

**Iowa Department of Inspections and Appeals
Health Facilities Division
Citation**

Citation Number: #10234					Date: March 7, 2024
Facility Name: Aspire of Donnellson		Survey Dates: January 31, 2024-February 20, 2024			
Facility Address/City/State/Zip 901 State Street Donnellson, IA 52625					
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	

58.20(1)	<p>481—58.20(135C) Duties of health service supervisor. Every nursing facility shall have a health service supervisor who shall: 58.20(1) Direct the implementation of the physician’s orders; (I, II).</p> <p>DESCRIPTION:</p> <p>Based on clinical record review, staff interviews, and facility policy review, the facility failed to follow Physician Orders to initiate Cardiopulmonary Resuscitation (CPR) for two of two residents reviewed for cardiopulmonary resuscitation status (Resident #6, and #11). Resident #6 expired on 1/18/24, and Resident #11 expired on 1/29/24. The facility reported a census of 24 residents.</p> <p>Findings include:</p> <p>1. The Admission Minimum Data Set (MDS) assessment for Resident #6 dated 12/8/23 revealed the resident scored 9 out of 15 on a Brief Interview for Mental Status (BIMS) score, which indicated moderate cognitive impairment.</p>	CLASS I	\$8,700.00 (HELD IN SUSPENSION)	UPON RECEIPT
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Facility Administrator

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If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

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	<p>The Care Plan for Resident #6 did not address code status for the resident.</p> <p>Review of the Iowa Physician Orders for Scope of Treatment (IPOST) form for Resident #6 signed on 3/12/29 selected, CPR/Attempt Resuscitation.</p> <p>Review of signed Physician Orders for Resident #6, signed on 12/2/23 revealed CPR.</p> <p>The Physician Order dated 12/1/23 documented, CPR.</p> <p>Review of a N Adv-Skilled Evaluation-V 14 dated 1/18/24 documented the following Vital Signs for Resident #6, all dated 1/18/24 at 12:01 AM: Temperature: 97.9, Blood Pressure 141/63, Pulse: 81, Respirations 21, O2 sat (oxygen: saturation) 96% on Room Air.</p> <p>The Health Status Note dated 1/18/24 at 5:30 AM authored by Staff F, Registered Nurse (RN), documented, Called to Resident room by Certified Nursing Assistant (CNA). Upon Entering room observed resident lying in bed with Ashen color and absence of respirations. Head back and mouth open. No Heart sounds Auscultated or Pulses felt at Carotid. Skin Warm and dry. Nurse Practitioner, Director of</p>			
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	<p>Nursing (DON) and Administrator notified. Order received to Transport (release) body to Funeral Home.</p> <p>On 2/1/24 at 214 PM, Staff D, Certified Nursing Assistant (CNA) explained she had worked with Staff F. Staff D explained she checked on the resident between 2:30 AM to 3:00 AM, and the resident was sleeping and dry. Per Staff D, Resident #6 was still breathing, and made gurgling noises which was normal for him. Staff D explained she elevated the head of the resident's bed a little higher than it had been. Staff D explained at 5:15 AM she found the resident, and his room light came on. Per Staff D, she thought maybe the resident was up looking at something. Staff D explained when she went in at 5(AM), the resident's shirt was kind of off, but not too far off. Staff D explained she touched the resident, said his name, and he did not move. Staff D explained she did not see any breathing, and she immediately went and got her nurse who assessed the resident. Staff D explained she asked the nurse if the resident was CPR, and if she needed to start it. Staff D explained she had never been put in that situation before, and was not sure if the resident was a full code or not. Per Staff D, the nurse never answered her, and then went to call the family and inform them. When queried if she or the nurse (Staff F) ever started CPR on the resident, Staff D responded no. Staff D</p>			
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	<p>explained the nurse helped her clean the resident up before day shift came.</p> <p>The Record of Death for Resident #6 revealed the resident's date of death as 1/18/24 at 0530 (5:30 AM).</p> <p>On 2/6/2024 at 12:25 PM, Staff F, RN, queried about the shift when Resident #6 expired. Staff F explained the resident received his evening (HS) medications that night through the resident's gastrostomy tube (g-tube). Staff F further explained CNAs transferred the resident into bed. Per Staff F, he believed it was CNA [First Name Matching Staff D] who worked up front, and they went in and turned and changed the resident about 3:00 AM. When queried if the resident was breathing at this time, Staff F said yes, the resident was repositioned, and the resident was doing ok. Staff F explained he did some morning medications with other people, Staff D came and got Staff F, and said to him (Staff F) needed to come to Resident #6's room because he's gone. Per Staff F, he went with Staff D and when they got there the resident had lack of vital signs, Resident #6's skin still warm, and it was kind of ashen/gray, with the resident's head back mouth open. Staff F explained the resident expired. Staff F queried if he tried to get vitals on the resident, and responded yes, he (Staff F) did.</p>			
