #13 being out of any of his medications and she stated not that she noted or been reported to her. She stated the pharmacy sent some of his seizure medications but some didn't come in.</p> <p>During an interview on 1/15/25 at 2:35 PM, the DON queried if they had any issues with pharmacy sending Resident #31 xcopri and she stated the pharmacy sent what we had in the computer. The DON stated it was a high cost medication and she had to sign for the next 14 days. The DON informed the medication had not been administered since 1/7 and stated she knew the medication was here and she would go and look for the pills and no one said anything to her about Resident #31 medication not being sent from pharmacy. The DON asked if she had any</p>			
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Facility Administrator

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	<p>concerns with the resident not receiving his seizure medication and she stated yes, he could have a seizure. The DON stated the staff were not good at telling her when they don't have medication and she told them to let her know and she would contact the pharmacy and get it fixed immediately.</p> <p>During an interview on 1/15/25 at 3:37 PM, the DON spoke of the rufinamide not given and she stated it was refilled on 1/3 and they received it 2 days later. The DON informed the rufinamide not given on 12/21/24 and she stated maybe they ran out, but then she stated but it was given the next day and she didn't know what happened. The DON stated the xcopri refilled on 1/1/25 but didn't get refilled because the pharmacy stated it was discontinued, but the electronic health record doesn't show it discontinued. The DON stated the nurses called them [pharmacy] several times and they were told to tell me and she would call pharmacy. The DON stated the order put in on 12/6/24 and never changed. The DON confirmed Resident #31 would receive his medication tonight.</p> <p>During an interview on 1/28/25 at 12:48 PM, Staff L, RN queried on Resident #31 seizure medications and she stated she told day shift to call the pharmacy because when called pharmacy</p>			
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	<p>they told to call back in the morning because they didn't refill medication at night unless an emergent situation. Staff L stated they were told the medication was discontinued and we needed a copy of the order. Staff L stated Resident #31 had been out of his medication for a while and they told the DON.</p> <p>During an interview on 1/28/25 at 3:15 PM, the Pharmacy Technician stated the xcopri was a controlled medication and wondered if we [pharmacy] didn't have a script so the pharmacy didn't fill it. The Technician stated they had a script on 12/6 and sent 210 tablets with the resident taking 7 tablets a day, they would be out in 30 days. The Technician stated they [pharmacy] received a new script on 1/14 and they filled it. Staff AA stated they didn't have a script from 1/6/25 to 1/14/25 for the medication.</p> <p>During an interview on 1/28/25 at 3:26 PM, the Pharmacist queried if she could see if the facility sent refill requests for the xcopri and she stated she couldn't answer that because there were lots of ways to request. She stated she vaguely remembered talking to a nurse and they attempted to refill it but the medication was discontinued at that time and didn't see any requests until they filled it again. The Pharmacist stated when talking to the nurse she learned he</p>			
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	<p>went to the hospital and the computer system communicated discontinued messages whether controlled or not controlled medication and then when they come back the system will restart the medication unless they are a controlled medication and we would need a new script for them. She stated when they received the new script for the xcopri they sent it out the next day.</p> <p>During an interview on 1/29/25 at 11:07 AM, the DON asked what should have happened concerning Resident #31 xcopri and she stated the staff should have notified me on the first day he didn't have medications. She stated the medication was controlled and they still had a script for it, but said it was discontinued. The DON stated the staff were supposed to order the medications when they went into the blue section of the card so they didn't run out of the medication.</p> <p>A review of the facility policy, dated 10/1024 titled Pharmacy Services Overview revealed a Policy Statement which declared the facility shall accurately and safely provide or obtain pharmacy services, including provision of routine and emergency medications and biological's, and the services of a licensed Pharmacist.</p>			
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58.19(2)b,j	<p>A review of the facility policy, dated 10/1024, titled Administering Medications revealed a Policy statement which declared Medications shall be administered in a safe and timely manner, and as prescribed. Guidelines #2. The Director of Nursing Services shall supervise and direct all nursing personnel who administer medications and/or have related functions.</p> <p>56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.</p> <p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: 58.19(2) Medication and treatment. b. Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II)</p>	I	<p>\$28,500.00</p> <p>Trebled (\$9500 x3)</p> <p>Held in Suspension</p>	<p>Upon Receipt</p>
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	<p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III)</p> <p>DESCRIPTION:</p> <p>Based on observations, clinical record review, and staff interview, the facility failed to ensure timely, consistent, accurate assessments occurred for non-pressure skin wounds including redness to a resident's hand and a wound to a resident's abdomen, and recognition of a condition change for a resident who experienced falls and pain for 4 of 4 residents reviewed for assessment/intervention (Resident #5, Resident #11, Resident #12, Resident #183). This deficient practice resulted in a hospitalization, and the worsening of a fracture. The facility reported a census of 35 residents.</p> <p>Findings include:</p> <p>1. Review of the Minimum Data Set (MDS) assessment for Resident #5 dated 10/18/24 revealed the resident scored 4 out of 15 on a Brief Interview for Mental Status (BIMS) exam, which revealed severely impaired cognition.</p>			
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	<p>Review of the resident's Care Plan dated 8/25/17, revised on 6/4/19, revealed the following: I have the potential for skin breakdown r/t (related to) poor hygiene and fragile skin. Continued review of Interventions per the Care Plan revealed, in part, the following interventions:</p> <p>a. Avoid scratching and keep hands and body parts from excessive moisture. Keep fingernails short. Created Date 8/25/17.</p> <p>b. Monitor/document location, size and treatment of skin injury. Report abnormalities, failure to heal, s/sx (signs/symptoms) of infection, maceration etc. to MD (Medical Doctor). Created Date 8/25/17.</p> <p>c. Weekly full body skin assessment. Created Date 12/7/22.</p> <p>The Progress Note dated 1/8/25 at 9:26 PM revealed, Skin: Skin warm & dry, skin color WNL (within normal limits) and turgor is normal...Skin Issues: Skin Issue: #001: New skin Issue. Location: Right Lower Quadrant Midline. Laterality / Orientation: Middle. Additional location information: Chronic lesion where resident picks at wound Issue type: Open lesion. Wound acquired in-house. It is unknown how long the wound has been present...Length (cm) (centimeter): 0.5 Width (cm): 0.5 Depth (cm): 0 Undermining: No. Surrounding tissue: Normal in color. Periwound temperature: Normal. Skin issue</p>			
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	<p>education: Treatment of skin issue. Additional skin issue education documentation: Instructed resident to not pick at wound.</p> <p>The Bath/Skin Sheet dated 1/15/25 indicated the resident's abdominal folds were reddened.</p> <p>The Bath/Skin Sheet dated 1/19/25 revealed under the Reddened Areas section of the form the resident's abdominal folds were reddened. The word stomach had been written on the assessment and circled. The following comment had been written on the Bath/Skin Sheet: Green and red spot on stomach side rolls very red.</p> <p>On 1/22/25, review of the resident's N-Adv Skin Check history revealed the most recent assessment completed on 1/8/25.</p> <p>During an observation on 1/29/25 at 10:38 AM, Resident #5 in their room, and the resident's abdomen observed with Staff C, Certified Nursing Assistant (CNA). The resident had a wound open approximately smaller than a dime size to the resident's left lower abdomen, with surrounding redness present. Staff C queried if had known the wound present, and responded she did not, was not sure if the other ladies had noticed it, and acknowledged she had not.</p>			
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	<p>Review of a N Adv-Skin Check for Resident #5 dated 1/29/25 at 3:53 PM revealed right lower quadrant midline chronic lesion where resident picks at wound, described as in house acquired open lesion which measured 0.5 centimeter (cm) by 0.5cm by 0 cm.</p> <p>During an interview on 1/30/25 at approximately 5:00 PM, the Director of Nursing (DON) queried about whether familiar with Resident #5 picking, and responded right here, and indicated the abdomen. When queried if resident normally picked left or right, the DON indicated left. The DON acknowledged in the assessment tab was skin tab supposed to be done every week, and if problem with wounds needed to call the DON in to look at it. When queried if everyone should have a skin check in the [electronic health record (EHR)] weekly, DON explained they are behind.</p> <p>During an interview on 1/30/25 at 6:48 PM, the facility Administrator queried regarding skin assessments, explained last survey had issues, had explained had constantly been asking [DON] if getting done, and response given was yes.</p> <p>2. Review of the MDS assessment for Resident #12 dated 11/1/24 revealed the resident scored 9 out of 15 on a BIMS which indicated moderately</p>			
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	<p>impaired cognition. Per this assessment, the resident was always continent of urine.</p> <p>Review of Resident #12's Care Plan dated 9/6/24 revealed, [Resident #12] has FUNCTIONAL bladder incontinence r/t (related to) Dementia. Review of the intervention dated 9/6/24 revealed, Monitor/document for s/sx (signs/symptoms) UTI (urinary tract infection): pain, burning, blood tinged urine, cloudiness, no output, deepening of urine color, increased pulse, increased temp, Urinary frequency, foul smelling urine, fever, chills, altered mental status, change in behavior, change in eating patterns.</p> <p>The Behavior Note dated 11/24/24 at 7:47 AM revealed, The resident started to put herself on the floor as a behavior. Resident came out of her room into the hallway and sat down on the floor and proceeded to lay down in the hallway. Resident is also putting herself on the floor in her room and rolling around on the ground. all these behaviors have been witness from staff as she puts herself on the floor.</p> <p>The next Progress Note documented in Resident #12's EHR was dated 11/24/24 at 6:25 PM.</p> <p>The Health Status Note dated 11/24/24 at 6:25 PM documented by Staff L, Registered Nurse</p>			
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	<p>(RN) revealed, Resident put self on floor at 1803 (6:03 PM) and hit her head when she landed on butt and went to her right side. V/S (vital signs) 118/77, O2 (oxygen) 82 RA (room air), P (pulse) 133, R (respirations) 18, T (temp) 97.3. Resident assisted to sitting position and then standing with no injuries noted. Resident taken to room resident found on floor at 1810 (6:10 PM). Resident cool and clammy at this time. BG (blood glucose) was 170. Staff reports 15-20 incidents on day shift of resident sitting her self on floor. Call to [Dr. Name Redacted] and order to send t <sic> ER (Emergency Room) for eval.</p> <p>During an interview on 1/28/25 at 12:02 PM, Staff L explained they had gotten report resident had fallen or put self on the floor multiple times that day, and Staff L thought they said 15 times. Staff L explained resident sent to the ER that night she did believe, and thought did send her (resident). Staff L explained when the resident did so again when Staff L was there, Staff L thought oh my gosh, something else is going on with her (resident). When queried if Resident #12 hit her head on that incident Staff L acknowledged resident did, and further explained she was told (resident) hit her head multiple times that day. Staff L queried if anything had been going on with the resident's urine, and responded off the top of her head she could not remember.</p>			
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	<p>On 1/28/25 at 10:09 AM, incident/accident reports and any corresponding investigation for Resident #12 for the last six months requested via email from the facility's Administrator. On 1/28/25 at 4:40 PM, the facility Administrator responded via email the resident had two incident reports for the last six months, noted to to lack documentation for 11/24/24.</p> <p>Review of the ED (Emergency Department) Provider Notes dated 11/24/24 at 6:51 PM revealed, Chief Complaint Patient presents with fall. The History of Present Illness (HPI) section revealed, [Resident #12] is a [age redacted] yo (year old) female presenting from [Facility Name Redacted] with abdominal pain and multiple falls today. She presents with EMS (Emergency Medical Services) who give history. EMS reports the patient has Alzheimer's/dementia and she is unable to give history. EMS reports that patient was endorsing abdominal pain en route but has not had any vomiting. They report that his prior reported to them the patient had multiple falls today, potentially up to 10 different falls. They also reported that the patient seemed to be "throwing herself on on the floor." Patient is usually cooperative and follows commands however today she has not been listening to instructions.</p>			