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	<p>When queried about Resident #6's code status, Staff F responded he was not exactly sure. Staff F explained he believed it was looked up in records afterwards and the resident was a full code, however was from 2019. Per Staff F, the resident's IPOST not updated since when the resident first admitted to the facility and was an old IPOST. Staff F said, it is still in effect, don't get me wrong on that. When queried if he, Staff F, initiated CPR on the resident, Staff F responded no, he did not. Staff F described Resident #6 was white and gray with his mouth open and pupils were fixed like it had been awhile. Per Staff F, the resident's pupils were fixed, mouth was gaping open, head was back, resident had lack of vital signs, and it was obvious resident had expired. Staff F explained he was not fully aware of the resident's code status at the time and the resident looked like obviously gone.</p> <p>Per Staff F, he called and talked to the DON, a few minutes had passed, and Staff F explained the situation to the DON. Staff F explained he asked the DON if wanted him (Staff F) to start CPR and call the ambulance over the telephone because Staff F was in the middle of questioning. Per Staff F, he left the room to try to find the resident's code status to double check and make sure, and when he saw full code from 2018 that is when second guessed self and</p>			
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	<p>called the DON and explained what he had found out. Staff F reported he asked what he should do. When queried what he was told by the DON, Staff F responded told if obviously gone, to go ahead and call the family, let them know what going on, notify the Nurse Practitioner, and proceed that way.</p> <p>When queried if he was CPR certified, Staff F responded yes. When queried if Emergency Medical Services/911 (EMS) called, Staff F responded, No, I didn't call 911, no. When queried if the resident's skin was warm, Staff F responded the resident's extremities were kind of cool to touch, and abdomen/chest was warm. When queried if he recalled Staff D ask about starting CPR, Staff F responded he did not believe so, no.</p> <p>When queried where code status information available, Staff F responded, in part, he could not find the resident's information in the computer so he went to the paper book in the cabinet and found the form there. When queried if Resident #6 was in rigor when Staff F assessed Resident #6, Staff F responded, yeah, yeah.</p> <p>On 2/14/24 at 11:36 AM when queried about the situation, the facility's Director of Nursing (DON) explained she was contacted after the fact by Staff F.</p>			
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	<p>When queried what Staff F told the DON, the DON explained Staff F called her (DON) to tell DON an aide had walked in and touched Resident #6 on the leg, and alerted him (Staff F) the resident had passed away. Per the DON, she was told the resident was cold to touch and gone awhile, and was told did not do CPR. The DON explained she asked if the resident was a full code, and was told he was (full code). Per the DON, she asked Staff F why CPR had not been done, and response given by Staff F was resident had been gone awhile. The DON further explained she asked Staff F if notified family and what needed from her (DON). When queried if Staff F asked her (DON) if CPR should be initiated, the DON responded no. Per the DON, Staff F told her the resident was a full code.</p> <p>The DON explained she talked to Staff D, CNA the next day. Per the DON, Staff D just wanted the DON to know went in and touched resident on the leg and cool to touch, and had notified Staff F right away.</p> <p>When queried how she felt the situation was handled for Resident #6, the DON explained she took what she received on the phone as situation under control. The DON explained she did not question because was told the resident gone awhile, and she (DON) assumed lividity set in. Per the DON, Staff D said she checked on the resident a couple hours prior to check and</p>			
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	<p>change, and the resident was fine. The DON explained that is what staff doing when went in around 5 and resident cool to touch. When queried about initiation of CPR, the DON explained her understanding was cool to touch and assumed lividity set in if resident gone awhile, and explained if lividity not set in and warm, CPR should be done if that was code status. The DON explained in talking to Staff D, said cool to touch, and the DON did not assume the resident would still be warm. The DON explained if was so, the obviously do CPR. The DON explained per what she was accustomed to, if lividity set in and cool to touch, do not need to do CPR. When queried if she was aware of concerns about situation, the DON responded no, she had become aware of concerns after the fact. The DON explained when she arrived, Staff D, Staff F, Resident #6 already gone.</p> <p>The Facility Policy titled Cardiopulmonary Resuscitation (CPR), undated, revealed the following:</p> <ol style="list-style-type: none"> 1. Determine unresponsiveness by briskly rub your knuckles against resident's sternum and deliver two rescue breaths to the unresponsive victim who is not breathing and start chest compressions immediately. If the resident wakes, moans or moves then CPR is not necessary. 2. Call out for help. 			
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	<p>3. Delegate a specific individual to check physician orders; CPR order/DNR (Do Not Resuscitate) status; have individual call paramedics, attending physician and administrative personnel per facility policy and report back to individual as soon as possible.</p> <p>4. If an AED (Automated External Defibrillator) is immediately available, deliver one shock if instructed by the device, then begin CPR.</p> <p>2. The Minimum Data Set (MDS) assessment tool, dated, listed diagnosis for Resident #11 included: Non-Alzheimer's dementia, and hypertension. The results listed on the MDS Brief Interview for Mental Status (BIMS) as scoreless for the resident, indicating a severe cognitive impairment.</p> <p>The Care Plan for Resident #11, dated 10/3/23, revealed the resident to have a full code status.</p> <p>Review of the Iowa Physician Orders for Scope of Treatment (IPOST) form for Resident #11, signed on 2/16/21, selected a CPR/Attempt Resuscitation.</p> <p>Review of Physician Orders revealed an order, dated 11/6/23, for a Full Code.</p>				
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	<p>A Physician Progress note, dated 1/26/24, documented the staff reported no concerns and prior assessment remains unchanged.</p> <p>A Health Status Note, dated 1/29/24 at 8:30 PM, entered by Staff G, Licensed Practical Nurse (LPN) documented Mottling (skin appears blotchy, red-purple marbling), in bilateral knees and feet and hands. Resting with eyes closed. Appears to be comfortable at this time.</p> <p>A Health Status Note, dated 1/29/24 at 11:57 PM, entered by Staff G, LPN documented, When Certified Nursing Assistant (CNA) went to check in on resident at 9:55 PM. She found the resident unresponsive. Called me [Staff G] back to the room. No respirations. No pulse at 9:57 PM. Notified her guardian. Notified her daughter. Notified the funeral home listed. Notified Gale, Facility Nurse Practitioner (FNP). Ok to release the body to the funeral home. Local funeral home picked the body up at 11:30 PM. Picked up for the funeral home listed, which is out of Davenport, Iowa. No belongings went with the resident's body. P work [paperwork] completed. Notified DON of the death.</p> <p>The Record of Death for Resident #11 revealed the resident's date of death as 1/29/24 at 2157 (9:57 PM).</p>			
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	<p>During an interview on 2/1/24 at 3:27 PM, Staff G, LPN stated Resident #11 had deteriorated the last four to five days prior to her passing away on 1/29/24. Staff G stated she did not know if the resident had been seen by the facility provider, or had any new orders. Staff G reported she did not know Residents #11 code status. She stated to find out residents' code status she would look in the facilities Electronic Medical Record (EMR).</p> <p>Staff G stated she did not start CPR on Resident #11. Staff G stated when the CNA called her back to the unit, Resident #11 hands and feet were purple, she had no respirations or blood pressure. Staff G stated Resident #11 did not have any signs of rigor at the time she was called back to the unit.</p> <p>Staff G reported she had not assessed Resident #11 prior to her passing. Staff G stated she received a shift report from Staff R at the beginning of her shift (6:00 PM). Staff G stated the assessment of Resident #11 having a mottling appearance was made by Staff R. Staff G stated the first contact she had with Resident #11 was when the CNA (Staff O) called her back after finding the resident non-responsive.</p>			
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	<p>During an interview on 2/1/24 at 3:51 PM, Staff O, CNA stated she was reassigned to the Unit at approximately 8:30 PM on 1/29/24. Staff O stated during report, Staff N, CNA informed her Resident #11 was getting ready to pass away and to keep a close eye on her. Staff O stated on initial rounds she noted the resident to have fast, rough breathing sounds. Staff O stated she did not contact the nurse.</p> <p>Staff O stated when she checked on the resident again around 10:00 PM, she could not tell if Resident #11 had passed away. She stated placed her hand on the resident's chest and could not feel breathing. Staff O stated the resident was warm to the touch. Staff O stated she then called the nurse (Staff G, LPN). Staff O stated Staff G did not initiate CPR, nor did Staff O ask if they should start CPR. Staff O stated she did not know Resident #11 code status.</p> <p>During an interview on 2/5/24 at 3:08 PM, Staff N, CNA stated she started her shift at 10:00 AM on 1/29/24. She explained she started her shift in the main area of the facility, before reassigned to the Unit (locked area of facility for residents with dementia). Staff N stated she is unsure of what time she went back to the Unit.</p>			
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	<p>Staff N stated after she received a report from the previous CNA, she rounded on all the residents. Staff N reported she called the nurse (Staff R, LPN) to check on Resident #11. Staff N stated Staff R did come back to the unit and checked on Resident #11. Staff N stated Staff R asked her to call if something changes. Staff N denied Staff R taking vitals, or being directed to take vitals.</p> <p>Staff N stated she last checked on Resident #11 prior to the end of her shift at 8:30 PM. Staff N stated Resident #11 appeared comfortable while she slept.</p> <p>Staff N stated she gave a report to the next CNA (Staff O, CNA) working on the Unit. Staff N stated she informed Staff O the resident seemed close to passing away. Staff N stated no one told her Resident #11 was dying, but it looked like it. Staff N described Resident #11 as sleeping comfortably, with heavy breathing sounds, and her legs were splotchy purple.</p> <p>When queried about Resident #11's code status, Staff N stated she did not know the residents code status. She stated she started two to three months ago, and no one had trained her as to where to find a code status.</p>			