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	<p>Review of the Physical Exam section revealed the resident had abdominal tenderness and back pain.</p> <p>Review of the ED Handoff Note dated 11/24/24 at 7:05 PM revealed, in part, [Resident #12] was sent from nursing home after having multiple abrupt "sit downs" where she sat down very hard onto her buttock. I spoke with [Name Redacted] from the nursing home and provider who witnessed 2 of these events stating she fell back and hit her head after sitting abruptly. No loss of consciousness. She is not redirectable, restless and has been like this all day although "it has not been documented".</p> <p>Review of the After Visit Summary from [Hospital Name Redacted] dated 11/24/24 revealed, we are culturing [Resident #12's] urine. She has a very apparent urinary tract infection and was given 2 g (gram) of ceftriazone here in the emergency department. Per the After Visit Summary, the resident had the following reasons for visit listed: fall, initial encounter, complicated UTI, and delirium.</p> <p>Review of Progress Notes for Resident #12 dated 11/24/24 lacked documentation of any urinary symptoms or pain on 11/24/24.</p>			
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	<p>The Urinalysis with Microscopy included in the hospital records with collection date 11/24/24 at 8:27 PM revealed the resident's urine was turbid, had trace ketones and blood, had 1+ protein, had 2+ nitrites, 500 leukocyte esterase, greater than 100 white blood cell, 6-10 red blood cell, many bacteria, and 1+ hyaline casts.</p> <p>The Infection Note dated 11/24/24 at 9:42 PM revealed, Call report from [Hospital Name Redacted] ER resident update given. Rocephin 2 for UTI...Resident has "bad UTI" Resident will return on oral ABT (antibiotics) per ER nurse.</p> <p>The Progress Note dated 11/24/24 at 11:00 PM for Date of Service 11/25/24 revealed, Patient had multiple falls this weekend. Was evaluated for back pain. Patient had multiple falls this weekend. Was evaluated at the hospital yesterday and diagnosed with UTI. Was prescribed cephalexin 500mg 4 times a day for 7 days. Patient is still experiencing significant painful urination.</p> <p>During an interview on 1/29/24 at 10:02 AM, Staff C queried if had ever been at facility when resident fell, and responded no, not accidentally. Per Staff C, the resident would put self on the floor sometimes, and would lay elegantly, described as slow motion. When queried if had</p>			
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	<p>ever seen resident put herself on the ground and hit their head, Staff C responded no. When queried if it was a pretty controlled movement, Staff C responded yeah, absolutely.</p> <p>During an interview on 1/30/24 at 12:08 PM, Staff Q, Registered Nurse (RN) explained she had been in shift where the resident would say help me, to room, then would throw self to ground. When queried if an incident report would be written up when resident did so, Staff Q responded she did not know, and if fall do risk management. Per Staff Q, did not think there would be incident report because everybody knew.</p> <p>During an interview on 1/30/25 at 4:34 PM, the Director of Nursing (DON) explained resident would tell everybody that going to put self on the floor, if put self on the floor and hit head should be treating it as a fall, and no one ever told her about that. The DON explained if fell and hit head needed to be incident, and should start neuros. When queried if any urinary complaints for resident were passed to the DON, the DON responded no, and per DON standard diagnosis from the hospital was UTI. The DON further explained the problem was never see the culture result back, and needed to see the culture. Regarding a change in clinical presentation, the</p>			
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	<p>DON explained she needed documentation number one of what the change was, and if significant enough DON needed to be called and let DON know. When queried if she was being called, the DON responded once in a while, and most of the time called with fall/no injury.</p> <p>3. The Minimum Data Set (MDS) assessment, dated 10/25/24, revealed Resident #183 had both short term memory and long term memory problem, as well as fluctuating symptoms of inattention, disorganized thinking, and altered level of consciousness. Diagnoses included diabetes mellitus, non-Alzheimer's dementia, anxiety disorder, depression, and schizophrenia (schizoaffective disorder). The MDS revealed Resident #183 had 2 or more falls without injury, 2 or more falls with injury (except for major), and 0 falls with major injury during this assessment period.</p> <p>The MDS, dated 12/30/24, revealed Resident #183 dependent on staff for transfers and unable to ambulate. The MDS indicated during this assessment period Resident #183 had 2 or more falls without injury, had 2 or more falls with injury (except for major), and had 1 fall with major injury. Major injury defined in MDS assessment as bone fractures, joint dislocations, closed head</p>			
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	<p>injuries with altered level of consciousness, or subdural hematoma.</p> <p>A review of Progress Notes in the electronic health record revealed:</p> <p>a. On 12/06/24 at 9:12 PM, Resident #183 had an unwitnessed fall in room without apparent injury or indicators of pain.</p> <p>b. On 12/07/24 at 7:36 AM,... Resident #183's right elbow described as swollen and warm/tender to touch. Resident experienced pain when straightening arm.</p> <p>c. On 12/08/24 at 8:51 AM, Resident #183 had an abrasion to the right eyebrow and limited range of motion (ROM) to right upper extremity with bruising and mild swelling to the lateral elbow.</p> <p>d. On 12/09/24 at 2:34 PM, Resident #183 stated she had pain in the right elbow, nurse noted swelling had gone down. At 5:25 PM Resident #183 had fall in room with verbal complaints of pain to right elbow. No documentation of pain medication offered or administered post fall.</p> <p>e. On 12/11/24 at 7:32 AM, Resident #183... had limited ROM of the right upper and lower extremities. Resident #183...moans and groans with passive ROM, unable to walk, and had pain with touch to right elbow. Physician was called at 7:43 PM and new orders received to obtain X-Ray of right elbow and right knee.</p>			
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Citation Number: 10748				
Facility Name: Aspire of Washington		Date: February 20, 2025		
Facility Address/City/State/Zip 601 East Polk Street Washington, IA 52353		Survey Dates: January 12, 2025 to January 30, 2025		KG
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

	<p>f. On 12/12/24 at 6:45 PM, portable X-Ray results revealed an acute moderately displaced avulsion fracture of the right elbow, physician was notified of results and ordered an Orthopedic consultation.</p> <p>g. On 12/13/24 at 8:35 AM, Resident #183 was sent to the Hospital via ambulance for Orthopedic Consultation at this time, and at 6:15 PM, call from the Hospital received to notify facility of mildly displaced fracture of the right trochanter (hip) found at the Hospital in addition to right elbow fracture.</p> <p>h. On 12/14/24 at 5:02 PM, Resident #183 sustained fall after standing from wheelchair in dining room, no injuries were observed at time of fall.</p> <p>i. On 12/16/24 at 2:44 AM, Resident #183 occasionally cried out in pain when awake, PRN pain medication given...unable to stand and walk without assist and placed back into recliner where comfortable.</p> <p>j. On 12/17/24 at 4:41 AM, Resident #183...increased pain and yelled out during transfers for cares. Staff utilized gait belt with assist of 3 to stand, pivot transfer, PRN pain medication given.</p> <p>k. On 12/20/24 at 10:19 PM, Resident #183 still moans and groans with position change and transfer, unwilling to bear weight to bilateral lower extremities.</p>			
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	<p>I. On 12/21/24 at 9:15 AM, Resident #183 had facial grimacing with position changes, rested for long intervals with eyes closed, and did not eat morning meal.</p> <p>m. On 12/25/24 at 8:18 PM, Resident #183 with diagnosis of fracture right elbow and fracture right hip, had pain with movement. PRN Tramadol and Tylenol given for pain.</p> <p>A review of hospital records from Resident #183's 12/30/24 admission included a History and Physical (H&P). The H&P revealed...[Name redacted]...suffered a ground-level fall at her care facility on the evening of 12/12/24. She presented to the emergency room where x-rays of the right elbow and right hip were obtained as well as CT (computed tomography scan, a non-invasive image) A Hospital Note, dated 12/30/24 indicated Resident #183 seen in Orthopedic Clinic for follow up appointment 2.5 weeks after injury and noted that resident continued to struggle with fairly severe pain in both right hip and right elbow. Resident #183 unable to bear weight of right lower extremity due to severity of pain and is standing with assistance of 2 staff members. Hospital Note indicated that Resident #183 presented to clinic with complications stemming from original injuries, including a wound over olecranon (elbow) which probed deep to bone and progression of greater trochanteric (hip)</p>			
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	<p>fracture to an intertrochanteric femur fracture. Hospital Note revealed that facility reported resident had been observed hitting elbow on nearby objects during emotional outbursts, otherwise Resident #183 had no falls or trauma to hip or elbow since seen couple weeks ago, and right elbow splint not removed until today. Hospital Note indicated that information from facility raised concern that these complications were secondary to dementia related agitation and possibly unwitnessed falls at the facility. Resident #183 admitted to Hospital from Orthopedic Clinic, in anticipation for surgical intervention for the right elbow and right hip.</p> <p>During an interview on 1/14/25 at 1:00 PM, Certified Medication Assistant (CMA), Staff J, reported that Resident #183 would cry and report pain after fractures found in December. Staff J reported Resident #183 would tell you she was in pain and received PRN Tramadol and Tylenol for pain.</p> <p>During an interview on 1/14/25 at 1:23 PM, Certified Nursing Assistant (CNA), Staff D, reported that following fractures, Resident #183 could not stand and required 2-3 staff assistance to transfer and stated this being a big change for resident used to walk down the hallway to not being able to stand. Staff D recalled that Resident</p>			
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	<p>#183 would cry and stated you could tell she had pain and when her pain medications were wearing off. Staff D stated Resident #183 also showed signs of restlessness and anxiety when she was in pain. Staff D informed that she would notify the nurse when signs of pain had been observed.</p> <p>During an interview on 1/14/25 at 1:40 PM, Staff C, CNA, stated she was tasked with transporting and accompanying Resident #183 to the Orthopedic Clinic follow up appointment on 12/30/24. Staff C stated she was informed by Clinic that Resident #183 would be admitted to the Hospital and required surgery, Staff C informed that she notified the Director of Nursing via phone and returned to the facility.</p> <p>During an interview on 1/15/25 at 9:08 AM, Staff DD, Registered Nurse (RN), recalled during a fall follow up assessment, it was noted Resident #183 had limited ROM of right arm and would moan and groan. Resident #183 had bruise around right elbow and Staff DD attempted to use ice to area. Staff DD stated she reported this to the oncoming nurse. She stated when she returned 1 or 2 days later she had learned in report of an additional fall. She stated she noted hand had been more swollen with limited ROM and stated the physician had been notified on a</p>			
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	<p>Sunday with order received for X-Ray of right elbow.</p> <p>During an interview on 1/22/25 at 2:00 PM, Director of Nursing (DON) stated that no discharge orders of follow up care instructions had been received from the Hospital Emergency Department (ED) on 12/13/24 following fractures noted to right elbow and right hip. DON stated that the hospital didn't say anything, so she had staff put resident in wheelchair and pivot transfer resident on the good foot. DON stated Resident #183 was having pain and receiving PRN Tramadol, DON confirmed this order had been initiated prior to current injury on 6/27/24. When asked about Resident #183 pain management regimen, DON informed that staff were to keep pain controlled, and provide PRN medication around the clock for resident. DON stated pain medication had been effective because Resident #183 would fall asleep and not cry, noted that if resident had been crying she was hurting. DON revealed the expectation of nurses to call physician if resident pain was rated at 10/10 (severe).</p> <p>During an interview on 1/27/25 at 12:18 PM, a Physician's Assistant (PA-C) from Hospital Orthopedic Clinic, stated discharge instructions for right elbow fracture included non-weight</p>			
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	<p>bearing status and Resident #183 sent with slab splint and sling which would stay in place until 1st follow up appointment 12/30/24, and instruction for right hip to weight bear as tolerated and avoid abduction (away from body) movement of hip. PA-C revealed expectation for facility to call Orthopedic Provider if Resident #183 were to have a fall or additional trauma that may cause worsening of injuries and to to call if Resident #183 experienced new, worsening, or unresolved pain.</p> <p>During an interview on 1/30/25 at 2:30 PM, DON again confirmed that no discharge instructions or paperwork had been received from Hospital on 12/13/24 following identification of both right elbow and right hip fracture. DON stated that facility should call hospital if there's no discharge paperwork and that information should then be faxed or emailed to the DON. The DON denied having called hospital for discharge instructions or care orders of right elbow or right hip fractures. DON stated if Resident #183 fell when she had fractures identified, she would expect staff to start assessments and to call Orthopedics to see if resident would need to be seen sooner. DON confirmed documentation lacked notification to Orthopedics for fall on 12/14/24 or for increased pain documented in Progress Notes and Medication Administration Record.</p>			
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	<p>4. The Minimum Data Set (MDS) dated 11/08/24, revealed a Brief Interview for Mental Status (BIMS) score of 13 out of 15, indicating intact cognition. Resident #11 utilized a walker for mobility, able to transfer and ambulate in facility independently. Diagnoses included: anemia, hypertension, viral hepatitis, Schizophrenia, Chronic Obstructive Pulmonary Disease (COPD), osteoarthritis of knee, and history of falling. The MDS revealed Resident #11 had 2 or more falls without injury during assessment period.</p> <p>The Care Plan, revised on 1/27/25, identified Resident #11 at moderate risk for falls related to deconditioning and COPD. Care Plan revealed Resident #11 is independent with transfers, toileting, dressing, and personal hygiene and instructed staff to monitor/document/report as needed any changes, any potential for improvement, reasons for self-care deficit, expected course, and declines in function.</p> <p>Review of facility provided incident reports revealed Resident #11 had 12 falls between 1/01/25-1/23/25, with 9 of the falls unwitnessed, and no injuries related to falls documented on incident reports. Dates of unwitnessed falls included: 1/03/25 at 7:25 AM, 1/03/25 at 8:00 PM, 1/06/25 at 8:38 PM, 1/08/25 at 8:15 AM, 1/10/25</p>			
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	<p>at 6:10 PM, 1/12/25 at 9:00 AM, 1/13/25 at 12:25 AM, 1/15/25 at 6:00 PM, and 1/22/25 at 9:07 AM.</p> <p>Review of facility provided document, titled Neurological Flow Sheet revealed neurological assessments had been initiated on the following dates/times: 1/04/25 at 11:00 AM, 1/06/25 at 12:20 PM, 1/12/25 at 6:30 PM, and 1/22/25 at 8:30 AM</p> <p>During an observation on 1/11/25 at 11:45 AM, Resident #11 sat in a recliner in her room wearing nightgown and supplemental oxygen set between 2-3 liters, via nasal cannula, resident alert and oriented when approached and reported that oxygen was new for her. Resident #11 denied concerns.</p> <p>During an observation on 1/12/25 at 12:00 PM, Resident #11 sat in a recliner with meal tray on a overbed table, and eating. Oxygen in place at 2 liters via nasal cannula.</p> <p>Review of Resident #11's Progress Notes revealed the following documentation: On 1/03/25, Resident #11 had 3 falls on this day, new order received to check urinalysis. On 1/05/25, Resident #11 received order to start antibiotic (Macrobid) for Urinary Tract Infection</p>			
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	<p>(UTI), resident also started on supplemental oxygen at 2 liters via nasal cannula as needed. On 1/08/25 at 9:38 PM, Note revealed that neurological assessments do not need to be restarted at this time per Director of Nursing (DON).</p> <p>On 1/14/25, Resident #11 had witnessed fall, reported dizziness when bending forward, blood pressure noted to be 93/52.</p> <p>On 1/15/25, Resident #11 had unwitnessed fall, reported hitting her head, blood pressure noted to be 138/100 and pulse 110 beats per minute.</p> <p>On 1/23/25, Progress Note revealed multiple falls had been reported by previous shift, indicated approximately 4 falls, review of notes lacked any additional information related to multiple falls occurring on 1/22/25.</p> <p>On 1/23/25 at 12:50 PM, Resident #11 had an unwitnessed fall with blood pressure noted to be 94/71 and at 4:00 PM facility received therapy recommendations for Resident #11 to transfer with assistance of one staff using walker and gait belt at all times.</p> <p>On 1/23/25, Primary Care Provider (PCP) visit note, identified that Resident #11 continued to have falls, no new orders.</p> <p>On 1/24/25 at 9:39 PM, Note informed that Resident #11 is non-compliant with calling for help which leads to multiple falls. Indicated resident already on fall initiated neurological</p>			
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	<p>checks and resident falls in between checks due to non-compliance. Note revealed instruction from DON to not start neurological starts over.</p> <p>On 1/26/25 at 2:52 AM, Resident #11 noted to have brown urine with red slimy discharge, strong smell, history of multiple falls in past few days. Physician notified and new order received to check urinalysis, then at 9:05 AM, new order received to start antibiotic (Bactrim) for UTI.</p> <p>On 1/27/25, urinalysis preliminary results received and showed urine positive for blood, protein, and had greater than 100,000 White Blood Cell (WBC) Colony-Forming Units (CFU) per milliliter of urine, Resident #11 remained afebrile.</p> <p>On 1/27/25 at 9:08 AM, Resident #11 had witnessed fall out of wheelchair in common area near nurses station and at 1:20 PM, Resident sent to Emergency Department via ambulance to be evaluated for blood pressure 92/68, weakness, not being able to hold silverware or feed self, and requiring assist of 2 with gait belt to wheelchair when normally assist of one with gait belt and walker.</p> <p>On 1/27/25 at 12:21 PM, Resident #11 observed in common area by nursing station sat in wheelchair and reaching towards her oxygen concentrator, heard another resident tell Resident #11 she was going to fall out. Resident #11 explained she was trying to move her oxygen</p>			
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	<p>concentrator, Staff I, Certified Nursing Assistant (CNA) approached, bringing Resident #11 a sensory ball. At 12:23 PM observed sensory ball on the ground between resident's feet on the floor, staff member picked it up and handed to her, and at 12:24 PM ball again on the floor, Resident #11 reaching to left side, grabbed onto the oxygen tubing and pulled on the tubing, held taught in her hand. At 12:27 PM Resident #11 observed leaning forward attempting to pick ball up from floor again.</p> <p>Hospital Note, dated 1/27/25, revealed Resident #11 presented to Emergency Department (ED) via ambulance after a change in mental status, hypotension, and general weakness. Note informed that resident had started on the antibiotic Bactrim for UTI on 1/26/25 and had urine culture 3 weeks ago which grew E. Coli bacteria that was resistant to Bactrim. Hospital note revealed Resident #11 had Acute Kidney Injury (AKI) with creatinine level (used to monitor kidney function) 2 times her base line, in a setting of likely cystitis (bladder infection). Resident #11 admitted to hospital observation level of care for antibiotics for acute cystitis and monitoring of AKI. Resident #11 given intravenous (IV) antibiotic Ceftriaxone and IV fluids with improvement in blood pressures, and urine culture pending.</p>			
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	<p>Hospital Note, dated 1/28/25, revealed Resident #11 had result for positive blood culture of E. Coli and Enterobacterales bacteria. Resident #11 switched from observation to inpatient hospital admission, and bacteremia (bacteria present in blood stream) added to hospital diagnoses/problems list.</p> <p>On 1/28/25 at 12:04 PM, Staff L, Registered Nurse (RN), reported Resident #11 recently had gotten a lot weaker, unable to stand as well and knees would drop down. Staff L recalled that recently staff had to transfer resident as a 2 person assist with gait belt, when previously had been independent to transfer/walk. Staff L stated Resident #11 had been falling a lot lately, with a lot of unwitnessed fall and said when she comes in to work there's no notes on her falls that are verbally passed along in shift report. Staff L stated she received instruction from the Director of Nursing (DON) to not restart neurological assessment, instead continue where you were due to having multiple falls in a day. Staff L stated that on 1/26/25 she requested CNA staff to report appearance of Resident #11's urine because she was falling and had UTI in the past when increased falling occurred. Staff L confirmed urine appeared thick and brown with strong odor and reported to physician with order for to check urinalysis.</p>			
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	<p>On 1/29/25 at 9:24 AM, Staff D, Certified Nursing Assistant (CNA), stated Resident #11 had been falling frequently, almost everyday, multiple times a day for at least the past 2 weeks. Staff D stated Resident #11 had more weakness recently and now required a 2 person assist to transfer. Staff D reported Resident #11 would try to get up but couldn't which had been a big adjustment for resident to need staff to help her when previously was independent. Staff D recalled that a day or two before being hospitalized, on 1/27/25, Resident #11 had a change in cognition, when she was normally very with it, was observed grabbing for things that were not present in the air, Staff D stated reporting this information to the nurse.</p> <p>On 1/29/25 at 9:52 AM, Staff C, CNA, reported Resident #11 required assist of 2 for the past week, including use of full body lift. Staff C recalled Resident #11 had been assist of 1 for brief time before current transfer status and previously had been able to transfer and ambulate independently in facility with walker. Staff C recalled fall interventions for Resident #11 included checking on her more frequently and more recently bringing out to nurses station. Staff C stated that Resident #11 may use call light</p>			
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	<p>more during the past week as she had been less independent.</p> <p>On 1/29/25 at 1:41 PM, Staff R, Licensed Practical Nurse (LPN), stated neurologic checks should be initiated for each of Resident #11's falls because the falls are not witnessed. Staff R stated fall notification had only included letting the DON know about a fall, because DON informed LPN that physician notification was done by DON. Staff R stated that Resident #11 having multiple falls in a day would be change in condition and physician would need to be called to see if he wanted to get a urinalysis. Staff R confirmed working on 1/22/25 when Resident #11 had multiple (approximately 4 falls during shift) and denied calling physician to notify of falls on this date.</p> <p>On 1/30/25 at 2:30 PM, Director of Nursing (DON) confirmed that Resident #11 had history of UTI's and explained that she typically presented with increased falls when she had a UTI. DON stated she was unaware of Resident #11 requiring assistance of 2 staff to transfer until 1/27/25 at 12:30 PM, just before resident was sent out to the hospital. DON revealed the expectation of nurses to notify the physician, responsible party, and DON, if a resident falls multiple times in a day and informed that the protocol for unwitnessed falls</p>			
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58.20(2)	<p>included treating the fall like resident hit their head, by starting neurological exam. DON denied having called the physician on 1/22/25 for multiple falls noted on that day, and did not know if charge nurse on duty had notified resident's physician. DON confirmed that she has informed staff not to restart neurological assessment checks for falls that occur between neurological checks, if resident doesn't hit head, because they would never finish doing vitals on Resident #11. DON reported that staff would know if Resident #11 hit head in an unwitnessed fall due to location of fall and resident position.</p> <p>481—58.20(135C) Duties of health service supervisor. Every nursing facility shall have a health service supervisor who shall:</p> <p>58.20(2) Plan for and direct the nursing care, services, treatments, procedures, and other services in order that each resident's needs and choices, where practicable, are met; (II, III)</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, facility policy review and staff interviews the facility failed to provide effective pain management for a resident who suffered a fall on 12/06/24, which resulted in limited range of motion (ROM) and</p>	II	\$500.00 Held in Suspension	Upon Receipt