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	<p>During an interview on 2/12/24 at 1:31 PM, Staff R, LPN stated she assessed Resident #11 on 1/29/24. She stated the residents' vitals were stable. Staff R stated she asked the CNA to call her if there were any changes in the residents' respirations or skin color.</p> <p>Staff R stated Resident #11's color was off. Staff R stated the resident did not have traditional appearing mottling. Staff R stated she recalled hearing Resident #11 was declining, but did not hear she was actively dying.</p> <p>During an interview on 2/14/23 at 11:44 AM, the DON stated staff did attempt to call her on 1/29/24, but she missed the call. The DON denied being informed of changes in the resident color and respirations or that CNA staff felt the resident was close to passing away. She stated she would expect staff to inform her of this concern. The DON stated if had she known she would have contacted the legal guardian, and family to ask them how they wanted to proceed.</p> <p>The DON stated she would expect staff to initiate CPR if a resident with a full code order is found with no pulse, or respirations and continues to be warm, and does not have signs of rigor.</p>			
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58.19(2)J	<p>481—58.19(135C) Required nursing services for residents. The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules:</p> <p>58.19(2) Medication and treatment.</p> <p>j. Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III) [ARC 1398C, IAB 4/2/14, effective 5/7/14; ARC 2560C, IAB 6/8/16, effective 7/13/16]</p> <p>DESCRIPTION:</p> <p>Based on staff interview, clinical record review, and facility policy review the facility failed to ensure ongoing, timely communication with the Provider(s) regarding resident change in condition to include</p>	CLASS I	<p>\$7,000.00</p> <p>(HELD IN SUSPENSION)</p>	UPON RECEIPT
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	<p>increased falls, post a resident's voiced resident voiced concerns about clinical condition, and upon implementation of voiding following indwelling catheter removal, failed to promptly identify and intervene upon resident change in condition, and failed to perform consistent assessment upon resident admission to the facility for three of six residents reviewed for assessment/intervention (Resident #1, Resident #4, Resident #18). The facility reported a census of 24 residents.</p> <p>Findings include:</p> <p>1. The Admission Minimum Data Set (MDS) assessment for Resident #4 dated 10/25/23 revealed the resident scored 14 out of 15 on a Brief Interview for Mental Status (BIMs) assessment, which indicated intact cognition. Per the assessment, Resident #4 took diuretic medication.</p> <p>Review of Medical Diagnoses for Resident #4 included Type 2 Diabetes Mellitus, Chronic Kidney Disease Stage 3, Unspecified, Essential (Primary) Hypertension, and Hypertensive Heart and Chronic Kidney Disease Without Heart Failure.</p> <p>The Care Plan dated 11/6/23, revised 1/30/24, documented as follows; I'm at risk for fluid alterations</p>			
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	<p>due to diuretic usage and history (HX) of renal impairments.</p> <p>Interventions dated 11/6/23 included the following:</p> <ul style="list-style-type: none"> a. labs as ordered b. medications as ordered c. notify MD (Medical Doctor) as needed d. observe resident for poor skin turgor, edema, pallor during care e. Vital signs (VS) as indicated <p>The Physician Order dated 11/14/23, discontinued on 2/7/23, documented, Hydrochlorothiazide Oral Tablet 25 MG (milligram) with direction to give 1 tablet by mouth one time a day related to Hypertensive Heart and Chronic Kidney Disease Without Heart Failure, with Stage 1 through Stage 4 Chronic Kidney Disease, or Unspecified Chronic Kidney Disease.</p> <p>The eMar-Medication Administration Note dated 12/27/23 at 5:43 AM documented, Comprehensive Metabolic Panel (CMP), Hemoglobin A1C (HgbA1c), Complete Blood Count (CBC) one time only for routine lab work until 12/27/2023 23:59 (11:59 PM) Venipuncture performed to Right lateral Thumb side of wrist and Purple Top tube obtained for Complete Blood Count (CBC) and HgbA1C. Second venipuncture required to be performed from Left Lateral</p>			
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Facility Administrator

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	<p>Thumbside of wrist for Yellow top tube for CMP. Resident tolerated procedure well. Specimens to be transported to [Hospital Name Redacted] laboratory for testing.</p> <p>Review of Progress Notes following the lab draw lacked information about lab results for Resident #4. Review of Physician Provider Notes dated 12/29/23 and 1/2/24 also lacked information about lab results or actions taken related to lab results.</p> <p>Review of a Chemistry Report, date/time collected 12/27/23 at 7:31 AM with result date/time 12/27/23 at 8:28 AM, revealed the resident's Sodium Level at 130 milliequivalents/liter (mEq/L) 9 (mEq/L), noted to be low as normal reference range 136-145. It was noted lab results uploaded to the resident's electronic health record 2/10/24.</p> <p>The Behavior Note for Resident #4 dated 1/6/24 at 4:37 AM authored by Staff J, Licensed Practical Nurse (LPN) documented, resident has had complaint after complaint all shift, upset Nurse Practitioner (NP) didn't see him on rounds, upset light was not answered quick enough, upset this nurse was in UNIT when he wanted to talk to me, explained Someone has to be back there at ALL times stated" MAYBE THEY SHOULD THINK ABOUT GETTING MORE HELP< THIS IS</p>			