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	<p>bruising/swelling to the right upper extremity (RUE) on 12/07/24. Documentation from 12/07/24 to 12/11/24, revealed Resident #183 experienced severe pain when touching the right elbow, straightening the right elbow, moaning/groaning with ROM, and acting afraid to walk. The facility failed to conduct follow up pain assessments to determine whether or not effective pain management achieved by the administration of as needed (PRN) Tylenol and/or Tramadol. The facility failed to notify the physician of the pain symptoms prior to 12/11/24. An x-ray on 12/12/24 revealed an acute moderately displaced avulsion fracture of the right elbow and a fracture of the right trochanter (hip fracture) found by the hospital on 12/13/24. The facility failed to obtain treatment orders upon return from the hospital. Resident #183 returned to the facility and rated pain a 10/10 (severe), crying out in pain, with increased pain during transfers with no indication that alternative pharmacological or non-pharmacological interventions attempted nor documentation of effective pain management being achieved from 12/13/24-12/30/24. The facility reported a census of 35 residents.</p> <p>Findings include:</p> <p>The Minimum Data Set (MDS) assessment, dated 10/25/24, revealed Resident #183 had both short</p>			
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**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

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Facility Address/City/State/Zip 601 East Polk Street Washington, IA 52353		KG		
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date

	<p>term memory and long term memory problems, as well as fluctuating symptoms of inattention, disorganized thinking, and altered level of consciousness. Diagnoses included diabetes mellitus, non-Alzheimer's dementia, anxiety disorder, depression, and schizophrenia (schizoaffective disorder). The MDS revealed Resident #183 required staff supervision for transfers and ambulation. The MDS indicated pain medications were given only on an as needed (PRN) basis, no scheduled or non-medication interventions were being used for pain. Pain assessment interview with Resident #183 not completed due to resident being rarely or never understood.</p> <p>The MDS, dated 12/30/24, revealed Resident #183 dependent on staff for transfers and unable to ambulate. The MDS indicated pain medications were given on an as needed (PRN) basis, no scheduled or non-medication interventions were being used for pain. A pain assessment interview completed with staff revealed observations of pain indicators, including non-verbal sounds, verbal complaints of pain, and facial expressions which were observed for 3-4 days of the 5 day look back period.</p> <p>The Care Plan, initiated on 11/16/18, included a Focus area to address I am at risk for Falls r/t</p>			
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	<p>(related to) poor impulse control, dx of schiizoffective disorder, restlessness, dx (diagnosis) dementia, behavior disorders, anxiety, insomnia, incontinent status; I have hx (history) of frequent falls. The list of falls (total of 20 falls from 2/21/24 to 12/14/24) included: 12/6/24 Fall, no injury; 12/9/24 fall, Skin split forehead; and 12/14/24 Fall, no injury.</p> <p>The Care Plan, initiated on 11/16/18 and revised on 10/22/24, included a Focus area to address I am at increased risk of pain r/t arthritis, frequent falls. Interventions included:</p> <p>a. Evaluate the effective of pain interventions. Review for compliance, alleviating of symptoms, dosing schedules and resident satisfaction with results, impact on functional ability and impact on cognition. Initiated on 11/27/28, revised on 6/10/21.</p> <p>b. Monitor/document probable cause of each pain episode. Remove and limit causes where possible. Initiated on 11/27/18.</p> <p>c. Monitor/record/report to Nurse any s/sx (sign/symptom) of non-verbal pain: Changes in breathing...Vocalizations (grunting, moans, yelling out, silence); Mood/behavior...Eyes...Face (sad, crying, worried, scared clenched teeth); Body... Initiated on 11/27/18 and revised 11/07/24.</p>			
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	<p>d. Monitor/record/report to Nurse resident complaints of pain or requests for pain treatment. Initiated on 11/27/18.</p> <p>e. Notify physician if interventions are unsuccessful or if current complaint is a significant change from resident's past experience of pain. Initiated on 11/27/18.</p> <p>f. Observe and report change in usual routine, sleep patterns, decrease in functional abilities, decreased ROM (range of motion), withdrawal, or resistance to care. Initiated on 11/27/18.</p> <p>g. Observe for pain every shift and PRN. Initiated on 11/26/22.</p> <p>h. Offer pain medication when she says she hurts. Initiated on 6/17/24.</p> <p>i. Report to Nurse any change in usual activity attendance patterns or refusal to attend activities related to s/sx of c/o (complaint of) pain or discomfort. Initiated on 11/27/18.</p> <p>The Care Plan, initiated on 7/26/24 and revised on 11/7/24, included a Focus area to Acute Pain/Chronic Pain. Interventions included, in part:</p> <p>a. Establish a pain management treatment plan. Initiated on 11/07/24.</p> <p>b. Medicate with PRN medications if non-medication interventions are ineffective. Initiated on 9/23/24 and revised on 11/07/24.</p>			
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	<p>c. Utilize non-medication interventions for pain relief. Initiated 9/23/24 and revised on 11/07/24.</p> <p>A review of the Medication Administration Record (MAR) for December 2024, revealed the following medications Resident #183 had ordered for pain relief:</p> <p>a. Acetaminophen (Tylenol) 325 milligrams (mg), Give 2 tablets by mouth every 4 hours as needed for general discomfort. Start Date 2/28/23.</p> <p>b. Tramadol HCL Oral Tablet 50 mg (Tramadol HCL). Give 1 tablet every 8 hours as needed for pain. Start date 6/27/24.</p> <p>A review of the Treatment Administration Record (TAR) for December 2024, revealed the following orders:</p> <p>a. Are you free of pain? If no, indicate response of pain level 1-10 with little to no pain as 1 and worst as 10 (If new or change in pain, complete [pain evaluation]) every shift. Start Date 9/26/22.</p> <p>b. BEHAVIOR(S) - Monitor for: RESTLESSNESS (AGITATION), Removing clothes in inappropriate places,exit seeking, AGGRESSION, REFUSING CARE. Document: 'N' if monitored and none of the above observed. 'Y' if monitored and any of the above were observed, select chart code 'Other/ See Nurses Notes' and document specific behavior(s) every shift for Behavior Monitoring</p>			
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	<p>Document each behavior observed and number of occurrences. Start Date 10/01/2024</p> <p>Between the dates of 12/1/24 to 12/7/24 "Are you free of pain?" asked of resident twice daily. A 0 (zero) documented 13 out of 14 of opportunities with 1 (one) NA documented for the day on 12/3/24. The TAR Chart Codes did not include an explanation of NA.</p> <p>Review of Resident #183's electronic health record Progress Notes and the December MAR from 12/7/24 to 12/13/24 revealed the following:</p> <ol style="list-style-type: none"> 1. On 12/07/24: <ol style="list-style-type: none"> a. The December 2024 MAR documented Tramadol 50 mg administered at 7:36 AM for a pain of 5/10, with an E documented. The MAR Chart Code indicated an E = Effective. A eMar-Medication Administration Note at 8:38 PM indicated follow up pain 0/10. b. A Health Status Note at 8:09 PM revealed Resident's right elbow swollen and warm to touch. Can straighten out right arm but does state it hurts...Right arm placed on small pillow to elevate her arm. Ice pack attempted but resident will not leave it on. c. The December 2024 MAR Acetaminophen 325 mg not documented as administered to the resident on 12/7/24. 			
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	<p>d. The December TAR documented responses to Are you free of Pain? documented for day pain level of 0 (zero), and night pain level of 0 (zero).</p> <p>e. The December TAR documented number of NA, and NO for Behavior Observed for day, and NA, and NO for Behavior Observed for night. The TAR Chart Code did not indicate a code for NA.</p> <p>2. On 12/8/24:</p> <p>a. The December 2024 MAR documented Tramadol 50 mg administered at 8:08 AM for a pain of 8/10, with an E documented. An eMar-Administration Note at 10:51 AM indicated follow up pain 4/10. And at 8:06 PM for a pain of 4/10 with an E documented. A eMar-Administration Note at 9:30 PM indicated follow up pain 0/10. No further doses of Tramadol documented.</p> <p>b. The December 2024 MAR documented Acetaminophen 325 mg administered at 6:41 PM for pain of 4/10, with an E documented. An eMar-Administration Note at 9:31 PM indicated follow up pain 0/10. No further doses of Acetaminophen documented.</p> <p>c. A Health Status Note at 8:51 PM revealed noted abrasion to right supraorbital area and above right eyebrow. Bruised area to right periorbital area healing appropriately. Slightly limited ROM (range of motion) to right upper extremity as result of bruised mildly swollen area to lateral elbow. Ice applied and pain med given.</p>			
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	<p>d. The December TAR documented responses to Are you free of Pain? documented for day pain level of 5 (five), and night pain level of 0 (zero).</p> <p>e. The December TAR documented number of NA, and NO for Behavior Observed for day, and NA, and NO for Behavior Observed for night.</p> <p>3. On 12/09/24:</p> <p>a. The December 2024 MAR indicated Tramadol 50 mg not administered on 12/9/24.</p> <p>b. The December 2024 MAR indicated Acetaminophen 325 mg not administered on 12/9/24.</p> <p>c. A Health Status Note at 2:34 PM revealed...States pain in right elbow. Swelling had gone down. Vitals within normal limits with BP (blood pressure) being a little high at 153/96.</p> <p>d. A N Adv Vitals and Pain Only note entered at 5:45 PM revealed...BP 165/85...Pain: Pain assessment interview should not be conducted, Resident is rarely/never understood. Indicators of pain: Facial expressions Indicators of pain: Vocal complaints of pain. Pain issue: #001: New. Location: Right elbow. Pain score: ? (Non-verbal sound or facial expressions of pain). Completed Clinical Suggestions: [no text present].</p> <p>e. A N Avd-Post Fall Evaluation at 5:47 PM revealed Date/Time of Fall: 12/9/24 at 5:25 PM Fall was witnessed. Who witnessed fall: staff Fall occurred in the Resident's room...Did an injury</p>			
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	<p>occur as a result of the fall: Yes. Did fall result in ER (emergency room)/Hospitalization: No....Pain: Indicators of pain: Vocal complaints of pain. Indicators of pain: Facial Expressions. Pain issue: #001: New. Location: Right elbow. Pain score: ? (Non-verbal sound or facial expressions of pain). f. The December TAR documented responses to Are you free of Pain? documented for day pain level of 0 (zero), and night pain level of 0 (zero). g. The December TAR documented number of 1 (number), and YES for Behavior Observed for day, and NA, and 0 (zero) for Behavior Observed for night.</p> <p>4. On 12/10/24:</p> <p>a. A Health Status Note entered at 1:59 AM revealed...Resident acting like she is afraid to walk from fall. Resident has no c/o pain or discomfort. No s/s (signs/symptoms) of pain.</p> <p>b. The December 2024 MAR documented Tramadol 50 mg administered at 7:06 AM for a pain level of 7, with an E documented.</p> <p>c. The December 2024 MAR documented Acetaminophen 325 mg administered at 7:07 AM for a pain of 7, with an E documented, and administered at 1:07 PM for a pain level of 5, with an E documented.</p> <p>d. The December TAR documented responses to Are you free of Pain? documented for day pain level of 2 (two), and night pain level of 2 (two).</p>			
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	<p>e. The December TAR documented number of NA and NO for Behavior Observed for day, and 1 (one) number documented and YES for Behavior Observed for night.</p> <p>5. On 12/11/24:</p> <p>a. The December 2024 MAR indicated Tramadol 50 mg not administered on 12/11/24.</p> <p>b. The December 2024 MAR documented Acetaminophen 325 mg administered at 7:21 AM for pain level of 4, with an E documented. An eMar-Administration Note at 9:22 AM indicated follow-up pain scale was: 0 (zero). Acetaminophen documented as given at and at 7:19 PM for pain level of 4, with an E documented. An eMar-Adminsitration Note at 9:23 PM indicated follow-up pain scale was: 0 (zero).</p> <p>c. The December TAR documented responses to Are you free of Pain? documented for day pain level of 0 (zero), and night pain level of 0 (zero).</p> <p>d. The December TAR documented number of no and NO for Behavior Observed for day, and 0 (zero) number documented and NO for Behavior Observed for night.</p> <p>e. A Health Status Note entered at 7:43 PM revealed Resident #183 reported to have lastly been known wet at 4AM this morning. She has been sleeping for most part of the day, drinking with meal. No distention/discomfort noted on</p>			
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	<p>palpation. Limited ROM on right upper and lower extremities with noted resolving bruises and swollen are to right upper extremity. Resident groans and moans with passive ROM, unable to walk, will just pivot to w/c (wheelchair). When ask what is wrong, she states "it hurts" when asked where she touches her right elbow and right knee.</p> <p>6. On 12/12/24:</p> <p>a. The December 2024 MAR documented Acetaminophen 325 mg administered at 9:13 AM for pain level of 3, with an E documented. An eMar- Administration Note at 11:43 AM indicated follow- pain scale was: 2.</p> <p>b. The December 2024 MAR documented Tramadol 50 mg administered at 10:24 AM for pain level of 5, with an E documented. An eMar- Administration Note at 11:42 AM indicated follow- pain scale was: 2.</p> <p>c. A Health Status Note entered at 6:45 PM revealed Received call from [provider name redacted] xray and resident has a acute moderately displaced avulsion fracture arising from the dorsal olecranon (a bone fracture where a piece of the olecranon (the bony prominence at the back of the elbow) has been pulled away from the main bone by the force of the triceps tendon). Spoke with MD (medical doctor) [Name redacted] and received order for ortho (orthopedic) consult.</p>			
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	<p>d. The December TAR documented responses to Are you free of Pain? documented for day pain level of 0 (zero), and night pain level of 0 (zero).</p> <p>e. The December TAR documented number of no and NO for Behavior Observed for day, and number documented of NA and NO for Behavior Observed for night.</p> <p>7. On 12/13/24</p> <p>a. A Health Status Note entered at 8:25 AM revealed Call placed to [hospital name redacted] to report fracture in right elbow. Stated we should send to [hospital name redacted] as no ortho.</p> <p>b. The December 2024 MAR documented Acetaminophen 325 mg administered at 7:33 AM for pain level of 5, with an U documented. The MAR Chart Code indicated an U = unknown.</p> <p>c. The December 2024 MAR documented Tramadol 50 mg administered at 7:34 AM for pain level of 5, with an U documented.</p> <p>d. The December TAR documented responses to Are you free of Pain? documented for day pain level of 0 (zero), and night pain level of 0 (zero).</p> <p>e. The December TAR documented number of NA and NO for Behavior Observed for day, and number documented of NA and NO for Behavior Observed for night.</p> <p>f. A Health Status Note entered at 6:15 PM revealed Received call from social worker at [hospital name redacted] and she stated resident</p>			
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	<p>has a mildly displaced FX (fracture) of the her right greater trochanter (a bony prominence located at the top of the femur (thigh bone) on the outer side of the hip). Awaiting decision if surgical or note. DON aware.</p> <p>g. A Health Status Note entered on 9:45 PM revealed Resident returned from [name of hospital redacted] via 2 attendants via stretcher. Resident placed in low position bed with fall mat beside her bed. Snack given as she was hungry. Right arm in splint and sling for comfort.</p> <p>A review of Resident #183's December 2024 MAR/TAR from 12/13/24 to 12/30/24 revealed the following:</p> <p>a. Resident continued prescribed Tramadol 50mg every 8 hours as needed; and Tylenol 650mg every 4 hours as needed for pain. No documentation of pain medication changes.</p> <p>b. A pain level of 10 documented on the December 2024 TAR on: 12/14/24, 12/16/24 x2, 12/20/24, 12/24/24 x2, 12/25/24 x2, 12/26/24 x2, and 12/30/24.</p> <p>c. A pain level of 9 documented on December 2024 TAR on 12/27/24.</p> <p>d. A pain level of 8 documented on December 2024 TAR on: 12/14/24 x2, 12/17/24 x3, 12/23/24 x2, 12/27/24 x2.</p> <p>e. The December TAR documented responses to Are you free of Pain? documented a pain level of</p>			
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	<p>5 on 12/19/24, 12/21/24, 12/29/24 for day, and 12/22/24 for night; a pain level of 6 on 12/22/24 day; a pain level of 7 on 12/14/24 night; a pain level of 8 on 12/15/24 night; and a pain level of 9 on 12/25/24 day. Pain level of 0 (zero) documented on for day and night on 12/16/24, 12/17/24, 12/18/24, 12/20/24, 12/23/24, 12/24/24, and 12/26/24.</p> <p>A review of Progress Notes from 12/13/24 to 12/30/24 revealed:</p> <p>a. An Incident Note entered on 12/16/24 at 2:44 AM, Late Entry: Resident #183 asleep in recliner by nurses' station. Resident awakens and occasionally cries out in pain. PRN medications given, attempts to put resident in her bed unsuccessful. Resident yelling out while staff attempting to put her in bed. Resident attempting to remove self from bed. Resident is unstable with standing and walking without assist. Resident paced backed into recliner where she again is comfortable and falls asleep.</p> <p>b. A Health Status Note entered on 12/17/24 at 4:41AM revealed Resident has little pain while in bed or in recliner chair. Resident has increased pain and yells out during transfers for peri care. Gait belt x3 staff for stand pivot. Pain medication given this shift.</p> <p>c. A Progress Note entered on 12/18/24 at 11:00 PM by [name redacted] NP (Nurse Practitioner)</p>			
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	<p>noted Pain Level: 5. Medications, in part: Acetaminophen 325 mg. Give 2 tablets by mouth every 4 hours as needed for general discomfort. Tramadol HCL 50 mg. Give 1 tablet by mouth every 8 hours as needed for pain. The note did not address recent fractures of increase in pain.</p> <p>c. A Health Status Note entered on 12/20/24 at 10:49 PM revealed Cast and sling to RUE (right upper extremity) in place. No s/s of compartment syndrome. Resident still moans and groans with position changes and transfer, unwilling to bear weight to BLE (bilateral lower extremities).</p> <p>d. A Health Status Note entered on 12/21/24 at 9:15 AM, noted res (resident) has facial grimacing c (with) position changes, has been resting at long intervals c ou (eyes) closed, did not eat am (morning) meal ...</p> <p>e. An Incident Note entered on 12/22/24 at 12:05 PM revealed fall f/u (follow up) res has utilized prn pain meds this shift, she has been tearful, crying out, difficulty c position changes, res up for meals et (and) resting in bed c ou closed after meals.</p> <p>The review of the electronic health record progress notes revealed a lack of documentation of physician notification for pain of 10 the resident experienced on 12/14/24, 12/16/24 x2, 12/20/24, 12/24/24 x2, 12/25/24 x2, 12/26/24 x2, and 12/30/24.</p>			
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	<p>A review of a hospital note dated 12/30/24 revealed Resident #183 in Orthopedic Clinic for follow up appointment 2.5 weeks after injury and noted that resident continued to struggle with fairly severe pain in both right hip and right elbow. Resident #183 unable to bear weight of right lower extremity due to severity of pain and is standing with assistance of 2 staff members. The note documented Resident #183 presented to clinic with complications stemming from original injuries, including a wound over olecranon (elbow) which probed deep to bone and progression of greater trochanteric (hip) fracture to an intertrochanteric femur fracture. Resident #183 admitted to Hospital from Orthopedic Clinic in anticipation for surgical intervention for the right elbow and right hip.</p> <p>During an interview on 1/14/25 at 1:00 PM, Certified Medication Assistant (CMA), Staff J, reported that Resident #183 would cry and report pain after fractures found in December. Staff J reported Resident #183 would tell you she was in pain and received PRN Tramadol and Tylenol for pain.</p> <p>During an interview on 1/14/25 at 1:23 PM, Certified Nursing Assistant (CNA), Staff D, reported that after the fractures Resident #183 could not stand and required 2-3 staff assistance</p>			
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	<p>to transfer and stated this being a big change for resident used to walk down the hallway to not being able to stand. Staff D recalled that Resident #183 would cry and stated you could tell she had pain and when her pain medications were wearing off. Staff D stated Resident #183 also showed signs of restlessness and anxiety when she was in pain. Staff D informed that she would notify the nurse when signs of pain had been observed.</p> <p>During an interview on 1/14/25 at 1:40 PM, Staff C, CNA, stated she was tasked with transporting and accompanying Resident #183 to the orthopedic clinic for a follow up appointment on 12/30/24. She stated she was informed by the clinic that Resident #183 would be admitted to the hospital, for possible surgery, Staff C informed that she notified the Director of Nursing via phone and returned to the facility when Resident #183 was admitted.</p> <p>During an interview on 1/14/25 at 2:45 PM, Staff E, Licensed Practical Nurse (LPN) stated when returning to work following a couple of weeks off, noted Resident #183 had severely bruised elbow and had been unable to walk and screamed in pain. Staff E stated she notified the physician of this on a Sunday and received order to obtain X-</p>			
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	<p>Ray of right elbow and right knee, which had been completed the following day.</p> <p>During an interview on 1/15/25 at 9:08 AM, Staff DD, Registered Nurse (RN), recalled during a fall follow up assessment, it was noted Resident #183 had limited ROM of right arm and would moan and groan. Resident #183 had bruise around right elbow and Staff DD attempted to use ice to area. Staff DD stated she reported this to oncoming nurse about and when returned 1 or 2 days had learned in report of an additional fall, noted hand had been more swollen with limited ROM and stated the physician had been notified on a Sunday with order received for X-Ray of right elbow. Staff DD stated when she returned approximately 3-4 days later Resident #183 had come back from the hospital and was noted to have hip fracture which was decided no surgery.</p> <p>During an interview on 1/22/25 at 2:00 PM, Director of Nursing (DON) stated that no discharge orders of follow up care instructions had been received from the Hospital Emergency Department (ED) on 12/13/24 following fractures noted to right elbow and right hip, informed that the hospital didn't say anything, so she had staff put resident in wheelchair and pivot transfer resident on the good foot. DON stated Resident #183 was having pain and receiving PRN</p>			
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	<p>Tramadol, DON confirmed this order had been initiated prior to current injury on 6/27/24. When asked about Resident #183 pain management regimen, DON informed that staff were to keep pain controlled, and provide PRN medication around the clock for resident. DON stated pain medication had been effective because Resident #183 would fall asleep and not cry, noted that if resident had been crying she was hurting. DON revealed the expectation of nurses to call physician if resident pain was rated at 10/10 (severe).</p> <p>The facility policy, titled Pain Assessment and Management, dated effective 10/2024, Purpose statement declared the purposes of this procedure are to help the staff identify pain in the resident, and to develop interventions that are consistent with the resident's goals and needs, and that addresses underlying causes of pain. General Guidelines included, in part:</p> <p>3. Pain management is a multidisciplinary care process that included the following:</p> <ul style="list-style-type: none"> a. Assessing the potential for pain; b. Effectively recognizing the presence of pain; c. Identifying the characteristics of pain; d. Addressing the underlying causes of pain; e. Developing and implementing approaches to pain management; 			
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	<p>f. Identifying and using specific strategies for different levels and sources of pain; g. Monitoring for the effectiveness of interventions; and; h. Modifying approaches as necessary.</p> <p>Steps in the Procedure section included: Recognizing Pain: 1. Observe the resident (during rest and movement) for physiologic and behavioral (non-verbal) signs of pain Possible nonspecific Signs and Symptoms of Pain included, in part: a. Verbal expression such as groaning, crying, screaming; b. Facial expressions such as grimacing, frowning, clenching of the jaw; j. Difficulty eating or loss of appetite; l. Evidence of depression, anxiety, fear or hopelessness. 3. Review the medication administration record to determine how often the individual requests and receives pain medication, and to what extent the administered medications relieve the resident's pain. Look how often PRN pain medications are given. If given around the clock, call the practitioner and request routine (around the clock) pain medication instead of PRN. If pain is more often than not on a scale outside of the pain management goals (e.g., a 3 on a scale from</p>			
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58.28(3)e	<p>1-10), let the practitioner know as he/she may wish to adjust the pain medication.</p> <p>The Monitoring and Modifying Approaches section of the policy directed staff #4. If pain has not been adequately controlled, the multidisciplinary team, including the physician/practitioner, shall reconsider approaches and make adjustments as indicated.</p> <p>56.6(1) Treble fines for repeated violations. The director of the department of inspections and appeals shall treble the penalties specified in rule 481—56.3(135C) for any second or subsequent class I or class II violation occurring within any 12-month period, if a citation was issued for the same class I or class II violation occurring within that period and a penalty was assessed therefor.</p> <p>481—58.28 (135C) Safety. The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) 58.28(3) Resident safety. e. Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III)</p> <p>DESCRIPTION:</p>	I	\$24,000.00 (\$8000x3) Trebled Held in Suspension	Upon Receipt