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	<p>RIDICULOUS <sic>, I ' m TIRED OF BEING IGNORED BY THE NP/MD (Medical Doctor), ignored by staff and management. States he's making a formal complaint to "THE POWERS THAT BE" about NP and facility. Resident has had emotional couple days and is frustrated, by end of talking had calmed down.</p> <p>The next Progress Note for Resident #4, dated 1/6/24 at 7:48 PM also authored by Staff J, LPN revealed the following: Temperature (T) 99.1 Heart Rate (HR) 102, BP (Blood Pressure) 106/68 Respiration (R) 15 96% Room Air (RA), has had a drastic change in mental status, usually independent, Needing Assist times two (AX 2) and unable to walk. Usually Alert and Oriented times four-person, place, time situation (ALOX4) and is hard to stay awake, per Certified Nursing Assistant (CNA) he was on the floor 2 times today. Recent med, changes, Director of Nursing (DON) notified, NP notified. 911 called, will call report to [Hospital Name Redacted].</p> <p>Review of Progress Notes for Resident #4 lacked documentation between the time period of 1/6/24 at 4:37 AM note and 1/6/24 at 7:48 PM note, which had both been authored by Staff J, LPN.</p> <p>Review of Incident Reports requested for Resident #4 lacked Incident Reports for 1/6/24. Review of the</p>			
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	<p>Assessment tab of the resident's electronic health record (EHR) lacked assessments between the dates of 11/15/23 and 1/12/24.</p> <p>Review of the Weights/Vitals tab documentation for the resident's blood pressure, temperature, pulse, respirations, oxygen saturation lacked documentation for January 2024. Pain score documentation dated 1/16/24 revealed pain level of 0 on 1/6/24 at 8:00 AM, and lacked additional pain score documentation dated 1/6/24.</p> <p>The Health Status Note dated 1/6/24 at 8:12 PM authored by Staff J, LPN documented, resident just left by ambulance, not talking well, pupils sluggish, unable to stand hard to keep awake and on task, also before 911 called about fell with assist times two (Ax2) and stated "something is wrong" I think I need a Doctor (DR).</p> <p>The Health Status Note dated 1/6/24 at 10:13 PM documented, resident being admitted to [Hospital Name Redacted] Emergency Room (ER) for Potassium (K+) of 5.8, Chloride (CL)- 121, still running cardiac panel(troponins) and tests on kidneys, Blood Sugar(BS) remain high at hospital, report from [Name Redacted] at [Hospital Name Redacted], Director of</p>			
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	<p>Nursing (DON), Nurse Practitioner (NP), Administrator (Admin) notified, expected to be 2-3 day stay.</p> <p>Review of Hospital Records for Resident #4 dated 1/7/24 revealed the following:</p> <p>Review of Lab Results present on Hospital Records revealed the following values for Potassium and Sodium, date 1/6/24 at 8:55 PM for both values: Potassium 5.8 mEq/L (high), and Sodium 121 mEq/L (critical).</p> <p>Review of the History and Physical document dated 1/7/24 included in Hospital Records revealed the following Chief Complaint: Lives at [Facility Town] nursing home. fall x 2 today due to (d/t) bilateral leg weakness. having low back pain after falls. also having left eye drainage that is new. The History of Present Illness (HPI) section revealed, Lab data showed hyponatremia, anemia, hyperglycemia and worsening renal function. Imaging was apparently nonacute...and he is referred for admission.</p> <p>The Assessment/Plan section of the document revealed the following:</p> <ol style="list-style-type: none"> 1. Multiple falls (Complaint of) 2. AKI (acute kidney injury) 			
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	<p>3. Hyperkalemia 4. Hyponatremia 5. Conjunctivitis of left eye 6. DM-Diabetes Mellitus 7. HLD-Hyperlipidemia 8. HTN-Hypertension</p> <p>Review of the Discharge Summary dated 1/8/24 documented per the Hospital Course section, [Resident #4] was not in a state to be discharged from metabolic perspective in my view but he insisted on going home and went AGAINST MEDICAL ADVICE.</p> <p>Review of the Census tab for the resident revealed the resident's status as active on 1/8/24. Progress Notes for Resident #4 lacked documentation about the resident's return from the hospital on 1/8/24.</p> <p>The Pharmacy Note dated 1/10/24 at 7:02 AM documented, New admission review. No irregularities noted.</p> <p>The Physician Progress Note dated 1/11/24 at 4:30 PM documented, in part, was not feeling well, and was sent to the ER to be evaluated and treated on 1-6-24, electrolytes were abnormal, most likely related to his continually elevated blood glucoses, he called the facility on 1-8-24 and wanted someone to come</p>			
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	<p>and get him, he did not want to be at the hospital any longer.</p> <p>The Infection Note dated 1/13/24 at 3:37 AM documented, cont on gent eye drops (gtts) to left (L) eye, unsure why, because he asked, per him, no swelling, no drainage, afebrile.</p> <p>The Physician Progress Note dated 1/17/24 at 3:00 PM documented, in part, will do lab work to follow up from hospitalization that he left on his own accord, they had not planned to discharge him on the date he called and wanted to return to the facility. It was noted this Physician Progress Note added into the resident's electronic health record (EHR) on 2/12/24.</p> <p>The Health Status Note dated 1/26/24 at 2:13 AM authored by Staff J documented, continue (cont) to seem out of sorts, different mentation, cont to not use walker in room, remains shaky this evening stated "I SHOULD HAVE STAYED AT HOSPITAL" i said yeah you should have. Wants to talk to NP about being sent back to be admitted, he doesn't feel great. VSS (vital signs stable) will leave in box for [Name Redacted] NP.</p> <p>The Physician Progress Note dated 1/26/24 at 2:45 PM documented, in part, will do lab work to follow up from hospitalization that he left on his own accord,</p>			
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	<p>they had not planned to discharge him on the date he called and wanted to return to the facility. It was noted this Physician Progress Note added into the resident's Electronic Health Record (EHR) on 2/12/24.</p> <p>The Health Status Note dated 1/29/24 at 6:43 PM documented, Resident lowered himself to his knees due to got lightheaded. No injuries, [Name Redacted], NP notified of fall.</p> <p>The eMar-Medication Administration Note dated 1/30/24 at 5:12 AM documented, Draw Hemoglobin A1C (A1C), Complete Blood Count (CBC), Comprehensive Metabolic Panel (CMP), Magnesium, and Thyroid Stimulating Hormone (TSH) one time only for 1 Day Attempted times 3. Unable to get them drawn. Spoke with DON-will have to send him out.</p> <p>The Health Status Note dated 1/30/24 at 11:47 AM documented, Nurse called ER and spoke with [Name Redacted] Registered Nurse (RN) in the Emergency Room (ER). Gave report 89.7T 70P 155/86BP 19R SpO2 AT 96%. BS at 390 at 1130 am gave 35 units pre order. Resident is being Transferred by nursing home van with a staff member.</p> <p>Review of Discharge Instructions for Visit Date 1/30/24 revealed reason for visit as hyponatremia,</p>			
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	<p>and included with Hospital Records revealed the following per new, changed or refilled prescriptions:</p> <p>a. Nifedipine (Nifedipine 30 mg, extended release) 60 mg =2-tab(s) oral every day</p> <p>b. Bumetanide (bumetanide 1 mg (milligram) 1mg=1-tab(s) Oral every day</p> <p>Discharge Instructions documented, STOP TAKING the following medications:</p> <p>a. Hydrochlorothiazide (Hydrochlorothiazide 25mg)</p> <p>The Health Status Note dated 2/2/24 at 2:00 PM documented, Resident returned from [Hospital Name Redacted] with two new meds and faxed to pharmacy (RX), resident transferred to nursing home the by a van with a staff member.</p> <p>The Physician Order dated 2/3/24 at 8:00 AM revealed, Bumetanide Oral Tablet 1 milligram (MG) (Bumetanide) with direction to give 1 tablet by mouth one time a day for fluid overload</p> <p>The Physician Order dated 2/3/24 at 8:00 AM documented, Nifedipine extended release (ER) Oral Tablet Extended Release 24 Hour with direction to give 60 mg by mouth one time a day for acute decompensated heart failure.</p>			
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	<p>It was noted the resident remained on Hydrochlorothiazide Oral Tablet 25 MG until discontinued on 2/7/24.</p> <p>On the afternoon of 2/7/24, facility Regional Nurse Consultant and Director of Nursing informed the resident remained on Hydrochlorothiazide with the addition of medications per discharge instructions.</p> <p>Review of the Communication with Provider Note dated 2/7/24 at 4:51 PM authored by the facility's DON documented, during medication review it was noted that resident was receiving Hydrochlorothiazide 25mg daily and it should have been discontinued on 2/2/24. Resident own responsible party notified. [Name Redacted] NP notified. Resident's behavior and locomotion unchanged. Assessment: Plan: Vitals every shift for 3 days.</p> <p>Review of a N Adv-Post Fall Evaluation dated 2/8/24 at 11:02 AM revealed the resident fell in the hallway on 2/8/24 at 8:00 AM.</p> <p>The Incident Note for Resident #4, dated 2/9/24 at 1:40 AM, revealed, resident had un-witnessed fall on days, cont neuros on paper...denies discomfort, does feel he is going to die, his statement.</p>			
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	<p>The Incident Note dated 2/9/24 at 6:35 PM documented, resident yelling out from room, found with torso and upper body on bed, knees on floor (like he was praying) WW was not with him. Said he went to BR (bathroom) and just could not make it, said he landed on torso then slid to knees, vital signs stable (VSS), range of motion within normal limits (ROM WNL), denies pain, denies hitting head. Assist times three (AX3) with gait belt to get him standing, no discoloration on knees. Physical therapy (PT) screen put in yesterday, has had 2 recent hospitalizations recently, multiple issues. Has labs MON. Told him he has to use call light right now till he feels stronger. SaysI just hate asking, explained that's why we are here. Voiced understanding, TEXTED DON, that had called NP (Nurse Practitioner) with no response, so texted NP, will email her PN. Resident also had fall yesterday, denies new onset pain, ROM WNL, very shaky, and weak. neuros done at 183596.7, 140/81, 65 IR, 97% RA (room air) 16 even non-labored, HR (heart rate) distant.</p> <p>The Health Status Note dated 2/10/24 at 5:52 AM documented, in part, attempted to get labs left (L) ATC, blew. Will pass on to days.</p>			