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	<p>Based on observations, facility policy review, resident and staff interviews the facility failed to thoroughly investigate falls including identifying root cause analysis, failed to ensure interventions implemented to prevent further falls, failed to ensure gait belt utilized during transfer, failed to care plan and reassess a resident for the ability to safely smoke, and failed to timely update interventions for a resident who had previously exited the facility unaccompanied for 5 of 8 residents reviewed for accidents (Resident #4, Resident #11, Resident #19, Resident #25, Resident #184). Resident #4 sustained eight falls between 6/7/24 and 1/2/25, four of which resulted in injuries including the following: laceration to the scalp requiring 4 staples, laceration to top of head, laceration to right eyebrow requiring 2 sutures, and small hematoma to back of head. The facility reported a census of 35 residents.</p> <p>Findings include:</p> <p>1. The Minimum Data Set (MDS) assessment for Resident #4 dated 6/14/24 revealed the resident scored 9 out of 15 on a Brief Interview for Mental Status (BIMS) exam, which indicated moderately impaired cognition. Per this assessment, the resident had falls since admit, entry, reentry, or prior assessment, two with no injury and one with injury except major. Per this assessment, the</p>			
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	<p>resident was independent for chair/bed to chair transfer, and was frequently incontinent of urine.</p> <p>Review of Medical Diagnoses for Resident #4 included Parkinson's, unspecified, dementia with other behavioral disturbance, cognitive communication deficit, unsteadiness on feet, unspecified lack of coordination, personal history of traumatic brain injury, and other seizures.</p> <p>Review of the MDS dated 12/13/24 assessment for Resident #4 revealed the resident scored 11 out of 15 on a BIMS assessment, which indicated the resident had moderately impaired cognition. Per this assessment, Resident #4 had two or more falls with no injury, and none with injury except major or major injury.</p> <p>Review of Resident #4's Care Plan dated 6/8/22, most recently revised on 6/8/22 revealed the following: Risk for falls</p> <ul style="list-style-type: none"> a. Fall 1/9/24 after seizure b. Fall 2/22/24, No injury c. 3/31/24 Fall, no injury d. Fall 5/9/24, no injury e. Fall 5/10/24, laceration f. 6/7 Fall, No injury g. 6/29/24 Fall, No injury h. 7/11/24 Fall, laceration 			
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	<p>i. 7/24/24 Fall, No injury j. 10/15/24 Fall, Laceration to top of head k. 11/10/24 Fall, No injury l. 11/26/24 Fall, Laceration to right eyebrow m. 1/2/25 Fall, small hematoma back of head</p> <p>Review of interventions added to Resident #4's Care Plan from June 2024 to present included the following:</p> <p>a. (Created Date 6/6/24): Fall 5/9/24 intervention, stool riser placed. b. (Created Date 6/6/24, revised 6/11/24): Fall intervention 5/9/24 - PT/OT (Physical Therapy/Occupational Therapy) to eval (evaluation) & Tx (treat). Stool raiser placed over toilet seat. c. (Created Date 6/11/24): Fall 5/10/24 Intervention- Observe resident to be sure he is using wheelchair for mobility. d. (Created Date 7/1/24): Fall 6/29/24 Intervention- Dycem in chair. e. (Created Date 7/12/24): Fall 7/11/24 Sent to ER (emergency room) for staples to back of head laceration. Intervention- Staff to observe when going to room if he needs assist. f. (Created Date 7/29/24, revised 8/21/24): Fall 7/24/24-Intervention- Staff to check on him when he goes to room to be sure he is safe.</p>			
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	<p>g. (Created Date 10/21/24): Fall 10/15/24 Injury-laceration to top of head Intervention- Resident reminded to ask for assistance.</p> <p>h. (Created Date 11/22/24): 11/10/24 Fall- Intervention- Staff to be sure bed brakes are on.</p> <p>i. (Created Date 12/10/24): 11/26/24 Fall - Intervention- Staff to make check and change rounds with resident due to more incontinent.</p> <p>j. (Created Date 1/3/25): 1/2/25 Fall Intervention- Staff and resident educated on him to ask for help.</p> <p>The N-Adv Fall Risk Evaluation dated 6/7/24 at 8:39 AM revealed the resident had 3 or more falls in the past 3 months, and the resident's Fall Risk Score was 21.0. Per the evaluation, a score of 10 or higher indicated the resident is at high risk of fall. Another Fall Risk Evaluation dated 6/7/24 at 1:00 PM revealed the resident had 1-2 falls in the past 3 months, and the resident's Fall Risk Score was 11.0.</p> <p>Although the resident's Care Plan revealed the resident fell on 6/7, Resident #4's Progress Notes lacked documentation of a fall. The Incident Report dated 6/7/24 at 10:12 AM revealed, Resident was found sitting on the floor. Resident stated he was trying to straighten his bed and fell out of his chair.</p>			
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	<p>The Incident Report dated 6/29/24 at 4:10 PM revealed, Resident was found on the floor of his bedroom. Resident stated he just slipped out of WC (wheelchair). Presdisposing factors revealed incontinent, weakness/fainting, and impaired memory had been selected. The Health Status Note at 6/29/24 at 4:14 PM revealed, Resident is independent with transfers. Resident was found on floor and there was a puddle of water or urine next. to him. Resident stated that he would have gotten up himself. Resident does not have any injuries. Fall was not witnessed.</p> <p>Review of Resident #4's Progress Notes lacked documentation of a fall on 7/11/24, although a fall on 7/11/24 was noted in the resident's Care Plan. The Incident Report for an unwitnessed fall dated 7/11/24 at 10:10 PM revealed, resident rolled up to the nurse's station with blood coming from his head and hands. he was pulled into the nurse's station where his head was cleaned, and vitals were taken and WNL (within normal limits). small bleeding wound noted in the middle of resident's head from what appears to be from a previous occurrence. no other injuries noted. bleeding was stopped and EMS was called along with admin, his [family member, name redacted], and provider was notified. residents' room was cleaned, assessed for pain, and any fall risk...resident said he was trying to go to the bathroom when he fell</p>			
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	<p>"forward" although the wound is on the back of his head. resident says he is not in pain. will continue to monitor. The Immediate Action Taken section documented, in part, Staff to observe when going to room if he needs assist.</p> <p>The ED (Emergency Department) Provider Note dated 7/11/24 revealed, Pleasant [age redacted]-year-old-male presenting with scalp laceration after fall...We thoroughly cleaned this here in the emergency department and this was closed with 4 staples.</p> <p>Review of the Health Status Note dated 7/12/24 at 2:42 PM revealed, Resident denies complaints r/t (related to) fall, does admit to minor pain at site of cranial laceration. Neuro checks WNL (within normal limits), VSS (vital signs stable), appetite poor at noon. The Health Status Note dated 7/13/24 at 5:17PM revealed, No complaints of pain from fall. Staples intact on back of head.</p> <p>The Incident Report dated 7/24/24 at 4:00 AM revealed, Resident's next door neighbor alerted staff that resident was on the floor in the bathroom. Found resident sitting on the floor, fully dressed in puddle of urine. Physical assessment and questioning regarding injury, and he denied any. Assisted to wheelchair, vitals assessed, clothing and bedding changed and he went back</p>			
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	<p>to bed. The Immediate Action Taken section documented the following intervention: Staff to check on him when he goes to room to be sure he is safe. Predisposing physiological factors revealed drowsy, incontinent, and gait imbalance were selected.</p> <p>It was noted that the resident's falls on 6/29/24, 7/11/24, and 7/24/24 mentioned need for the bathroom, incontinence, or water/urine on the floor, although an intervention to address toileting was not added to the resident's falls care plan until 12/24.</p> <p>The Incident Report dated 10/15/24 at 6:11 AM revealed, Called to room by CNA. Resident was witnessed falling out of bed and hitting his head and right shoulder on the air conditioner in room. Resident has a laceration to top of head <sic> and an abrasion to left shoulder. Resident stated he was trying to get out of bed to get dressed. The Immediate Action Taken section documented the following intervention: Resident reminded to ask for assistance.</p> <p>The Incident Note dated 10/15/24 at 6:25 AM revealed, in part, Resident's bed was wet and floor was wet. Resident spilled urine from his urinal onto the floor. Room was cleaned and resident assessed. No complaints of pain. No</p>			
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	<p>abnormal or out of ordinary deformities...Laceration was cleaned with wound cleanser, applied TAO (triple antibiotic ointment) with Band-Aid.</p> <p>Progress Notes for Resident #4 lacked documentation of a fall on 11/10/24, although it was noted in Resident #4's Care Plan. The Incident Report dated 11/10/24 at 7:05 PM revealed, this nurse was alerted to res's room by cna who stated res was noted on the floor between his wall et bed. res was on his bottom c (with) knees bent et arms around knees with his head resting on his forearms. res denied pain et demonstrated a rom (range of motion) x4, no injuries observed at this time, res was assisted to wc et came out to common area to watch tv et eat a snack. The Immediate Action Taken section revealed, assisted to wc et taken to common area for close monitoring. Intervention-staff to be sure bed brakes are on. The Mental Status section of the Incident Report revealed the resident was oriented to person and confused, and included the following narrative: res stated that he ate supper, but he went to bed prior to eating, res also stated that he didn't have his eve meds, and he did.</p> <p>Review of an Incident Note dated 11/22/24 at 11:00 AM revealed, Resident was found on floor</p>			
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	<p>sitting with his buttocks in-between his unlocked wheelchair and his bed. A/O (alert/oriented) per baseline, ROM (range of motion) WNL (within normal limits). no injuries noted. all assessments negative as of this time. resident reports he was self transferring from his bed to his wheelchair and forget to lock in. the the process of doing so, his chair moved and he felt. he refused hitting his head and denies any pain/discomfort. resident had his glasses and shoes on, floor was dry, bed in low position with call light on it. his room was well lit and free of clusters. he was assisted to his wheelchair. resident stable, vitals noted 97.2-84-165/85-18-99% RA (room air). Neurochecks initiated per protocol, family, doctor and hot chart all updated. monitor continues per policy.</p> <p>The eMar-Medication Administration Note dated 11/26/24 at 09:11 AM revealed, in part, At approximately 0852 (8:52 AM), this nurse walked back to the nurse's station from the dining room and witnessed this resident having a seizure. He was sitting in the lounge area, in his wheelchair. Resident's arms and legs were positioned at his sides (arms), and in front of him (legs); BILATERAL upper and lower extremities were rigid and jerking repeatedly. This nurse went to the med cart and retrieved one of the resident's Nayzilam 5mg single-use sprays from the narc box, and administered it into his left nasal</p>			
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	<p>passage. Resident's convulsions halted approximately 5 seconds after administration of the spray...Once the convulsions ended, resident was very lethargic. Resident was taken to his room and put in his bed by this nurse, and [Name Redacted], LPN (Licensed Practical Nurse) on shift with me today.</p> <p>The Health Status Note dated 11/26/24 at 3:24 PM revealed, At 1430 (2:30 PM) resident observed having seizure in common area. Assessed for safety and after convulsions ceased resident was assisted back to bed and bed left in low position. After a short while was notified that resident was on the floor in his room. Entered to find resident on floor and bleeding from laceration on right side of head. EMS (Emergency Medical Services) notified. While awaiting arrival resident was delusional and scooting self around room, was unable to obtain VS (vital signs) or assess d/t (due to) this.</p> <p>The Incident Report dated 11/26/24 at 3:45 PM authored by Staff revealed, Called to resident's room by CMA (Certified Medication Aide) due to resident being observed lying on the floor, with blood coming from an area on his forehead. The Immediate Action section documented the following intervention: Staff to make check and change rounds with resident due to more</p>			
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	<p>incontinent. Predisposing Physiological Factors included the following: confused, gait imbalance, impaired memory, recent change in cognition, and other. Review of the Other Info section revealed, Resident has had seizure activity today, 2 witnessed, lasting approximately 1.5 minutes x1, and 2 minutes x1.</p> <p>The Physician Order for Resident #4 dated 5/22/23 revealed, Nayzilam Nasal Solution 5 MG/0.1ML (Midazolam (Anticonvulsant)) 5 mg (milligram) Alternating nostrils as needed for as needed for seizures related to OTHER SEIZURES (G40.89) administer 1 bottle (0.1ml/5mg) into 1 nare, administer 2nd dose (0.1ml/5mg) in opposite nare 10 minutes after 1st dose is given if still seizing or if another seizure occurs. DO NOT give more than 10mg in 24 hours. Do not give more than 10mg q (every) 3 day.</p> <p>Although review of Resident #Progress Notes revealed the following two episodes of seizure activity on 11/26/24, review of the resident's November 2024 Medication Administration Record (MAR) revealed one dose of Nayzilam given on 11/26/24 at 9:09 AM. Review of a Controlled Substances Proof of Use sheet for Nayzilam for the resident revealed two doses received by the facility on 3/11/24, and</p>			