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	<p>The Health Status Note dated 2/10/24 at 6:46 AM documented, Morning meds being held at this time d/t patient demeanor et blood sugar. NP is aware.</p> <p>The Health Status Note dated 2/10/24 at 12:45 PM documented, according to report this shift res has not been feeling well, NP ordered labs, (BMP, BNP, et magnesium) [Name Redacted], LPN attempted to obtain multiple times, this nurse assessed for venous access which was unsuccessful. Res was then heard yelling from his room and this nurse found res on the floor by restroom. (fall has been documented in risk management) Res stated "i feel weak et dizzy" "I don't feel right". Res was slurring his words et his movements were uncoordinated. VS: BP 175/101, HR 61, SPO2 98%, R 16, T 98 et blood sugar 68. NP was notified of fall et the residents' demeanor. Breakfast was brought to resident so he could eat et then be reassessed et be given meds including insulin. Due to (d/t) resident feeling weak et dizzy et his being unsteady on his feet res was instructed to use call light et allow staff to assist him for his safety until he felt better et res voiced understanding. Approx. 30 mins after res had finished his am meal res was observed ambulating w/ (with) w.walker past the nurses station. When res was asked what he was doing, why he hadn't used call light, res stated, "I'm feeling better, I'm just grabbing a blanket" Went to</p>			
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	<p>res room to reassess et give meds et insulin at which time res was resting soundly so blood sugar was checked (318) meds except for lantus remained held at this time NP aware. Attempted to wake res for insulin et meds before mid-day meal. this nurse was unable to awaken resident (res). Certified Nursing Assistant (CNA) joined me in attempts to awaken the resident et reposition. Res was unresponsive to stimuli including sternal rub. Obtained another blood glucose et notified NP. NP gave order for res to be sent to ER (eval et treat). When Emergency Medical Technician (EMT) arrived et entered room he addressed the res et the res sat up et responded. Res was still slurring his words, his movements uncoordinated et he was confused. Told EMT to go ahead w/ transport despite being awake et NP was notified. This nurse then called report to [Hospital Name Redacted ER] to [Name Redacted].</p> <p>Review of Inpatient Discharge Instructions for visit date 2/10/24 revealed diagnoses of hyponatremia, diabetes mellitus, and chronic kidney disease.</p> <p>On 2/13/24 at approximately 10:30 AM, Staff K acknowledged he worked past weekend. Staff K explained on Saturday Resident #4 fell, and then the resident was sent out. Staff K described the resident as really out of it, looked drunk, and kind of swayed</p>			
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	<p>his head like he wasn't quite balanced. When queried if the resident spoke, Staff K responded the resident did, not really well, and slurred his words a little bit. Per Staff K, the resident did not want sent out until after breakfast and the resident ate a little bit. When queried how the resident appeared between after breakfast to when the resident went out, Staff K reported not a big change. Per Staff K, when [Name Redacted] CNA went in there and did a sternum rub, alcohol swab under his nose, and the resident moved his nose. Per Staff K, when EMS (Emergency Medical Services) got to facility, resident able to communicate with the Captain.</p> <p>On 2/20/24 at 2:27 PM, the Director of Nursing (DON) explained when the resident returned from the hospital the nurse should have taken the hospital paperwork, done a readmit, looked at the orders to make sure orders the same, entered new orders, and if discontinued would pull the drug and send back to pharmacy. Per the DON, a section in risk management would be completed for falls. The DON acknowledged she would expect completion of a Progress Note. When queried about information in the Nurse Practitioner's (NP) notes which recommended labs (between hospital stays for resident), the DON explained if the NP gave an order, should have been entered as an order. When queried if a resident</p>			
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	<p>should have a Progress Note done upon return from hospital, the DON acknowledged should be done.</p> <p>On 2/20/24 at 3:00 PM, the Director of Nursing (DON) explained if labs not at facility staff were to call and ask for them to be faxed.</p> <p>2. Review of the Census for Resident #18 revealed the resident admitted to the facility on 1/26/24.</p> <p>The MDS Admission assessment for Resident #18 revealed the assessment remained in progress.</p> <p>On 2/7/24 review of the clinical record for Resident #18 lacked a clinical admission assessment for the resident.</p> <p>On 2/20/24 at 2:25 PM, the facility's Director of Nursing (DON) confirmed she did not see a clinical admission assessment for Resident #18.</p> <p>The Facility Policy Titled Change in Condition/Incident Reporting dated August 2021 revealed the following:</p> <p>a. When a resident displays a change in condition, Licensed Nurse will complete an assessment or Situation, Background, Assessment, Recommendation</p>			
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	<p>(SBAR) to determine symptomology and clinical results.</p> <p>b. Licensed Nurse to check physician orders to address.</p> <p>c. If there is an actual change in condition, the resident's physician is notified promptly and validated as to information. Family/Responsible Party notified promptly.</p> <p>d. Document the date/time of contacts and with whom you spoke. Document any new physician orders if indicated. Document resident condition and change in condition in nursing notes/SBAR. Continue monitoring of resident's vital signs and pain level until determination made of potential delayed injury.</p> <p>e. Immediately enter new orders on the resident's medical record and/or medication administration record if indicated.</p> <p>3. The Quarterly Minimum Data Set (MDS) assessment tool, dated 1/30/24, listed diagnosis for Resident #1 included: neurogenic bladder (lack of bladder control), muscle spasms, and type 2 diabetes. The MDS assessed the resident required intermittent catheterization for urine elimination. The MDS listed the resident's Brief Interview for Mental Status (BIMS) score as 15 out of 15, indicating intact cognition.</p>			
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Facility Name: Aspire of Donnellson		Survey Dates: January 31, 2024-February 20, 2024			
Facility Address/City/State/Zip 901 State Street Donnellson, IA 52625					
Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date	

	<p>The review of the Electronic Health Record (EHR) census revealed Resident #1 admitted to the facility on 10/23/23.</p> <p>The Care Plan, dated 10/31/23, included a focus area related to a Foley catheter. Interventions for the focus area included:</p> <ul style="list-style-type: none"> a. Cath care as indicated during care/and per MD (medical doctor) orders, dated 10/31/23. b. Labs as ordered, dated 10/31/23. <p>A review of Physician Orders revealed an order, dated 10/25/23, directing staff to change urinary drainage bag and label bag with date. Use strap/securement device to stabilize tubing as requested/needed.</p> <p>A Physician Order, dated 11/17/23, directed staff to use a 18 french (catheter size)/10 milliliter (ml) of saline for an internal balloon to hold tubing in place.</p> <p>A Physician Progress note, dated 12/18/23, from Urology provider included an order to attempt a voiding trial at next catheter exchange in three weeks.</p> <p>A Progress Note, dated 1/16/24, revealed a nurse pulled residents catheter due to his bed being soaked.</p>			
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Facility Administrator

Date

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty-five percent (35%) pursuant to Iowa Code section 135C.43A (2013).

**Iowa Department of Inspections and Appeals
Health Facilities Division
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	<p>A review of Physician Orders revealed an order, dated 1/20/24, indicated the resident urinated, but with bladder palpation or patient uncomfortable, may straight cath (one time use catheter to empty bladder) every six hours and to continue to straight catheterization until resident is void spontaneously. The order directed staff to update Urology on 1/22/24 to see how to proceed.</p> <p>A review of the January and February 2024 Electronic Medication Administration Record (eMAR) revealed documentation for urine elimination results occurring at midnight, 6:00 AM, 12:00 PM, and 6:00 PM. The documentation did not specify if it results from a spontaneous void by resident or the need for a straight catheterization.</p> <p>The January and February 2024 eMAR documentation for urine elimination revealed elimination amounts ranging from 150 cc's (cc stands for cubic centimeter. 1 cc is equal to 1 milliliter (ml) to 1000 cc's.</p> <p>The Electronic Health Record (EHR) lacked documentation of a 1/22/24 update with the Urology Provider.</p>			
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	<p>A Progress Note, dated 2/6/24 at 2:13 AM, revealed the resident required a straight catheterization with a return of 1000 cc's of urine on 2/5/24 at 10:00 PM.</p> <p>A Progress Note, dated 2/6/24 at 2:45 PM, revealed the resident required a straight catheterization with a return of 1350cc's of urine.</p> <p>A Progress Note, dated 2/9/24 at 11:09 PM, indicated the resident experienced a taut abdomen with spasms. A straight catheterization was not able to be performed.</p> <p>During an interview on 2/9/24 at 1:05 PM, the Urology provider the facility has not contacted their office to provide an update on the void trial. The Provider stated Resident #1 had an appointment on 1/22/24 and was a no call, no show. The appointment has not been rescheduled. The Provider reported if the resident had straight catheterization results of 1000 cc's the void trial should have been stopped and a Foley catheter restarted.</p> <p>During an interview on 2/12/24 at 1:31 PM, Staff R, Licensed Practical Nurse (LPN) stated she asked about a void trial protocol but has yet to see one. Staff R reported the documentation on the eMAR is difficult to follow as it is unclear if the resident needed a</p>			
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	<p>straight catheterization, spontaneously urinated in a urinal or had been incontinent.</p> <p>Staff R stated when she used a straight cath, Resident #1 had not a return of more than 300 cc ' s. Staff R stated if she had gotten 1000 cc's or more she would have called the provider.</p> <p>During an interview on 2/22/24 at 2:30 PM, the Director of Nursing (DON) stated she would expect the documentation of a void trial to include if the resident had urinary output spontaneously, had been incontinent or required a straight catheterization.</p> <p>The DON stated she did not know Resident #1 had a straight catheterization return of 1000 cc's more than once. She stated had she known she would have directed staff to call the Urologist for direction.</p> <p>The facility did not provide a catheterization policy, or a void trial protocol when requested.</p> <p>FACILITY REPSONSE</p>			
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