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Facility Administrator

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	<p>administration of the medication on the morning of 11/26/24 brought the medication count to zero. However, review of an additional Controlled Medication Utilization Record for Resident #4 revealed 2 doses of Nayzilam were received by the facility on 7/25/24, with none signed off as administered to the resident.</p> <p>Review of History and Physical documentation dated 11/26/24 at 11:39 PM revealed the following: Chief Complaint: Seizure, fall. History of Present Illness: The patient is a [age redacted] year old male...who presented to the emergency room on [Hospital Name Redacted] on 11/26/2024 after having a seizure and falling down. According to the report of nursing staff at [Facility Name Redacted] where he resides, the patient had two seizures on 11/27/2024. Shortly after his second seizure, he was noted to have fallen out of his bed, striking his head resulting in a laceration. During chart review it is noted that he has had multiple visits to the emergency room this year with seizures and falls resulting in head injuries. On arrival to the emergency room, the patient appeared to be postictal (period immediately following seizure activity) and was not responding to questions. Over time he had become more alert, and would intermittently answer questions....He received 2 sutures to a laceration above his right eyebrow...Maxillofacial</p>			
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	<p>CT (computed tomography) showed mild right frontal scalp and periorbital soft tissue swelling. CT of head and neck were negative for acute process.</p> <p>The N-Adv Post Fall Evaluation dated 11/28/24 at 11:19 AM revealed, Fall was not witnessed. Fall occurred in the Resident's room. Activity at the time of fall: Resident had a seizure and fell from bed Reason for the fall was evident. Reason for fall: seizure activity Did an injury occur as a result of the fall: Yes. Injury details: Laceration on R (right) eye Did fall result in an ER visit/hospitalization: Yes...Skin: Skin Issue: #001: Skin issue has not been evaluated. Location: Right eye. Laterality / Orientation: Right. Issue type: Laceration. Wound acquired in-house. Wound is new. Incision approximated: Yes. Closure method: Sutures. Painful: No. Length (cm):2 Width (cm): 0.2.</p> <p>The Incident Report dated 1/2/25 at 2:24 PM revealed, Resident had a fall at 1400 (2:00 PM). Resident c/o (complained of) hitting head. Resident has small hematoma to middle of head..."I was trying to get up and go to the bathroom". The Immediate Action Taken section revealed, Staff and resident educated on him to ask for help. Predisposing physiological factors revealed incontinent had been selected.</p>			
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	<p>The Health Status Note dated 1/2/25 at 2:33 PM revealed, Resident had a fall at 1400 (2:00 PM) in his room attempting to self transfer to the bathroom. Resident c/o (complained of) hitting head. Resident has a small hematoma to the middle of his head with some tenderness to touch. Able to move upper and lower extremities. VS (vital signs) are stable at this time.</p> <p>The Incident Note dated 1/16/25 at 4:20 PM revealed, This nurse was told that resident was on the floor. Upon arriving, resident was sitting on the floor behind the recliner in the living room. Resident stated that he was trying to walk to his room. He was assessed and vitals obtained. No injuries noted and he denies any pain or discomfort. Resident was also explained to that if he wants to go to his room he is to use the wheelchair and not to walk unassisted. Will continue to monitor.</p> <p>On 1/23/25 at approximately 4:08 PM and on 1/28/25 at 11:40 AM, Resident #4 observed in their wheelchair in the dining room.</p> <p>On 1/29/25 at 9:25 AM, Staff D, Certified Nursing Assistant (CNA) queried as to how the resident transferred, and responded 1 assist with a walker as long as Staff D worked at the facility, clarified</p>			
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	<p>as 90 days. When queried if Staff D had been at the facility when the resident had fallen, Staff D responded one time was sitting on bottom on the unit, with wheelchair by the fireplace and resident over by the beauty shop. Staff D explained they were surprised no one saw resident walk that far.</p> <p>On 1/29/25 at 10:04 AM, Staff C, CNA queried how the resident transferred, and responded stand pivot. When queried how long had been that way, Staff C responded a month max, and further explained the resident used to be fairly independent, had a fall, and Staff C felt seeing the resident everyday did not think resident been the same since. When queried in what ways, Staff C responded a lot more contused, agitated very fast. When queried if Staff C was at the facility when the resident fell at that time, Staff C responded they were not.</p> <p>On 1/29/25 at 1:19 PM, Staff R, Licensed Practical Nurse (LPN) queried if had been at facility when Resident #4 had fallen, and responded no. When queried about the incident report she authored for the resident dated 1/2/24, Staff R explained resident trying to get out of chair, and chair went from underneath him, and ended up with a bruise to middle of head. When queried if resident transferred self, Staff R responded she did not think resident supposed to.</p>			
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	<p>Per Staff R, the resident was a check and change now, further explained she thought the resident wet themselves, was not aware fully wet, and they took him.</p> <p>On 1/30/25 at 4:43 PM, the facility's Director of Nursing (DON) explained Resident #4 was getting more confused, and had caught him standing in the dining room area, and caught him trying to walk from wheelchair to another area. The DON explained how resident's feet positioned not safe, and when the resident went to sit down on the toilet he basically thumped down, and he broke a couple of the stools that way. Per the DON, a commode put over top of it to see if it worked, and that had worked.</p> <p>The DON further explained the resident continued to have the falls, and per DON did not know if the resident was having fall because had a seizure or not. The DON explained after a seizure the resident slept, and got very sleepy. The DON explained she did not think he was, but there was that possibility. Per the DON, the resident generally had grand mal seizures and generally after had one he slept. When queried as to what staff should do if the resident seized and was not given Nazilym, the DON responded to get the resident away so everyone not seeing him, not able to put in bed if seizing, watch him, wait till the</p>			
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	<p>seizure goes, and if no longer seizing hoyer off the floor, and to bed to rest. The DON explained the resident was generally out one to two hours after seizures. Per the DON, the Nazyilam worked, and you could do the nasal spray and within 5 seconds the resident was done seizing.</p> <p>The DON explained the following about the falls process: DON would ask what happened, know exact reason what happened, and DON needed to figure out what to do for an intervention. The DON would enter into the incident report, and it would go into the care plan too. The DON explained would do a study of the root cause, and a lot of times it was unknown. Per the DON, Resident #4's happened all over the place, the resident had been more incontinent the last six months, and were finally getting resident to wear briefs. The DON explained she told staff can't just do him once a day, need to see if go down to his room to change, and have another person try. When queried if root cause was documented, the DON responded no.</p> <p>When queried if the resident could unlock his bed himself, the DON responded she did not think he would be able to do that. When queried about educating the resident, as noted in his interventions, the DON explained you could not educate Resident #4. When queried if the</p>			
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	<p>resident would be able to receive education during the last six months, the DON responded no, and clarified the resident doesn't understand if explain to him. The DON explained she did not think it was so much the seizures as resident's balance getting worse and worse, explained the resident used to zip up and down the hall with the walker, and after falls said need to go to wheelchair. Per the DON, the resident would go up and down the hall in their wheelchair as fast as could go, and was not doing that anymore. Per the DON, the resident was slowing down.</p> <p>On 1/30/25 at 6:57 PM, the Administrator explained the following about root cause analysis: The facility talked through it, and didn't do formal root cause analysis. The Administrator believed the DON did one with incident report.</p> <p>2. Review of the MDS assessment for Resident #19 dated 11/29/24 revealed the resident scored 5 out of 15 on a BIMS assessment, which indicated severely impaired cognition.</p> <p>Review of Resident #19's Care Plan dated 9/8/24 revealed, I requires assistance with ADL's (activities of daily living r/t (related to) Dementia. The intervention dated 9/8/24, revised on 12/6/24, revealed the following: TRANSFER: I need assistance by staff to move between surfaces as</p>			
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	<p>necessary. Sit to stand t <sic> be used when unable to transfer 2 assist.</p> <p>Observation on 1/27/25 at 12:28 PM revealed the following: Resident #19 present in the common area by nurses station, and resident in wheelchair. Staff I, CNA and Staff C, CNA attempted to get resident up without the use of a gait belt. The resident's legs were not straight, and the resident was asked if he wanted to sit back down. At 12:29 PM, Staff C got a gait belt, and Staff I and Staff C applied the gait belt to the resident. Next, Staff I and Staff C assisted the resident back up using the gait belt, and Resident assisted up to their walker. Resident #19 still not standing straight up, and Staff J, CMA assisted the other staff, and held the resident's gait belt from a position behind Resident #19.</p> <p>On 1/29/25 at 9:25 AM, Staff D, CNA queried about transfers for Resident #19, explained did stand pivot on him, as well as night shift stand lift. Per Staff D, in the mornings the resident stood well. When queried if gait belt put on if resident moving from wheelchair to walker, Staff D responded could do so, and won't hurt.</p> <p>On 1/29/24 at 10:06 AM, Staff C, CNA explained could usually get the resident to stand with a walker, and "arm and arm" him, and would do a</p>			
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	<p>lot of the work by self. Staff C explained the other day they were not sure what that was about, and further explained was never that hard, and no clue what to do. When queried if the resident normally had a gait belt on, Staff C responded sometimes, and further explained it was usually not that difficult that had to have the gait belt. Per Staff C, the gait belt not as helpful as the stand lift. When queried if the resident normally stood pretty good, Staff C responded, yeah.</p> <p>On 1/29/25 at 4:00 PM, Staff K, CNA queried about transfers for Resident #19 from wheelchair to walker, responded should be 2 (assist), and when queried if would use a gait belt, Staff K responded, definitely. When queried why so, Staff K responded the resident was a pretty big guy, and it could be difficult to get resident up from a sitting situation. Staff K explained they would generally prefer to have another CNA be with them any time taking care of him (Resident #19), explained he (Resident #19) was a pretty big guy, and depending on mood could have behaviors.</p> <p>On 1/30/25 at 4:55 PM, the DON explained if staff getting resident up from wheelchair, should use the stand lift. Per the DON, if trying to transfer, even two trying to do gait belt was not safe. When queried if staff did 2 person transfer if a gait belt</p>			
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	<p>should be used for him, the DON responded yeah.</p> <p>3. The MDS dated 11/08/24, revealed a BIMS score of 13 out of 15, indicating intact cognition. Resident #11 utilized a walker for mobility, able to transfer and ambulate in facility independently. Diagnoses included: anemia, hypertension, viral hepatitis, schizophrenia, chronic obstructive pulmonary disease (COPD), osteoarthritis of knee, and history of falling. The MDS revealed Resident #11 had 2 or more falls without injury during assessment period.</p> <p>The Care Plan, revised on 1/27/25, identified Resident #11 at moderate risk for falls related to deconditioning and COPD. Incident of fall and corresponding intervention listed in Care Plan as follows for the month of January:</p> <ul style="list-style-type: none"> a. 1/03/25: Resident education to use call light to ask for help at all times. b. 1/03/25: Resident re-educated to always call for help whenever she has to do anything requiring her to bend over or let go of walker. c. 1/03/25: Re-educated on wearing gripper socks. d. 1/06/25: Repeat education on calling for assist to transfer. 			
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	<p>e. 1/06/25: Resident reluctantly move to middle of the bed and socks switched to non-skid sock, oxygen put on.</p> <p>f. 1/08/25: New gripper socks and placed on correctly.</p> <p>g. 1/10/25: Remind Resident #11 again to call for assistance.</p> <p>h. 1/12/25: Facility reviewed resident's call light use.</p> <p>i. 1/13/25: Went over call light use with resident again.</p> <p>j. 1/14/25: Sign placed in resident's room to call for assistance</p> <p>k. 1/15/25: Staff to check on Resident #11 every half hour</p> <p>l. 1/22/25: Sign placed on walker to call, not fall.</p> <p>Review of facility provided incident reports revealed Resident #11 had 12 falls between 1/01/25-1/23/25, 9 of the falls had been unwitnessed, no injuries related to falls documented on incident reports. Dates of unwitnessed falls included: 1/03/25 at 7:25 AM, 1/03/25 at 8:00 PM, 1/06/25 at 8:38 PM, 1/08/25 at 8:15 AM, 1/10/25 at 6:10 PM, 1/12/25 at 9:00 AM, 1/13/25 at 12:25 AM, 1/15/25 at 6:00 PM, and 1/22/25 at 9:07 AM.</p> <p>Review of facility provided document, titled Neurological Flow Sheet revealed neurological</p>			
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	<p>assessments had been initiated on the following dates/times:</p> <ul style="list-style-type: none"> a. 1/04/25 at 11:00 AM b. 1/06/25 at 12:20 PM c. 1/12/25 at 6:30 PM d. 1/22/25 at 8:30 AM <p>Review of Resident #11's Progress Notes revealed the following fall documentation:</p> <ul style="list-style-type: none"> a. On 1/08/25 at 9:38 PM, Note revealed that neurological assessments do not need to be restarted at this time per Director of Nursing (DON). b. On 1/23/25 at 5:32 AM, an off-going nurse reported resident had multiple falls on their shift, approximately 4, and neurological assessments continue from fall follow up 1/22/25. Note revealed Resident #11 non-compliant with asking for assistance, has poor impulse control when she wants to get up and that she had been educated multiple times to ask for help. c. On 1/23/25 at 4:00 PM, recommendations received from therapy department for Resident #11 to be assist of one staff using walker and gait belt at all times in room and hallway. Recommendation for Resident #11 to walk to all meals with wheelchair to follow. d. On 1/24/25 at 9:39 PM, Note informed that Resident #11 is non-compliant with calling for help which lead to multiple falls. Indicated 			
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	<p>resident already on fall initiated neurological checks and resident falls in between checks due to non-compliance. Note revealed instruction from DON to not start neurological starts over.</p> <p>6. On 1/27/25 at 2:08 AM, Resident #11 noted to have Urinary Tract Infection with antibiotics initiated and now required assist of 2 staff using gait belt related to weakness and balance issues.</p> <p>On 1/28/25 at 12:04 PM, Staff L, RN, reported Resident #11 recently had gotten a lot weaker, unable to stand as well and knees would drop down. Staff L recalled that recently staff had to transfer resident as a 2 person assist with gait belt, had previously been independent to transfer/walk. Staff L stated Resident #11 had been falling a lot lately, with a lot of unwitnessed fall and said when she comes in to work there's no notes on her falls that are verbally passed along in shift report. Staff L stated she received instruction from the Director of Nursing (DON) to not restart neurological assessment, instead continue where you were due to having multiple falls in a day.</p> <p>On 1/29/25 at 9:24 AM, Staff D, CNA, stated Resident #11 had been falling frequently, almost everyday, multiple times a day for at least the past 2 weeks. Staff D stated Resident #11 had more weakness recently and now required a 2</p>			
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	<p>person assist to transfer. Staff D reported interventions for Resident #11 included sign on walker and in her room. Staff D stated that Resident #11 would not call for help, even if reminded.</p> <p>On 1/29/25 at 9:52 AM, Staff C, CNA, reported Resident #11 required assist of 2 for the past week, including use of full body lift. Staff C recalled Resident #11 had been assist of 1 for brief time before current transfer status and previously had been able to transfer and ambulate independently in facility with walker. Staff C recalled fall interventions for Resident #11 included checking on her more frequently and more recently bringing out to nurses station. Staff C stated that Resident #11 may use call light more during the past week as she had been less independent.</p> <p>On 1/29/25 at 1:41 PM, Staff R, LPN, stated neurological checks should be initiated for each of Resident #11's falls because the falls are not witnessed. Staff R stated fall notification had only included letting the DON know about a fall, because DON informed her that DON would notify the physician. Staff R stated that Resident #11 having multiple falls in a day would be change in condition and physician would need to be notified.</p>			
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	<p>On 1/30/25 at 2:30 PM, the DON stated interventions used to prevent Resident #11's falls included talking to resident, asking her to please use call light, put a sign on wall, but resident continued to still be very impulsive. DON reported that staff are to look in every time they walk by her room to catch resident before fall. DON reported Resident #11 knows how to use call light but does not often use it. DON stated nothing has been effective for prevention of Resident #11's falls. DON revealed the expectation of nurses to notify the physician, responsible party, and DON if a resident falls multiple times in a day and informed that the protocol for unwitnessed falls included treating the fall like resident hit their head, by starting neurological exam. DON confirmed that staff have been informed not to restart neurological assessment checks for falls that occur between neurological checks, if resident doesn't hit head because they would never finish doing vitals on Resident #11. DON reported that staff would know if Resident #11 hit head in an unwitnessed fall due to location of fall and resident position.</p> <p>4. The MDS assessment, dated 1/07/25, revealed a BIMS score of 15 out of 15, indicated intact cognition. No behavioral symptoms indicated on MDS. Resident #184 independent with mobility</p>			
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	<p>throughout the facility, without assistive device. Diagnoses included: type 2 diabetes mellitus, post traumatic stress disorder (PTSD), attention deficit hyperactivity disorder (ADHD), moderate intellectual disability, and insomnia. Resident #184 received antianxiety, antidepressant, and hypoglycemic medications.</p> <p>The Care Plan, initiated 1/02/25, revealed Resident #184 able to transfer, ambulate, and perform self-cares independently. The Care Plan identified focus area for Resident #184 grieving loss of independence/change in lifestyle. The Care Plan lacked identification for risk of elopement.</p> <p>An Elopement Assessment completed on 1/03/25, revealed that Resident #184 had been admitted within the past 30 days, had not been accepting of the situation, and had either verbally expressed desire to go home, packed belongings to go home, or stayed near an exit door.</p> <p>Review of Progress Notes, lacked documentation of Resident #184 attempting to leave and/or witnessed leaving the facility after entering code into front door.</p> <p>On 1/29/25 at 09:53 AM, Staff C, CNA, reported observation on 1/23/25 of Resident #184 entering</p>			
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	<p>code to the front door, exiting through the front door, and entering a family vehicle. Staff C, stated herself, the Director of Nursing (DON), and Facility Administrator went out to the car and asked Resident #184 to come back into facility, sign herself out, then may go out with family.</p> <p>On 1/29/25 at 2:30 PM, Staff M, CNA, reported being unaware of why front door code had been changed, just knew that when she returned to work on 1/27/25, it was different. Staff M listed 2 other residents as current risk for elopement, when asked if Resident #184 would be at risk, Staff M stated she did not know if this resident was a risk but identified that she could be due to younger age and independent ambulation.</p> <p>On 1/29/25 at 3:49 PM, Staff K, CNA, reporting noticing the front door code had been changed on 1/23/25, and had not been told what the new code was on that date, or why it had changed. Staff K listed another resident as current risk for elopement, when asked if Resident #184 would be at risk, Staff K stated they had not seen or heard this.</p> <p>On 1/30/24 at 2:30 PM, the DON stated Resident #184 was at risk for elopement and when resident was first admitted to the facility, resident could not promise she wouldn't try to leave. When asked if</p>			
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	<p>Resident #184 ever tried to leave DON stated no. When asked if Resident #184 had ever entered code to the front door and exited, DON stated, "somehow, yes". DON unaware of how Resident #184 obtained front door code and stated, she won't tell us. DON recalled that incident occurred on 1/23/25 and was witnessed by Staff C. DON explained that she had to go out and catch Resident #184, told resident to come back in and sign herself out before leaving, and then Facility Administrator changed the codes to doors. DON stated codes were changed the same day as incident and staff were educated not to share code and not to give code to family visiting facility. DON claimed staff would be aware of Resident #184 elopement risk because they have talked about it, but unsure if Care Plan had been updated to include elopement risk.</p> <p>On 1/30/25 at 4:30 PM, the Administrator explained that Resident #184 should be identified as an elopement risk due to new admission status and independent ambulation throughout the facility.</p> <p>5. The MDS assessment dated 11/22/24 revealed Resident #25 scored a 15 out of 15 on the BIMS exam, which indicated cognition intact. The MDS indicated resident dependent with roll left and right; chair/bed to chair transfer; and used</p>			
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	<p>wheelchair. The MDS indicated the resident impaired in both upper and lower extremities. The MDS list of diagnoses included: traumatic spinal cord dysfunction; paraplegia; and polyneuropathy (nerve damage in multiple locations), unspecified.</p> <p>The Care Plan did not include a Focus area to address smoking.</p> <p>A review of the N Adv- Smoking and Safety Assessment dated 8/21/24 at 12:47 PM revealed the following:</p> <ul style="list-style-type: none"> a. following product resident used: tobacco b. does the resident display any of the following? <ul style="list-style-type: none"> 1. poor vision or blindness 2. limited or no ROM (Range of Motion) in arms or hands 3. follows the facility's policy on location and time of smoking <p>The N Adv- Smoking and Safety Assessment dated 10/12/24 at 3:59 PM revealed the following:</p> <ul style="list-style-type: none"> a. following product resident used: tobacco b. does the resident display any of the following: <ul style="list-style-type: none"> 1. balance problems while sitting or standing 2. limited or no ROM in arms or hands 3. drops ashes on self 4. Smoking Safety Notes: Having low blood pressure and passing out. Refusing to take 			
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	<p>midodrine. having spasms that put him at risk to fall out of w/c. May not smoke at this time</p> <p>A review of Physician Orders revealed the following:</p> <p>a. Start date 10/30/24 and end date 1/16/25- 1. no smoking 2. bedrest with turns q (every) 2 hours from back to left side only 3. meals in bed c (with) HOB (head of bed) raised for meals only, HOB <30 at all other times every shift for wound healing</p> <p>b. Start dated 1/16/25 and end date 1/21/25- 1. May smoke 2 cigarettes a day 2. bedrest with turns q2 hours from back to left side only 3. b. meals in bed c HOB raised for meals only, HOB <30 at all other times every shift for wound healing</p> <p>c. Start date 1/21/25: 1. No smoking 2. bedrest with turns q2 hours from right side to back to left side only 3. meals in bed c HOB raised for meals only, HOB <30 at all other times every shift for wound healing</p> <p>The Behavior Note dated 1/14/25 at 10:08 AM noted to be a late entry, revealed resident upset and states he wants to smoke. Educated resident on the smoking policy and the low temperatures outside. Resident states he is going to sign himself out and go no matter what. Resident is his own RP (representative) and with a BIMS of 15.</p>			
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	<p>Educated resident on health risks for frostbite and cold weather injury, resident states he understands and demands to go anyway. Resident signed self out and left the facility. This administrator followed resident outside to monitor resident for safety. When resident returned to the facility in his power w/c (wheelchair) he ran into the shelf/wall 2 times being unable to maneuver through the door and around a corner, this administrator took over w/c control and guided him out of the tight space. Resident states this was because he had sunglasses on and could not see. Educated resident on safety with use of power w/c within facility and if he has another incident her will not e able to use power w/c until PT (Physical Therapy) assessed for safety.</p> <p>During an interview on 1/22/25 at 2:13 PM, Resident #25 wheeled up in his electric wheelchair and told he couldn't go out and smoke and they did a wheelchair assessment on him and physical therapy said he didn't pass. Resident #25 said he told them he would sign himself out to go smoke and the DON came up to him and said she would get AMA (Against medical advice) papers and he was like what. Resident #25 stated they were bullying him. He stated he spoke to the doctor and they told him he shouldn't smoke and if he needed to smoke,</p>			
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	<p>he needed to smoke the least amount possible so his wounds could heal.</p> <p>The Health Status Note dated 1/22/25 at 4:02 PM, revealed resident went against doctors' orders for no smoking and went outside to smoke anyways.</p> <p>The Health Status Note dated 1/26/25 at 6:30 PM, the per Doctor's orders, resident is to have two cigarettes per day. Resident went out at 1600 to smoke. He had 2 cigarettes. Resident is upset that CNAs (Certified Nurse Aide) did not come put him to bed when he wanted to, so he wheeled himself back up to the nurse's station and insisted that he is going to go outside and smoke. Resident reeducated on the doctor's orders, and he says, "That's not a doctor's f**king order. I made that sh*t up." Resident told we would call DON (Director of Nursing) per policy to see if it was an exception, resident stated, "F**k [name redacted]. She is not my God." Resident explained to that he is not the only resident, and we were getting to him. Residents insist on a cigarette. Resident is cursing about his electric chair. Resident refusing to go to bed after multiple attempts and just sitting by the door until the smokers go out. Resident wanted the sign out book and said, "Now, that I signed myself out, I can do what I want. Last time I checked, adults</p>			
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	<p>can do what the hell they want. DON called and told her what is going on, and stated, "Let resident go out at 7 with the smokers." Resident is in the hallway with the smokers at this time and seen another resident and said, "that's that f**king lady that rolled over my foot. You think they did anything about it."</p> <p>During an interview on 1/29/25 at 11:28 AM, the DON queried on Resident #25 smoking and she stated the doctor didn't want him to smoke because it affected his wound healing. The DON stated he wasn't safe to smoke, he dropped his cigarettes, but he threw such fits we let him smoke. The DON stated they went several months without smoking and then all of a sudden everything blew up. The DON asked about smoking assessments and she stated they were done quarterly. The DON informed the last assessment completed in October indicated he couldn't smoke, but he was, should another one been done and she stated her nurse didn't do one and yes, one should of been completed, but he would of failed again. The DON said he said he had a right to smoke. The DON asked if he could sign himself out to smoke and she stated he wants to sign himself out to smoke and she told the Administrator he can't do that because it wasn't safe and she told the Administrator if he wanted to smoke he was going to smoke with the</p>			
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	<p>other residents at the designated smoking times. The DON asked if smoking needed care planned and she stated yes, she forgot to do it.</p> <p>The Facility Safe Smoking Standard Policy dated 9/24/24 revealed the following:</p> <ul style="list-style-type: none"> a. Safe smoking interventions will be reviewed at least quarterly on all residents who desire to smoke. An assessment will be completed if a change in condition warrants. b. The following steps will be used to evaluate a resident's risk while smoking: <ul style="list-style-type: none"> a. An initial Safe Smoking Evaluation will be completed on admission. The care plan will be developed and revised as indicated. b. All residents that smoke will be required to sign a Smoking Practice Agreement that they will not attempt to obtain or exchange smoking materials with visitors, family, or other residents c. Supervising staff will assure that: <ul style="list-style-type: none"> a. Interventions identified by use of the Safe Smoking Assessment will be utilized by staff monitoring residents to promote smoking safety. <p>FACILITY RESPONSE:</p>			
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